

The Middle Discourses (Majjhima Nikāya) is a collection of 152 discourses in the Pali canon (Tipiṭaka) that are of “middle” length. It is perhaps the most popular collection of early discourses, its teachings ranging from practical morality for children to challenging and abstruse philosophy. These teachings emerge as the Buddha encounters people from all walks of life in ancient India. More than any other collection, it reveals the full range of the Buddha in inspiration and wonder, in closely reasoned argumentation, and in deep abiding compassion.

*The wisdom of the Buddha has been preserved in a vast ocean of ancient texts. SuttaCentral offers fresh translations of these texts in the world's languages. Setting aside the boundaries of language and tradition, we let the Buddha speak for himself.*

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# Middle Discourses

A lucid translation of the  
Majjhima Nikāya

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*translated by*  
**Bhikkhu Sujato**

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*Uparipannāsa*

