

VOL. 1

The “Numbered” or “Numerical” Discourses (Aṅguttara Nikāya) organizes texts in numbered sets, from one to eleven. Within each numerical set we find a diverse range of teachings, with an emphasis on practical application and teaching of the Dhamma for both lay folk and monastics. The teachings are short, memorable, and focussed, aiming to convey the essence of one subject in one session. Whether it is the “five topics for frequent recollection” or the “three kinds of luxurious seat enjoyed by the Buddha”, the teachings are easily digested and recalled.

*The wisdom of the Buddha has been preserved in a vast ocean of ancient texts. SuttaCentral offers fresh translations of these texts in the world's languages. Setting aside the boundaries of language and tradition, we let the Buddha speak for himself.*

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# Numbered Discourses

A sensible translation of the  
Aṅguttara Nikāya

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*translated by*  
**Bhikkhu Sujato**

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