

Linked Discourses

Bhikkhu Sujato

LINKED DISCOURSES

A plain translation of the Saṃyutta Nikāya



translated and introduced by

BHIKKHU SUJATO

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SN 22–34

THE GROUP OF LINKED DISCOURSES
BEGINNING WITH THE AGGREGATES

KHANDHAVAGGASĀMYUTTA



SUTTACENTRAL

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LINKED DISCOURSES ON THE AGGREGATES

THE FIRST FIFTY

The Chapter on Nakula's Father

SN 22.1

Nakula's Father

Nakulapitusutta

SO I HAVE HEARD. At one time the Buddha was staying in the land 1.1
of the Bhaggas on Crocodile Hill, in the deer park at Bhesakaḷā's
Wood.

Then the householder Nakula's father went up to the Buddha, 1.3
bowed, sat down to one side, and said to the Buddha:

"Sir, I'm an old man, elderly and senior. I'm advanced in years 2.1
and have reached the final stage of life. My body is ailing and I'm
constantly unwell. I hardly ever get to see the esteemed mendi-
cants. May the Buddha please advise me and instruct me. It will
be for my lasting welfare and happiness."

"That's so true, householder! That's so true, householder! For 3.1
this body is ailing, trapped in its shell. If anyone dragging around
this body claimed to be healthy even for a minute, what is that but
foolishness?

So you should train like this: 'Though my body is ailing, my 3.4
mind will be healthy.' That's how you should train."

And then the householder Nakula's father approved and agreed 4.1
with what the Buddha said. He got up from his seat, bowed, and
respectfully circled the Buddha, keeping him on his right. Then he

went up to Venerable Sāriputta, bowed, and sat down to one side. Sāriputta said to him:

4.2 “Householder, your faculties are so very clear, and your complexion is pure and bright. Did you get to hear a Dhamma talk in the Buddha’s presence today?”

5.1 “What else, sir, could it possibly be? Just now the Buddha anointed me with the deathless ambrosia of a Dhamma talk.”

5.3 “But what kind of ambrosial Dhamma talk has the Buddha anointed you with?”

5.4 So Nakula’s father told Sāriputta all that had happened, and said, “That’s the ambrosial Dhamma talk that the Buddha anointed me with.”

7.1 “But didn’t you feel the need to ask the Buddha the further question: ‘Sir, how do you define someone ailing in body and ailing in mind, and someone ailing in body and healthy in mind?’”

7.3 “Sir, we would travel a long way to learn the meaning of this statement in the presence of Venerable Sāriputta. May Venerable Sāriputta himself please clarify the meaning of this.”

8.1 “Well then, householder, listen and pay close attention, I will speak.”

8.2 “Yes, sir,” replied Nakula’s father. Sāriputta said this:

9.1 “And how is a person ailing in body and ailing in mind? It’s when an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the qualities of a noble one. They’ve not seen good persons, and are neither skilled nor trained in the qualities of a good person. They regard form as self, self as having form, form in self, or self in form. They’re obsessed with the thought: ‘I am form, form is mine!’ But that form of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress.

10.1 They regard feeling as self, self as having feeling, feeling in self, or self in feeling. They’re obsessed with the thought: ‘I am feeling, feeling is mine!’ But that feeling of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress.

They regard perception as self, self as having perception, perception in self, or self in perception. They're obsessed with the thought: 'I am perception, perception is mine!' But that perception of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress. 11.1

They regard choices as self, self as having choices, choices in self, or self in choices. They're obsessed with the thought: 'I am choices, choices are mine!' But those choices of theirs decay and perish, which gives rise to sorrow, lamentation, pain, sadness, and distress. 12.1

They regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. They're obsessed with the thought: 'I am consciousness, consciousness is mine!' But that consciousness of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress. 13.1

That's how a person is ailing in body and ailing in mind. 13.5

And how is a person ailing in body and healthy in mind? It's 14.1 when an educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They've seen good persons, and are skilled and trained in the teaching of the good persons. They don't regard form as self, self as having form, form in self, or self in form. They're not obsessed with the thought: 'I am form, form is mine!' So when that form of theirs decays and perishes, it doesn't give rise to sorrow, lamentation, pain, sadness, and distress.

They don't regard feeling as self, self as having feeling, feeling in self, or self in feeling. They're not obsessed with the thought: 'I am feeling, feeling is mine!' So when that feeling of theirs decays and perishes, it doesn't give rise to sorrow, lamentation, pain, sadness, and distress. 15.1

They don't regard perception as self, self as having perception, perception in self, or self in perception. They're not obsessed with the thought: 'I am perception, perception is mine!' So when that 16.1

perception of theirs decays and perishes, it doesn't give rise to sorrow, lamentation, pain, sadness, and distress.

17.1 They don't regard choices as self, self as having choices, choices in self, or self in choices. They're not obsessed with the thought: 'I am choices, choices are mine!' So when those choices of theirs decay and perish, it doesn't give rise to sorrow, lamentation, pain, sadness, and distress.

18.1 They don't regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. They're not obsessed with the thought: 'I am consciousness, consciousness is mine!' So when that consciousness of theirs decays and perishes, it doesn't give rise to sorrow, lamentation, pain, sadness, and distress.

18.5 That's how a person is ailing in body and healthy in mind."

19.1 That's what Venerable Sāriputta said. Satisfied, Nakula's father was happy with what Sāriputta said.

SN 22.2

At Devadaha

Devadahasutta

1.1 SO I HAVE HEARD. At one time the Buddha was staying in the land of the Sakyans, where they have a town named Devadaha.

1.3 Then several mendicants who were heading for the west went up to the Buddha, bowed, sat down to one side, and said to him, "Sir, we wish to go to a western land to take up residence there."

2.1 "But mendicants, have you consulted with Sāriputta?"

2.2 "No, sir, we haven't."

2.3 "You should consult with Sāriputta. He's astute, and supports his spiritual companions, the mendicants."

2.5 "Yes, sir," they replied.

3.1 Now at that time Venerable Sāriputta was meditating not far from the Buddha in a clump of golden shower trees. And then those mendicants approved and agreed with what the Buddha

said. They got up from their seat, bowed, and respectfully circled the Buddha, keeping him on their right. Then they went up to Venerable Sāriputta, and exchanged greetings with him.

When the greetings and polite conversation were over, they sat 3.3
down to one side and said to him, “Reverend Sāriputta, we wish to go to a western land to take up residence there. We have consulted with the Teacher.”

“Reverends, there are those who question a mendicant who 4.1
has gone abroad—astute aristocrats, brahmins, householders, and ascetics—for astute people are inquisitive: ‘But what does the venerables’ Teacher teach? What does he explain?’ I trust the venerables have properly heard, learned, attended, and remembered the teachings, and penetrated them with wisdom. That way, when answering you will repeat what the Buddha has said and not misrepresent him with an untruth. You will explain in line with the teaching, with no legitimate grounds for rebuke and criticism.

“Reverend, we would travel a long way to learn the meaning of 5.1
this statement in the presence of Venerable Sāriputta. May Venerable Sāriputta himself please clarify the meaning of this.”

“Well then, reverends, listen and pay close attention, I will 5.3
speak.”

“Yes, reverend,” they replied. Sāriputta said this: 5.4

“Reverends, there are those who question a mendicant who 6.1
has gone abroad—astute aristocrats, brahmins, householders, and ascetics—for astute people are inquisitive: ‘But what does the venerables’ Teacher teach? What does he explain?’ When questioned like this, reverends, you should answer: ‘Reverend, our Teacher explained the removal of desire and lust.’

When you answer like this, such astute people may inquire further: 7.1
‘But regarding what does the venerables’ teacher explain the removal of desire and lust?’ When questioned like this, reverends, you should answer: ‘Our teacher explains the removal of desire and lust for form, feeling, perception, choices, and consciousness.’

8.1 When you answer like this, such astute people may inquire further: ‘But what drawback has he seen that he teaches the removal of desire and lust for form, feeling, perception, choices, and consciousness?’ When questioned like this, reverends, you should answer: ‘If you’re not free of greed, desire, fondness, thirst, passion, and craving for form, when that form decays and perishes it gives rise to sorrow, lamentation, pain, sadness, and distress. If you’re not free of greed, desire, fondness, thirst, passion, and craving for feeling ... perception ... choices ... consciousness, when that consciousness decays and perishes it gives rise to sorrow, lamentation, pain, sadness, and distress. This is the drawback our Teacher has seen that he teaches the removal of desire and lust for form, feeling, perception, choices, and consciousness.’

9.1 When you answer like this, such astute people may inquire further: ‘But what benefit has he seen that he teaches the removal of desire and lust for form, feeling, perception, choices, and consciousness?’ When questioned like this, reverends, you should answer: ‘If you are rid of greed, desire, fondness, thirst, passion, and craving for form, when that form decays and perishes it doesn’t give rise to sorrow, lamentation, pain, sadness, and distress. If you are rid of greed, desire, fondness, thirst, passion, and craving for feeling ... perception ... choices ... consciousness, when that consciousness decays and perishes it doesn’t give rise to sorrow, lamentation, pain, sadness, and distress. This is the benefit our Teacher has seen that he teaches the removal of desire and lust for form, feeling, perception, choices, and consciousness.’

10.1 If those who acquired and kept unskillful qualities were to live happily in the present life, free of anguish, distress, and fever; and if, when their body breaks up, after death, they could expect to go to a good place, the Buddha would not praise giving up unskillful qualities. But since those who acquire and keep unskillful qualities live unhappily in the present life, full of anguish, distress, and fever; and since, when their body breaks up, after death, they can expect to go to a bad place, the Buddha praises giving up unskillful qualities.

If those who embraced and kept skillful qualities were to live unhappily in the present life, full of anguish, distress, and fever; and if, when their body breaks up, after death, they could expect to go to a bad place, the Buddha would not praise embracing skillful qualities. But since those who embrace and keep skillful qualities live happily in the present life, free of anguish, distress, and fever; and since, when their body breaks up, after death, they can expect to go to a good place, the Buddha praises embracing skillful qualities.” 11.1

This is what Venerable Sāriputta said. Satisfied, the mendicants were happy with what Sāriputta said. 12.1

SN 22.3

With Hāliddikāni

Hāliddikānisutta

SO I HAVE HEARD. At one time Venerable Mahākaccāna was staying in the land of the Avantis near Kuraraghara on Steep Mountain. 1.1

Then the householder Hāliddikāni went up to Venerable Mahākaccāna, bowed, sat down to one side, and said to him, “Sir, this was said by the Buddha in the Chapter of the Eights, in ‘The Questions of Māgandiya’:

‘After leaving shelter to migrate unsettled,
a sage doesn’t get close to anyone in town.
Rid of sensual pleasures, expecting nothing,
they wouldn’t get in arguments with people.’ 2.1

How should we see the detailed meaning of the Buddha’s brief statement?” 3.1

“Householder, the form element is a shelter for consciousness. One whose consciousness is shackled to greed for the form element is called a migrant going from shelter to shelter. The feeling element is a shelter for consciousness. One whose consciousness is attached to greed for the feeling element is called a migrant going from shelter to shelter. The perception element is a shelter for 4.1

consciousness. One whose consciousness is attached to greed for the perception element is called a migrant going from shelter to shelter. The choices element is a shelter for consciousness. One whose consciousness is attached to greed for the choices element is called a migrant going from shelter to shelter. That's how one is a migrant going from shelter to shelter.

- 5.1 And how is one a migrant with no shelter? The Realized One has given up any desire, greed, relishing, and craving for the form element; any attraction, grasping, mental fixation, insistence, and underlying tendencies. He has cut it off at the root, made it like a palm stump, obliterated it, so it's unable to arise in the future. That's why the Realized One is called a migrant with no shelter. The Realized One has given up any desire, greed, relishing, and craving for the feeling element ... the perception element ... the choices element ... the consciousness element; any attraction, grasping, mental fixation, insistence, and underlying tendencies. He has cut it off at the root, made it like a palm stump, obliterated it, so it's unable to arise in the future. That's why the Realized One is called a migrant with no shelter. That's how one is a migrant with no shelter.

- 6.1 And how is one a migrant going from settlement to settlement? Being attached to migrating from settlement to settlement in pursuit of sights, one is called a migrant going from settlement to settlement. Being attached to migrating from settlement to settlement in pursuit of sounds ... smells ... tastes ... touches ... thoughts, one is called a migrant going from settlement to settlement. That's how one is a migrant going from settlement to settlement.

- 7.1 And how is one an unsettled migrant? The Realized One has given up attachment to migrating from settlement to settlement in pursuit of sights. He has cut it off at the root, made it like a palm stump, obliterated it, so it's unable to arise in the future. That's why the Realized One is called an unsettled migrant. The Realized One has given up attachment to migrating from settlement to settlement in pursuit of sounds ... smells ... tastes ... touches ... thoughts.

He has cut it off at the root, made it like a palm stump, obliterated it, so it's unable to arise in the future. That's why the Realized One is called an unsettled migrant. That's how one is an unsettled migrant.

And how does one get close to people in town? It's when someone mixes closely with laypeople, sharing their joys and sorrows—happy when they're happy and sad when they're sad—and getting involved in their business. That's how one gets close to people in town. 8.1

And how does one not get close to people in town? It's when a mendicant doesn't mix closely with laypeople, not sharing their joys and sorrows—not happy when they're happy or sad when they're sad—and not getting involved in their business. That's how one doesn't get close to people in town. 9.1

And how is one not rid of sensual pleasures? It's when someone isn't rid of greed, desire, fondness, thirst, passion, and craving for sensual pleasures. That's how one is not rid of sensual pleasures. 10.1

And how is one rid of sensual pleasures? It's when someone is rid of greed, desire, fondness, thirst, passion, and craving for sensual pleasures. That's how one is rid of sensual pleasures. 11.1

And how does one have expectations? It's when someone thinks: 'In the future, may I be of such form, such feeling, such perception, such choices, and such consciousness!' That's how one has expectations. 12.1

And how does one expect nothing? It's when someone doesn't think: 'In the future, may I be of such form, such feeling, such perception, such choices, and such consciousness!' That's how one expects nothing. 13.1

And how does one argue with people? It's when someone takes part in this sort of discussion: 'You don't understand this teaching and training. I understand this teaching and training. What, you understand this teaching and training? You're practicing wrong. I'm practicing right. You said last what you should have said first. You said first what you should have said last. I stay on topic, you don't. What you've thought so much about has been 14.1

disproved. Your doctrine is refuted. Go on, save your doctrine! You're trapped; get yourself out of this—if you can!' That's how one argues with people.

- 15.1 And how does one not argue with people? It's when a mendicant doesn't take part in this sort of discussion: 'You don't understand this teaching and training ... get yourself out of this—if you can!' That's how one doesn't argue with people.

- 16.1 So, householder, that's how to understand the detailed meaning of what the Buddha said in brief in the Chapter of the Eights, in 'The Questions of Māgandiya':

- 17.1 'After leaving shelter to migrate unsettled,
a sage doesn't get close to anyone in town.
Rid of sensual pleasures, expecting nothing,
they wouldn't get in arguments with people.'

SN 22.4

Hāliddikāni (2nd)

Dutiyahāliddikānisutta

- 1.1 SO I HAVE HEARD. At one time Venerable Mahākaccāna was staying in the land of the Avantis near Kuraraghara on Steep Mountain.
- 1.3 Then the householder Hāliddikāni went up to Venerable Mahākaccāna ... and asked him, "Sir, this was said by the Buddha in 'The Questions of Sakka': 'Those ascetics and brahmins who are freed due to the ending of craving have reached the ultimate goal, the ultimate sanctuary, the ultimate spiritual life, the ultimate end, and are best among gods and humans.'
- 2.1 How should we see the detailed meaning of the Buddha's brief statement?"
- 3.1 "Householder, consider any desire, greed, relishing, and craving for the form element; any attraction, grasping, mental fixation, insistence, and underlying tendencies. With the ending, fading

away, cessation, giving away, and letting go of that, the mind is said to be ‘well freed’.

Consider any desire, greed, relishing, and craving for the feeling element ... the perception element ... the choices element ... the consciousness element; any attraction, grasping, mental fixation, insistence, and underlying tendencies. With the ending, fading away, cessation, giving away, and letting go of that, the mind is said to be ‘well freed’.

So, householder, that’s how to understand the detailed meaning of what the Buddha said in brief in ‘The Questions of Sakka’: “Those ascetics and brahmins who are freed due to the ending of craving have reached the ultimate goal, the ultimate sanctuary, the ultimate spiritual life, the ultimate end, and are best among gods and humans.”

SN 22.5

Development of Immersion

Samādhisutta

SO I HAVE HEARD. At Sāvathī. 1.1

“Mendicants, develop immersion. A mendicant who has immersion truly understands. What do they truly understand? The origin and ending of form, feeling, perception, choices, and consciousness. 1.4

And what is the origin of form, feeling, perception, choices, and consciousness? It’s when a mendicant approves, welcomes, and keeps clinging. 2.1

What do they approve, welcome, and keep clinging to? They approve, welcome, and keep clinging to form. This gives rise to relishing. Relishing forms is grasping. Their grasping is a condition for continued existence. Continued existence is a condition for rebirth. Rebirth is a condition for old age and death, sorrow, lamentation, pain, sadness, and distress to come to be. That is how this entire mass of suffering originates. 3.1

- 4.1 They approve, welcome, and keep clinging to feeling ... perception ... choices ... consciousness. This gives rise to relishing. Relishing consciousness is grasping. Their grasping is a condition for continued existence. Continued existence is a condition for rebirth. Rebirth is a condition that gives rise to old age and death, sorrow, lamentation, pain, sadness, and distress. That is how this entire mass of suffering originates.
- 5.1 This is the origin of form, feeling, perception, choices, and consciousness.
- 6.1 And what is the ending of form, feeling, perception, choices, and consciousness?
- 7.1 It's when a mendicant doesn't approve, welcome, or keep clinging.
- 8.1 What don't they approve, welcome, or keep clinging to? They don't approve, welcome, or keep clinging to form. As a result, relishing of form ceases. When that relishing ceases, grasping ceases. When grasping ceases, continued existence ceases. ... That is how this entire mass of suffering ceases.
- 9.1 They don't approve, welcome, or keep clinging to feeling ... perception ... choices ... consciousness. As a result, relishing of consciousness ceases. When that relishing ceases, grasping ceases. ... That is how this entire mass of suffering ceases.
- 12.1 This is the ending of form, feeling, perception, choices, and consciousness."

SN 22.6

Retreat

Paṭisallāṇasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, meditate in retreat. A mendicant in retreat truly understands. What do they truly understand? The origin and ending of form, feeling, perception, choices, and consciousness. ..."

(Expand in detail as in the previous discourse.)

1.6

SN 22.7

Anxiety Because of Grasping

Upādāparitassanāsutta

At Sāvattḥi.

1.1

“Mendicants, I will teach you how grasping leads to anxiety, 1.2
and how not grasping leads to freedom from anxiety. Listen and
pay close attention, I will speak.”

“Yes, sir,” they replied. The Buddha said this:

1.4

“And how does grasping lead to anxiety? It’s when an unedu- 2.1
cated ordinary person has not seen the noble ones, and is neither
skilled nor trained in the teaching of the noble ones. They’ve not
seen good persons, and are neither skilled nor trained in the teach-
ing of the good persons. They regard form as self, self as having
form, form in self, or self in form. But that form of theirs decays and
perishes, and consciousness latches on to the perishing of form.
Anxieties occupy their mind, born of latching on to the perishing
of form, and originating in accordance with natural principles. So
they become frightened, worried, concerned, and anxious because
of grasping.

They regard feeling as self ...

3.1

They regard perception as self ...

4.1

They regard choices as self ...

4.2

They regard consciousness as self, self as having consciousness, 5.1
consciousness in self, or self in consciousness. But that conscious-
ness of theirs decays and perishes, and consciousness latches on to
the perishing of consciousness. Anxieties occupy their mind, born
of latching on to the perishing of consciousness, and originating
in accordance with natural principles. So they become frightened,
worried, concerned, and anxious because of grasping. That’s how
grasping leads to anxiety.

6.1 And how does not grasping lead to freedom from anxiety? It's when an educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They've seen good persons, and are skilled and trained in the teaching of the good persons. They don't regard form as self, self as having form, form in self, or self in form. When that form of theirs decays and perishes, consciousness doesn't latch on to the perishing of form. Anxieties—born of latching on to the perishing of form and originating in accordance with natural principles—don't occupy their mind. So they don't become frightened, worried, concerned, or anxious because of grasping.

7.1 They don't regard feeling as self ...

8.1 They don't regard perception as self ...

8.2 They don't regard choices as self ...

9.1 They don't regard consciousness as self ... When that consciousness of theirs decays and perishes, consciousness doesn't latch on to the perishing of consciousness. Anxieties—born of latching on to the perishing of consciousness and originating in accordance with natural principles—don't occupy their mind. So they don't become frightened, worried, concerned, or anxious because of grasping. That's how not grasping leads to freedom from anxiety."

SN 22.8

Anxiety Because of Grasping (2nd)

Dutiyaupādāparitassanāsutta

1.1 At Sāvatthī.

1.2 "Mendicants, I will teach you how grasping leads to anxiety, and how not grasping leads to freedom from anxiety. Listen and pay close attention, I will speak. And how does grasping lead to anxiety? It's when an uneducated ordinary person regards form like this: 'This is mine, I am this, this is my self.' But that form of theirs decays and perishes, which gives rise to sorrow, lamentation,

pain, sadness, and distress. They regard feeling ... perception ... choices ... consciousness like this: ‘This is mine, I am this, this is my self.’ But that consciousness of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress. That’s how grasping leads to anxiety.

And how does not grasping lead to freedom from anxiety? It’s 2.1
when an educated noble disciple regards form like this: ‘This is not mine, I am not this, this is not my self.’ When that form of theirs decays and perishes, it doesn’t give rise to sorrow, lamentation, pain, sadness, and distress. They regard feeling ... perception ... choices ... consciousness like this: ‘This is not mine, I am not this, this is not my self.’ When that consciousness of theirs decays and perishes, it doesn’t give rise to sorrow, lamentation, pain, sadness, and distress. That’s how not grasping leads to freedom from anxiety.”

SN 22.9

Impermanence in the Three Times

Kālattayaaniccasutta

At Sāvatthī. 1.1

“Mendicants, form of the past and future is impermanent, let 1.2
alone the present.

Seeing this, a learned noble disciple doesn’t worry about past 1.4
form, doesn’t look forward to enjoying future form, and they
practice for disillusionment, dispassion, and cessation regarding
present form.

Feeling ... 1.7

Perception ... 1.8

Choices ... 1.9

Consciousness of the past and future is impermanent, let alone 1.11
the present.

Seeing this, a learned noble disciple doesn’t worry about past 1.16
consciousness, doesn’t look forward to enjoying future conscious-

ness, and they practice for disillusionment, dispassion, and cessation regarding present consciousness.”

SN 22.10

Suffering in the Three Times

Kālattayadukkhassutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, form of the past and future is suffering, let alone the present.
- 1.4 Seeing this, a learned noble disciple doesn’t worry about past form, doesn’t look forward to enjoying future form, and they practice for disillusionment, dispassion, and cessation regarding present form.
- 1.7 Feeling ...
- 1.8 Perception ...
- 1.9 Choices ...
- 1.10 Consciousness of the past and future is suffering, let alone the present.
- 1.12 Seeing this, a learned noble disciple doesn’t worry about past consciousness, doesn’t look forward to enjoying future consciousness, and they practice for disillusionment, dispassion, and cessation regarding present consciousness.”

SN 22.11

Not-Self in the Three Times

Kālattayaānattasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, form of the past and future is not-self, let alone the present.
- 1.4 Seeing this, a learned noble disciple doesn’t worry about past form, doesn’t look forward to enjoying future form, and they

practice for disillusionment, dispassion, and cessation regarding present form.

Feeling ... 1.7

Perception ... 1.8

Choices ... 1.9

Consciousness of the past and future is not-self, let alone the present. 1.10

Seeing this, a learned noble disciple doesn't worry about past consciousness, doesn't look forward to enjoying future consciousness, and they practice for the disillusionment, dispassion, and cessation regarding present consciousness." 1.12

The Chapter on Impermanence

SN 22.12

Impermanence

Aniccāsutta

1.1 SO I HAVE HEARD. At Sāvatthī.

1.4 “Mendicants, form, feeling, perception, choices, and consciousness are impermanent.

1.5 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed.

1.7 They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’”

SN 22.13

Suffering

Dukkhasutta

1.1 At Sāvatthī.

1.2 “Mendicants, form, feeling, perception, choices, and consciousness are suffering.

Seeing this ... They understand: ‘... there is no return to any state of existence.’” 1.3

SN 22.14

Not-Self

Anattasutta

At Sāvatthī. 1.1

“Mendicants, form, feeling, perception, choices, and consciousness are not-self. 1.2

Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed. 1.3

They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’” 1.5

SN 22.15

That Which is Impermanent

Yadanikkasutta

At Sāvatthī. 1.1

“Mendicants, form is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ 1.2

Feeling is impermanent ... 1.6

Perception is impermanent ... 1.10

Choices are impermanent ... 1.11

Consciousness is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be 1.12

truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

- 1.16 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.16

That Which is Suffering

Yamdukkhasutta

1.1 At Sāvatthī.

1.2 “Mendicants, form is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

1.5 Feeling is suffering ...

1.6 Perception is suffering ...

1.7 Choices are suffering ...

1.8 Consciousness is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

- 1.11 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.17

That Which is Not-Self

Yadanattāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, form is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

1.4 Feeling is not-self ...

1.5 Perception is not-self ...

1.6 Choices are not-self ...

Consciousness is not-self. And what's not-self should be truly 1.7
seen with right understanding like this: 'This is not mine, I am not
this, this is not my self'

Seeing this ... They understand: '... there is no return to any 1.9
state of existence.'

SN 22.18

Impermanence With Its Cause

Sahetuaniccasutta

At Sāvattḥi. 1.1

"Mendicants, form is impermanent. The cause and condition 1.2
that gives rise to form is also impermanent. Since form is produced
by what is impermanent, how could it be permanent?

Feeling is impermanent ... 1.5

Perception is impermanent ... 1.8

Choices are impermanent ... 1.9

Consciousness is impermanent. The cause and condition that 1.12
gives rise to consciousness is also impermanent. Since conscious-
ness is produced by what is impermanent, how could it be per-
manent?

Seeing this ... They understand: '... there is no return to any 1.15
state of existence.'

SN 22.19

Suffering With Its Cause

Sahetudukkkhasutta

At Sāvattḥi. 1.1

"Mendicants, form is suffering. The cause and condition that 1.2
gives rise to form is also suffering. Since form is produced by what
is suffering, how could it be happiness?

Feeling is suffering ... 1.5

- 1.6 Perception is suffering ...
- 1.7 Choices are suffering ...
- 1.8 Consciousness is suffering. The cause and condition that gives rise to consciousness is also suffering. Since consciousness is produced by what is suffering, how could it be happiness?
- 1.11 Seeing this ... They understand: '... there is no return to any state of existence.'

SN 22.20

Not-Self With Its Cause

Sahetuanattasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, form is not-self. The cause and condition that gives rise to form is also not-self. Since form is produced by what is not-self, how could it be self?
- 1.5 Feeling is not-self ...
- 1.6 Perception is not-self ...
- 1.7 Choices are not-self ...
- 1.8 Consciousness is not-self. The cause and condition that gives rise to consciousness is also not-self. Since consciousness is produced by what is not-self, how could it be self?
- 1.11 Seeing this ... They understand: '... there is no return to any state of existence.'

SN 22.21

With Ānanda

Ānandasutta

- 1.1 At Sāvatthī.
- 1.2 Then Venerable Ānanda went up to the Buddha, bowed, sat down to one side, and said to the Buddha:

“Sir, they speak of ‘cessation’. The cessation of what things does this refer to?” 1.3

“Ānanda, form is impermanent, conditioned, dependently originated, liable to end, vanish, fade away, and cease. Its cessation is what ‘cessation’ refers to. 1.5

Feeling ... 1.7

Perception ... 1.9

Choices ... 1.10

Consciousness is impermanent, conditioned, dependently originated, liable to end, vanish, fade away, and cease. Its cessation is what ‘cessation’ refers to. 1.12

When they speak of ‘cessation’, its the cessation of these things that this refers to.” 1.14

The Chapter on the Burden

SN 22.22

The Burden

Bhārasutta

1.1 At Sāvatthī.

1.2 “Mendicants, I will teach you the burden, the bearer of the burden, the picking up of the burden, and the putting down of the burden. Listen ...

1.4 And what is the burden? The five grasping aggregates, it should be said. What five? The grasping aggregates of form, feeling, perception, choices, and consciousness. This is called the burden.

2.1 And who is the bearer of the burden? The person, it should be said; the venerable of such and such name and clan. This is called the bearer of the burden.

3.1 And what is the picking up of the burden? It’s the craving that leads to future lives, mixed up with relishing and greed, taking pleasure in various different realms. That is, craving for sensual pleasures, craving to continue existence, and craving to end existence. This is called the picking up of the burden.

4.1 And what is the putting down of the burden? It’s the fading away and cessation of that very same craving with nothing left over; giving it away, letting it go, releasing it, and not adhering to it. This is called the putting down of the burden.”

5.1 That is what the Buddha said. Then the Holy One, the Teacher, went on to say:

“The five aggregates are indeed burdens, 6.1
and the person is the bearer of the burden.
Picking up the burden is suffering in the world,
and putting the burden down is happiness.

When the heavy burden is put down 7.1
without picking up another,
and having plucked out craving, root and all,
you’re hungerless, extinguished.”

SN 22.23

Complete Understanding

Pariññasutta

At Sāvatthī. 1.1

“Mendicants, I will teach you the things that should be com- 1.2
pletely understood, and complete understanding. Listen . . .

And what things should be completely understood? Form, 1.4
feeling, perception, choices, and consciousness. These are called
the things that should be completely understood.

And what is complete understanding? The ending of greed, 1.7
hate, and delusion. This is called complete understanding.”

SN 22.24

Directly Knowing

Abhijānasutta

At Sāvatthī. 1.1

“Mendicants, without directly knowing and completely under- 1.2
standing form, without dispassion for it and giving it up, you can’t
end suffering.

- 1.3 Without directly knowing and completely understanding feeling ... perception ... choices ... consciousness, without dispassion for it and giving it up, you can't end suffering.
- 1.7 By directly knowing and completely understanding form, having dispassion for it and giving it up, you can end suffering.
- 1.8 By directly knowing and completely understanding feeling ... perception ... choices ... consciousness, having dispassion for it and giving it up, you can end suffering."

SN 22.25

Desire and Greed

Chandarāgasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, give up desire and greed for form. Thus that form will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.
- 1.4 Give up desire and greed for feeling ... perception ... choices ... consciousness. Thus that consciousness will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future."

SN 22.26

Gratification

Assādasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, before my awakening—when I was still unawakened but intent on awakening—I thought: 'What's the gratification, the drawback, and the escape when it comes to form ... feeling ... perception ... choices ... and consciousness?'
- 1.8 Then it occurred to me: 'The pleasure and happiness that arise from form: this is its gratification. That form is impermanent,

suffering, and perishable: this is its drawback. Removing and giving up desire and greed for form: this is its escape. The pleasure and happiness that arise from feeling ... perception ... choices ... consciousness: this is its gratification. That consciousness is impermanent, suffering, and perishable: this is its drawback. Removing and giving up desire and greed for consciousness: this is its escape.'

As long as I didn't truly understand these five grasping aggregates' gratification, drawback, and escape in this way for what they are, I didn't announce my supreme perfect awakening in this world with its gods, Māras, and Brahmās, this population with its ascetics and brahmins, its gods and humans. 2.1

But when I did truly understand these five grasping aggregates' gratification, drawback, and escape in this way for what they are, I announced my supreme perfect awakening in this world with its gods, Māras, and Brahmās, this population with its ascetics and brahmins, its gods and humans. 2.2

Knowledge and vision arose in me: 'My freedom is unshakable; this is my last rebirth; now there'll be no more future lives.' 2.4

SN 22.27

Gratification (2nd)

Dutiyaassādasutta

At Sāvattṭhi.

1.1

"Mendicants, I went in search of form's gratification, and I found it. I've seen clearly with wisdom the full extent of form's gratification. I went in search of form's drawback, and I found it. I've seen clearly with wisdom the full extent of form's drawback. I went in search of form's escape, and I found it. I've seen clearly with wisdom the full extent of form's escape. 1.2

I went in search of the gratification of feeling ... perception ... choices ... and consciousness, and I found it. I've seen clearly with wisdom the full extent of consciousness's gratification. I went in search of consciousness's drawback, and I found it. I've seen 1.11

clearly with wisdom the full extent of consciousness's drawback. I went in search of consciousness's escape, and I found it. I've seen clearly with wisdom the full extent of consciousness's escape.

1.23 As long as I didn't truly understand these five grasping aggregates' gratification, drawback, and escape for what they are, I didn't announce my supreme perfect awakening ... But when I did truly understand these five grasping aggregates' gratification, drawback, and escape for what they are, I announced my supreme perfect awakening ...

1.25 Knowledge and vision arose in me: 'My freedom is unshakable; this is my last rebirth; now there'll be no more future lives.'

SN 22.28

Gratification (3rd)

Tatiyaassādasutta

1.1 At Sāvatthī.

1.2 "Mendicants, if there were no gratification in form, sentient beings wouldn't love it. But since there is gratification in form, sentient beings do love it. If form had no drawback, sentient beings wouldn't grow disillusioned with it. But since form has a drawback, sentient beings do grow disillusioned with it. If there were no escape from form, sentient beings wouldn't escape from it. But since there is an escape from form, sentient beings do escape from it.

1.8 If there were no gratification in feeling ... perception ... choices ... consciousness, sentient beings wouldn't love it. But since there is gratification in consciousness, sentient beings do love it. If consciousness had no drawback, sentient beings wouldn't grow disillusioned with it. But since consciousness has a drawback, sentient beings do grow disillusioned with it. If there were no escape from consciousness, sentient beings wouldn't escape from it. But since there is an escape from consciousness, sentient beings do escape from it.

As long as sentient beings don't truly understand these five grasping aggregates' gratification, drawback, and escape for what they are, they haven't escaped from this world—with its gods, Māras, and Brahmās, this population with its ascetics and brahmins, its gods and humans—and they don't live detached, liberated, with a mind free of limits. 2.1

But when sentient beings truly understand these five grasping aggregates' gratification, drawback, and escape for what they are, they've escaped from this world—with its gods, Māras, and Brahmās, this population with its ascetics and brahmins, its gods and humans—and they live detached, liberated, with a mind free of limits.” 2.3

SN 22.29

Taking Pleasure

Abhinandanasutta

At Sāvattḥī. 1.1

“Mendicants, if you take pleasure in form, you take pleasure in suffering. If you take pleasure in suffering, I say you're not exempt from suffering. 1.2

If you take pleasure in feeling ... perception ... choices ... consciousness, you take pleasure in suffering. If you take pleasure in suffering, I say you're not exempt from suffering. 1.4

If you don't take pleasure in form, you don't take pleasure in suffering. If you don't take pleasure in suffering, I say you're exempt from suffering. 1.9

If you don't take pleasure in feeling ... perception ... choices ... consciousness, you don't take pleasure in suffering. If you don't take pleasure in suffering, I say you're exempt from suffering.” 1.11

SN 22.30

Arising

Uppādasutta

1.1 At Sāvatthī.

1.2 “Mendicants, the arising, continuation, rebirth, and manifestation of form is the arising of suffering, the continuation of diseases, and the manifestation of old age and death.

1.3 The arising, continuation, rebirth, and manifestation of feeling ... perception ... choices ... consciousness is the arising of suffering, the continuation of diseases, and the manifestation of old age and death.

1.7 The cessation, settling, and ending of form is the cessation of suffering, the settling of diseases, and the ending of old age and death.

1.8 The cessation, settling, and ending of feeling ... perception ... choices ... consciousness is the cessation of suffering, the settling of diseases, and the ending of old age and death.”

SN 22.31

The Root of Misery

Aghamūlasutta

1.1 At Sāvatthī.

1.2 “Mendicants, I will teach you misery and the root of misery. Listen ...

1.4 And what is misery? Form, feeling, perception, choices, and consciousness are misery. This is called misery.

1.7 And what is the root of misery? It’s the craving that leads to future lives, mixed up with relishing and greed, taking pleasure in various different realms. That is, craving for sensual pleasures, craving to continue existence, and craving to end existence. This is called the root of misery.”

SN 22.32

The Breakable

Pabhaṅgusutta

At Sāvatthī.

1.1

“Mendicants, I will teach you the breakable and the unbreak- 1.2
able. Listen ...

And what is the breakable? What is the unbreakable? Form is 1.4
breakable, but its cessation, settling, and ending is unbreakable.

Feeling ... perception ... choices ... consciousness is break- 1.7
able, but its cessation, settling, and ending is unbreakable.”

The Chapter on Not Yours

SN 22.33

It's Not Yours

Natumhākasutta

1.1 At Sāvatthī.

1.2 “Mendicants, give up what's not yours. Giving it up will be for your welfare and happiness. And what isn't yours? Form isn't yours: give it up. Giving it up will be for your welfare and happiness.

1.7 Feeling ...

1.9 Perception ...

1.10 Choices ...

1.12 Consciousness isn't yours: give it up. Giving it up will be for your welfare and happiness.

2.1 Suppose a person was to carry off the grass, sticks, branches, and leaves in this Jeta's Grove, or burn them, or do what they want with them. Would you think: ‘This person is carrying us off, burning us, or doing what they want with us?’”

2.4 “No, sir. Why is that? Because that's neither self nor belonging to self.”

2.7 “In the same way, mendicants, form isn't yours: give it up. Giving it up will be for your welfare and happiness.

2.9 Feeling ...

2.11 Perception ...

2.12 Choices ...

Consciousness isn't yours: give it up. Giving it up will be for your welfare and happiness." 2.13

SN 22.34

It's Not Yours (2nd)

Dutiyanatumhākasutta

At Sāvatthī. 1.1

"Mendicants, give up what's not yours. Giving it up will be for your welfare and happiness. And what isn't yours? 1.2

Form isn't yours: give it up. Giving it up will be for your welfare and happiness. 1.5

Feeling ... 1.7

Perception ... 1.8

Choices ... 1.9

Consciousness isn't yours: give it up. Giving it up will be for your welfare and happiness. 1.10

Give up what's not yours. Giving it up will be for your welfare and happiness." 1.12

SN 22.35

A Mendicant

Aññatarabhikkhusutta

At Sāvatthī. 1.1

Then a mendicant went up to the Buddha, bowed, sat down to one side, and said to him, "Sir, may the Buddha please teach me Dhamma in brief. When I've heard it, I'll live alone, withdrawn, diligent, keen, and resolute." 1.2

"Mendicant, you're defined by what you have an underlying tendency for. You're not defined by what you have no underlying tendency for." 1.5

"Understood, Blessed One! Understood, Holy One!" 1.7

2.1 “But how do you see the detailed meaning of my brief statement?”

2.2 “If you have an underlying tendency for form, you’re defined by that. If you have an underlying tendency for feeling ... perception ... choices ... consciousness, you’re defined by that.

2.7 If you have no underlying tendency for form, you’re not defined by that. If you have no underlying tendency for feeling ... perception ... choices ... consciousness, you’re not defined by that.

2.12 That’s how I understand the detailed meaning of the Buddha’s brief statement.”

3.1 “Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.

3.3 If you have an underlying tendency for form, you’re defined by that. If you have an underlying tendency for feeling ... perception ... choices ... consciousness, you’re defined by that.

3.8 If you have no underlying tendency for form, you’re not defined by that. If you have no underlying tendency for feeling ... perception ... choices ... consciousness, you’re not defined by that.

3.13 This is how to understand the detailed meaning of what I said in brief.”

4.1 And then that mendicant approved and agreed with what the Buddha said. He got up from his seat, bowed, and respectfully circled the Buddha, keeping him on his right, before leaving.

5.1 Then that mendicant, living alone, withdrawn, diligent, keen, and resolute, soon realized the supreme end of the spiritual path in this very life. He lived having achieved with his own insight the goal for which gentlemen rightly go forth from the lay life to homelessness.

5.2 He understood: “Rebirth is ended; the spiritual journey has been completed; what had to be done has been done; there is no return to any state of existence.” And that mendicant became one of the perfected.

SN 22.36

A Mendicant (2nd)

Dutiyaaññatarabhikkhusutta

At Sāvattḥī.

1.1

Then a mendicant went up to the Buddha ... and asked him, 1.2
“Sir, may the Buddha please teach me Dhamma in brief. When I’ve
heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”

“Mendicant, you’re measured against what you have an under- 1.4
lying tendency for, and you’re defined by what you’re measured
against. You’re not measured against what you have no underlying
tendency for, and you’re not defined by what you’re not measured
against.”

“Understood, Blessed One! Understood, Holy One!” 1.8

“But how do you see the detailed meaning of my brief state- 2.1
ment?”

“If you have an underlying tendency for form, you’re measured 2.2
against that, and you’re defined by what you’re measured against.
If you have an underlying tendency for feeling ... perception ...
choices ... consciousness, you’re measured against that, and you’re
defined by what you’re measured against.

If you have no underlying tendency for form, you’re not mea- 2.9
sured against that, and you’re not defined by what you’re not mea-
sured against. If you have no underlying tendency for feeling ... per-
ception ... choices ... consciousness, you’re not measured against
that, and you’re not defined by what you’re not measured against.

That’s how I understand the detailed meaning of the Buddha’s 2.16
brief statement.”

“Good, good, mendicant! It’s good that you understand the 3.1
detailed meaning of what I’ve said in brief like this.

If you have an underlying tendency for form, you’re measured 3.3
against that, and you’re defined by what you’re measured against.
If you have an underlying tendency for feeling ... perception ...

choices ... consciousness, you're measured against that, and you're defined by what you're measured against.

3.10 If you have no underlying tendency for form, you're not measured against that, and you're not defined by what you're not measured against. If you have no underlying tendency for feeling ... perception ... choices ... consciousness, you're not measured against that, and you're not defined by what you're not measured against.

3.17 This is how to understand the detailed meaning of what I said in brief." ...

3.18 And that mendicant became one of the perfected.

SN 22.37

With Ānanda

Ānandasutta

1.1 At Sāvattthī.

1.2 And then Venerable Ānanda ... sitting to one side, the Buddha said to him:

2.1 "Ānanda, suppose they were to ask you: 'Reverend Ānanda, what are the things for which arising is evident, vanishing is evident, and change while persisting is evident?' How would you answer?"

2.4 "Sir, suppose they were to ask me: 'What are the things for which arising is evident, vanishing is evident, and change while persisting is evident?' I'd answer like this:

2.7 'Reverend, the arising of form is evident, its vanishing is evident, and change while persisting is evident. The arising of feeling ... perception ... choices ... consciousness is evident, its vanishing is evident, and change while persisting is evident. These are the things for which arising is evident, vanishing is evident, and change while persisting is evident.'

2.13 That's how I'd answer such a question."

3.1 "Good, good, Ānanda. The arising of form is evident, its vanishing is evident, and change while persisting is evident. The arising of feeling ... perception ... choices ... consciousness is evident, its

vanishing is evident, and change while persisting is evident. These are the things for which arising is evident, vanishing is evident, and change while persisting is evident.

That's how you should answer such a question."

3.8

SN 22.38

With Ānanda (2nd)

Dutiyaānandasutta

At Sāvattṥi.

1.1

Sitting to one side, the Buddha said to Ānanda:

1.2

"Ānanda, suppose they were to ask you: 'Reverend Ānanda, what are the things for which arising, vanishing, and change while persisting were evident? What are the things for which arising, vanishing, and change while persisting will be evident? What are the things for which arising, vanishing, and change while persisting are evident?' How would you answer?"

2.1

"Sir, suppose they were to ask me: 'Reverend Ānanda, what are the things for which arising, vanishing, and change while persisting were evident? What are the things for which arising, vanishing, and change while persisting will be evident? What are the things for which arising, vanishing, and change while persisting are evident?' I'd answer like this:

2.6

'Whatever form has passed, ceased, and perished, its arising, vanishing, and change while persisting were evident. Whatever feeling ... perception ... choices ... consciousness has passed, ceased, and perished, its arising, vanishing, and change while persisting were evident. These the things for which arising, vanishing, and change while persisting were evident.

2.11

Whatever form is not yet born, and has not yet appeared, its arising, vanishing, and change while persisting will be evident. Whatever feeling ... perception ... choices ... consciousness is not yet born, and has not yet appeared, its arising, vanishing, and change while persisting will be evident. These are the things for

3.1

which arising, vanishing, and change while persisting will be evident.

- 4.1 Whatever form has been born, and has appeared, its arising, vanishing, and change while persisting is evident. Whatever feeling ... perception ... choices ... consciousness has been born, and has appeared, its arising, vanishing, and change while persisting are evident. These are the things for which arising is evident, vanishing is evident, and change while persisting is evident.’ That’s how I’d answer such a question.”
- 5.1 “Good, good, Ānanda. ‘Whatever form has passed, ceased, and perished, its arising, vanishing, and change while persisting were evident. Whatever feeling ... perception ... choices ... consciousness has passed, ceased, and perished, its arising, vanishing, and change while persisting were evident. These the things for which arising, vanishing, and change while persisting were evident.
- 6.1 Whatever form is not yet born, and has not yet appeared, its arising, vanishing, and change while persisting will be evident. Whatever feeling ... perception ... choices ... consciousness is not yet born, and has not yet appeared, its arising, vanishing, and change while persisting will be evident. These are the things for which arising, vanishing, and change while persisting will be evident.
- 7.1 Whatever form has been born, and has appeared, its arising, vanishing, and change while persisting are evident. Whatever feeling ... perception ... choices ... consciousness has been born, and has appeared, its arising, vanishing, and change while persisting are evident. These are the things for which arising is evident, vanishing is evident, and change while persisting is evident.
- 7.9 That’s how you should answer such a question.”

SN 22.39

In Line With the Teachings

Anudhammasutta

At Sāvatthī.

1.1

“Mendicants, when a mendicant is practicing in line with the teachings, this is what’s in line with the teachings. 1.2

They should live full of disillusionment for form, feeling, perception, choices, and consciousness. Living in this way, they completely understand form, feeling, perception, choices, and consciousness. Completely understanding form, feeling, perception, choices, and consciousness, they’re freed from these things. They’re freed from rebirth, old age, and death, from sorrow, lamentation, pain, sadness, and distress. They’re freed from suffering, I say.” 1.3

SN 22.40

In Line with the Teachings (2nd)

Dutiyaanudhammasutta

At Sāvatthī.

1.1

“Mendicants, when a mendicant is practicing in line with the teachings, this is what’s in line with the teachings. They should live observing impermanence in form, feeling, perception, choices, and consciousness. ... They’re freed from suffering, I say.” 1.2

SN 22.41

In Line with the Teachings (3rd)

Tatiyaanudhammasutta

At Sāvatthī.

1.1

“Mendicants, when a mendicant is practicing in line with the teachings, this is what’s in line with the teachings. They should 1.2

live observing suffering in form, feeling, perception, choices, and consciousness. ... They're freed from suffering, I say."

SN 22.42

In Line with the Teachings (4th)

Catutthaanudhammasutta

1.1 At Sāvatthī.

1.2 "Mendicants, when a mendicant is practicing in line with the teachings, this is what's in line with the teachings. They should live observing not-self in form, feeling, perception, choices, and consciousness. ...

They're freed from suffering, I say."

The Chapter on Be Your Own Island

SN 22.43

Be Your Own Island

Attadīpasutta

- At Sāvatthī. 1.1
- “Mendicants, be your own island, your own refuge, with no 1.2
other refuge. Let the teaching be your island and your refuge, with
no other refuge.
- When you live like this, you should examine the cause: ‘From 1.3
what are sorrow, lamentation, pain, sadness, and distress born and
produced?’
- And, mendicants, from what are sorrow, lamentation, pain, 2.1
sadness, and distress born and produced? It’s when an uneducated
ordinary person has not seen the noble ones, and is neither skilled
nor trained in the teaching of the noble ones. They’ve not seen
good persons, and are neither skilled nor trained in the teaching
of the good persons. They regard form as self, self as having form,
form in self, or self in form. But that form of theirs decays and
perishes, which gives rise to sorrow, lamentation, pain, sadness,
and distress.
- They regard feeling as self ... 2.6
- They regard perception as self ... 2.9
- They regard choices as self ... 2.10

- 2.11 They regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. But that consciousness of theirs decays and perishes, which gives rise to sorrow, lamentation, pain, sadness, and distress.
- 3.1 Sorrow, lamentation, pain, sadness, and distress are given up when you understand the impermanence of form—its perishing, fading away, and cessation—and you truly see with right understanding that all form, whether past or present, is impermanent, suffering, and perishable. When these things are given up there’s no anxiety. Without anxiety you live happily. A mendicant who lives happily is said to be extinguished in that respect.
- 3.3 Sorrow, lamentation, pain, sadness, and distress are given up when you understand the impermanence of feeling ...
- 3.5 perception ...
- 3.6 choices ...
- 3.8 consciousness—its perishing, fading away, and cessation—and you truly see with right understanding that all consciousness, whether past or present, is impermanent, suffering, and perishable. When these things are given up there’s no anxiety. Without anxiety you live happily. A mendicant who lives happily is said to be extinguished in that respect.”

SN 22.44

Practice

Paṭipadāsutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, I will teach you the practice that leads to the origin of identity and the practice that leads to the cessation of identity. Listen ...
- 1.4 And what is the practice that leads to the origin of identity? It’s when an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble

ones. They've not seen good persons, and are neither skilled nor trained in the teaching of the good persons.

They regard form as self, self as having form, form in self, or self in form. 1.6

They regard feeling as self ... 1.7

They regard perception as self ... 1.8

They regard choices as self ... 1.9

They regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. 1.10

This is called the practice that leads to the origin of identity. 1.11
And that's why it's called a way of regarding things that leads to the origin of suffering.

And what is the practice that leads to the cessation of identity? 2.1
It's when an educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They've seen good persons, and are skilled and trained in the teaching of the good persons.

They don't regard form as self, self as having form, form in self, or self in form. 2.3

They don't regard feeling as self ... 2.4

They don't regard perception as self ... 2.5

They don't regard choices as self ... 2.6

They don't regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. 2.7

This is called the practice that leads to the cessation of identity. 2.8
And that's why it's called a way of regarding things that leads to the cessation of suffering."

SN 22.45

Impermanence

Aniccasutta

At Sāvattthī.

1.1

- 1.2 “Mendicants, form is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ Seeing truly with right understanding like this, the mind becomes dispassionate and freed from defilements by not grasping.
- 1.7 Feeling is impermanent ...
- 1.8 Perception ...
- 1.9 Choices ...
- 1.10 Consciousness is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ Seeing truly with right understanding like this, the mind becomes dispassionate and freed from defilements by not grasping.
- 1.15 If a mendicant’s mind is dispassionate towards the form element, the feeling element, the perception element, the choices element, and the consciousness element, it’s freed from defilements by not grasping.
- 1.19 Being free, it’s stable. Being stable, it’s content. Being content, they’re not anxious. Not being anxious, they personally become extinguished.
- 1.20 They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’”

SN 22.46

Impermanence (2nd)

Dutiyaaniccasutta

1.1 At Sāvattthī.

- 1.2 “Mendicants, form is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should

be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

Feeling is impermanent ... 1.6

Perception is impermanent ... 1.7

Choices are impermanent ... 1.8

Consciousness is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ 1.9

Seeing truly with right understanding like this, they have no theories about the past. Not having theories about the past, they have no theories about the future. Not having theories about the future, they don’t obstinately stick to them. Not misapprehending, the mind becomes dispassionate towards form, feeling, perception, choices, and consciousness; it’s freed from defilements by not grasping. 2.1

Being free, it’s stable. Being stable, it’s content. Being content, they’re not anxious. Not being anxious, they personally become extinguished. 2.9

They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’” 2.10

SN 22.47

Ways of Regarding

Samanupassanāsutta

At Sāvatthī. 1.1

“Mendicants, whatever ascetics and brahmins regard various kinds of things as self, all regard the five grasping aggregates, or one of them. 1.2

What five? It’s when an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the teach- 1.3

ing of the noble ones. They've not seen good persons, and are neither skilled nor trained in the teaching of the good persons.

- 1.5 They regard form as self, self as having form, form in self, or self in form. They regard feeling ... perception ... choices ... consciousness as self, self as having consciousness, consciousness in self, or self in consciousness.

- 2.1 So they're not rid of this way of regarding things and the conceit 'I am'. As long as they're not rid of the conceit 'I am', the five faculties are conceived—the eye, ear, nose, tongue, and body. The mind, thoughts, and the element of ignorance are all present. Struck by feelings born of contact with ignorance, an uneducated ordinary person thinks 'I am', 'I am this', 'I will be', 'I will not be', 'I will have form', 'I will be formless', 'I will be percipient', 'I will not be percipient', 'I will be neither percipient nor non-percipient'.

- 3.1 The five faculties stay right where they are. But an educated noble disciple gives up ignorance about them and gives rise to knowledge. With the fading away of ignorance and the arising of knowledge, they don't think 'I am', 'I am this', 'I will be', 'I will not be', 'I will have form', 'I will be formless', 'I will be percipient', 'I will be non-percipient', 'I will be neither percipient nor non-percipient.'"

SN 22.48

Aggregates

Khandhasutta

- 1.1 At Sāvatthi.

- 1.2 "Mendicants, I will teach you the five aggregates and the five grasping aggregates. Listen ...

- 1.4 And what are the five aggregates?

- 1.5 Any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: this is called the aggregate of form.

- 1.6 Any kind of feeling at all ...

- Any kind of perception at all ... 1.7
- Any kind of choices at all ... 1.8
- Any kind of consciousness at all—past, future, or present; 1.9
internal or external; coarse or fine; inferior or superior; far or near:
this is called the aggregate of consciousness.
- These are called the five aggregates. 1.10
- And what are the five grasping aggregates? 2.1
- Any kind of form at all—past, future, or present; internal or 2.2
external; coarse or fine; inferior or superior; far or near, which is
accompanied by defilements and is prone to being grasped: this is
called the aggregate of form connected with grasping.
- Any kind of feeling at all ... 2.3
- Any kind of perception at all ... 2.4
- Any kind of choices at all ... 2.5
- Any kind of consciousness at all—past, future, or present; 2.6
internal or external; coarse or fine; inferior or superior; far or
near, which is accompanied by defilements and is prone to being
grasped: this is called the aggregate of consciousness connected
with grasping.
- These are called the five grasping aggregates.” 2.7

SN 22.49

With Soṇa

Soṇasutta

- SO I HAVE HEARD. At one time the Buddha was staying near 1.1
Rājagaha, in the Bamboo Grove, the squirrels’ feeding ground.
- Then the householder Soṇa went up to the Buddha ... The 1.3
Buddha said to him:
- “Soṇa, there are ascetics and brahmins who—based on form, 2.1
which is impermanent, suffering, and perishable—regard them-
selves thus: ‘I’m better’, or ‘I’m equal’, or ‘I’m worse’. What is that
but a failure to see truly? Based on feeling ... perception ... choices
... consciousness, which is impermanent, suffering, and perish-

able, they regard themselves thus: ‘I’m better’, or ‘I’m equal’, or ‘I’m worse’. What is that but a failure to see truly?

3.1 There are ascetics and brahmins who—based on form, which is impermanent, suffering, and perishable—don’t regard themselves thus: ‘I’m better’, or ‘I’m equal’, or ‘I’m worse’. What is that but seeing truly? Based on feeling ... perception ... choices ... consciousness, which is impermanent, suffering, and perishable, they don’t regard themselves thus: ‘I’m better’, or ‘I’m equal’, or ‘I’m worse’. What is that but seeing truly?

4.1 What do you think, Soṇa? Is form permanent or impermanent?”

4.3 “Impermanent, sir.”

4.4 “But if it’s impermanent, is it suffering or happiness?”

4.5 “Suffering, sir.”

4.6 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?”

4.8 “No, sir.”

4.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

4.14 “Impermanent, sir.”

4.15 “But if it’s impermanent, is it suffering or happiness?”

4.16 “Suffering, sir.”

4.17 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?”

4.19 “No, sir.”

5.1 “So, Soṇa, you should truly see any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’

6.1 You should truly see any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’

Seeing this, a learned noble disciple grows disillusioned with 7.1
form, feeling, perception, choices, and consciousness. Being disil-
lusioned, desire fades away. When desire fades away they're freed.
When they're freed, they know they're freed.

They understand: 'Rebirth is ended, the spiritual journey has 7.3
been completed, what had to be done has been done, there is no
return to any state of existence.'

SN 22.50

With Soṇa (2nd)

Dutiyasoṇasutta

SO I HAVE HEARD. At one time the Buddha was staying near 1.1
Rājagaha, in the Bamboo Grove, the squirrels' feeding ground.

Then the householder Soṇa went up to the Buddha, bowed, 1.3
and sat down to one side. The Buddha said to him:

"Soṇa, there are ascetics and brahmins who don't understand 2.1
form, its origin, its cessation, and the practice that leads to its ces-
sation. They don't understand feeling ... perception ... choices
... consciousness, its origin, its cessation, and the practice that
leads to its cessation. I don't regard them as true ascetics and brah-
mins. Those venerables don't realize the goal of life as an ascetic or
brahmin, and don't live having realized it with their own insight.

There are ascetics and brahmins who do understand form, its 3.1
origin, its cessation, and the practice that leads to its cessation. They
do understand feeling ... perception ... choices ... consciousness,
its origin, its cessation, and the practice that leads to its cessation.
I regard them as true ascetics and brahmins. Those venerables
realize the goal of life as an ascetic or brahmin, and live having
realized it with their own insight."

SN 22.51

The End of Relishing

Nandikkhayasutta

1.1 At Sāvatthī.

1.2 “Mendicants, form really is impermanent. A mendicant sees that it is impermanent: that’s their right view. Seeing rightly, they grow disillusioned. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.

1.6 Feeling ...

1.10 Perception ...

1.11 Choices ...

1.15 Consciousness really is impermanent. A mendicant sees that it is impermanent: that’s their right view. Seeing rightly, they grow disillusioned. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.”

SN 22.52

The End of Relishing (2nd)

Dutiyanandikkhayasutta

1.1 At Sāvatthī.

1.2 “Mendicants, properly attend to form. Truly see the impermanence of form. When a mendicant does this, they grow disillusioned with form. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.

1.6 Properly attend to feeling ...

1.10 perception ...

1.11 choices ...

consciousness. Truly see the impermanence of consciousness. 1.15
When a mendicant does this, they grow disillusioned with consciousness. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.”

THE MIDDLE FIFTY

The Chapter on Involvement

SN 22.53

Involvement

Upayasutta

- At Sāvatthī. 1.1
- “Mendicants, if you’re involved, you’re not free. If you’re not 1.2
involved, you’re free.
- As long as consciousness remains, it would remain involved 1.3
with form, supported by form, founded on form. And with a sprin-
kle of relishing, it would grow, increase, and mature.
- Or consciousness would remain involved with feeling ... 1.4
- Or consciousness would remain involved with perception ... 1.5
- Or as long as consciousness remains, it would remain involved 1.6
with choices, supported by choices, grounded on choices. And
with a sprinkle of relishing, it would grow, increase, and mature.
- Mendicants, suppose you say: ‘Apart from form, feeling, per- 2.1
ception, and choices, I will describe the coming and going of con-
sciousness, its passing away and reappearing, its growth, increase,
and maturity.’ That is not possible.
- If a mendicant has given up greed for the form element, the 3.1
support is cut off, and there is no foundation for consciousness.
- If a mendicant has given up greed for the feeling element ... 3.3
- perception element ... 3.4

- 3.5 choices element ...
- 3.6 consciousness element, the support is cut off, and there is no foundation for consciousness. Since that consciousness does not become established and does not grow, with no power to regenerate, it is freed.
- 3.9 Being free, it's stable. Being stable, it's content. Being content, they're not anxious. Not being anxious, they personally become extinguished.
- 3.10 They understand: 'Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.'

SN 22.54

A Seed

Bījasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, there are five kinds of plants propagated from seeds. What five? Plants propagated from roots, stems, cuttings, or joints; and those from regular seeds are the fifth.
- 1.5 Suppose these five kinds of plants propagated from seeds were intact, unspoiled, not weather-damaged, fertile, and well-kept. But there's no soil or water. Then would these five kinds of plants propagated from seeds reach growth, increase, and maturity?"
- 1.7 "No, sir."
- 1.8 "Suppose these five kinds of plants propagated from seeds were intact, unspoiled, not weather-damaged, fertile, and well-kept. And there is soil and water. Then would these five kinds of plants propagated from seeds reach growth, increase, and maturity?"
- 1.10 "Yes, sir."
- 1.11 "The four grounds of consciousness should be seen as like the earth element. Relishing and greed should be seen as like the water element. Consciousness with its fuel should be seen as like the five kinds of plants propagated from seeds.

As long as consciousness remains, it would remain involved 2.1
with form, supported by form, grounded on form. And with a
sprinkle of relishing, it would grow, increase, and mature.

Or consciousness would remain involved with feeling ... 2.2

Or consciousness would remain involved with perception ... 2.3

Or as long as consciousness remains, it would remain involved 2.4
with choices, supported by choices, grounded on choices. And
with a sprinkle of relishing, it would grow, increase, and mature.

Mendicants, suppose you say: ‘Apart from form, feeling, per- 3.1
ception, and choices, I will describe the coming and going of con-
sciousness, its passing away and reappearing, its growth, increase,
and maturity.’ That is not possible.

If a mendicant has given up greed for the form element, the 4.1
support is cut off, and there is no foundation for consciousness.

If a mendicant has given up greed for the feeling element ... 4.3

perception element ... 4.4

choices element ... 4.5

consciousness element, the support is cut off, and there is no 4.6
foundation for consciousness. Since that consciousness does not
become established and does not grow, with no power to regener-
ate, it is freed.

Being free, it’s stable. Being stable, it’s content. Being content, 4.9
they’re not anxious. Not being anxious, they personally become
extinguished.

They understand: ‘Rebirth is ended ... there is no return to 4.10
any state of existence.’”

SN 22.55

An Inspired Saying

Udānasutta

At Sāvatthī. 1.1

There the Buddha expressed this heartfelt sentiment: “It 1.2
might not be, and it might not be mine. It will not be, and it will

not be mine.’ A mendicant who makes such a resolution can cut off the five lower fetters.”

- 1.5 When he said this, one of the mendicants asked the Buddha, “But sir, how can a mendicant who makes such a resolution cut off the five lower fetters?”
- 2.1 “Mendicant, take an uneducated ordinary person who has not seen the noble ones, and is neither skilled nor trained in their teaching. They’ve not seen good persons, and are neither skilled nor trained in their teaching.
- 2.2 They regard form as self, self as having form, form in self, or self in form. They regard feeling ... perception ... choices ... consciousness as self, self as having consciousness, consciousness in self, or self in consciousness.
- 3.1 They don’t truly understand form—which is impermanent—as impermanent. They don’t truly understand feeling ... perception ... choices ... consciousness—which is impermanent—as impermanent.
- 4.1 They don’t truly understand form—which is suffering—as suffering. They don’t truly understand feeling ... perception ... choices ... consciousness—which is suffering—as suffering.
- 5.1 They don’t truly understand form—which is not-self—as not-self. They don’t truly understand feeling ... perception ... choices ... consciousness—which is not-self—as not-self.
- 6.1 They don’t truly understand form—which is conditioned—as conditioned. They don’t truly understand feeling ... perception ... choices ... consciousness—which is conditioned—as conditioned.
- 6.6 They don’t truly understand that form will disappear. They don’t truly understand that feeling ... perception ... choices ... consciousness will disappear.
- 7.1 But an educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They’ve seen good persons, and are skilled and trained in the teaching of

the good persons. They don't regard form as self ... They don't regard feeling ... perception ... choices ... consciousness as self.

They truly understand form—which is impermanent—as impermanent. They truly understand feeling ... perception ... choices ... consciousness—which is impermanent—as impermanent. 8.1

They truly understand form ... feeling ... perception ... choices ... consciousness—which is suffering—as suffering. 8.6

They truly understand form ... feeling ... perception ... choices ... consciousness—which is not-self—as not-self. 8.7

They truly understand form ... feeling ... perception ... choices ... consciousness—which is conditioned—as conditioned. 8.8

They truly understand that form will disappear. They truly understand that feeling ... perception ... choices ... consciousness will disappear. 8.9

It's because of the disappearance of form, feeling, perception, choices, and consciousness that a mendicant who makes such a resolution—'It might not be, and it might not be mine. It will not be, and it will not be mine'—can cut off the five lower fetters. 9.1

"Sir, a mendicant who makes such a resolution can cut off the five lower fetters. 9.4

But how are they to know and see in order to end the defilements in the present life?" 10.1

"Mendicant, an uneducated ordinary person worries about things that aren't a worry. For an uneducated ordinary person worries: 'It might not be, and it might not be mine. It will not be, and it will not be mine.' 10.2

An educated noble disciple doesn't worry about things that aren't a worry. For an educated noble disciple doesn't worry: 'It might not be, and it might not be mine. It will not be, and it will not be mine.' 11.1

- 11.4 As long as consciousness remains, it would remain involved with form, supported by form, founded on form. And with a sprinkle of relishing, it would grow, increase, and mature.
- 11.5 Or consciousness would remain involved with feeling ...
- 11.6 Or consciousness would remain involved with perception ...
- 11.7 Or consciousness would remain involved with choices, supported by choices, grounded on choices. And with a sprinkle of relishing, it would grow, increase, and mature.
- 12.1 Mendicants, suppose you say: 'Apart from form, feeling, perception, and choices, I will describe the coming and going of consciousness, its passing away and reappearing, its growth, increase, and maturity.' That is not possible.
- 13.1 If a mendicant has given up greed for the form element, the support is cut off, and there is no foundation for consciousness.
- 13.2 If a mendicant has given up greed for the feeling element ...
- 13.3 perception element ...
- 13.4 choices element ...
- 13.5 consciousness element, the support is cut off, and there is no foundation for consciousness. Since that consciousness does not become established and does not grow, with no power to regenerate, it is freed.
- 13.7 Being free, it's stable. Being stable, it's content. Being content, they're not anxious. Not being anxious, they personally become extinguished.
- 13.8 They understand: 'Rebirth is ended ... there is no return to any state of existence.'
- 13.9 The ending of the defilements is for one who knows and sees this."

SN 22.56

Perspectives

Upādānaparipavattasutta

- 1.1 At Sāvatthī.

“Mendicants, there are these five grasping aggregates. What 1.2
five? The grasping aggregates of form, feeling, perception, choices,
and consciousness.

As long as I didn’t truly understand these five grasping aggre- 1.5
gates from four perspectives, I didn’t announce my supreme perfect
awakening in this world with its gods, Māras, and Brahmās, this
population with its ascetics and brahmins, its gods and humans.

But when I did truly understand these five grasping aggregates 1.6
from four perspectives, I announced my supreme perfect awaken-
ing in this world with its gods, Māras, and Brahmās, this population
with its ascetics and brahmins, its gods and humans.

And how are there four perspectives? I directly knew form, its 2.1
origin, its cessation, and the practice that leads to its cessation. I
directly knew feeling ... perception ... choices ... consciousness,
its origin, its cessation, and the practice that leads to its cessation.

And what is form? The four primary elements, and form de- 3.1
rived from the four primary elements. This is called form. Form
originates from food. When food ceases, form ceases. The practice
that leads to the cessation of form is simply this noble eightfold
path, that is: right view, right thought, right speech, right action,
right livelihood, right effort, right mindfulness, and right immer-
sion.

Whatever ascetics and brahmins have directly known form in 4.1
this way—and its origin, its cessation, and the practice that leads to
its cessation—and are practicing for disillusionment, dispassion,
and cessation regarding form: they are practicing well. Those who
practice well have a firm footing in this teaching and training.

Those ascetics and brahmins who have directly known form 5.1
in this way—and its origin, its cessation, and the practice that
leads to its cessation—and due to disillusionment, dispassion,
and cessation regarding form, are freed by not grasping: they are
well freed. Those who are well freed are consummate ones. For
consummate ones, there is no cycle of rebirths to be found.

- 6.1 And what is feeling? There are these six classes of feeling: feeling born of contact through the eye, ear, nose, tongue, body, and mind. This is called feeling. Feeling originates from contact. When contact ceases, feeling ceases. The practice that leads to the cessation of feelings is simply this noble eightfold path ...
- 9.1 And what is perception? There are these six classes of perception: perceptions of sights, sounds, smells, tastes, touches, and thoughts. This is called perception. Perception originates from contact. When contact ceases, perception ceases. The practice that leads to the cessation of perceptions is simply this noble eightfold path ...
- 10.1 And what are choices? There are these six classes of intention: intention regarding sights, sounds, smells, tastes, touches, and thoughts. These are called choices. Choices originate from contact. When contact ceases, choices cease. The practice that leads to the cessation of choices is simply this noble eightfold path ...
- 13.1 And what is consciousness? There are these six classes of consciousness: eye, ear, nose, tongue, body, and mind consciousness. This is called consciousness. Consciousness originates from name and form. When name and form cease, consciousness ceases. The practice that leads to the cessation of consciousness is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion.
- 14.1 Whatever ascetics and brahmins have directly known consciousness in this way—and its origin, its cessation, and the practice that leads to its cessation—and are practicing for disillusionment, dispassion, and cessation regarding consciousness: they are practicing well. Those who practice well have a firm footing in this teaching and training.
- 15.1 Those ascetics and brahmins who have directly known consciousness in this way—and its origin, its cessation, and the practice that leads to its cessation—and due to disillusionment, dispassion, and cessation regarding consciousness, are freed by not

grasping: they are well freed. Those who are well freed are consummate ones. For consummate ones, there is no cycle of rebirths to be found.”

SN 22.57

Seven Cases

Sattatṭhānasutta

At Sāvattṭhi.

1.1

“Mendicants, in this teaching and training a mendicant who is skilled in seven cases and who examines in three ways is called consummate, accomplished, a supreme person. 1.2

And how is a mendicant skilled in seven cases? It’s when a mendicant understands form, its origin, its cessation, and the practice that leads to its cessation. They understand form’s gratification, drawback, and escape. They understand feeling ... perception ... choices ... consciousness, its origin, its cessation, and the practice that leads to its cessation. They understand consciousness’s gratification, drawback, and escape. 1.3

And what is form? The four primary elements, and form derived from the four primary elements. This is called form. Form originates from food. When food ceases, form ceases. The practice that leads to the cessation of form is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion. 2.1

The pleasure and happiness that arise from form: this is its gratification. That form is impermanent, suffering, and perishable: this is its drawback. Removing and giving up desire and greed for form: this is its escape. 3.1

Those ascetics and brahmins who have directly known form in this way—and its origin, its cessation, and the practice that leads to its cessation; its gratification, drawback, and escape—and are practicing for disillusionment, dispassion, and cessation regarding 4.1

form: they are practicing well. Those who practice well have a firm footing in this teaching and training.

- 5.1 Those ascetics and brahmins who have directly known form in this way—and its origin, its cessation, and the practice that leads to its cessation; its gratification, drawback, and escape—and due to disillusionment, dispassion, and cessation regarding form, are freed by not grasping: they are well freed. Those who are well freed are consummate ones. For consummate ones, there is no cycle of rebirths to be found.

- 6.1 And what is feeling? There are these six classes of feeling: feeling born of eye contact ... feeling born of mind contact. This is called feeling. Feeling originates from contact. When contact ceases, feeling ceases. The practice that leads to the cessation of feelings is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion.

- 7.1 The pleasure and happiness that arise from feeling: this is its gratification. That feeling is impermanent, suffering, and perishable: this is its drawback. Removing and giving up desire and greed for feeling: this is its escape. ...

- 10.1 And what is perception? There are these six classes of perception: perceptions of sights, sounds, smells, tastes, touches, and thoughts. This is called perception. Perception originates from contact. When contact ceases, perception ceases. The practice that leads to the cessation of perceptions is simply this noble eightfold path ...

- 11.1 And what are choices? There are these six classes of intention: intention regarding sights ... intention regarding thoughts. These are called choices. Choices originate from contact. When contact ceases, choices cease. The practice that leads to the cessation of choices is simply this noble eightfold path ...

- 14.1 And what is consciousness? There are these six classes of consciousness: eye, ear, nose, tongue, body, and mind consciousness. This is called consciousness. Consciousness originates from name

and form. When name and form cease, consciousness ceases. The practice that leads to the cessation of consciousness is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion.

The pleasure and happiness that arise from consciousness: this is its gratification. That consciousness is impermanent, suffering, and perishable: this is its drawback. Removing and giving up desire and greed for consciousness: this is its escape. 15.1

Those ascetics and brahmins who have directly known consciousness in this way—and its origin, its cessation, and the practice that leads to its cessation; its gratification, drawback, and escape—and are practicing for disillusionment, dispassion, and cessation regarding consciousness: they are practicing well. Those who practice well have a firm footing in this teaching and training. 16.1

Those ascetics and brahmins who have directly known consciousness in this way—and its origin, its cessation, and the practice that leads to its cessation; its gratification, drawback, and escape—and due to disillusionment, dispassion, and cessation regarding consciousness, are freed by not grasping: they are well freed. Those who are well freed are consummate ones. For consummate ones, there is no cycle of rebirths to be found. That's how a mendicant is skilled in seven cases. 17.1

And how does a mendicant examine in three ways? It's when a mendicant examines the elements, sense fields, and dependent origination. That's how a mendicant examines in three ways. 18.1

In this teaching and training, a mendicant who is skilled in seven cases and who examines in three ways is called consummate, accomplished, a supreme person.” 18.4

SN 22.58

The Fully Awakened Buddha

Sammāsambuddhasutta

1.1 At Sāvatthī.

1.2 “Mendicants, a Realized One, a perfected one, a fully awakened Buddha is freed by not grasping, due to disillusionment, dispassion, and cessation regarding form. They’re called a fully awakened Buddha. A mendicant freed by wisdom is also freed by not grasping, due to disillusionment, dispassion, and cessation regarding form. They’re called a mendicant freed by wisdom.

2.1 A Realized One, a perfected one, a fully awakened Buddha is freed by not grasping, due to disillusionment, dispassion, and cessation regarding feeling ...

3.1 perception ...

3.2 choices ...

3.3 consciousness. They’re called a fully awakened Buddha. A mendicant freed by wisdom is also freed by not grasping, due to disillusionment, dispassion, and cessation regarding consciousness. They’re called a mendicant freed by wisdom.

4.1 What, then, is the difference between a Realized One, a perfected one, a fully awakened Buddha, and a mendicant freed by wisdom?”

4.2 “Our teachings are rooted in the Buddha. He is our guide and our refuge. Sir, may the Buddha himself please clarify the meaning of this. The mendicants will listen and remember it.”

4.3 “Well then, mendicants, listen and pay close attention, I will speak.”

4.4 “Yes, sir,” they replied. The Buddha said this:

5.1 “A Realized One, a perfected one, a fully awakened Buddha gives rise to the unarisen path, gives birth to the unborn path, and explains the unexplained path. They know the path, understand the path, and are experts in the path. And now the disciples live following the path; they acquire it later.

This is the difference between a Realized One, a perfected one, 5.3
a fully awakened Buddha, and a mendicant freed by wisdom.”

SN 22.59

The Characteristic of Not-Self

Anattalakkhaṇasutta

At one time the Buddha was staying near Benares, in the deer 1.1
park at Isipatana. There the Buddha addressed the group of five
mendicants:

“Mendicants!” 1.3

“Venerable sir,” they replied. The Buddha said this: 1.4

“Mendicants, form is not-self. For if form were self, it wouldn’t 2.1
lead to affliction. And you could compel form: ‘May my form be
like this! May it not be like that!’ But because form is not-self, it
leads to affliction. And you can’t compel form: ‘May my form be
like this! May it not be like that!’

Feeling is not-self ... 3.1

Perception is not-self ... 4.1

Choices are not-self ... 4.2

Consciousness is not-self. For if consciousness were self, it 5.1
wouldn’t lead to affliction. And you could compel consciousness:
‘May my consciousness be like this! May it not be like that!’ But
because consciousness is not-self, it leads to affliction. And you
can’t compel consciousness: ‘May my consciousness be like this!
May it not be like that!’

What do you think, mendicants? Is form permanent or imper- 6.1
manent?”

“Impermanent, sir.” 6.3

“But if it’s impermanent, is it suffering or happiness?” 6.4

“Suffering, sir.” 6.5

“But if it’s impermanent, suffering, and perishable, is it fit to 6.6
be regarded thus: ‘This is mine, I am this, this is my self?’”

“No, sir.” 6.8

- 6.9 “Is feeling permanent or impermanent?” ...
- 6.10 “Is perception permanent or impermanent?” ...
- 6.11 “Are choices permanent or impermanent?” ...
- 6.12 “Is consciousness permanent or impermanent?”
- 6.13 “Impermanent, sir.”
- 6.14 “But if it’s impermanent, is it suffering or happiness?”
- 6.15 “Suffering, sir.”
- 6.16 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’”
- 6.18 “No, sir.”
- 7.1 “So you should truly see any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’
- 8.1 Any kind of feeling at all ...
- 9.1 Any kind of perception at all ...
- 9.2 Any kind of choices at all ...
- 10.1 You should truly see any kind of consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’
- 11.1 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed.
- 11.3 They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’”
- 12.1 That is what the Buddha said. Satisfied, the group of five mendicants were happy with what the Buddha said. And while this discourse was being spoken, the minds of the group of five mendicants were freed from defilements by not grasping.

SN 22.60

With Mahāli

Mahālisutta

SO I HAVE HEARD. At one time the Buddha was staying near 1.1
Vesālī, at the Great Wood, in the hall with the peaked roof.

Then Mahāli the Licchavi went up to the Buddha ... and said 1.3
to him:

“Sir, Pūraṇa Kassapa says this: ‘There is no cause or condition 2.1
for the corruption of sentient beings. Sentient beings are corrupted
without cause or reason. There’s no cause or condition for the
purification of sentient beings. Sentient beings are purified without
cause or reason.’ What does the Buddha say about this?”

“Mahāli, there is a cause and condition for the corruption of 3.1
sentient beings. Sentient beings are corrupted with cause and rea-
son. There is a cause and condition for the purification of sentient
beings. Sentient beings are purified with cause and reason.”

“But sir, what is the cause and condition for the corruption 4.1
of sentient beings? How are sentient beings corrupted with cause
and reason?”

“Mahāli, if form were exclusively painful—soaked and steeped 5.1
in pain and not steeped in pleasure—sentient beings wouldn’t lust
after it. But because form is pleasurable—soaked and steeped in
pleasure and not steeped in pain—sentient beings do lust after it.
Since they lust after it, they’re caught up in it, and so they become
corrupted. This is a cause and condition for the corruption of
sentient beings. This is how sentient beings are corrupted with
cause and reason.

If feeling ... 6.1

perception ... 7.1

choices ... 7.2

consciousness were exclusively painful—soaked and steeped 8.1
in pain and not steeped in pleasure—sentient beings wouldn’t
lust after it. But because consciousness is pleasurable—soaked

and steeped in pleasure and not steeped in pain—sentient beings do lust after it. Since they lust after it, they’re caught up in it, and so they become corrupted. This is a cause and condition for the corruption of sentient beings. This is how sentient beings are corrupted with cause and reason.”

9.1 “But sir, what is the cause and condition for the purification of sentient beings? How are sentient beings purified with cause and reason?”

9.3 “Mahāli, if form were exclusively pleasurable—soaked and steeped in pleasure and not steeped in pain—sentient beings wouldn’t grow disillusioned with it. But because form is painful—soaked and steeped in pain and not steeped in pleasure—sentient beings do grow disillusioned with it. Being disillusioned, desire fades away. When desire fades away they are purified. This is a cause and condition for the purification of sentient beings. This is how sentient beings are purified with cause and reason.

10.1 If feeling ...

10.2 perception ...

10.3 choices ...

10.4 consciousness were exclusively pleasurable—soaked and steeped in pleasure and not steeped in pain—sentient beings wouldn’t grow disillusioned with it. But because consciousness is painful—soaked and steeped in pain and not steeped in pleasure—sentient beings do grow disillusioned with it. Being disillusioned, desire fades away. When desire fades away they are purified. This is a cause and condition for the purification of sentient beings. This is how sentient beings are purified with cause and reason.”

SN 22.61

Burning

Ādittasutta

1.1 At Sāvatthī.

“Mendicants, form, feeling, perception, choices, and consciousness are burning. 1.2

Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. 1.3
When they’re freed, they know they’re freed.

They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’” 1.5

SN 22.62

The Scope of Language

Niruttipathasutta

At Sāvattthī. 1.1

“Mendicants, there are these three scopes of language, terminology, and descriptions. They’re uncorrupted, as they have been since the beginning. They’re not being corrupted now, nor will they be. Sensible ascetics and brahmins don’t look down on them. What three? When form has passed, ceased, and perished, its designation, label, and description is ‘was’. It’s not ‘is’ or ‘will be’.

When feeling ... 2.1

perception ... 3.1

choices ... 3.2

consciousness has passed, ceased, and perished, its designation, label, and description is ‘was’. It’s not ‘is’ or ‘will be’.

When form is not yet born, and has not yet appeared, its designation, label, and description is ‘will be’. It’s not ‘is’ or ‘was’.

When feeling ... 6.1

perception ... 7.1

choices ... 7.2

consciousness is not yet born, and has not yet appeared, its designation, label, and description is ‘will be’. It’s not ‘is’ or ‘was’.

- 9.1 When form has been born, and has appeared, its designation,
label, and description is 'is'. It's not 'was' or 'will be'.
- 10.1 When feeling ...
- 11.1 perception ...
- 11.2 choices ...
- 12.1 consciousness has been born, and has appeared, its designation,
label, and description is 'is'. It's not 'was' or 'will be'.
- 13.1 These are the three scopes of language, terminology, and descriptions.
They're uncorrupted, as they have been since the beginning. They're not
being corrupted now, nor will they be. Sensible ascetics and brahmins
don't look down on them.
- 13.2 Even those wanderers of the past, Vassa and Bhañña of Ukkalā,
who taught the doctrines of no-cause, inaction, and nihilism, didn't
imagine that these three scopes of language should be criticized or
rejected. Why is that? For fear of blame, attack, and condemnation."

The Chapter on the Perfected Ones

SN 22.63

When You Grasp

Upādiyamānasutta

SO I HAVE HEARD. At one time the Buddha was staying near 1.1
Sāvatthī in Jeta’s Grove, Anāthapiṇḍika’s monastery.

Then a mendicant went up to the Buddha, bowed, sat down 1.3
to one side, and said to him, “Sir, may the Buddha please teach me
Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn,
diligent, keen, and resolute.”

“When you grasp, mendicant, you’re bound by Māra. Not 1.5
grasping, you’re free from the Wicked One.”

“Understood, Blessed One! Understood, Holy One!” 1.7

“But how do you see the detailed meaning of my brief state- 2.1
ment?”

“Sir, when you grasp form you’re bound by Māra. Not grasping, 2.2
you’re free from the Wicked One. When you grasp feeling ...
perception ... choices ... consciousness, you’re bound by Māra.
Not grasping, you’re free from the Wicked One.

That’s how I understand the detailed meaning of the Buddha’s 2.10
brief statement.”

“Good, good, mendicant! It’s good that you understand the 3.1
detailed meaning of what I’ve said in brief like this.

- 3.3 When you grasp form you're bound by Māra. Not grasping, you're free from the Wicked One. When you grasp feeling ... perception ... choices ... consciousness, you're bound by Māra. Not grasping, you're free from the Wicked One.
- 3.10 This is how to understand the detailed meaning of what I said in brief."
- 4.1 And then that mendicant approved and agreed with what the Buddha said. He got up from his seat, bowed, and respectfully circled the Buddha, keeping him on his right, before leaving.
- 4.2 Then that mendicant, living alone, withdrawn, diligent, keen, and resolute, soon realized the supreme end of the spiritual path in this very life. He lived having achieved with his own insight the goal for which gentlemen rightly go forth from the lay life to homelessness.
- 4.3 He understood: "Rebirth is ended; the spiritual journey has been completed; what had to be done has been done; there is no return to any state of existence." And that mendicant became one of the perfected.

SN 22.64

When You Identify

Maññamānasutta

- 1.1 At Sāvattḥi.
- 1.2 Then a mendicant went up to the Buddha ... and asked him, "Sir, may the Buddha please teach me Dhamma in brief. When I've heard it, I'll live alone, withdrawn, diligent, keen, and resolute."
- 1.4 "When you identify, mendicant, you're bound by Māra. Not identifying, you're free from the Wicked One."
- 1.6 "Understood, Blessed One! Understood, Holy One!"
- 2.1 "But how do you see the detailed meaning of my brief statement?"
- 2.2 "Sir, when you identify with form you're bound by Māra. Not identifying, you're free from the Wicked One. When you identify

with feeling ... perception ... choices ... consciousness, you're bound by Māra. Not identifying, you're free from the Wicked One.

That's how I understand the detailed meaning of the Buddha's brief statement." 2.9

"Good, good, mendicant! It's good that you understand the detailed meaning of what I've said in brief like this. 3.1

When you identify with form you're bound by Māra. Not identifying, you're free from the Wicked One. When you identify with feeling ... perception ... choices ... consciousness, you're bound by Māra. Not identifying, you're free from the Wicked One. 3.3

This is how to understand the detailed meaning of what I said in brief." ... 3.10

And that mendicant became one of the perfected. 3.11

SN 22.65

When You Take Pleasure

Abhinandamānasutta

At Sāvatthī. 1.1

Then a mendicant went up to the Buddha ... and asked him, "Sir, may the Buddha please teach me Dhamma in brief. When I've heard it, I'll live alone, withdrawn, diligent, keen, and resolute." 1.2

"When you take pleasure, mendicant, you're bound by Māra. Not taking pleasure, you're free from the Wicked One." 1.4

"Understood, Blessed One! Understood, Holy One!" 1.6

"But how do you see the detailed meaning of my brief statement?" 2.1

"Sir, when you take pleasure in form you're bound by Māra. Not taking pleasure, you're free from the Wicked One. When you take pleasure in feeling ... perception ... choices ... consciousness you're bound by Māra. Not taking pleasure, you're free from the Wicked One. 2.2

That's how I understand the detailed meaning of the Buddha's brief statement." 2.9

- 3.1 “Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.
- 3.3 When you take pleasure in form you’re bound by Māra. Not taking pleasure, you’re free from the Wicked One. When you take pleasure in feeling ... perception ... choices ... consciousness you’re bound by Māra. Not taking pleasure, you’re free from the Wicked One.
- 3.10 This is how to understand the detailed meaning of what I said in brief.” ...
- 3.11 And that mendicant became one of the perfected.

SN 22.66

Impermanence

Aniccasutta

- 1.1 At Sāvattthī.
- 1.2 Then a mendicant went up to the Buddha ... and asked him, “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- 1.4 “Mendicant, give up desire for anything that’s impermanent.”
- 1.5 “Understood, Blessed One! Understood, Holy One!”
- 2.1 “But how do you see the detailed meaning of my brief statement?”
- 2.2 “Sir, form is impermanent; I should give up desire for it.
- 2.3 Feeling ...
- 2.4 Perception ...
- 2.5 Choices ...
- 2.6 Consciousness is impermanent; I should give up desire for it.
- 2.7 That’s how I understand the detailed meaning of the Buddha’s brief statement.”
- 3.1 “Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.
- 3.3 Form is impermanent; you should give up desire for it.
- 3.4 Feeling ...

Perception ...	3.5
Choices ...	3.6
Consciousness is impermanent; you should give up desire for it.	3.7
This is how to understand the detailed meaning of what I said in brief.” ...	3.8
And that mendicant became one of the perfected.	3.9

SN 22.67

Suffering

Dukkhasutta

At Sāvatthī.	1.1
Then a mendicant went up to the Buddha ... and asked him, “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”	1.2
“Mendicant, give up desire for anything that’s suffering.”	1.4
“Understood, Blessed One! Understood, Holy One!”	1.5
“But how do you see the detailed meaning of my brief statement?”	2.1
“Sir, form is suffering; I should give up desire for it.	2.2
Feeling ...	2.3
Perception ...	2.4
Choices ...	2.5
Consciousness is suffering; I should give up desire for it.	2.6
That’s how I understand the detailed meaning of the Buddha’s brief statement.”	2.7
“Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.	3.1
Form is suffering; you should give up desire for it.	3.3
Feeling ...	3.4
Perception ...	3.5
Choices ...	3.6
Consciousness is suffering; you should give up desire for it.	3.7

- 3.8 This is how to understand the detailed meaning of what I said in brief.” ...
- 3.9 And that mendicant became one of the perfected.

SN 22.68

Not-Self

Anattasutta

- 1.1 At Sāvatthī.
- 1.2 Then a mendicant went up to the Buddha ... and asked him, “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- 1.4 “Mendicant, give up desire for what is not-self.”
- 1.5 “Understood, Blessed One! Understood, Holy One!”
- 2.1 “But how do you see the detailed meaning of my brief statement?”
- 2.2 “Sir, form is not-self; I should give up desire for it.
- 2.3 Feeling ...
- 2.4 Perception ...
- 2.5 Choices ...
- 2.6 Consciousness is not-self; I should give up desire for it.
- 2.7 That’s how I understand the detailed meaning of the Buddha’s brief statement.”
- 3.1 “Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.
- 3.3 Form is not-self; you should give up desire for it.
- 3.4 Feeling ...
- 3.5 Perception ...
- 3.6 Choices ...
- 3.7 Consciousness is not-self; you should give up desire for it.
- 3.8 This is how to understand the detailed meaning of what I said in brief.” ...
- 3.9 And that mendicant became one of the perfected.

SN 22.69

Not Belonging to Self

Anattaniyasutta

- At Sāvatthī. 1.1
- Then a mendicant went up to the Buddha ... and asked him, 1.2
- “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- “Mendicant, give up desire for anything that doesn’t belong to self.” 1.4
- “Understood, Blessed One! Understood, Holy One!” 1.5
- “But how do you see the detailed meaning of my brief statement?” 2.1
- “Sir, form doesn’t belong to self; I should give up desire for it. 2.2
- Feeling ... 2.3
- Perception ... 2.4
- Choices ... 2.5
- Consciousness doesn’t belong to self; I should give up desire for it. 2.6
- That’s how I understand the detailed meaning of the Buddha’s brief statement.” 2.7
- “Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this. 3.1
- Form doesn’t belong to self; you should give up desire for it. 3.3
- Feeling ... 3.4
- Perception ... 3.5
- Choices ... 3.6
- Consciousness doesn’t belong to self; you should give up desire for it. 3.7
- This is how to understand the detailed meaning of what I said in brief.” ... 3.8
- And that mendicant became one of the perfected. 3.9

SN 22.70

Definitely Arousing

Rajanīyasaṅĥitasutta

1.1 At Sāvatthī.

1.2 Then a mendicant went up to the Buddha ... and asked him,
“Sir, may the Buddha please teach me Dhamma in brief. When I’ve
heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”

1.4 “Mendicant, give up desire for anything that’s stuck in what’s
arousing.”

1.5 “Understood, Blessed One! Understood, Holy One!”

2.1 “But how do you see the detailed meaning of my brief state-
ment?”

2.2 “Sir, form is stuck in what’s arousing; I should give up desire
for it.

2.3 Feeling ...

2.4 Perception ...

2.5 Choices ...

2.6 Consciousness is stuck in what’s arousing; I should give up
desire for it.

2.7 That’s how I understand the detailed meaning of the Buddha’s
brief statement.”

3.1 “Good, good, mendicant! It’s good that you understand the
detailed meaning of what I’ve said in brief like this.

3.3 “Form is stuck in what’s arousing; you should give up desire
for it.

3.4 Feeling ...

3.5 Perception ...

3.6 Choices ...

3.7 Consciousness is stuck in what’s arousing; you should give up
desire for it.

3.8 This is how to understand the detailed meaning of what I said
in brief.” ...

3.9 And that mendicant became one of the perfected.

SN 22.71

With Rādhā

Rādhasutta

At Sāvatthī. 1.1

Then Venerable Rādhā went up to the Buddha ... and asked 1.2
him, “Sir, how does one know and see so that there’s no ego, pos-
sessiveness, or underlying tendency to conceit for this conscious
body and all external stimuli?”

“Rādhā, one truly sees any kind of form at all—past, future, or 1.4
present; internal or external; coarse or fine; inferior or superior;
far or near: *all* form—with right understanding: ‘This is not mine,
I am not this, this is not my self.’

One truly sees any kind of feeling ... perception ... choices ... 1.5
consciousness at all—past, future, or present; internal or external;
coarse or fine; inferior or superior; far or near: *all* consciousness—
with right understanding: ‘This is not mine, I am not this, this is
not my self.’

That’s how to know and see so that there’s no ego, possessive- 1.9
ness, or underlying tendency to conceit for this conscious body
and all external stimuli.” ...

And Venerable Rādhā became one of the perfected. 1.10

SN 22.72

With Surādhā

Surādhāsutta

At Sāvatthī. 1.1

Then Venerable Surādhā said to the Buddha: 1.2

“Sir, how does one know and see so that the mind is rid of ego, 1.3
possessiveness, and conceit for this conscious body and all external
stimuli; and going beyond discrimination, it’s peaceful and well
freed?”

- 1.4 “Surādha, one is freed by not grasping having truly seen any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: “This is not mine, I am not this, this is not my self.”
- 1.5 One is freed by not grasping having truly seen any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: “This is not mine, I am not this, this is not my self.”
- 1.12 That’s how to know and see so that the mind is rid of ego, possessiveness, and conceit for this conscious body and all external stimuli; and going beyond discrimination, it’s peaceful and well freed.” ...
- 1.13 And Venerable Surādha became one of the perfected.

The Chapter on Itchy

SN 22.73

Gratification

Assādasutta

At Sāvatthī.

1.1

“Mendicants, an uneducated ordinary person doesn’t truly understand the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness. An educated noble disciple does truly understand the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.” 1.2

SN 22.74

Origin

Samudayasutta

At Sāvatthī.

1.1

“Mendicants, an uneducated ordinary person doesn’t truly understand the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness. An educated noble disciple does truly understand the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.” 1.2

SN 22.75

Origin (2nd)

Dutiyasamudayasutta

1.1 At Sāvatthī.

1.2 “Mendicants, an educated noble disciple truly understands the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.”

SN 22.76

The Perfected Ones

Arahantasutta

1.1 At Sāvatthī.

1.2 “Mendicants, form is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

1.6 Feeling ...

1.7 Perception ...

1.8 Choices ...

1.9 Consciousness is impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

2.1 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed.

2.3 They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’ As far as there are abodes of sen-

tient beings, even up until the pinnacle of existence, the perfected ones are the foremost and the best.”

That is what the Buddha said. Then the Holy One, the Teacher, 3.1
went on to say:

“Oh! How happy are the perfected ones! 4.1
Craving is not found in them,
the conceit ‘I am’ is cut off,
and the net of delusion is shattered.

They’ve attained imperturbability, 5.1
their minds are unclouded,
nothing in the world clings to them,
they’ve become holy, undefiled.

Completely understanding the five aggregates, 6.1
their domain is the seven good qualities.
Those good people are praiseworthy,
the Buddha’s rightful children.

Endowed with the seven gems, 7.1
and trained in the three trainings,
the great heroes live on,
with fear and dread given up.

Endowed with ten factors, 8.1
those giants have immersion.
These are the best in the world,
craving is not found in them.

The master’s knowledge has arisen: 9.1
‘This bag of bones is my last.’
They are independent of others
in the core of the spiritual path.

Unwavering in the face of discrimination, 10.1
they’re freed from future lives.

They've reached the level of the tamed,
in the world, they're the winners.

- 11.1 Above, below, all round,
relishing is not found in them.
They roar their lion's roar:
"The awakened are supreme in the world!"

SN 22.77

The Perfected Ones (2nd)

Dutiyaarahantasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, form is impermanent. What's impermanent is suffering. What's suffering is not-self. And what's not-self should be truly seen with right understanding like this: 'This is not mine, I am not this, this is not my self.'
- 2.1 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they're freed. When they're freed, they know they're freed.
- 2.3 They understand: 'Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.'
- 2.4 As far as there are abodes of sentient beings, even up until the pinnacle of existence, the perfected ones are the foremost and the best."

SN 22.78

The Lion

Sīhasutta

- 1.1 At Sāvatthī.

“Mendicants, towards evening the lion, king of beasts, emerges 1.2
from his den, yawns, looks all around the four quarters, and roars
his lion’s roar three times. Then he sets out on the hunt. And what-
ever animals hear the roar of the lion, king of beasts, are typically
filled with fear, awe, and terror. They return to their lairs, be they in
a hole, the water, or a wood; and the birds take to the air. Even the
royal elephants, bound with strong harness in the villages, towns,
and capital cities, break apart their bonds, and urinate and defecate
in terror as they flee here and there. That’s how powerful is the
lion, king of beasts, among animals, how illustrious and mighty.

In the same way, when a Realized One arises in the world— 2.1
perfected, a fully awakened Buddha, accomplished in knowl-
edge and conduct, holy, knower of the world, supreme guide for
those who wish to train, teacher of gods and humans, awakened,
blessed—he teaches the Dhamma: ‘Such is form, such is the ori-
gin of form, such is the ending of form. Such is feeling ... Such is
perception ... Such are choices ... Such is consciousness, such is
the origin of consciousness, such is the ending of consciousness.’

Now, there are gods who are long-lived, beautiful, and very 2.7
happy, living for ages in their divine palaces. When they hear this
teaching by the Realized One, they’re typically filled with fear, awe,
and terror. ‘Oh no! It turns out we’re impermanent, though we
thought we were permanent! It turns out we don’t last, though
we thought we were everlasting! It turns out we’re short-lived,
though we thought we were eternal! It turns out that we’re im-
permanent, not lasting, short-lived, and included within identity.’
That’s how powerful is the Realized One in the world with its gods,
how illustrious and mighty.”

That is what the Buddha said. Then the Holy One, the Teacher, 2.13
went on to say:

“The Buddha, the teacher without a peer 3.1
in all the world with its gods,
rolls forth the Wheel of Dhamma
from his own insight:

- 4.1 identity, its cessation,
the origin of identity,
and the noble eightfold path
that leads to the stilling of suffering.
- 5.1 And then the long-lived gods,
so beautiful and glorious,
are afraid and full of terror,
like the other beasts when they hear a lion.
- 6.1 ‘We haven’t transcended identity!
It turns out we’re impermanent!’
So they say when they hear the word
of the perfected one, free and poised.”

SN 22.79

Itchy

Khajjanīyasutta

- 1.1 At Sāvattthī.
- 1.2 “Mendicants, whatever ascetics and brahmins recollect many kinds of past lives, all recollect the five grasping aggregates, or one of them. What five? ‘I had such form in the past.’ Recollecting thus, it’s only form that they recollect. ‘I had such feeling ... perception ... choices ... consciousness in the past.’ Recollecting thus, it’s only consciousness that they recollect.
- 2.1 And why do you call it form? It’s deformed; that’s why it’s called ‘form’. Deformed by what? Deformed by cold, heat, hunger, and thirst, and deformed by the touch of flies, mosquitoes, wind, sun, and reptiles. It’s deformed; that’s why it’s called ‘form’.
- 3.1 And why do you call it feeling? It feels; that’s why it’s called ‘feeling’. And what does it feel? It feels pleasure, pain, and neutral. It feels; that’s why it’s called ‘feeling’.

And why do you call it perception? It perceives; that's why 4.1
it's called 'perception'. And what does it perceive? It perceives
blue, yellow, red, and white. It perceives; that's why it's called
'perception'.

And why do you call them choices? Choices produce condi- 5.1
tioned phenomena; that's why they're called 'choices'. And what
are the conditioned phenomena that they produce? Form is a
conditioned phenomenon; choices are what make it into form.
Feeling is a conditioned phenomenon; choices are what make it
into feeling. Perception is a conditioned phenomenon; choices are
what make it into perception. Choices are conditioned phenom-
ena; choices are what make them into choices. Consciousness is
a conditioned phenomenon; choices are what make it into con-
sciousness. Choices produce conditioned phenomena; that's why
they're called 'choices'.

And why do you call it consciousness? It cognizes; that's why 6.1
it's called 'consciousness'. And what does it cognize? It cognizes
sour, bitter, pungent, sweet, hot, mild, salty, and bland. It cognizes;
that's why it's called 'consciousness'.

A noble disciple reflects on this: 'Currently I'm itched by form. 7.1
In the past I was also itched by form just like now. If I were to look
forward to enjoying form in the future, I'd be itched by form in
the future just as I am today.' Reflecting like this they don't worry
about past form, they don't look forward to enjoying future form,
and they practice for disillusionment, dispassion, and cessation
regarding present form.

'Currently I'm itched by feeling ... 8.1

perception ... 9.1

choices ... 9.2

consciousness. In the past I was also itched by consciousness 10.1
just like now. If I were to look forward to enjoying consciousness in
the future, I'd be itched by consciousness in the future just as I am
today.' Reflecting like this they don't worry about past conscious-
ness, they don't look forward to enjoying future consciousness,

and they practice for disillusionment, dispassion, and cessation regarding present consciousness.

11.1 What do you think, mendicants? Is form permanent or impermanent?”

11.3 “Impermanent, sir.”

11.4 “But if it’s impermanent, is it suffering or happiness?”

11.5 “Suffering, sir.”

11.6 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’”

11.8 “No, sir.”

11.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

11.13 “Impermanent, sir.”

11.14 “But if it’s impermanent, is it suffering or happiness?”

11.15 “Suffering, sir.”

11.16 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’”

11.18 “No, sir.”

11.19 “So you should truly see any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’ You should truly see any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’

12.1 This is called a noble disciple who gets rid of things and doesn’t accumulate them; who gives things up and doesn’t grasp at them; who discards things and doesn’t amass them; who dissipates things and doesn’t get clouded by them.

12.5 And what things do they get rid of and not accumulate? They get rid of form and don’t accumulate it. They get rid of feeling ... perception ... choices ... consciousness and don’t accumulate it.

And what things do they give up and not grasp? They give up 12.11
form and don't grasp it. They give up feeling ... perception ...
choices ... consciousness and don't grasp it.

And what things do they discard and not amass? They discard 12.17
form and don't amass it. They discard feeling ... perception ...
choices ... consciousness and don't amass it.

And what things do they dissipate and not get clouded by? 12.23
They dissipate form and don't get clouded by it. They dissipate
feeling ... perception ... choices ... consciousness and don't get
clouded by it.

Seeing this, a learned noble disciple grows disillusioned with 13.1
form, feeling, perception, choices, and consciousness. Being disil-
lusioned, desire fades away. When desire fades away they're freed.
When they're freed, they know they're freed.

They understand: 'Rebirth is ended, the spiritual journey has 13.3
been completed, what had to be done has been done, there is no
return to any state of existence.'

This is called a mendicant who neither gets rid of things nor 14.1
accumulates them, but remains after getting rid of them. They
neither give things up nor grasp them, but remain after giving them
up. They neither discard things nor amass them, but remain after
discarding them. They neither dissipate things nor get clouded by
them, but remain after dissipating them.

And what things do they neither get rid of nor accumulate, 14.2
but remain after getting rid of them? They neither get rid of nor
accumulate form, but remain after getting rid of it. They neither
get rid of nor accumulate feeling ... perception ... choices ...
consciousness, but remain after getting rid of it.

And what things do they neither give up nor grasp, but remain 14.8
after giving them up? They neither give up nor grasp form, but
remain after giving it up. They neither give up nor grasp feeling ...
perception ... choices ... consciousness, but remain after giving it
up.

- 14.14 And what things do they neither discard nor amass, but remain after discarding them? They neither discard nor amass form, but remain after discarding it. They neither discard nor amass feeling ... perception ... choices ... consciousness, but remain after discarding it.
- 14.20 And what things do they neither dissipate nor get clouded by, but remain after dissipating them? They neither dissipate nor get clouded by form, but remain after dissipating it. They neither dissipate nor get clouded by feeling ... perception ... choices ... consciousness, but remain after dissipating it.
- 14.26 When a mendicant's mind is freed like this, the gods together with Indra, Brahmā, and Pajāpati worship them from afar:
- 15.1 'Homage to you, O thoroughbred!
Homage to you, supreme among men!
We don't understand
the basis of your absorption.'"

SN 22.80

Beggars

Piṇḍolyasutta

- 1.1 At one time the Buddha was staying in the land of the Sakyans, near Kapilavatthu in the Banyan Tree Monastery.
- 1.2 Then the Buddha, having dismissed the mendicant Saṅgha for some reason, robed up in the morning and, taking his bowl and robe, entered Kapilavatthu for alms. He wandered for alms in Kapilavatthu. After the meal, on his return from almsround, he went to the Great Wood, plunged deep into it, and sat at the root of a young wood apple tree for the day's meditation.
- 2.1 Then as he was in private retreat this thought came to his mind, "I've sent the mendicant Saṅgha away. But there are mendicants here who are junior, recently gone forth, newly come to this teaching and training. Not seeing me they may change and fall apart.

If a young calf doesn't see its mother it may change and fall apart. ... Or if young seedlings don't get water they may change and fall apart. In the same way, there are mendicants here who are junior, recently gone forth, newly come to this teaching and training. Not seeing me they may change and fall apart. Why don't I support the mendicant Saṅgha now as I did in the past?"

Then Brahmā Sahampati knew what the Buddha was thinking. 3.1
As easily as a strong person would extend or contract their arm, he vanished from the Brahmā realm and reappeared in front of the Buddha. He arranged his robe over one shoulder, raised his joined palms toward the Buddha, and said: "That's so true, Blessed One! That's so true, Holy One! The Buddha has sent the mendicant Saṅgha away. But there are mendicants who are junior, recently gone forth, newly come to this teaching and training. ... May the Buddha be happy with the mendicant Saṅgha! May the Buddha welcome the mendicant Saṅgha! May the Buddha support the mendicant Saṅgha now as he did in the past!"

The Buddha consented in silence. Then Brahmā Sahampati, 4.1
knowing that the Buddha had consented, bowed, and respectfully circled the Buddha, keeping him on his right, before vanishing right there.

Then in the late afternoon, the Buddha came out of retreat and 5.1
went to the Banyan Tree Monastery, where he sat on the seat spread out. Then he used his psychic power to will that the mendicants would come to him timidly, alone or in pairs. Those mendicants approached the Buddha timidly, bowed, and sat down to one side. The Buddha said to them:

"Mendicants, this relying on alms is an extreme lifestyle. The 6.1
world curses you: 'You beggar, walking bowl in hand!' Yet earnest gentlemen take it up for a good reason. Not because they've been forced to by kings or bandits, or because they're in debt or threatened, or to earn a living. But because they're swamped by rebirth, old age, and death; by sorrow, lamentation, pain, sadness, and dis-

tress. They're swamped by suffering, mired in suffering. And they think, 'Hopefully I can find an end to this entire mass of suffering.'

7.1 That's how this gentleman has gone forth. Yet they covet sensual pleasures; they're infatuated, full of ill will and malicious intent. They are unmindful, lacking situational awareness and immersion, with straying mind and undisciplined faculties. Suppose there was a firebrand for lighting a funeral pyre, burning at both ends, and smeared with dung in the middle. It couldn't be used as timber either in the village or the wilderness. I say that person is just like this. They've missed out on the pleasures of the lay life, and haven't fulfilled the goal of the ascetic life.

8.1 There are these three unskillful thoughts. Sensual, malicious, and cruel thoughts. And where do these three unskillful thoughts cease without anything left over? In those who meditate with their mind firmly established in the four kinds of mindfulness meditation; or who develop signless immersion. Just this much is quite enough motivation to develop signless immersion. When signless immersion is developed and cultivated it is very fruitful and beneficial.

9.1 There are these two views. Views favoring continued existence and views favoring ending existence. A noble disciple reflects on this: 'Is there anything in the world that I could grasp without fault?' They understand: 'There's nothing in the world that I could grasp without fault. For in grasping I would grasp only at form, feeling, perception, choices, or consciousness. That grasping of mine would be a condition for continued existence. Continued existence is a condition for rebirth. Rebirth is a condition for old age and death, sorrow, lamentation, pain, sadness, and distress to come to be. That is how this entire mass of suffering originates.'

10.1 What do you think, mendicants? Is form permanent or impermanent?"

10.3 "Impermanent, sir."

10.4 "But if it's impermanent, is it suffering or happiness?"

10.5 "Suffering, sir."

“But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?” 10.6

“No, sir.” 10.8

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” ... 10.9

“So you should truly see ... 10.13

Seeing this ... They understand: ‘... there is no return to any state of existence.’” 10.14

SN 22.81

At Pārileyya

Pālileyyasutta

At one time the Buddha was staying near Kosambi, in Ghosita’s Monastery. 1.1

Then the Buddha robed up in the morning and, taking his bowl and robe, entered Kosambi for alms. After the meal, on his return from almsround, he set his lodgings in order himself. Taking his bowl and robe, without informing his attendants or taking leave of the mendicant Saṅgha, he set out to go wandering alone, with no companion. 1.2

Then, not long after the Buddha had left, one of the mendicants went to Venerable Ānanda and told him what had happened. Ānanda said, “Reverend, when the Buddha leaves like this it means he wants to stay alone. At this time no-one should follow him.” 2.1

Then the Buddha, traveling stage by stage, arrived at Pārileyya, where he stayed at the root of a sacred sal tree. Then several mendicants went up to Venerable Ānanda and exchanged greetings with him. 3.1

When the greetings and polite conversation were over, they sat down to one side and said to him, “Reverend, it’s been a long time since we’ve heard a Dhamma talk from the Buddha. We wish to hear a Dhamma talk from the Buddha.” 3.4

- 4.1 Then Venerable Ānanda together with those mendicants went to Pārileyya to see the Buddha. They bowed and sat down to one side, and the Buddha educated, encouraged, fired up, and inspired them with a Dhamma talk.
- 4.3 Now at that time one of the monks had the thought, “How do you know and see in order to end the defilements in the present life?”
- 4.5 Then the Buddha, knowing what that monk was thinking, addressed the mendicants:
- 4.6 “Mendicants, I’ve taught the Dhamma analytically. I’ve analytically taught the four kinds of mindfulness meditation, the four right efforts, the four bases of psychic power, the five faculties, the five powers, the seven awakening factors, and the noble eightfold path. That’s how I’ve taught the Dhamma analytically. Though I’ve taught the Dhamma analytically, still a certain mendicant present here has this thought: ‘How do you know and see in order to end the defilements in the present life?’
- 5.1 And how, mendicants, do you know and see in order to end the defilements in the present life? Take an uneducated ordinary person who has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble ones. They’ve not seen good persons, and are neither skilled nor trained in the teaching of the good persons.
- 5.3 They regard form as self. But that regarding is just a conditioned phenomenon. And what’s the source, origin, birthplace, and inception of that conditioned phenomenon? When an uneducated ordinary person is struck by feelings born of contact with ignorance, craving arises. That conditioned phenomenon is born from that. So that conditioned phenomenon is impermanent, conditioned, and dependently originated. And that craving, that feeling, that contact, and that ignorance are also impermanent, conditioned, and dependently originated. That’s how you should know and see in order to end the defilements in the present life.

Perhaps they don't regard form as self, but they still regard 6.1
self as possessing form. But that regarding is just a conditioned
phenomenon. ...

Perhaps they don't regard form as self, or self as possessing 7.1
form, but they still regard form in self. But that regarding is just a
conditioned phenomenon. ...

Perhaps they don't regard form as self, or self as possessing 8.1
form, or form in self, but they still regard self in form. But that
regarding is just a conditioned phenomenon. ...

Perhaps they don't regard form as self, or self as possessing 9.1
form, or form in self, or self in form. But they regard feeling as
self ... perception as self ... choices as self ... consciousness as
self ... But that regarding is just a conditioned phenomenon. And
what's the source of that conditioned phenomenon? When an
uneducated ordinary person is struck by feelings born of contact
with ignorance, craving arises. That conditioned phenomenon is
born from that. So that conditioned phenomenon is impermanent,
conditioned, and dependently originated. And that craving, that
feeling, that contact, and that ignorance are also impermanent,
conditioned, and dependently originated. That's how you should
know and see in order to end the defilements in the present life.

Perhaps they don't regard form or feeling or perception or 10.1
choices or consciousness as self. Still, they have such a view: 'The
self and the cosmos are one and the same. After passing away I
will be permanent, everlasting, eternal, and imperishable.' But that
eternalist view is just a conditioned phenomenon. And what's
the source of that conditioned phenomenon? ... That's how you
should know and see in order to end the defilements in the present
life.

Perhaps they don't regard form or feeling or perception or 11.1
choices or consciousness as self. Nor do they have such a view:
'The self and the cosmos are one and the same. After passing away
I will be permanent, everlasting, eternal, and imperishable.' Still,
they have such a view: 'I might not be, and it might not be mine. I

will not be, and it will not be mine.’ But that annihilationist view is just a conditioned phenomenon. And what’s the source of that conditioned phenomenon? ... That’s how you should know and see in order to end the defilements in the present life.

- 12.1 Perhaps they don’t regard form or feeling or perception or choices or consciousness as self. Nor do they have such a view: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable.’ Nor do they have such a view: ‘I might not be, and it might not be mine. I will not be, and it will not be mine.’ Still, they have doubts and uncertainties. They’re undecided about the true teaching. That doubt and uncertainty, the indecision about the true teaching, is just a conditioned phenomenon. And what’s the source of that conditioned phenomenon? When an uneducated ordinary person is struck by feelings born of contact with ignorance, craving arises. That conditioned phenomenon is born from that. So that conditioned phenomenon is impermanent, conditioned, and dependently originated. And that craving, that feeling, that contact, and that ignorance are also impermanent, conditioned, and dependently originated. That’s how you should know and see in order to end the defilements in the present life.”

SN 22.82

A Full Moon Night

Punṇamasutta

- 1.1 At one time the Buddha was staying near Sāvattḥi in the Eastern Monastery, the stilt longhouse of Migāra’s mother, together with a large Saṅgha of mendicants. Now, at that time it was the sabbath—the full moon on the fifteenth day—and the Buddha was sitting surrounded by the Saṅgha of monks.
- 2.1 Then one of the mendicants got up from their seat, arranged their robe over one shoulder, raised their joined palms toward the Buddha, and said:

“Sir, I’d like to ask the Buddha about a certain point, if you’d 2.2
take the time to answer.”

“Well then, mendicant, take your own seat and ask what you 2.3
wish.”

“Yes, sir,” replied that mendicant. He took his seat and said to 2.4
the Buddha:

“Sir, are these the five grasping aggregates, that is: form, feeling, 2.5
perception, choices, and consciousness?”

“Yes, they are,” replied the Buddha. 3.1

Saying “Good, sir”, that mendicant approved and agreed with 3.3
what the Buddha said. Then he asked another question:

“But sir, what is the root of these five grasping aggregates?” 4.1

“These five grasping aggregates are rooted in desire.” ... “But 4.2
sir, is that grasping the exact same thing as the five grasping aggregates? Or is grasping one thing and the five grasping aggregates another?”

“Neither. Rather, the desire and greed for them is the grasping 4.4
there.”

Saying “Good, sir”, that mendicant asked another question: 4.5

“But sir, can there be different kinds of desire and greed for the 5.1
five grasping aggregates?”

“There can,” said the Buddha. 5.2

“It’s when someone thinks: ‘In the future, may I be of such 5.3
form, such feeling, such perception, such choices, or such consciousness!’ That’s how there can be different kinds of desire and greed for the five grasping aggregates.”

Saying “Good, sir”, that mendicant asked another question: 5.6

“Sir, what is the scope of the term ‘aggregates’ as applied to the 6.1
aggregates?”

“Any kind of form at all—past, future, or present; internal or 6.2
external; coarse or fine; inferior or superior; far or near: this is called the aggregate of form. Any kind of feeling at all ... Any kind of perception at all ... Any kind of choices at all ... Any kind of consciousness at all—past, future, or present; internal or external;

coarse or fine; inferior or superior; far or near: this is called the aggregate of consciousness. That's the scope of the term 'aggregates' as applied to the aggregates."

6.8 Saying "Good, sir", that mendicant asked another question:

7.1 "What is the cause, sir, what is the reason why the aggregate of form is found? What is the cause, what is the reason why the aggregate of feeling ... perception ... choices ... consciousness is found?"

7.6 "The four primary elements are the reason why the aggregate of form is found. Contact is the reason why the aggregates of feeling, perception, and choices are found. Name and form are the reasons why the aggregate of consciousness is found."

7.11 Saying "Good, sir", that mendicant asked another question:

8.1 "Sir, how does identity view come about?"

8.2 "It's because an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble ones. They've not seen good persons, and are neither skilled nor trained in the teaching of the good persons. They regard form as self, self as having form, form in self, or self in form. They regard feeling ... perception ... choices ... consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. That's how identity view comes about."

8.9 Saying "Good, sir", that mendicant ... asked another question:

9.1 "But sir, how does identity view not come about?"

9.2 "It's because an educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They've seen good persons, and are skilled and trained in the teaching of the good persons. They don't regard form as self, self as having form, form in self, or self in form. They don't regard feeling ... perception ... choices ... consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. That's how identity view does not come about."

9.9 Saying "Good, sir", that mendicant ... asked another question:

“Sir, what’s the gratification, the drawback, and the escape 10.1
when it comes to form, feeling, perception, choices, and conscious-
ness?”

“The pleasure and happiness that arise from form: this is its 10.6
gratification. That form is impermanent, suffering, and perishable:
this is its drawback. Removing and giving up desire and greed
for form: this is its escape. The pleasure and happiness that arise
from feeling ... perception ... choices ... consciousness: this is its
gratification. That consciousness is impermanent, suffering, and
perishable: this is its drawback. Removing and giving up desire
and greed for consciousness: this is its escape.”

Saying “Good, sir”, that mendicant approved and agreed with 10.15
what the Buddha said. Then he asked another question:

“Sir, how does one know and see so that there’s no ego, pos- 11.1
sessiveness, or underlying tendency to conceit for this conscious
body and all external stimuli?”

“One truly sees any kind of form at all—past, future, or present; 11.2
internal or external; coarse or fine; inferior or superior; far or near:
all form—with right understanding: ‘This is not mine, I am not
this, this is not my self.’ They truly see any kind of feeling ... percep-
tion ... choices ... consciousness at all—past, future, or present;
internal or external; coarse or fine; inferior or superior; far or near,
all consciousness—with right understanding: ‘This is not mine, I
am not this, this is not my self.’ That’s how to know and see so that
there’s no ego, possessiveness, or underlying tendency to conceit
for this conscious body and all external stimuli.”

Now at that time one of the mendicants had the thought: 12.1

“So it seems, good sir, that form, feeling, perception, choices, 12.2
and consciousness are not-self. Then what self will the deeds done
by not-self affect?”

Then the Buddha, knowing what that monk was thinking, ad- 12.4
dressed the mendicants:

“It’s possible that some foolish person here—unknowing and 13.1
ignorant, their mind dominated by craving—thinks they can over-

step the teacher's instructions. They think: 'So it seems, good sir, that form, feeling, perception, choices, and consciousness are not-self. Then what self will the deeds done by not-self affect?' Now, mendicants, you have been educated by me in questioning with regards to all these things in all such cases.

14.1 What do you think, mendicants? Is form permanent or impermanent?"

14.3 "Impermanent, sir."

14.4 "Is feeling ... perception ... choices ... consciousness permanent or impermanent?"

14.8 "Impermanent, sir."

14.9 "But if it's impermanent, is it suffering or happiness?"

14.10 "Suffering, sir."

14.11 "But if it's impermanent, suffering, and perishable, is it fit to be regarded thus: 'This is mine, I am this, this is my self'?"

14.13 "No, sir."

14.14 "So you should truly see ... Seeing this ... They understand: '... there is no return to any state of existence.'"

15.1 "Two on the aggregates; exactly the same; and can
 there be;
 on the term; and on the cause;
 two questions on identity;
 gratification; and that with consciousness:
 these are the ten questions
 the mendicant came to ask."

The Chapter on Senior Mendicants

SN 22.83

With Ānanda

Ānandasutta

At Sāvattthī. 1.1

There Ānanda addressed the mendicants: “Reverends, mendicants!” 1.2

“Reverend,” they replied. Ānanda said this: 1.4

“Reverends, the venerable named Puṇṇa son of Mantāṇī was 2.1
very helpful to me when I was just ordained. He gave me this
advice: ‘Reverend Ānanda, the notion “I am” occurs because of
grasping, not by not grasping. Grasping what? The notion “I am”
occurs because of grasping form, feeling, perception, choices, and
consciousness, not by not grasping.

Suppose there was a woman or man who was young, youthful, 3.1
and fond of adornments, and they check their own reflection in a
clean bright mirror or a clear bowl of water. They’d look because
of grasping, not by not grasping. In the same way, the notion “I am”
occurs because of grasping form, feeling, perception, choices, and
consciousness, not by not grasping.

What do you think, Reverend Ānanda? Is form permanent or 4.1
impermanent?’

‘Impermanent, reverend.’ 4.3

- 4.4 ‘Is feeling ... perception ... choices ... consciousness permanent or impermanent?’
- 4.8 ‘Impermanent, reverend.’ ...
- 4.9 ‘So you should truly see ... Seeing this ... They understand: “... there is no return to any state of existence.”’
- 4.12 Reverends, the venerable named Puṇṇa son of Mantāṇī was very helpful to me when I was just ordained. He gave me this advice. And now that I’ve heard this teaching from Venerable Puṇṇa son of Mantāṇī, I’ve comprehended the teaching.”

SN 22.84

With Tissa

Tissasutta

- 1.1 At Sāvatthī.
- 1.2 Now at that time Venerable Tissa, the Buddha’s paternal cousin, informed several mendicants:
- 1.3 “Reverends, my body feels like it’s drugged. I’m disorientated, the teachings don’t inspire me, and dullness and drowsiness fill my mind. I lead the spiritual life dissatisfied, and have doubts about the teachings.”
- 2.1 Then several mendicants went up to the Buddha, bowed, sat down to one side, and told him what had happened.
- 3.1 So the Buddha addressed a certain monk, “Please, monk, in my name tell the mendicant Tissa that the Teacher summons him.”
- 3.3 “Yes, sir,” that monk replied. He went to Tissa and said to him, “Reverend Tissa, the teacher summons you.”
- 3.5 “Yes, reverend,” Tissa replied. He went to the Buddha, bowed, and sat down to one side. The Buddha said to him:
- 3.6 “Is it really true, Tissa, that you informed several mendicants that your body feels like it’s drugged ... and you have doubts about the teachings?”
- 3.9 “Yes, sir.”

“What do you think, Tissa? If you’re not rid of greed, desire, fondness, thirst, passion, and craving for form, when that form decays and perishes, will it give rise to sorrow, lamentation, pain, sadness, and distress?” 3.10

“Yes, sir.” 3.12

“Good, good, Tissa! That’s how it is, Tissa, when you’re not rid of greed for form. 4.1

If you’re not rid of greed for feeling ... perception ... choices ... consciousness, when that consciousness decays and perishes, will it give rise to sorrow, lamentation, pain, sadness, and distress?” 4.4

“Yes, sir.” 5.4

“Good, good, Tissa! That’s how it is, Tissa, when you’re not rid of greed for consciousness. 6.1

What do you think, Tissa? If you are rid of greed, desire, fondness, thirst, passion, and craving for form, when that form decays and perishes, will it give rise to sorrow, lamentation, pain, sadness, and distress?” 6.4

“No, sir.” 6.6

“Good, good, Tissa! That’s how it is, Tissa, when you are rid of greed for form ... feeling ... perception ... choices ... consciousness. 7.1

What do you think, Tissa? Is form permanent or impermanent?” 8.4

“Impermanent, sir.” 8.6

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” 8.7

“Impermanent, sir.” 8.11

“So you should truly see ... Seeing this ... They understand: ‘... there is no return to any state of existence.’ 8.12

Suppose, Tissa, there were two people. One was not skilled in the path, the other was. The one not skilled in the path would question the one skilled in the path, who would reply: ‘Come, good man, this is the path. Go down it a little, and you’ll see a fork in the road. Ignore the left, and take the right-hand path. Go a little 9.1

further, and you'll see a dark forest grove. Go a little further, and you'll see an expanse of low-lying marshes. Go a little further, and you'll see a large, steep cliff. Go a little further, and you'll see level, cleared parkland.'

10.1 I've made up this simile to make a point. And this is what it means.

10.3 'A person who is not skilled in the path' is a term for an ordinary uneducated person.

10.4 'A person who is skilled in the path' is a term for the Realized One, the perfected one, the fully awakened Buddha.

10.5 'A fork in the road' is a term for doubt.

10.6 'The left-hand path' is a term for the wrong eightfold path, that is, wrong view ... wrong immersion.

10.8 'The right-hand path' is a term for the noble eightfold path, that is, right view ... right immersion.

10.10 'A dark forest grove' is a term for ignorance.

10.11 'An expanse of low-lying marshes' is a term for sensual pleasures.

10.12 'A large, steep cliff' is a term for anger and distress.

10.13 'Level, cleared parkland' is a term for extinguishment.

10.14 Rejoice, Tissa, rejoice! I'm here to advise you, to support you, and to teach you."

11.1 That is what the Buddha said. Satisfied, Venerable Tissa was happy with what the Buddha said.

SN 22.85

With Yamaka

Yamakasutta

1.1 At one time Venerable Sāriputta was staying near Sāvattthi in Jeta's Grove, Anāthapiṇḍika's monastery.

1.2 Now at that time a mendicant called Yamaka had the following harmful misconception: "As I understand the Buddha's teaching,

a mendicant who has ended the defilements is annihilated and destroyed when their body breaks up, and doesn't exist after death."

Several mendicants heard about this. They went to Yamaka 2.1 and exchanged greetings with him.

When the greetings and polite conversation were over, they 2.4 sat down to one side and said to him, "Is it really true, Reverend Yamaka, that you have such a harmful misconception: 'As I understand the Buddha's teaching, a mendicant who has ended the defilements is annihilated and destroyed when their body breaks up, and doesn't exist after death.'"

"Yes, reverends, that's how I understand the Buddha's teaching." 3.3

"Don't say that, Yamaka! Don't misrepresent the Buddha, for 4.1 misrepresentation of the Buddha is not good. And the Buddha would not say that." But even though admonished by those mendicants, Yamaka obstinately stuck to that misconception and insisted on stating it.

When those mendicants were unable to dissuade Yamaka from 5.1 that misconception, they got up from their seats and went to see Venerable Sāriputta. They told him what had happened, and said, "May Venerable Sāriputta please go to the mendicant Yamaka out of compassion." Sāriputta consented in silence.

Then in the late afternoon, Venerable Sāriputta came out of 5.6 retreat, went to Venerable Yamaka and exchanged greetings with him. Seated to one side he said to Yamaka:

"Is it really true, Reverend Yamaka, that you have such a harmful misconception: 'As I understand the Buddha's teaching, a mendicant who has ended the defilements is annihilated and destroyed when their body breaks up, and doesn't exist after death.'"

"Yes, reverend, that's how I understand the Buddha's teaching." 6.3

"What do you think, Yamaka? Is form permanent or impermanent?" 7.1

"Impermanent, reverend." 7.3

- 7.4 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 7.8 “Impermanent, reverend.”
- 7.9 “So you should truly see ... Seeing this ... They understand: ‘... there is no return to any state of existence.’
- 8.1 What do you think, Reverend Yamaka? Do you regard the Realized One as form?”
- 8.3 “No, reverend.”
- 8.4 “Do you regard the Realized One as feeling ... perception ... choices ... consciousness?”
- 8.9 “No, reverend.”
- 9.1 “What do you think, Reverend Yamaka? Do you regard the Realized One as in form?”
- 9.3 “No, reverend.”
- 9.4 “Or do you regard the Realized One as distinct from form?”
- 9.5 “No, reverend.”
- 9.6 “Do you regard the Realized One as in feeling ... or distinct from feeling ... as in perception ... or distinct from perception ... as in choices ... or distinct from choices ... as in consciousness?”
- 9.13 “No, reverend.”
- 9.14 “Or do you regard the Realized One as distinct from consciousness?”
- 9.15 “No, reverend.”
- 10.1 “What do you think, Yamaka? Do you regard the Realized One as possessing form, feeling, perception, choices, and consciousness?”
- 10.3 “No, reverend.”
- 11.1 “What do you think, Yamaka? Do you regard the Realized One as one who is without form, feeling, perception, choices, and consciousness?”
- 11.3 “No, reverend.”
- 11.4 “In that case, Reverend Yamaka, since you don’t acknowledge the Realized One as a genuine fact in the present life, is it appropriate to declare: ‘As I understand the Buddha’s teaching, a mendicant

who has ended the defilements is annihilated and destroyed when their body breaks up, and doesn't exist after death.'?"

"Reverend Sāriputta, in my ignorance, I used to have that misconception. But now that I've heard the teaching from Venerable Sāriputta I've given up that misconception, and I've comprehended the teaching." 12.1

"Reverend Yamaka, suppose they were to ask you: 'When their body breaks up, after death, what happens to a perfected one, who has ended the defilements?' How would you answer?" 13.1

"Sir, if they were to ask this, I'd answer like this: 'Reverend, form is impermanent. What's impermanent is suffering. What's suffering has ceased and ended.' 13.4

Feeling ... perception ... choices ... consciousness is impermanent. What's impermanent is suffering. What's suffering has ceased and ended.' That's how I'd answer such a question." 13.10

"Good, good, Reverend Yamaka! Well then, I shall give you a simile to make the meaning even clearer. Suppose there was a householder or householder's son who was rich, with a lot of money and great wealth, and a bodyguard for protection. Then along comes a person who wants to harm, injure, and threaten him, and take his life. They'd think: 'This householder or householder's son is rich, with a lot of money and great wealth, and a bodyguard for protection. It won't be easy to take his life by force. Why don't I get close to him, then take his life?' So he goes up to that householder or householder's son and says: 'Sir, I would serve you.' Then they would serve that householder or householder's son. They'd get up before him and go to bed after him, and be obliging, behaving nicely and speaking politely. The householder or householder's son would consider them as a friend and companion, and come to trust them. But when that person realizes that they've gained the trust of the householder or householder's son, then, when they know he's alone, they'd take his life with a sharp knife. 14.1

15.1 What do you think, Yamaka? When that person went to the householder or householder's son and offered to serve him, weren't they a killer then, though he didn't know that this was his killer? And when they got up before him and went to bed after him, being obliging, behaving nicely and speaking politely, weren't they a killer then, though he didn't know that this was his killer? And when, knowing he was alone, they took his life with a sharp knife, weren't they a killer then, though he didn't know that this was his killer?"

15.12 "Yes, reverend."

15.13 "In the same way, an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble ones. They've not seen good persons, and are neither skilled nor trained in the teaching of the good persons. They regard form as self, self as having form, form in self, or self in form. They regard feeling ... perception ... choices ... They regard consciousness as self, self as having consciousness, consciousness in self, or self in consciousness.

16.1 They don't truly understand form—which is impermanent—as impermanent. They don't truly understand feeling ... perception ... choices ... consciousness—which is impermanent—as impermanent.

17.1 They don't truly understand form—which is suffering—as suffering. They don't truly understand feeling ... perception ... choices ... consciousness—which is suffering—as suffering.

18.1 They don't truly understand form—which is not-self—as not-self. They don't truly understand feeling ... perception ... choices ... consciousness—which is not-self—as not-self.

19.1 They don't truly understand form—which is conditioned—as conditioned. They don't truly understand feeling ... perception ... choices ... consciousness—which is conditioned—as conditioned.

20.1 They don't truly understand form—which is a killer—as a killer. They don't truly understand feeling ... perception ... choices ... consciousness—which is a killer—as a killer.

They're attracted to form, grasp it, and commit to the notion 21.1
 that it is 'my self'. They're attracted to feeling ... perception ...
 choices ... consciousness, grasp it, and commit to the notion that
 it is 'my self'. And when you've gotten involved with and grasped
 these five grasping aggregates, they lead to your lasting harm and
 suffering.

An educated noble disciple has seen the noble ones, and is 22.1
 skilled and trained in the teaching of the noble ones. They've seen
 good persons, and are skilled and trained in the teaching of the
 good persons. They don't regard form as self, self as having form,
 form in self, or self in form. They don't regard feeling ... perception
 ... choices ... consciousness as self, self as having consciousness,
 consciousness in self, or self in consciousness.

They truly understand form—which is impermanent—as 23.1
 impermanent. They truly understand feeling ... perception ...
 choices ... consciousness—which is impermanent—as imper-
 manent.

They truly understand form—which is suffering—as suffer- 24.1
 ing. They truly understand feeling ... perception ... choices ...
 consciousness—which is suffering—as suffering.

They truly understand form—which is not-self—as not-self. 25.1
 They truly understand feeling ... perception ... choices ... con-
 sciousness—which is not-self—as not-self.

They truly understand form—which is conditioned—as con- 26.1
 ditioned. They truly understand feeling ... perception ... choices
 ... consciousness—which is conditioned—as conditioned.

They truly understand form—which is a killer—as a killer. 27.1
 They truly understand feeling ... perception ... choices ... con-
 sciousness—which is a killer—as a killer.

Not being attracted to form, they don't grasp it, and commit 28.1
 to the notion that it is 'my self'. Not being attracted to feeling ...
 perception ... choices ... consciousness, they don't grasp it, and
 commit to the notion that it is 'my self'. And when you're not

attracted to and don't grasp these five grasping aggregates, they lead to your lasting welfare and happiness."

- 28.7 "Reverend Sāriputta, this is how it is when you have such venerables as spiritual companions to advise and instruct you out of kindness and compassion. And after hearing this teaching by Venerable Sāriputta, my mind is freed from the defilements by not grasping."

SN 22.86

With Anurādhā

Anurādhāsutta

- 1.1 At one time the Buddha was staying near Vesālī, at the Great Wood, in the hall with the peaked roof. Now at that time Venerable Anurādhā was staying not far from the Buddha in a wilderness hut. Then several wanderers who follow other paths went up to Venerable Anurādhā and exchanged greetings with him. When the greetings and polite conversation were over, they sat down to one side and said to him:
- 1.5 "Reverend Anurādhā, when a Realized One is describing a Realized One—a supreme person, highest of people, who has reached the highest point—they describe them in these four ways: After death, a Realized One exists, or doesn't exist, or both exists and doesn't exist, or neither exists nor doesn't exist."
- 2.1 When they said this, Venerable Anurādhā said to those wanderers:
- 2.2 "Reverends, when a Realized One is describing a Realized One—a supreme person, highest of people, who has reached the highest point—they describe them other than these four ways: After death, a Realized One exists, or doesn't exist, or both exists and doesn't exist, or neither exists nor doesn't exist." When he said this, the wanderers said to him:
- 2.5 "This mendicant must be junior, recently gone forth, or else a foolish, incompetent senior mendicant." Then, after rebuking

Venerable Anurādhā by calling him “junior” and “foolish”, the wanderers got up from their seats and left.

Soon after they had left, Anurādhā thought: 3.1

“If those wanderers were to inquire further, how should I answer them so as to repeat what the Buddha has said, and not misrepresent him with an untruth? How should I explain in line with his teaching, so that there would be no legitimate grounds for rebuke and criticism?” 3.2

Then Venerable Anurādhā went up to the Buddha, bowed, sat down to one side, and told him all that had happened. 4.1

“What do you think, Anurādhā? Is form permanent or impermanent?” 7.1

“Impermanent, sir.” 7.3

“But if it’s impermanent, is it suffering or happiness?” 7.4

“Suffering, sir.” 7.5

“But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’” 7.6

“No, sir.” 7.8

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” 7.9

“Impermanent, sir.” ... “So you should truly see ... Seeing this ... They understand: ‘... there is no return to any state of existence.’” 7.13

What do you think, Anurādhā? Do you regard the Realized One as form? 8.1

“No, sir.” 8.3

“Do you regard the Realized One as feeling ... perception ... choices ... consciousness?” 8.4

“No, sir.” 8.8

“What do you think, Anurādhā? Do you regard the Realized One as in form?” 9.1

“No, sir.” 9.3

“Or do you regard the Realized One as distinct from form?” 9.4

“No, sir.” 9.5

- 9.6 “Do you regard the Realized One as in feeling ... or distinct from feeling ... as in perception ... or distinct from perception ... as in choices ... or distinct from choices ... as in consciousness ... or as distinct from consciousness?”
- 9.14 “No, sir.”
- 10.1 “What do you think, Anurādha? Do you regard the Realized One as possessing form, feeling, perception, choices, and consciousness?”
- 10.3 “No, sir.”
- 11.1 “What do you think, Anurādha? Do you regard the Realized One as one who is without form, feeling, perception, choices, and consciousness?”
- 11.3 “No, sir.”
- 12.1 “In that case, Anurādha, since you don’t acknowledge the Realized One as a genuine fact in the present life, is it appropriate to declare: ‘Reverends, when a Realized One is describing a Realized One—a supreme person, highest of people, who has reached the highest point—they describe them other than these four ways: After death, a Realized One exists, or doesn’t exist, or both exists and doesn’t exist, or neither exists nor doesn’t exist?’”
- 12.4 “No, sir.”
- 13.1 “Good, good, Anurādha! In the past, as today, I describe suffering and the cessation of suffering.”

SN 22.87

With Vakkali

Vakkalisutta

- 1.1 At one time the Buddha was staying near Rājagaha, in the Bamboo Grove, the squirrels’ feeding ground.
- 1.2 Now at that time Venerable Vakkali was staying in a potter’s shed, and he was sick, suffering, gravely ill.
- 1.3 Then he addressed his carers, “Please, reverends, go to the Buddha, and in my name bow with your head to his feet. Say to

him: ‘Sir, the mendicant Vakkali is sick, suffering, and gravely ill. He bows with his head to your feet.’ And then say: ‘Sir, please go to the mendicant Vakkali out of compassion.’”

“Yes, reverend,” those monks replied. They did as he asked. 1.8
The Buddha consented in silence.

Then the Buddha robed up and, taking his bowl and robes, 2.1
went to Venerable Vakkali. Venerable Vakkali saw the Buddha coming off in the distance and tried to rise on his cot.

But the Buddha said to him, “It’s all right, Vakkali, don’t get up. 2.3
There are some seats spread out, I will sit there.”

He sat on the seat spread out and said to Vakkali, “I hope you’re 2.6
keeping well, Vakkali; I hope you’re alright. And I hope the pain is fading, not growing, that its fading is evident, not its growing.”

“Sir, I’m not all right, I’m not getting by. My pain is terrible and 2.8
growing, not fading; its growing is apparent, not its fading.”

“I hope you don’t have any remorse or regret?” 2.9

“Indeed, sir, I have no little remorse and regret.” 2.10

“I hope you have no reason to blame yourself when it comes 2.11
to ethical conduct?”

“No sir, I have no reason to blame myself when it comes to 2.12
ethical conduct.”

“In that case, Vakkali, why do you have remorse and regret?” 2.13

“For a long time I’ve wanted to go and see the Buddha, but I 2.14
was physically too weak.”

“Enough, Vakkali! Why would you want to see this rotten 3.1
body? One who sees the teaching sees me. One who sees me sees the teaching. Seeing the teaching, you see me. Seeing me, you see the teaching.

What do you think, Vakkali? Is form permanent or imper- 4.1
manent?”

“Impermanent, sir.” 4.3

“But if it’s impermanent, is it suffering or happiness?” 4.4

“Suffering, sir.” 4.5

- 4.6 “But if it’s impermanent, suffering, and perishable, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?”
- 4.8 “No, sir.”
- 4.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 4.13 “Impermanent, sir.” ...
- 4.16 “So you should truly see ... Seeing this ... They understand: ‘... there is no return to any state of existence.’”
- 5.1 And then, after giving Venerable Vakkali this advice, the Buddha got up from his seat and went to the Vulture’s Peak Mountain.
- 5.2 Then Venerable Vakkali addressed his carers, “Come on, reverends, lift my cot and take me to the Black Rock on the slopes of Isigili. It’s unthinkable for one like me to die in an inhabited area!”
- 5.5 “Yes, reverend,” replied those mendicants, and did as he asked. Meanwhile, the Buddha spent the rest of that night and day on Vulture’s Peak Mountain.
- 5.7 Then, late at night, two glorious deities, lighting up the entire Vulture’s Peak, went up to the Buddha, bowed, and stood to one side.
- 5.8 One deity said to him, “Sir, the mendicant Vakkali is intent on liberation!”
- 5.10 And another deity said to him, “He’ll definitely be well-freed!”
- 5.12 This is what those deities said. Then they bowed and respectfully circled the Buddha, keeping him on their right side, before vanishing right there.
- 6.1 Then, when the night had passed, the Buddha addressed the mendicants:
- 6.2 “Come, mendicants, go to the mendicant Vakkali and tell him:
- 7.1 ‘Vakkali, hear the word of the Buddha and two deities.
- 7.2 Late last night, two glorious deities, lighting up the entire Vulture’s Peak, went up to the Buddha, bowed, and stood to one side.
- 7.3 One deity said to him, “Sir, the mendicant Vakkali is intent on liberation!”
- 7.5 And another deity said to him, “He’ll definitely be well-freed!”

And the Buddha said, “Do not fear, Vakkali, do not fear! Your death will not be a bad one; your passing will not be a bad one.”” 7.7

“Yes, sir,” those monks replied. They went to Vakkali and said to him: 7.11

“Vakkali, hear the word of the Buddha and two deities.” 7.12

Then Vakkali addressed his carers, “Please, reverends, help me off my cot. It’s unthinkable for one like me to listen to the Buddha’s instructions sitting on a high seat.” 8.1

“Yes, reverend,” replied those mendicants, and helped him off his cot. They repeated what the Buddha had said. 8.4

Vakkali said, “Well then, reverends, in my name bow with your head at the Buddha’s feet. Say to him: ‘Sir, the mendicant Vakkali is sick, suffering, gravely ill. He bows with his head to your feet.’ And then say: ‘Form is impermanent. I have no doubt of that. I’m certain that what is impermanent is suffering. And I’m certain that I have no desire or greed or fondness for what is impermanent, suffering, and perishable.” 8.14

Feeling is impermanent ... 8.22

Perception is impermanent ... 8.26

Choices are impermanent ... 8.27

Consciousness is impermanent. I have no doubt of that. I’m certain that what is impermanent is suffering. And I’m certain that I have no desire or greed or fondness for what is impermanent, suffering, and perishable.” 8.31

“Yes, reverend,” those monks replied, and left. And then, not long after those mendicants had left, Venerable Vakkali slit his wrists. 8.35

Then those senior mendicants went up to the Buddha and told him Vakkali’s message. 9.1

Then the Buddha said to the mendicants, “Come, mendicants, let’s go to the Black Rock on the slopes of Isigili, where Vakkali, the gentleman, slit his wrists.” 10.1

“Yes, sir,” they replied. 10.4

- 10.5 Then the Buddha together with several mendicants went to the Black Rock on the slopes of Isigili. The Buddha saw Vakkali off in the distance lying on his cot, having cast off the aggregates.
- 11.1 Now at that time a cloud of black smoke was moving east, west, north, south, above, below, and in-between.
- 11.2 The Buddha said to the mendicants, “Mendicants, do you see that cloud of black smoke moving east, west, north, south, above, below, and in-between?”
- 11.4 “Yes, sir.”
- 11.5 “That’s Māra the Wicked searching for Vakkali’s consciousness, wondering: ‘Where is Vakkali’s consciousness established?’ But since his consciousness is not established, Vakkali is extinguished.”

SN 22.88

With Assaji

Assajisutta

- 1.1 At one time the Buddha was staying near Rājagaha, in the Bamboo Grove, the squirrels’ feeding ground. Now at that time Venerable Assaji was staying in a monastery built by a Kassapa, and he was sick, suffering, gravely ill. Then he addressed his carers:
- 1.4 “Please, reverends, go to the Buddha, and in my name bow with your head to his feet. Say to him: ‘Sir, the mendicant Assaji is sick, suffering, gravely ill. He bows with his head to your feet.’ And then say: ‘Sir, please go to the mendicant Assaji out of compassion.’”
- 1.9 “Yes, reverend,” those monks replied. They did as he asked. The Buddha consented in silence.
- 2.1 Then in the late afternoon, the Buddha came out of retreat and went to Venerable Assaji. Venerable Assaji saw the Buddha coming off in the distance, and tried to rise on his cot.
- 2.4 But the Buddha said to him, “It’s all right, Assaji, don’t get up. There are some seats spread out by others, I will sit there.”

He sat on the seat spread out and said, “I hope you’re keeping 2.7
well, Assaji; I hope you’re alright. And I hope the pain is fading,
not growing, that its fading is evident, not its growing.”

“Sir, I’m not all right, I’m not getting by. My pain is terrible and 3.1
growing, not fading, its growing is evident, not its fading.”

“I hope you don’t have any remorse or regret?” 3.2

“Indeed, sir, I have no little remorse and regret.” 3.3

“I hope you have no reason to blame yourself when it comes 3.4
to ethical conduct?”

“No sir, I have no reason to blame myself when it comes to 3.5
ethical conduct.”

“In that case, Assaji, why do you have remorse and regret?” 3.6

“Sir, before my time of illness I meditated having completely 3.7
stilled the physical process. But now I can’t get immersion. Since I
can’t get immersion, I think: ‘May I not decline!’”

“Assaji, there are ascetics and brahmins for whom samādhi is 3.10
the essence, equating immersion with the ascetic life. They think:
‘May we not decline!’

What do you think, Assaji? Is form permanent or imper- 4.1
manent?”

“Impermanent, sir.” ... 4.3

“Is consciousness permanent or impermanent?” ... 4.4

“So you should truly see ... Seeing this ... They understand: 4.5
‘... there is no return to any state of existence.’

If they feel a pleasant feeling, they understand that it’s imper- 4.8
manent, that they’re not attached to it, and that they don’t relish it.
If they feel a painful feeling, they understand that it’s impermanent,
that they’re not attached to it, and that they don’t relish it. If they
feel a neutral feeling, they understand that it’s impermanent, that
they’re not attached to it, and that they don’t relish it. If they feel a
pleasant feeling, they feel it detached. If they feel a painful feeling,
they feel it detached. If they feel a neutral feeling, they feel it de-
tached. Feeling the end of the body approaching, they understand:
‘I feel the end of the body approaching.’ Feeling the end of life

approaching, they understand: ‘I feel the end of life approaching.’ They understand: ‘When my body breaks up and my life is over, everything that’s felt, being no longer relished, will become cool right here.’

5.1 Suppose an oil lamp depended on oil and a wick to burn. As the oil and the wick are used up, it would be extinguished due to lack of fuel.

5.3 In the same way, feeling the end of the body approaching, they understand: ‘I feel the end of the body approaching.’ Feeling the end of life approaching, they understand: ‘I feel the end of life approaching.’ They understand: ‘When my body breaks up and my life is over, everything that’s felt, being no longer relished, will become cool right here.’”

SN 22.89

With Khemaka

Khemakasutta

1.1 At one time several senior mendicants were staying near Kosambi, in Ghosita’s Monastery. Now at that time Venerable Khemaka was staying in the Jujube Tree Monastery, and he was sick, suffering, gravely ill.

1.3 In the late afternoon those senior mendicants came out of retreat and addressed Venerable Dāsaka, “Please, Reverend Dāsaka, go to the mendicant Khemaka and say to him: ‘Reverend Khemaka, the seniors hope you’re keeping well; they hope you’re alright. They hope that your pain is fading, not growing, that its fading is evident, not its growing.’”

1.7 “Yes, reverends,” replied Dāsaka. He went to Khemaka and said to him:

1.8 “Reverend Khemaka, the seniors hope you’re keeping well; they hope you’re alright. They hope that your pain is fading, not growing, that its fading is evident, not its growing.”

“Reverend, I’m not keeping well, I’m not alright. My pain is 1.10
terrible and growing, not fading; its growing is evident, not its
fading.”

Then Dāsaka went to those seniors and told them what had 2.1
happened. They said,

“Please, Reverend Dāsaka, go to the mendicant Khemaka and 2.4
say to him: ‘Reverend Khemaka, the seniors say that these five
grasping aggregates have been taught by the Buddha, that is: the
grasping aggregates of form, feeling, perception, choices, and con-
sciousness. Do you regard anything among these five grasping
aggregates as self or as belonging to self?’”

“Yes, reverends,” replied Dāsaka. He relayed the message to 3.1
Khemaka, who replied:

“These five grasping aggregates have been taught by the Bud- 3.6
dha, that is: the grasping aggregates of form, feeling, perception,
choices, and consciousness. I do not regard anything among these
five grasping aggregates as self or as belonging to self.”

Then Dāsaka went to those seniors and told them what had 4.1
happened. They said:

“Please, Reverend Dāsaka, go to the mendicant Khemaka and 4.6
say to him: ‘Reverend Khemaka, the seniors say that these five
grasping aggregates have been taught by the Buddha, that is: the
grasping aggregates of form, feeling, perception, choices, and con-
sciousness. If, as it seems, Venerable Khemaka does not regard
anything among these five grasping aggregates as self or as belong-
ing to self, then he is a perfected one, with defilements ended.’”

“Yes, reverends,” replied Dāsaka. He relayed the message to 5.1
Khemaka, who replied:

“These five grasping aggregates have been taught by the Bud- 5.6
dha, that is: the grasping aggregates of form, feeling, perception,
choices, and consciousness. I do not regard anything among these
five grasping aggregates as self or as belonging to self, yet I am not
a perfected one, with defilements ended. For when it comes to the

five grasping aggregates I'm not rid of the conceit 'I am'. But I don't regard anything as 'I am this.'"

6.1 Then Dāsaka went to those seniors and told them what had happened. They said:

7.1 "Please, Reverend Dāsaka, go to the mendicant Khemaka and say to him: 'Reverend Khemaka, the seniors ask, when you say 'I am', what is it that you're talking about? Is it form or apart from form? Is it feeling ... perception ... choices ... consciousness, or apart from consciousness? When you say 'I am', what is it that you're talking about?'"

8.1 "Yes, reverends," replied Dāsaka. He relayed the message to Khemaka, who replied:

8.10 "Enough, Reverend Dāsaka! What's the point in running back and forth? Bring my staff, I'll go to see the senior mendicants myself."

9.1 Then Venerable Khemaka, leaning on a staff, went to those senior mendicants and exchanged greetings with them. When the greetings and polite conversation were over, he sat down to one side. They said to him:

9.3 "Reverend Khemaka, when you say 'I am', what is it that you're talking about? Is it form or apart from form? Is it feeling ... perception ... choices ... consciousness, or apart from consciousness? When you say 'I am', what is it that you're talking about?"

9.10 "Reverends, I don't say 'I am' with reference to form, or apart from form. I don't say 'I am' with reference to feeling ... perception ... choices ... consciousness, or apart from consciousness. For when it comes to the five grasping aggregates I'm not rid of the conceit 'I am'. But I don't regard anything as 'I am this'.

10.1 It's like the scent of a blue water lily, or a pink or white lotus. Would it be right to say that the scent belongs to the petals or the stalk or the pistil?"

10.3 "No, reverend."

10.4 "Then, reverends, how should it be said?"

10.5 "It would be right to say that the scent belongs to the flower."

“In the same way, reverends, I don’t say ‘I am’ with reference 10.6
to form, or apart from form. I don’t say ‘I am’ with reference to
feeling ... perception ... choices ... consciousness, or apart from
consciousness. For when it comes to the five grasping aggregates
I’m not rid of the conceit ‘I am’. But I don’t regard anything as ‘I
am this.’

Although a noble disciple has given up the five lower fetters, 11.1
they still have a lingering residue of the conceit ‘I am’, the desire ‘I
am’, and the underlying tendency ‘I am’ which has not been eradicated.
After some time they meditate observing rise and fall in the
five grasping aggregates. ‘Such is form, such is the origin of form,
such is the ending of form. Such is feeling ... Such is perception
... Such are choices ... Such is consciousness, such is the origin of
consciousness, such is the ending of consciousness.’ As they do so,
that lingering residue is eradicated.

Suppose there was a cloth that was dirty and soiled, so the 12.1
owners give it to a launderer. The launderer kneads it thoroughly
with salt, lye, and cow dung, and rinses it in clear water. Although
that cloth is clean and bright, it still has a lingering scent of salt, lye,
or cow dung that had not been eradicated. The launderer returns it
to its owners, who store it in a fragrant casket. And that lingering
scent would be eradicated.

In the same way, although a noble disciple has given up the 12.6
five lower fetters, they still have a lingering residue of the conceit ‘I
am’, the desire ‘I am’, and the underlying tendency ‘I am’ which has
not been eradicated. After some time they meditate observing rise
and fall in the five grasping aggregates. ‘Such is form, such is the
origin of form, such is the ending of form. Such is feeling ... Such
is perception ... Such are choices ... Such is consciousness, such
is the origin of consciousness, such is the ending of consciousness.’
As they do so, that lingering residue is eradicated.”

When he said this, the senior mendicants said to Venerable 13.1
Khemaka, “We didn’t want to trouble Venerable Khemaka with our
questions. But you’re capable of explaining, teaching, asserting,

establishing, clarifying, analyzing, and revealing the Buddha's instructions in detail. And that's just what you've done."

- 14.1 That's what Venerable Khemaka said. Satisfied, the senior mendicants were happy with what Venerable Khemaka said. And while this discourse was being spoken, the minds of sixty senior mendicants and of Venerable Khemaka were freed from defilements by not grasping.

SN 22.90

With Channa

Channasutta

- 1.1 At one time several senior mendicants were staying near Benares, in the deer park at Isipatana.
- 1.2 Then in the late afternoon, Venerable Channa came out of retreat. Taking a key, he went from dwelling to dwelling, going up to the senior mendicants and saying, "May the venerable senior mendicants advise me and instruct me! May they give me a Dhamma talk so that I can see the teaching!"
- 2.1 When he said this, the senior mendicants said to Venerable Channa:
- 2.2 "Reverend Channa, form, feeling, perception, choices, and consciousness are impermanent. Form, feeling, perception, choices, and consciousness are not-self. All conditions are impermanent. All things are not-self."
- 3.1 Then Venerable Channa thought, "I too think in this way. . . . And yet my mind isn't eager, confident, settled, and decided about the stilling of all activities, the letting go of all attachments, the ending of craving, fading away, cessation, extinguishment. Anxiety and grasping arise. And the mind reverts to thinking: 'So then who exactly is my self?' But that doesn't happen for someone who sees the teaching. Who can teach me the Dhamma so that I can see the teaching?"

Then Venerable Channa thought, “The Venerable Ānanda is 4.1
staying near Kosambi, in Ghosita’s Monastery. He’s praised by the
Buddha and esteemed by his sensible spiritual companions. He’s
quite capable of teaching me the Dhamma so that I can see the
teaching. Since I have so much trust in Venerable Ānanda, why
don’t I go to see him?”

Then Channa set his lodgings in order and, taking his bowl 4.5
and robe, set out for Kosambi. He went to see Ānanda in Ghosita’s
Monastery, exchanged greetings with him, and told him what had
happened. Then he said,

“May Venerable Ānanda advise me and instruct me! May he 7.1
give me a Dhamma talk so that I can see the teaching!”

“I’m already delighted with Venerable Channa. Hopefully 8.1
you’ve opened yourself up and cut through your emotional barren-
ness. Listen well, Channa. You are capable of understanding the
teaching.”

Then right away Channa was filled with lofty rapture and joy, 8.4
“It seems I’m capable of understanding the teaching!”

“Reverend Channa, I heard and learned in the presence of the 9.1
Buddha his advice to the mendicant Kaccānagotta:

‘Kaccāna, this world mostly relies on the dual notions of ex- 9.2
istence and non-existence.

But when you truly see the origin of the world with right under- 9.3
standing, you won’t have the notion of non-existence regarding the
world. And when you truly see the cessation of the world with right
understanding, you won’t have the notion of existence regarding
the world.

The world is for the most part shackled by attraction, grasping, 9.5
and insisting.

But if—when it comes to this attraction, grasping, mental 9.6
fixation, insistence, and underlying tendency—you don’t get at-
tracted, grasp, and commit to the notion “my self”, you’ll have no
doubt or uncertainty that what arises is just suffering arising, and

what ceases is just suffering ceasing. Your knowledge about this is independent of others.

- 9.9 This is how right view is defined.
- 9.10 “All exists”: this is one extreme.
- 9.11 “All doesn’t exist”: this is the second extreme.
- 9.12 Avoiding these two extremes, the Realized One teaches by the middle way:
- 9.13 “Ignorance is a condition for choices. Choices are a condition for consciousness. ... That is how this entire mass of suffering originates.
- 9.16 When ignorance fades away and ceases with nothing left over, choices cease. ... That is how this entire mass of suffering ceases.””
- 10.1 “Reverend Ānanda, this is how it is when you have such venerables as spiritual companions to advise and instruct you out of kindness and compassion. And now that I’ve heard this teaching from Venerable Ānanda, I’ve comprehended the teaching.”

SN 22.91

Rāhula

Rāhulasutta

- 1.1 At Sāvattthī.
- 1.2 Then Venerable Rāhula went up to the Buddha, bowed, sat down to one side, and said to him:
- 1.3 “Sir, how does one know and see so that there’s no ego, possessiveness, or underlying tendency to conceit for this conscious body and all external stimuli?”
- 2.1 “Rāhula, one truly sees any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’
- 2.2 One truly sees any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—

with right understanding: ‘This is not mine, I am not this, this is not my self.’

That’s how to know and see so that there’s no ego, possessive- 2.7
ness, or underlying tendency to conceit for this conscious body
and all external stimuli.”

SN 22.92

Rāhula (2nd)

Dutiyarāhulasutta

At Sāvatthī.

1.1

Seated to one side, Rāhula said to the Buddha:

1.2

“Sir, how does one know and see so that the mind is rid of ego, 1.3
possessiveness, and conceit for this conscious body and all external
stimuli; and going beyond discrimination, it’s peaceful and well
freed?”

“Rāhula, when one truly sees any kind of form at all—past, 2.1
future, or present; internal or external; coarse or fine; inferior or
superior; far or near: *all* form—with right understanding: ‘This
is not mine, I am not this, this is not my self,’ one is freed by not
grasping.

One truly sees any kind of feeling ... perception ... choices ... 2.2
When one truly sees any kind of consciousness at all—past, future,
or present; internal or external; coarse or fine; inferior or superior;
far or near: *all* consciousness—with right understanding: ‘This
is not mine, I am not this, this is not my self,’ one is freed by not
grasping.

That’s how to know and see so that the mind is rid of ego, 2.6
possessiveness, and conceit for this conscious body and all external
stimuli; and going beyond discrimination, it’s peaceful and well
freed.”

The Chapter on Flowers

SN 22.93

A River

Nadisutta

1.1 At Sāvatthī.

1.2 “Suppose, mendicants, there was a mountain river that flowed swiftly, going far, carrying all before it. If wild sugarcane, kusa grass, reeds, vetiver, or trees grew on either bank, they’d overhang the river. And if a person who was being swept along by the current grabbed the wild sugarcane, kusa grass, reeds, vetiver, or trees, it’d break off, and they’d come to ruin because of that.

1.3 In the same way, an uneducated ordinary person has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble ones. They’ve not seen good persons, and are neither skilled nor trained in the teaching of the good persons.

1.4 They regard form as self, self as having form, form in self, or self in form. But their form breaks off, and they come to ruin because of that. They regard feeling ... perception ... choices ... consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. But their consciousness breaks off, and they come to ruin because of that.

1.13 What do you think, mendicants? Is form permanent or impermanent?”

1.15 “Impermanent, sir.” ...

“Is feeling ... perception ... choices ... consciousness per- 1.17
manent or impermanent?”

“Impermanent, sir.” 1.21

“So you should truly see ... Seeing this ... They understand: 1.22
‘... there is no return to any state of existence.’”

SN 22.94

Flowers

Pupphasutta

At Sāvatthī. 1.1

“Mendicants, I don’t argue with the world; it’s the world that 1.2
argues with me. When your speech is in line with the teaching you
don’t argue with anyone in the world. What the astute agree on as
not existing, I too say does not exist. What the astute agree on as
existing, I too say exists.

And what do the astute agree on as not existing, which I too 2.1
say does not exist? Form that is permanent, everlasting, eternal,
and imperishable.

Feeling ... 2.3

Perception ... 2.4

Choices ... 2.5

Consciousness that is permanent, everlasting, eternal, and im- 2.6
perishable. This is what the astute agree on as not existing, which I
too say does not exist.

And what do the astute agree on as existing, which I too say 3.1
exists? Form that is impermanent, suffering, and perishable.

Feeling ... Perception ... Choices ... 3.3

Consciousness that is impermanent, suffering, and perishable. 3.4
This is what the astute agree on as existing, which I too say exists.

There is a temporal phenomenon in the world that the Realized 4.1
One understands and comprehends. Then he explains, teaches,
asserts, establishes, clarifies, analyzes, and reveals it.

- 5.1 And what is that temporal phenomenon in the world? Form is a temporal phenomenon in the world that the Realized One understands and comprehends. Then he explains, teaches, asserts, establishes, clarifies, analyzes, and reveals it.
- 6.1 This being so, what can I do about a foolish ordinary person, blind and sightless, who does not know or see?
- 6.2 Feeling ...
- 6.3 Perception ...
- 6.4 Choices ...
- 6.5 Consciousness is a temporal phenomenon in the world that the Realized One understands and comprehends. Then he explains, teaches, asserts, establishes, clarifies, analyzes, and reveals it.
- 7.1 This being so, what can I do about a foolish ordinary person, blind and sightless, who does not know or see?
- 8.1 Suppose there was a blue water lily, or a pink or white lotus. Though it sprouted and grew in the water, it would rise up above the water and stand with no water clinging to it. In the same way, though I was born and grew up in the world, I live having mastered the world, unsullied by the world.”

SN 22.95

A Lump of Foam

Phenapiṇḍūpamasutta

- 1.1 At one time the Buddha was staying near Ayojjhā on the bank of the Ganges river. There the Buddha addressed the mendicants:
- 2.1 “Mendicants, suppose this Ganges river was carrying along a big lump of foam. And a person with good eyesight would see it and contemplate it, examining it carefully. And it would appear to them as completely void, hollow, and insubstantial. For what substance could there be in a lump of foam?
- 2.2 In the same way, a mendicant sees and contemplates any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; near or far—examining it carefully. And

it appears to them as completely void, hollow, and insubstantial.
For what substance could there be in form?

Suppose it was the time of autumn, when the rain was falling 3.1
heavily, and a bubble on the water forms and pops right away.
And a person with good eyesight would see it and contemplate it,
examining it carefully. And it would appear to them as completely
void, hollow, and insubstantial. For what substance could there be
in a water bubble?

In the same way, a mendicant sees and contemplates any kind 3.2
of feeling at all ... examining it carefully. And it appears to them
as completely void, hollow, and insubstantial. For what substance
could there be in feeling?

Suppose that in the last month of summer, at noon, a shimmer- 4.1
ing mirage appears. And a person with good eyesight would see
it and contemplate it, examining it carefully. And it would appear
to them as completely void, hollow, and insubstantial. For what
substance could there be in a mirage?

In the same way, a mendicant sees and contemplates any kind 4.2
of perception at all ... examining it carefully. And it appears to them
as completely void, hollow, and insubstantial. For what substance
could there be in perception?

Suppose there was a person in need of heartwood. Wandering 5.1
in search of heartwood, they'd take a sharp axe and enter a forest.
There they'd see a big banana tree, straight and young and grown
free of defects. They'd cut it down at the base, cut off the top, and
unroll the coiled sheaths. But they wouldn't even find sapwood,
much less heartwood. And a person with good eyesight would see
it and contemplate it, examining it carefully. And it would appear
to them as completely void, hollow, and insubstantial. For what
substance could there be in a banana tree?

In the same way, a mendicant sees and contemplates any kind 5.2
of choices at all ... examining them carefully. And they appear
to them as completely void, hollow, and insubstantial. For what
substance could there be in choices?

6.1 Suppose a magician or their apprentice was to perform a magic trick at the crossroads. And a person with good eyesight would see it and contemplate it, examining it carefully. And it would appear to them as completely void, hollow, and insubstantial. For what substance could there be in a magic trick?

6.2 In the same way, a mendicant sees and contemplates any kind of consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; near or far—examining it carefully. And it appears to them as completely void, hollow, and insubstantial. For what substance could there be in consciousness?

7.1 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they're freed. When they're freed, they know they're freed. They understand: '... there is no return to any state of existence.'

8.1 That is what the Buddha said. Then the Holy One, the Teacher, went on to say:

9.1 "Form is like a lump of foam;
feeling is like a bubble;
perception seems like a mirage;
choices like a banana tree;
and consciousness like a magic trick:
so taught the Kinsman of the Sun.

10.1 However you contemplate them,
examining them carefully,
they're void and hollow
when you look at them closely.

11.1 Concerning this body,
he of vast wisdom has taught
that when three things are given up,
you'll see this form discarded.

12.1 Vitality, warmth, and consciousness:

when they leave the body,
it lies there tossed aside,
food for others, mindless.

Such is this process, 13.1
this illusion, cooed over by fools.
It's said to be a killer,
for no substance is found here.

An energetic mendicant 14.1
should examine the aggregates like this,
with situational awareness and mindfulness
whether by day or by night.

They should give up all fetters, 15.1
and make a refuge for themselves.
They should live as though their head was on fire,
aspiring to the imperishable state."

SN 22.96

A Lump of Cow Dung

Gomayapiṇḍasutta

At Sāvathī. 1.1

Seated to one side, that mendicant said to the Buddha: 1.2

"Sir, is there any form at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever? Is there any feeling ... perception ... choices ... consciousness at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever?" 1.3

"Mendicant, there is no form at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever. There's no feeling ... perception ... choices ... consciousness at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever." 1.8

2.1 Then the Buddha, picking up a lump of cow dung, said to the mendicants:

2.2 “There’s not even this much of any incarnation that’s permanent, everlasting, eternal, imperishable, and will last forever and ever. If there were, this living of the spiritual life for the complete ending of suffering would not be found. But since there isn’t, this living of the spiritual life for the complete ending of suffering is found.

3.1 Once upon a time I was an anointed aristocratic king. I had 84,000 cities, with the capital Kusāvati the foremost. I had 84,000 palaces, with the palace named Principle the foremost. I had 84,000 chambers, with the great foyer the foremost. I had 84,000 couches made of ivory or heartwood or gold or silver, spread with woolen covers—shag-piled or embroidered with flowers—and spread with a fine deer hide, with a canopy above and red pillows at both ends. I had 84,000 bull elephants with gold adornments and banners, covered with gold netting, with the royal bull elephant named Sabbath the foremost. I had 84,000 horses with gold adornments and banners, covered with gold netting, with the royal steed named Thundercloud the foremost. I had 84,000 chariots with gold adornments and banners, covered with gold netting, with the chariot named Triumph the foremost. I had 84,000 jewels, with the jewel-treasure the foremost. I had 84,000 women, with Queen Subhaddā the foremost. I had 84,000 aristocrat vassals, with the counselor-treasure the foremost. I had 84,000 milk cows with silken reins and bronze pails. I had 8,400,000,000 fine cloths of linen, cotton, silk, and wool. I had 84,000 servings of food, which were presented to me as offerings in the morning and evening.

4.1 Of those 84,000 cities, I only stayed in one, the capital Kusāvati. Of those 84,000 mansions, I only dwelt in one, the Palace of Principle. Of those 84,000 chambers, I only dwelt in the great foyer. Of those 84,000 couches, I only used one, made of ivory or heartwood or gold or silver. Of those 84,000 bull elephants, I only rode one, the royal bull elephant named Sabbath. Of those 84,000

horses, I only rode one, the royal horse named Thundercloud. Of those 84,000 chariots, I only rode one, the chariot named Triumph. Of those 84,000 women, I was only served by one, a maiden of the aristocratic or merchant classes. Of those 8,400,000,000 cloths, I only wore one pair, made of fine linen, cotton, silk, and wool. Of those 84,000 servings of food, I only had one, eating at most a serving of rice and suitable sauce.

And so all those conditioned phenomena have passed, ceased, 4.11 and perished. So impermanent are conditions, so unstable are conditions, so unreliable are conditions. This is quite enough for you to become disillusioned, dispassionate, and freed regarding all conditions.”

SN 22.97

A Fingernail

Nakhasikhāsutta

At Sāvattthī. 1.1

Seated to one side, that mendicant said to the Buddha: 1.2

“Sir, is there any form at all that’s permanent, everlasting, eternal, imperishable, and will last forever and ever? Is there any feeling ... perception ... choices ... consciousness at all that’s permanent, everlasting, eternal, imperishable, and will last forever and ever?” 1.3

“Mendicant, there is no form at all that’s permanent, everlasting, eternal, imperishable, and will last forever and ever. There’s no feeling ... perception ... choices ... consciousness at all that’s permanent, everlasting, eternal, imperishable, and will last forever and ever.” 1.8

Then the Buddha, picking up a little bit of dirt under his fingernail, addressed that mendicant: 2.1

“There’s not even this much of any form that’s permanent, everlasting, eternal, imperishable, and will last forever and ever. If there were, this living of the spiritual life for the complete ending 2.2

of suffering would not be found. But since there isn't, this living of the spiritual life for the complete ending of suffering is found.

- 3.1 There's not even this much of any feeling ...
 4.1 perception ...
 4.2 choices ...
 5.1 consciousness that's permanent, everlasting, eternal, imperishable, and will last forever and ever. If there were, this living of the spiritual life for the complete ending of suffering would not be found. But since there isn't, this living of the spiritual life for the complete ending of suffering is found.
- 6.1 What do you think, mendicant? Is form permanent or impermanent?"
- 6.3 "Impermanent, sir."
- 6.4 "Is feeling ... perception ... choices ... consciousness permanent or impermanent?"
- 6.8 "Impermanent, sir." ...
- 6.9 "So you should truly see ... Seeing this ... They understand: '... there is no return to any state of existence.'"

SN 22.98

Plain Version

Suddhikasutta

- 1.1 At Sāvatthī.
- 1.2 Seated to one side, that mendicant said to the Buddha:
- 1.3 "Sir, is there any form at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever? Is there any feeling ... perception ... choices ... consciousness at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever?"
- 1.8 "Mendicant, there is no form at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever. There's no feeling ... perception ... choices ... consciousness at all that's permanent, everlasting, eternal, imperishable, and will last forever and ever."

SN 22.99

A Leash

Gaddulabaddhasutta

At Sāvatthī. 1.1

“Mendicants, transmigration has no known beginning. No 1.2
first point is found of sentient beings roaming and transmigrating,
hindered by ignorance and fettered by craving.

There comes a time when the ocean dries up and evaporates 1.4
and is no more. But still, I say, there is no making an end of suffering
for sentient beings roaming and transmigrating, hindered by
ignorance and fettered by craving.

There comes a time when Sineru the king of mountains is 1.6
burned up and destroyed, and is no more. But still, I say, there
is no making an end of suffering for sentient beings roaming and
transmigrating, hindered by ignorance and fettered by craving.

There comes a time when the great earth is burned up and 1.8
destroyed, and is no more. But still, I say, there is no making an
end of suffering for sentient beings roaming and transmigrating,
hindered by ignorance and fettered by craving.

Suppose a dog on a leash was tethered to a strong post or pillar. 2.1
It would just keep running and circling around that post or pillar.

In the same way, take an uneducated ordinary person who 2.2
has not seen the noble ones, and is neither skilled nor trained in
their teaching. They’ve not seen good persons, and are neither
skilled nor trained in their teaching. They regard form ... feeling
... perception ... choices ... consciousness as self, self as having
consciousness, consciousness in self, or self in consciousness. They
just keep running and circling around form, feeling, perception,
choices, and consciousness. Doing so, they’re not freed from form,
feeling, perception, choices, and consciousness. They’re not freed
from rebirth, old age, and death, from sorrow, lamentation, pain,
sadness, and distress. They’re not freed from suffering, I say.

- 3.1 An educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They've seen good persons, and are skilled and trained in the teaching of the good persons. They don't regard form ... feeling ... perception ... choices ... or consciousness as self, self as having consciousness, consciousness in self, or self in consciousness. They don't keep running and circling around form, feeling, perception, choices, and consciousness. By not doing so, they're freed from form, feeling, perception, choices, and consciousness. They're freed from rebirth, old age, and death, from sorrow, lamentation, pain, sadness, and distress. They're freed from suffering, I say."

SN 22.100

A Leash (2nd)

Dutiyaḡaddulabaddhasutta

- 1.1 At Sāvatthī.
- 1.2 "Mendicants, transmigration has no known beginning. No first point is found of sentient beings roaming and transmigrating, hindered by ignorance and fettered by craving. Suppose a dog on a leash was tethered to a strong post or pillar. Whether walking, standing, sitting, or lying down, it stays right beside that post or pillar.
- 1.5 In the same way, an uneducated ordinary person regards form like this: 'This is mine, I am this, this is my self.' They regard feeling ... perception ... choices ... consciousness like this: 'This is mine, I am this, this is my self.' When walking, they walk right beside the five grasping aggregates. When standing ... sitting ... lying down, they lie down right beside the five grasping aggregates.
- 1.14 So you should regularly check your own mind: 'For a long time this mind has been corrupted by greed, hate, and delusion.' Sentient beings are corrupted because the mind is corrupted. Sentient beings are purified because the mind is purified.
- 2.1 Mendicants, have you seen the picture called 'Conduct'?"

“Yes, sir.” 2.2

“That picture was elaborated by the mind, but the mind is even more elaborate than that. 2.3

So you should regularly check your own mind: ‘For a long time this mind has been corrupted by greed, hate, and delusion.’ Sentient beings are corrupted because the mind is corrupted. Sentient beings are purified because the mind is purified. 2.4

I don’t see any other order of beings as elaborate as the animal realm. The creatures in the animal realm were elaborated by the mind, but the mind is even more elaborate than that. 3.1

So you should regularly check your own mind: ‘For a long time this mind has been corrupted by greed, hate, and delusion.’ Sentient beings are corrupted because the mind is corrupted. Sentient beings are purified because the mind is purified. 3.3

Suppose an artist or painter had some dye, red lac, turmeric, indigo, or rose madder. And on a polished plank or a wall or a canvas they’d create the image of a woman or a man, complete in all its various parts. 4.1

In the same way, when an uneducated ordinary person creates a future life, all they create is form, feeling, perception, choices, and consciousness. 4.2

What do you think, mendicants? Is form permanent or impermanent?” 4.3

“Impermanent, sir.” 4.5

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” ... 4.6

“So you should truly see ... Seeing this ... They understand: ‘... there is no return to any state of existence.’” 4.10

SN 22.101

The Adze

Vāsijaṭasutta

At Sāvatthī. 1.1

- 1.2 “Mendicants, I say that the ending of defilements is for one who knows and sees, not for one who does not know or see. For one who knows and sees what? ‘Such is form, such is the origin of form, such is the ending of form. Such is feeling ... Such is perception ... Such are choices ... Such is consciousness, such is the origin of consciousness, such is the ending of consciousness.’ The ending of the defilements is for one who knows and sees this.
- 2.1 When a mendicant is not committed to development, they might wish: ‘If only my mind was freed from the defilements by not grasping!’ Even so, their mind is not freed from defilements by not grasping. Why is that? It’s because they’re undeveloped. Undeveloped in what? Undeveloped in the four kinds of mindfulness meditation, the four right efforts, the four bases of psychic power, the five faculties, the five powers, the seven awakening factors, and the noble eightfold path.
- 3.1 Suppose there was a chicken with eight or ten or twelve eggs. But she had not properly sat on them to keep them warm and incubated. That chicken might wish: ‘If only my chicks could break out of the eggshell with their claws and beak and hatch safely!’ But they can’t break out and hatch safely. Why is that? Because that chicken with eight or ten or twelve eggs has not properly sat on them to keep them warm and incubated.
- 3.9 In the same way, when a mendicant is not committed to development, they might wish: ‘If only my mind was freed from the defilements by not grasping!’ Even so, their mind is not freed from defilements by not grasping. Why is that? It’s because they’re undeveloped. Undeveloped in what? Undeveloped in the four kinds of mindfulness meditation, the four right efforts, the four bases of psychic power, the five faculties, the five powers, the seven awakening factors, and the noble eightfold path.
- 4.1 When a mendicant is committed to development, they might not wish: ‘If only my mind was freed from the defilements by not grasping!’ Even so, their mind is freed from defilements by not grasping. Why is that? It’s because they’re developed. Developed

in what? Developed in the four kinds of mindfulness meditation, the four right efforts, the four bases of psychic power, the five faculties, the five powers, the seven awakening factors, and the noble eightfold path.

Suppose there was a chicken with eight or ten or twelve eggs. 5.1
And she properly sat on them to keep them warm and incubated. That chicken might not wish: ‘If only my chicks could break out of the eggshell with their claws and beak and hatch safely!’ But still they can break out and hatch safely. Why is that? Because that chicken with eight or ten or twelve eggs properly sat on them to keep them warm and incubated.

In the same way, when a mendicant is committed to develop- 5.9
ment, they might not wish: ‘If only my mind was freed from the defilements by not grasping!’ Even so, their mind is freed from defilements by not grasping. Why is that? It’s because they’re developed. Developed in what? Developed in the four kinds of mindfulness meditation, the four right efforts, the four bases of psychic power, the five faculties, the five powers, the seven awakening factors, and the noble eightfold path.

Suppose a carpenter or their apprentice sees the marks of his 6.1
fingers and thumb on the handle of his adze. They don’t know how much of the handle was worn away today, how much yesterday, and how much previously. They just know what has been worn away.

In the same way, when a mendicant is committed to develop- 6.5
ment, they don’t know how much of the defilements were worn away today, how much yesterday, and how much previously. They just know what has been worn away. Suppose there was a sea-faring ship bound together with ropes. For six months they deteriorated in the water. Then in the cold season it was hauled up on dry land, where the ropes were weathered by wind and sun. When the clouds soaked it with rain, the ropes would readily collapse and rot away. In the same way, when a mendicant is committed to development their fetters readily collapse and rot away.”

SN 22.102

The Perception of Impermanence

Aniccasaññāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, when the perception of impermanence is developed and cultivated it eliminates all desire for sensual pleasures, for rebirth in the realm of luminous form, and for rebirth in a future life. It eliminates all ignorance and eradicates all conceit ‘I am’.

2.1 In the autumn, a farmer ploughing with a large plough shears through all the root networks. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

3.1 A reed-cutter, having cut the reeds, grabs them at the top and shakes them down, shakes them about, and shakes them off. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

4.1 When the stalk of a bunch of mangoes is cut, all the mangoes attached to the stalk will follow along. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

5.1 The rafters of a bungalow all lean to the peak, slope to the peak, and meet at the peak, so the peak is said to be the topmost of them all. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

6.1 Of all kinds of fragrant root, spikenard is said to be the best. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

7.1 Of all kinds of fragrant heartwood, red sandalwood is said to be the best. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

8.1 Of all kinds of fragrant flower, jasmine is said to be the best. In the same way, when the perception of impermanence is developed ... it eradicates all conceit ‘I am’.

All lesser kings are vassals of a wheel-turning monarch, so the wheel-turning monarch is said to be the foremost of them all. In the same way, when the perception of impermanence is developed ... it eradicates all conceit 'I am.' 9.1

The radiance of all the stars is not worth a sixteenth part of the moon's radiance, so the moon's radiance is said to be the best of them all. In the same way, when the perception of impermanence is developed ... it eradicates all conceit 'I am.' 10.1

After the rainy season the sky is clear and cloudless. And when the sun rises, it dispels all the darkness from the sky as it shines and glows and radiates. In the same way, when the perception of impermanence is developed and cultivated it eliminates all desire for sensual pleasures, for rebirth in the realm of luminous form, and for rebirth in a future life. It eliminates all ignorance and eradicates all conceit 'I am.' 11.1

And how is the perception of impermanence developed and cultivated so that ... it eradicates all conceit 'I am'? 'Such is form, such is the origin of form, such is the ending of form. Such is feeling ... Such is perception ... Such are choices ... Such is consciousness, such is the origin of consciousness, such is the ending of consciousness.' 12.1

That's how the perception of impermanence is developed and cultivated so that it eliminates all desire for sensual pleasures, for rebirth in the realm of luminous form, and for rebirth in a future life. That's how it eliminates all ignorance and eradicates all conceit 'I am.'" 12.7

THE FINAL FIFTY

The Chapter on Sides

SN 22.103

Sides

Antasutta

At Sāvattthi.

1.1

“Mendicants, there are these four sides. What four? The side of identity, the side of the origin of identity, the side of the cessation of identity, and the side of the practice that leads to the cessation of identity. And what is the side of identity? It should be said: the five grasping aggregates. What five? That is, the grasping aggregates of form, feeling, perception, choices, and consciousness. This is called the side of identity.

And what is the side of the origin of identity? It’s the craving that leads to future lives, mixed up with relishing and greed, taking pleasure in various different realms. That is, craving for sensual pleasures, craving to continue existence, and craving to end existence. This is called the side of the origin of identity.

And what is the side of the cessation of identity? It’s the fading away and cessation of that very same craving with nothing left over; giving it away, letting it go, releasing it, and not adhering to it. This is called the side of the cessation of identity.

And what is the side of the practice that leads to the cessation of identity? It is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion. This is called

the side of the practice that leads to the cessation of identity. These are the four sides.”

SN 22.104

Suffering

Dukkhasutta

1.1 At Sāvatthī.

1.2 “Mendicants, I will teach you suffering, the origin of suffering, the cessation of suffering, and the practice that leads to the cessation of suffering. Listen ...

1.4 And what is suffering? It should be said: the five grasping aggregates. What five? That is, the grasping aggregates of form, feeling, perception, choices, and consciousness. This is called suffering.

1.9 And what is the origin of suffering? It’s the craving that leads to future lives, mixed up with relishing and greed, looking for enjoyment anywhere it can. That is, craving for sensual pleasures, craving to continue existence, and craving to end existence. This is called the origin of suffering.

1.12 And what is the cessation of suffering? It’s the fading away and cessation of that very same craving with nothing left over; giving it away, letting it go, releasing it, and not adhering to it. This is called the cessation of suffering.

1.15 And what is the practice that leads to the cessation of suffering? It is simply this noble eightfold path, that is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion. This is called the practice that leads to the cessation of suffering.”

SN 22.105

Identity

Sakkāyasutta

At Sāvatthī.

1.1

“Mendicants, I will teach you identity, the origin of identity, 1.2
the cessation of identity, and the practice that leads to the cessation
of identity. Listen ...

And what is identity? It should be said: the five grasping aggre- 1.4
gates. What five? That is, the grasping aggregates of form, feeling,
perception, choices, and consciousness. This is called identity.

And what is the origin of identity? It’s the craving that leads 1.9
to future lives, mixed up with relishing and greed, looking for en-
joyment anywhere it can. That is, craving for sensual pleasures,
craving to continue existence, and craving to end existence. This is
called the origin of identity.

And what is the cessation of identity? It’s the fading away and 1.12
cessation of that very same craving with nothing left over; giving it
away, letting it go, releasing it, and not clinging to it. This is called
the cessation of identity.

And what is the practice that leads to the cessation of iden- 1.15
tity? It is simply this noble eightfold path, that is: right view, right
thought, right speech, right action, right livelihood, right effort,
right mindfulness, and right immersion. This is called the practice
that leads to the cessation of identity.”

SN 22.106

Should Be Completely Understood

Pariññeyyasutta

At Sāvatthī.

1.1

- 1.2 “Mendicants, I will teach you the things that should be completely understood, complete understanding, and the person who has completely understood. Listen ...
- 1.4 And what things should be completely understood? Form, feeling, perception, choices, and consciousness. These are called the things that should be completely understood.
- 1.11 And what is complete understanding? The ending of greed, hate, and delusion. This is called complete understanding.
- 1.14 And what is the person who has completely understood? It should be said: a perfected one, the venerable of such and such name and clan. This is called the person who has completely understood.”

SN 22.107

Ascetics (1st)

Samañasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, there are these five grasping aggregates. What five? That is, the grasping aggregates of form, feeling, perception, choices, and consciousness.
- 1.5 There are ascetics and brahmins who don’t truly understand these five grasping aggregates’ gratification, drawback, and escape ...
- 1.6 There are ascetics and brahmins who do truly understand ...”

SN 22.108

Ascetics (2nd)

Dutiyasamañasutta

- 1.1 At Sāvatthī.

“Mendicants, there are these five grasping aggregates. What 1.2
five? That is, the grasping aggregates of form, feeling, perception,
choices, and consciousness.

There are ascetics and brahmins who don’t truly understand 1.5
these five grasping aggregates’ origin, ending, gratification, draw-
back, and escape ... Those venerables don’t realize the goal of life
as an ascetic or brahmin ...

There are ascetics and brahmins who do truly understand ... 1.6
Those venerables realize the goal of life as an ascetic or brahmin,
and live having realized it with their own insight.”

SN 22.109

A Stream-Enterer

Sotāppanasutta

At Sāvatthī. 1.1

“Mendicants, there are these five grasping aggregates. What 1.2
five? That is, the grasping aggregates of form, feeling, perception,
choices, and consciousness. A noble disciple comes to truly under-
stand these five grasping aggregates’ origin, ending, gratification,
drawback, and escape. Such a noble disciple is called a stream-
enterer, not liable to be reborn in the underworld, bound for awak-
ening.”

SN 22.110

A Perfected One

Arahantasutta

At Sāvatthī. 1.1

“Mendicants, there are these five grasping aggregates. What 1.2
five? That is, the grasping aggregates of form, feeling, perception,
choices, and consciousness. A mendicant comes to be freed by not
grasping after truly understanding these five grasping aggregates’

origin, ending, gratification, drawback, and escape. Such a mendicant is called a perfected one, with defilements ended, who has completed the spiritual journey, done what had to be done, laid down the burden, achieved their own true goal, utterly ended the fetters of rebirth, and is rightly freed through enlightenment.”

SN 22.111

Giving Up Desire

Chandappahānasutta

1.1 At Sāvatthī.

1.2 “Mendicants, you should give up any desire, greed, relishing, and craving for form. Thus that form will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.

1.4 You should give up any desire, greed, relishing, and craving for feeling ... perception ... choices ... consciousness. Thus that consciousness will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.”

SN 22.112

Giving Up Desire (2nd)

Dutiyachandappahānasutta

1.1 At Sāvatthī.

1.2 “Mendicants, you should give up any desire, greed, relishing, and craving for form; and any attraction, grasping, mental fixation, insistence, and underlying tendencies. Thus that form will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.

1.4 You should give up any desire, greed, relishing, and craving for feeling ... perception ... choices ... consciousness; and any attraction, grasping, mental fixation, insistence, and underlying

tendencies. Thus that consciousness will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.”

The Chapter on a Dhamma Speaker

SN 22.113

Ignorance

Avijjāsutta

1.1 At Sāvatthī.

1.2 Then a mendicant went up to the Buddha and said to him:

1.4 “Sir, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?”

1.7 “Mendicant, it’s when an uneducated ordinary person doesn’t understand form, its origin, its cessation, and the practice that leads to its cessation. They don’t understand feeling ... perception ... choices ... consciousness, its origin, its cessation, and the practice that leads to its cessation.

1.12 This is called ignorance. And this is how an ignorant person is defined.”

SN 22.114

Knowledge

Vijjāsutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

“Sir, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?” 1.3

“Mendicant, it’s when an educated noble disciple understands form, its origin, its cessation, and the practice that leads to its cessation. They understand feeling ... perception ... choices ... consciousness, its origin, its cessation, and the practice that leads to its cessation. 1.6

This is called knowledge. And this is how a knowledgeable person is defined.” 1.11

SN 22.115

A Dhamma speaker

Dhammakathikasutta

At Sāvatthī. 1.1

Seated to one side, that mendicant said to the Buddha: 1.2

“Sir, they speak of a ‘Dhamma speaker’. How is a Dhamma speaker defined?” 1.3

“Mendicant, if a mendicant teaches Dhamma for disillusionment, dispassion, and cessation regarding form, they’re qualified to be called a ‘mendicant who speaks on Dhamma’. 1.5

If they practice for disillusionment, dispassion, and cessation regarding form, they’re qualified to be called a ‘mendicant who practices in line with the teaching’. 1.6

If they’re freed by not grasping by disillusionment, dispassion, and cessation regarding form, they’re qualified to be called a ‘mendicant who has attained extinguishment in this very life’. 1.7

If a mendicant teaches Dhamma for disillusionment with feeling ... perception ... choices ... consciousness, for its fading away and cessation, they’re qualified to be called a ‘mendicant who speaks on Dhamma’. 1.8

If they practice for disillusionment, dispassion, and cessation regarding consciousness, they’re qualified to be called a ‘mendicant who practices in line with the teaching’. 1.12

- 1.13 If they're freed by not grasping by disillusionment, dispassion, and cessation regarding consciousness, they're qualified to be called a 'mendicant who has attained extinguishment in this very life.'"

SN 22.116

A Dhamma speaker (2nd)

Dutiyadhammakathikasutta

- 1.1 At Sāvattḥī.
- 1.2 Seated to one side, that mendicant said to the Buddha:
- 1.3 "Sir, they speak of a 'Dhamma speaker'. How is a Dhamma speaker defined? How is a mendicant who practices in line with the teaching defined? And how is a mendicant who has attained extinguishment in this very life defined?"
- 1.6 "Mendicant, if a mendicant teaches Dhamma for disillusionment, dispassion, and cessation regarding form, they're qualified to be called a 'mendicant who speaks on Dhamma'.
- 1.7 If they practice for disillusionment, dispassion, and cessation regarding form, they're qualified to be called a 'mendicant who practices in line with the teaching'.
- 1.8 If they're freed by not grasping by disillusionment, dispassion, and cessation regarding form, they're qualified to be called a 'mendicant who has attained extinguishment in this very life'.
- 1.9 If a mendicant teaches Dhamma for disillusionment with feeling ... perception ... choices ... consciousness, for its fading away and cessation, they're qualified to be called a 'mendicant who speaks on Dhamma'.
- 1.13 If they practice for disillusionment, dispassion, and cessation regarding consciousness, they're qualified to be called a 'mendicant who practices in line with the teaching'.
- 1.14 If they're freed by not grasping by disillusionment, dispassion, and cessation regarding consciousness, they're qualified to be

called a ‘mendicant who has attained extinguishment in this very life.’”

SN 22.117

Shackles

Bandhanasutta

At Sāvattthī.

1.1

“Mendicants, take an uneducated ordinary person who has not seen the noble ones, and is neither skilled nor trained in the teaching of the noble ones. They’ve not seen good persons, and are neither skilled nor trained in the teaching of the good persons. They regard form as self, self as having form, form in self, or self in form. They’re called an uneducated ordinary person who is bound to form, inside and out. They see neither the near shore nor the far shore. They’re born in bonds and die in bonds, and in bonds they go from this world to the next.

1.2

They regard feeling ... perception ... choices ... consciousness as self. They’re called an uneducated ordinary person who is bound to consciousness, inside and out. They see neither the near shore nor the far shore. They’re born in bonds and die in bonds, and in bonds they go from this world to the next.

1.5

An educated noble disciple has seen the noble ones, and is skilled and trained in the teaching of the noble ones. They’ve seen good persons, and are skilled and trained in the teaching of the good persons. They don’t regard form as self, self as having form, form in self, or self in form. They’re called an educated noble disciple who is not bound to form, inside or out. They see the near shore and the far shore. They’re exempt from suffering, I say.

2.1

They don’t regard feeling ... perception ... choices ... consciousness as self. They’re called an educated noble disciple who is not bound to consciousness, inside or out. They see the near shore and the far shore. They’re exempt from suffering, I say.”

2.4

SN 22.118

Questioning

Paripucchitasutta

1.1 At Sāvatthī.

1.2 “What do you think, mendicants? Do you regard form like this: ‘This is mine, I am this, this is my self’?”

1.4 “No, sir.”

1.5 “Good, mendicants! Form should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ Do you regard feeling ... perception ... choices ... consciousness like this: ‘This is mine, I am this, this is my self’?”

1.11 “No, sir.”

1.12 “Good, mendicants! Consciousness should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

1.14 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.119

Questioning (2nd)

Dutiya-paripucchitasutta

1.1 At Sāvatthī.

1.2 “What do you think, mendicants? Do you regard form like this: ‘This is not mine, I am not this, this is not my self’?”

1.4 “Yes, sir.”

1.5 “Good, mendicants! Form should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ Do you regard feeling ... perception ... choices ... consciousness like this: ‘This is not mine, I am not this, this is not my self’?”

1.11 “Yes, sir.”

“Good, mendicants! Consciousness should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ 1.12

Seeing this ... They understand: ‘... there is no return to any state of existence.’” 1.14

SN 22.120

Things Prone To Being Fettered

Samyojaniyasutta

At Sāvatthī. 1.1

“Mendicants, I will teach you the things that are prone to being fettered, and the fetter. Listen ... 1.2

What are the things that are prone to being fettered? And what is the fetter? 1.4

Form is something that’s prone to being fettered. The desire and greed for it is the fetter. 1.5

Feeling ... 1.7

Perception ... 1.8

Choices ... 1.9

Consciousness is something that’s prone to being fettered. The desire and greed for it is the fetter. 1.10

These are called the things that are prone to being fettered, and this is the fetter.” 1.12

SN 22.121

Things Prone To Being Grasped

Upādāṇiyasutta

At Sāvatthī. 1.1

“Mendicants, I will teach you the things that are prone to being grasped, and the grasping. Listen ... 1.2

- 1.4 What are the things that are prone to being grasped? And what is the grasping?
- 1.5 Form is something that's prone to being grasped. The desire and greed for it is the grasping.
- 1.7 Feeling ...
- 1.8 Perception ...
- 1.9 Choices ...
- 1.10 Consciousness is something that's prone to being grasped. The desire and greed for it is the grasping.
- 1.12 These are called the things that are prone to being grasped, and this is the grasping."

SN 22.122

An Ethical Mendicant

Sīlavantasutta

- 1.1 At one time Venerable Sāriputta and Venerable Mahākoṭṭhita were staying near Benares, in the deer park at Isipatana. Then in the late afternoon, Venerable Mahākoṭṭhita came out of retreat, went to Venerable Sāriputta, and said:
- 1.3 "Reverend Sāriputta, what things should an ethical mendicant properly attend to?"
- 1.4 "Reverend Koṭṭhita, an ethical mendicant should properly attend to the five grasping aggregates as impermanent, as suffering, as diseased, as a boil, as a dart, as misery, as an affliction, as alien, as falling apart, as empty, as not-self. What five? That is, the grasping aggregates of form, feeling, perception, choices, and consciousness. An ethical mendicant should properly attend to these five grasping aggregates as impermanent, as suffering, as diseased, as a boil, as a dart, as misery, as an affliction, as alien, as falling apart, as empty, as not-self. It's possible that an ethical mendicant who properly attends to the five grasping aggregates will realize the fruit of stream-entry."

“But Reverend Sāriputta, what things should a mendicant stream-enterer properly attend to?” 2.1

“A mendicant stream-enterer should also properly attend to these five grasping aggregates as impermanent ... as not-self. It’s possible that a mendicant stream-enterer who properly attends to the five grasping aggregates will realize the fruit of once-return.” 2.2

“But Reverend Sāriputta, what things should a mendicant once-returner properly attend to?” 3.1

“A mendicant once-returner should also properly attend to these five grasping aggregates as impermanent ... as not-self. It’s possible that a mendicant once-returner who properly attends to the five grasping aggregates will realize the fruit of non-return.” 3.2

“But Reverend Sāriputta, what things should a mendicant non-returner properly attend to?” 4.1

“A mendicant non-returner should also properly attend to these five grasping aggregates as impermanent ... as not-self. It’s possible that a mendicant non-returner who properly attends to the five grasping aggregates will realize perfection.” 4.2

“But Reverend Sāriputta, what things should a perfected one properly attend to?” 5.1

“Reverend Koṭṭhita, a perfected one should also properly attend to the five grasping aggregates as impermanent, as suffering, as diseased, as a boil, as a dart, as misery, as an affliction, as alien, as falling apart, as empty, as not-self. A perfected one has nothing more to do, and nothing that needs improvement. Still, these things, when developed and cultivated, lead to blissful meditation in the present life, and also to mindfulness and situational awareness.” 5.2

SN 22.123

Educated

Sutavantasutta

- 1.1 At one time Venerable Sāriputta and Venerable Mahākoṭṭhita were staying near Benares, in the deer park at Isipatana. Then in the late afternoon, Venerable Mahākoṭṭhita came out of retreat, went to Venerable Sāriputta, bowed, sat down to one side, and said:
- 2.1 “Reverend Sāriputta, what things should an educated mendicant properly attend to?”
- 2.2 “An educated mendicant should properly attend to these five grasping aggregates as impermanent ... as not-self. What five? That is, the grasping aggregates of form, feeling, perception, choices, and consciousness. An educated mendicant should properly attend to these five grasping aggregates as impermanent ... as not-self. It’s possible that an educated mendicant who properly attends to the five grasping aggregates will realize the fruit of stream-entry.”
- 3.1 “But Reverend Sāriputta, what things should a mendicant stream-enterer properly attend to?”
- 3.2 “A mendicant stream-enterer should also properly attend to these five grasping aggregates as impermanent ... as not-self. It’s possible that a mendicant stream-enterer who properly attends to the five grasping aggregates will realize the fruit of once-return.” ... “It’s possible that a mendicant once-returner who properly attends to the five grasping aggregates will realize the fruit of non-return.” ... “It’s possible that a mendicant non-returner who properly attends to the five grasping aggregates will realize the fruit of perfection.” ...
- 4.1 “But Reverend Sāriputta, what things should a perfected one properly attend to?”
- 4.2 “Reverend Koṭṭhita, a perfected one should properly attend to the five grasping aggregates as impermanent, as suffering, as diseased, as a boil, as a dart, as misery, as an affliction, as alien, as falling apart, as empty, as not-self. A perfected one has nothing more to

do, and nothing that needs improvement. Still, these things, when developed and cultivated, lead to blissful meditation in the present life, and also to mindfulness and situational awareness.”

SN 22.124

With Kappa

Kappasutta

At Sāvattḥi.

1.1

Then Venerable Kappa went up to the Buddha, bowed, sat down to one side, and said to him:

“Sir, how does one know and see so that there’s no ego, possessiveness, or underlying tendency to conceit for this conscious body and all external stimuli?”

“Kappa, one truly sees any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’

One truly sees any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’

That’s how to know and see so that there’s no ego, possessiveness, or underlying tendency to conceit for this conscious body and all external stimuli.”

SN 22.125

With Kappa (2nd)

Dutiyakappasutta

At Sāvattḥi.

1.1

Seated to one side, Venerable Kappa said to the Buddha:

1.2

- 1.3 “Sir, how does one know and see so that the mind is rid of ego, possessiveness, and conceit for this conscious body and all external stimuli; and going beyond discrimination, it’s peaceful and well freed?”
- 2.1 “Kappa, one is freed by not grasping having truly seen any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’
- 2.2 One is freed by not grasping having truly seen any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’
- 2.6 That’s how to know and see so that the mind is rid of ego, possessiveness, and conceit for this conscious body and all external stimuli; and going beyond discrimination, it’s peaceful and well freed.”

The Chapter on Ignorance

SN 22.126

Liab To Originate

Samudayadhammasutta

At Sāvatthī.

1.1

Then a mendicant went up to the Buddha, bowed, sat down to one side, and said to him: 1.2

“Sir, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?” 1.3

“Mendicant, it’s when an uneducated ordinary person doesn’t truly understand form, which is liable to originate, as form which is liable to originate. They don’t truly understand form, which is liable to vanish, as form which is liable to vanish. They don’t truly understand form, which is liable to originate and vanish, as form which is liable to originate and vanish. 2.1

They don’t truly understand feeling ... perception ... choices ... consciousness, which is liable to originate, as consciousness which is liable to originate. They don’t truly understand consciousness, which is liable to vanish, as consciousness which is liable to vanish. They don’t truly understand consciousness, which is liable to originate and vanish, as consciousness which is liable to originate and vanish. 2.4

This is called ignorance. And this is how an ignorant person is defined.” 2.14

When he said this, the mendicant said to the Buddha: 3.1

3.2 “Sir, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?”

4.1 “Mendicant, it’s when an educated noble disciple truly understands form, which is liable to originate, as form which is liable to originate. They truly understand form, which is liable to vanish, as form which is liable to vanish. They truly understand form, which is liable to originate and vanish, as form which is liable to originate and vanish.

4.4 They truly understand feeling ... perception ... choices ... consciousness, which is liable to originate, as consciousness which is liable to originate. They truly understand consciousness, which is liable to vanish, as consciousness which is liable to vanish. They truly understand consciousness, which is liable to originate and vanish, as consciousness which is liable to originate and vanish.

4.14 This is called knowledge. And this is how a knowledgeable person is defined.”

SN 22.127

LiabLe To Originate (2nd)

Dutiyasamudayadhammasutta

1.1 At one time Venerable Sāriputta and Venerable Mahākōṭṭhita were staying near Benares, in the deer park at Isipatana. ...

1.2 Mahākōṭṭhita said to Sāriputta:

1.3 “Reverend Sāriputta, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?”

2.1 “Reverend, it’s when an uneducated ordinary person doesn’t truly understand form, which is liable to originate ... liable to vanish ... liable to originate and vanish, as form which is liable to originate and vanish.

2.2 They don’t truly understand feeling ... perception ... choices ... consciousness, which is liable to originate ... liable to vanish ... liable to originate and vanish, as consciousness which is liable to originate and vanish.

This is called ignorance. And this is how an ignorant person is defined.” 2.6

SN 22.128

Liabable To Originate (3rd)

Tatīyasamudayaḍhammasutta

At one time Venerable Sāriputta and Venerable Mahākotṭhita were staying near Benares, in the deer park at Isipatana. ... 1.1

Mahākotṭhita said to Sāriputta: 1.2

“Reverend Sāriputta, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?” 1.3

“Reverend, it’s when an educated noble disciple truly understands form, which is liable to originate ... liable to vanish ... liable to originate and vanish, as form which is liable to originate and vanish. 2.1

They truly understand feeling ... perception ... choices ... consciousness, which is liable to originate ... liable to vanish ... liable to originate and vanish, as consciousness which is liable to originate and vanish. 2.2

This is called knowledge. And this is how a knowledgeable person is defined.” 2.6

SN 22.129

Gratification

Assāḍasutta

At Benares. Mahākotṭhita said to Sāriputta: 1.1

“Reverend Sāriputta, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?” 1.3

- 2.1 “Reverend, an uneducated ordinary person doesn’t truly understand the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.
- 2.6 This is called ignorance. And this is how an ignorant person is defined.”

SN 22.130

Gratification (2nd)

Dutiyaassādasutta

- 1.1 At Benares.
- 1.2 “Reverend Sāriputta, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?”
- 2.1 “Reverend, an educated noble disciple truly understands the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.
- 2.6 This is called knowledge. And this is how a knowledgeable person is defined.”

SN 22.131

Origin

Samudayasutta

- 1.1 At Benares.
- 1.2 “Reverend Sāriputta, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?”
- 2.1 “Reverend, an uneducated ordinary person doesn’t truly understand the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.
- 2.6 This is called ignorance. And this is how an ignorant person is defined.”

SN 22.132

Origin (2nd)

Dutiyasamudayasutta

At Benares. Mahākoṭṭhita said to Sāriputta: 1.1

“Reverend Sāriputta, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?” 1.3

“Reverend, an educated noble disciple truly understands the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness. 2.1

This is called knowledge. And this is how a knowledgeable person is defined.” 2.6

SN 22.133

With Koṭṭhita

Koṭṭhikasutta

At Benares. Sāriputta said to Mahākoṭṭhita: 1.1

“Reverend Koṭṭhita, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?” 1.4

“Reverend, an uneducated ordinary person doesn’t truly understand the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness. 2.1

This is called ignorance. And this is how an ignorant person is defined.” 2.6

When he said this, Venerable Sāriputta said to him: 3.1

“Reverend Koṭṭhita, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?” 3.2

“Reverend, an educated noble disciple truly understands the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness. 4.1

- 4.6 This is called knowledge. And this is how a knowledgeable person is defined.”

SN 22.134

With Koṭṭhita (2nd)

Dutiyakoṭṭhikasutta

- 1.1 At Benares.
- 1.2 “Reverend Koṭṭhita, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?”
- 2.1 “Reverend, an uneducated ordinary person doesn’t truly understand the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.
- 2.6 This is called ignorance. And this is how an ignorant person is defined.”
- 3.1 When he said this, Venerable Sāriputta said to him:
- 3.2 “Reverend Koṭṭhita, they speak of this thing called ‘knowledge’. What is knowledge? And how is a knowledgeable person defined?”
- 4.1 “Reverend, an educated noble disciple truly understands the origin, the ending, the gratification, the drawback, and the escape when it comes to form, feeling, perception, choices, and consciousness.
- 4.6 This is called knowledge. And this is how a knowledgeable person is defined.”

SN 22.135

With Koṭṭhita (3rd)

Tatiyakōṭṭhikasutta

- 1.1 The same setting. Sāriputta said to Mahākoṭṭhita:
- 1.3 “Reverend Koṭṭhita, they speak of this thing called ‘ignorance’. What is ignorance? And how is an ignorant person defined?”

“Reverend, it’s when an uneducated ordinary person doesn’t 2.1
understand form, its origin, its cessation, and the practice that leads
to its cessation. They don’t understand feeling ... perception ...
choices ... consciousness, its origin, its cessation, and the practice
that leads to its cessation.

This is called ignorance. And this is how an ignorant person is 2.6
defined.”

When he said this, Venerable Sāriputta said to him: 3.1

“Reverend Kotṭhita, they speak of this thing called ‘knowledge’ 3.2
What is knowledge? And how is a knowledgeable person defined?”

“Reverend, it’s when an educated noble disciple understands 4.1
form, its origin, its cessation, and the practice that leads to its ces-
sation. They understand feeling ... perception ... choices ... con-
sciousness, its origin, its cessation, and the practice that leads to its
cessation.

This is called knowledge. And this is how a knowledgeable 4.6
person is defined.”

The Chapter on Burning Chaff

SN 22.136

Burning Chaff

Kukkūlasutta

1.1 At Sāvatthī.

1.2 “Mendicants, form, feeling, perception, choices, and consciousness are burning chaff.

1.3 Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed.

1.5 They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is no return to any state of existence.’”

SN 22.137

Impermanence

Aniccāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, you should give up desire for what is impermanent.

And what is impermanent? Form is impermanent; you should	1.3
give up desire for it.	
Feeling ...	1.5
Perception ...	1.6
Choices ...	1.7
Consciousness is impermanent; you should give up desire for	1.8
it.	
You should give up desire for what is impermanent.”	1.9

SN 22.138

Impermanence (2nd)

Dutiyaaniccassutta

At Sāvatthī.	1.1
“Mendicants, you should give up greed for what is imper-	1.2
manent. And what is impermanent?	
Form is impermanent; you should give up greed for it.	1.4
Feeling ...	1.5
Perception ...	1.6
Choices ...	1.7
Consciousness is impermanent; you should give up greed for	1.8
it.	
You should give up greed for what is impermanent.”	1.9

SN 22.139

Impermanence (3rd)

Tatiyaaniccassutta

At Sāvatthī.	1.1
“Mendicants, you should give up desire and greed for what is	1.2
impermanent. And what is impermanent?	
Form is impermanent; you should give up desire and greed for	1.4
it.	

- 1.5 Feeling ...
- 1.6 Perception ...
- 1.7 Choices ...
- 1.8 Consciousness is impermanent; you should give up desire and greed for it.
- 1.9 You should give up desire and greed for what is impermanent.”

SN 22.140

Suffering

Dukkhasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, you should give up desire for what is suffering.
...”

SN 22.141

Suffering (2nd)

Dutiyadukkhasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, you should give up greed for what is suffering.
...”

SN 22.142

Suffering (3rd)

Tatiyadukkhasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, you should give up desire and greed for what is suffering. ...”

SN 22.143

Not-Self

Anattasutta

At Sāvatthī. 1.1
 “Mendicants, you should give up desire for what is not-self. 1.2
 ...”

SN 22.144

Not-Self (2nd)

Dutiyaanattasutta

At Sāvatthī. 1.1
 “Mendicants, you should give up greed for what is not-self. ...” 1.2

SN 22.145

Not-Self (3rd)

Tatiyaanattasutta

At Sāvatthī. 1.1
 “Mendicants, you should give up desire and greed for what is 1.2
 not-self. ...”

SN 22.146

Full of Disillusionment

Nibbidābahulasutta

At Sāvatthī. 1.1
 “Mendicants, when a gentleman has gone forth out of faith, 1.2
 this is what’s in line with the teachings. They should live full of
 disillusionment for form, feeling, perception, choices, and con-
 sciousness. Living in this way, they completely understand form,

feeling, perception, choices, and consciousness. Completely understanding form, feeling, perception, choices, and consciousness, they're freed from these things. They're freed from rebirth, old age, and death, from sorrow, lamentation, pain, sadness, and distress. They're freed from suffering, I say."

SN 22.147

Observing Impermanence

Aniccānupassīutta

1.1 At Sāvatthī.

1.2 "Mendicants, when a gentleman has gone forth out of faith, this is what's in line with the teachings. They should live observing impermanence in form, feeling, perception, choices, and consciousness. ... They're freed from suffering, I say."

SN 22.148

Observing Suffering

Dukkhānupassīutta

1.1 At Sāvatthī.

1.2 "Mendicants, when a gentleman has gone forth out of faith, this is what's in line with the teachings. They should live observing suffering in form, feeling, perception, choices, and consciousness. ... They're freed from suffering, I say."

SN 22.149

Observing Not-Self

Anattānupassīutta

1.1 At Sāvatthī.

“Mendicants, when a gentleman has gone forth out of faith, ^{1.2} this is what’s in line with the teachings. They should live observing not-self in form, feeling, perception, choices, and consciousness. ... They’re freed from suffering, I say.”

The Chapter on Views

SN 22.150

In Oneself

Ajjhattasutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what, do pleasure and pain arise in oneself?”

1.3 “Our teachings are rooted in the Buddha. ...”

1.4 “When form exists, because of grasping form, pleasure and pain arise in oneself. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness, pleasure and pain arise in oneself.

1.9 What do you think, mendicants? Is form permanent or impermanent?”

1.11 “Impermanent, sir.”

1.12 “But if it’s impermanent, is it suffering or happiness?”

1.13 “Suffering, sir.”

1.14 “But by not grasping what’s impermanent, suffering, and perishable, would pleasure and pain arise in oneself?”

1.15 “No, sir.”

1.16 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

1.20 “Impermanent, sir.”

1.21 “But if it’s impermanent, is it suffering or happiness?”

1.22 “Suffering, sir.”

“But by not grasping what’s impermanent, suffering, and per- 1.23
ishable, would pleasure and pain arise in oneself?”

“No, sir.” 1.24

“Seeing this ... They understand: ‘... there is no return to any 1.25
state of existence.’”

SN 22.151

This Is Mine

Etammamasutta

At Sāvatthī. 1.1

“Mendicants, when what exists, because of grasping what and 1.2
insisting on what, does someone regard things like this: ‘This is
mine, I am this, this is my self’?”

“Our teachings are rooted in the Buddha. ...” 1.4

“When form exists, because of grasping form and insisting 1.5
on form ... When consciousness exists, because of grasping con-
sciousness and insisting on consciousness, someone regards it like
this: ‘This is mine, I am this, this is my self.’

What do you think, mendicants? Is form permanent or imper- 1.8
manent?”

“Impermanent, sir.” ... 1.10

“But by not grasping what’s impermanent, suffering, and per- 1.11
ishable, would you regard it like this: ‘This is mine, I am this, this
is my self’?”

“No, sir.” 1.12

“Is feeling ... perception ... choices ... consciousness per- 1.13
manent or impermanent?”

“Impermanent, sir.” ... 1.17

“But by not grasping what’s impermanent, suffering, and per- 1.18
ishable, would you regard it like this: ‘This is mine, I am this, this
is my self’?”

“No, sir.” 1.19

- 1.20 “Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.152

This Is My Self

Soattāsutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable?’”
- 1.4 “Our teachings are rooted in the Buddha. ...”
- 1.5 “When form exists, because of grasping form and insisting on form, the view arises: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable.’
- 2.1 What do you think, mendicants? Is form permanent or impermanent?”
- 2.3 “Impermanent, sir.”
- 2.4 “But if it’s impermanent, is it suffering or happiness?”
- 2.5 “Suffering, sir.”
- 2.6 “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable?’”
- 2.8 “No, sir.”
- 2.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 2.13 “Impermanent, sir.”

- “But if it’s impermanent, is it suffering or happiness?” 2.14
- “Suffering, sir.” 2.15
- “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘The self and the cosmos are one and the same. After passing away I will be permanent, everlasting, eternal, and imperishable?’” 2.16
- “No, sir.” 2.18
- “Seeing this ... They understand: ‘... there is no return to any state of existence.’” 2.19

SN 22.153

It Might Not Be Mine

Nocamesiyāsutta

- At Sāvatthī. 1.1
- “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘I might not be, and it might not be mine. I will not be, and it will not be mine’?” 1.2
- “Our teachings are rooted in the Buddha. ...” 1.4
- “When form exists, because of grasping form and insisting on form, the view arises: ‘I might not be, and it might not be mine. I will not be, and it will not be mine.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘I might not be, and it might not be mine. I will not be, and it will not be mine.’” 1.5
- What do you think, mendicants? Is form permanent or impermanent?” 1.12
- “Impermanent, sir.” 1.14
- “But if it’s impermanent, is it suffering or happiness?” 1.15
- “Suffering, sir.” 1.16
- “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘I might not be, and it might not be mine. I will not be, and it will not be mine’?” 1.17
- “No, sir.” 1.19

- 1.20 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 1.24 “Impermanent, sir.”
- 1.25 “But if it’s impermanent, is it suffering or happiness?”
- 1.26 “Suffering, sir.”
- 1.27 “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘I might not be, and it might not be mine. I will not be, and it will not be mine?’”
- 1.29 “No, sir.”
- 1.30 “Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.154

Wrong View

Micchādiṭṭhisutta

- 1.1 At Sāvattthī.
- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does wrong view arise?”
- 1.3 “Our teachings are rooted in the Buddha. ...”
- 1.4 “When form exists, because of grasping form and insisting on form, wrong view arises. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, wrong view arises.
- 1.9 What do you think, mendicants? Is form permanent or impermanent?”
- 1.11 “Impermanent, sir.” ...
- 1.12 “But by not grasping what’s impermanent, suffering, and perishable, would wrong view arise?”
- 1.14 “No, sir.”
- 1.15 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 1.19 “Impermanent, sir.”
- 1.20 “But if it’s impermanent, is it suffering or happiness?”

- “Suffering, sir.” 1.21
- “But by not grasping what’s impermanent, suffering, and perishable, would wrong view arise?” 1.22
- “No, sir.” 1.23
- “Seeing this ... They understand: ‘... there is no return to any state of existence.’” 1.24

SN 22.155

Identity View

Sakkāyadiṭṭhisutta

- At Sāvattḥī. 1.1
- “Mendicants, when what exists, because of grasping what and insisting on what, does identity view arise?” 1.2
- “Our teachings are rooted in the Buddha. ...” 1.3
- “When form exists, because of grasping form and insisting on form, identity view arises. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, identity view arises. 1.4
- What do you think, mendicants? Is form permanent or impermanent?” 1.9
- “Impermanent, sir.” ... 1.11
- “But by not grasping what’s impermanent, suffering, and perishable, would identity view arise?” 1.12
- “No, sir.” 1.14
- “Is feeling ... perception ... choices ... consciousness permanent or impermanent?” 1.15
- “Impermanent, sir.” ... 1.19
- “But by not grasping what’s impermanent, suffering, and perishable, would identity view arise?” 1.20
- “No, sir.” 1.22
- “Seeing this ... They understand: ‘... there is no return to any state of existence.’” 1.23

SN 22.156

View of Self

Attānudiṭṭhisutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does view of self arise?”

1.3 “Our teachings are rooted in the Buddha. ...”

1.4 “When form exists, because of grasping form and insisting on form, view of self arises. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, view of self arises.

1.9 What do you think, mendicants? Is form permanent or impermanent?”

1.11 “Impermanent, sir.” ...

1.12 “But by not grasping what’s impermanent, suffering, and perishable, would view of self arise?”

1.14 “No, sir.”

1.15 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

1.19 “Impermanent, sir.” ...

1.20 “But by not grasping what’s impermanent, suffering, and perishable, would view of self arise?”

1.22 “No, sir.”

1.23 “Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.157

Insistence

Abhinivesasutta

1.1 At Sāvatthī.

“Mendicants, when what exists, because of grasping what and insisting on what, do fetters, insistence, and shackles arise?” 1.2

“Our teachings are rooted in the Buddha. ...” 1.3

“When form exists, because of grasping form and insisting on form, fetters, insistence, and shackles arise. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, fetters, insistence, and shackles arise. 1.4

What do you think, mendicants? Is form permanent or impermanent?” 1.9

“Impermanent, sir.” ... 1.11

“But by not grasping what’s impermanent, suffering, and perishable, would fetters, insistence, and shackles arise?” 1.12

“No, sir.” ... 1.14

“Seeing this ... They understand: ‘... there is no return to any state of existence.’” 1.15

SN 22.158

Insistence (2nd)

Dutiyaabhinivesasutta

At Sāvattḥī. 1.1

“Mendicants, when what exists, because of grasping what and insisting on what, do fetters, insistence, shackles, and attachments arise?” 1.2

“Our teachings are rooted in the Buddha. ...” 1.3

“When form exists, because of grasping form and insisting on form, fetters, insistence, shackles, and attachments arise. When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, fetters, insistence, shackles, and attachments arise. 1.4

What do you think, mendicants? Is form permanent or impermanent?” 1.9

“Impermanent, sir.” ... 1.11

- 1.12 “But by not grasping what’s impermanent, suffering, and perishable, would fetters, insistence, shackles, and attachments arise?”
- 1.14 “No, sir.”
- 1.15 “Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 22.159

With Ānanda

Ānandasutta

- 1.1 At Sāvatthī.
- 1.2 Then Venerable Ānanda went up to the Buddha, bowed, sat down to one side, and said to him:
- 1.3 “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- 2.1 “What do you think, Ānanda? Is form permanent or impermanent?”
- 2.3 “Impermanent, sir.”
- 2.4 “But if it’s impermanent, is it suffering or happiness?”
- 2.5 “Suffering, sir.”
- 2.6 “But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?”
- 2.8 “No, sir.”
- 2.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 2.13 “Impermanent, sir.”
- 2.14 “But if it’s impermanent, is it suffering or happiness?”
- 2.15 “Suffering, sir.”
- 2.16 “But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self’?”
- 2.18 “No, sir.” ...
- 2.19 “Seeing this ... They understand: ‘... there is no return to any state of existence.’”

The Linked Discourses on the aggregates are complete.

LINKED DISCOURSES
WITH RĀDHA

First Chapter About Māra

SN 23.1

About Māra

Mārasutta

1.1 At Sāvattthī.

1.2 Then Venerable Rādhā went up to the Buddha, bowed, sat down to one side, and said to him:

2.1 “Sir, they speak of this thing called ‘Māra’. How is Māra defined?”

2.3 “When there is form, Rādhā, there may be Māra, or the murderer, or the murdered. So you should see form as Māra, the murderer, the murdered, the diseased, the boil, the dart, the misery, the miserable. Those who see it like this see rightly. When there is feeling ... perception ... choices ... consciousness, there may be Māra, or the murderer, or the murdered. So you should see consciousness as Māra, the murderer, the murdered, the diseased, the boil, the dart, the misery, the miserable. Those who see it like this see rightly.”

3.1 “But sir, what’s the purpose of seeing rightly?”

3.2 “Disillusionment is the purpose of seeing rightly.”

3.3 “But what’s the purpose of disillusionment?”

3.4 “Dispassion is the purpose of disillusionment.”

3.5 “But what’s the purpose of dispassion?”

3.6 “Freedom is the purpose of dispassion.”

3.7 “But what’s the purpose of freedom?”

“Extinguishment is the purpose of freedom.” 3.8

“But sir, what is the purpose of extinguishment?” 3.9

“Your question goes too far, Rādhā. You couldn’t figure out 3.10
the limit of questions. For extinguishment is the culmination,
destination, and end of the spiritual life.”

SN 23.2

Sentient Beings

Sattasutta

At Sāvattthī. 1.1

Seated to one side, Venerable Rādhā said to the Buddha: 1.2

“Sir, they speak of this thing called a ‘sentient being’. How is a 1.3
sentient being defined?”

“Rādhā, when you cling, strongly cling, to desire, greed, rel- 1.5
ishing, and craving for form, then a being is spoken of. When you
cling, strongly cling, to desire, greed, relishing, and craving for
feeling ... perception ... choices ... consciousness, then a being is
spoken of.

Suppose some boys or girls were playing with sandcastles. As 2.1
long as they’re not rid of greed, desire, fondness, thirst, passion,
and craving for those sandcastles, they cherish them, fancy them,
treasure them, and treat them as their own. But when they are rid
of greed, desire, fondness, thirst, passion, and craving for those
sandcastles, they scatter, destroy, and demolish them with their
hands and feet, making them unplayable.

In the same way, you should scatter, destroy, and demolish 2.4
form, making it unplayable. And you should practice for the ending
of craving. You should scatter, destroy, and demolish feeling ...
perception ... choices ... consciousness, making it unplayable.
And you should practice for the ending of craving. For the ending
of craving is extinguishment.”

SN 23.3

The Conduit To Rebirth

Bhavanettisutta

1.1 At Sāvatthī.

1.2 Seated to one side, Venerable Rādhā said to the Buddha:

1.3 “Sir, they speak of this thing called ‘the cessation of the conduit to rebirth.’ What is the conduit to rebirth? And what is the cessation of the conduit to rebirth?”

1.5 “Rādhā, any desire, greed, relishing, and craving for form; and any attraction, grasping, mental fixation, insistence, and underlying tendencies—this is called the conduit to rebirth. Their cessation is the cessation of the conduit to rebirth.

1.8 Any desire, greed, relishing, and craving for feeling ... perception ... choices ... consciousness; and any becoming involved, grasping, mental fixation, insistence, and underlying tendencies—this is called the conduit to rebirth. Their cessation is the cessation of the conduit to rebirth.”

SN 23.4

Should Be Completely Understood

Pariññeyyasutta

1.1 At Sāvatthī.

1.2 Then Venerable Rādhā went up to the Buddha, bowed, and sat down to one side. The Buddha said to him:

2.1 “Rādhā, I will teach you the things that should be completely understood, complete understanding, and the person who has completely understood. Listen and pay close attention, I will speak.”

2.3 “Yes, sir,” Rādhā replied. The Buddha said this:

2.5 “And what things should be completely understood? Form, feeling, perception, choices, and consciousness. These are called the things that should be completely understood.

And what is complete understanding? The ending of greed, 2.8
hate, and delusion. This is called complete understanding.

And what is the person who has completely understood? It 2.11
should be said: a perfected one, the venerable of such and such
name and clan. This is called the person who has completely un-
derstood.”

SN 23.5

Ascetics and Brahmins

Samaṇasutta

At Sāvattḥī. 1.1

When Venerable Rādha was seated to one side, the Buddha 1.2
said to him:

“Rādha, there are these five grasping aggregates. What five? 1.3
The grasping aggregates of form, feeling, perception, choices, and
consciousness.

There are ascetics and brahmins who don’t truly understand 1.6
these five grasping aggregates’ gratification, drawback, and escape.
I don’t regard them as true ascetics and brahmins. Those venerables
don’t realize the goal of life as an ascetic or brahmin, and don’t live
having realized it with their own insight.

There are ascetics and brahmins who do truly understand these 1.8
five grasping aggregates’ gratification, drawback, and escape. I
regard them as true ascetics and brahmins. Those venerables realize
the goal of life as an ascetic or brahmin, and live having realized it
with their own insight.”

SN 23.6

Ascetics and Brahmins (2nd)

Dutiyasamaṇasutta

At Sāvattḥī. 1.1

- 1.2 When Venerable Rādhā was seated to one side, the Buddha said to him:
- 1.3 “Rādhā, there are these five grasping aggregates. What five? The grasping aggregates of form, feeling, perception, choices, and consciousness.
- 1.6 There are ascetics and brahmins who don’t truly understand these five grasping aggregates’ origin, ending, gratification, drawback, and escape ... Those venerables don’t realize the goal of life as an ascetic or brahmin ...
- 1.7 There are ascetics and brahmins who do truly understand ... Those venerables realize the goal of life as an ascetic or brahmin, and live having realized it with their own insight.”

SN 23.7

A Stream-Enterer

Sotāpannasutta

- 1.1 At Sāvatthī.
- 1.2 When Venerable Rādhā was seated to one side, the Buddha said to him:
- 1.3 “Rādhā, there are these five grasping aggregates. What five? The grasping aggregates of form, feeling, perception, choices, and consciousness. When a noble disciple truly understands these five grasping aggregates’ origin, ending, gratification, drawback, and escape, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 23.8

A Perfected One

Arahantasutta

- 1.1 At Sāvatthī.

When Venerable Rādhā was seated to one side, the Buddha 1.2
said to him:

“Rādhā, there are these five grasping aggregates. What five? 1.3
The grasping aggregates of form, feeling, perception, choices, and
consciousness. A mendicant comes to be freed by not grasping after
truly understanding these five grasping aggregates’ origin, ending,
gratification, drawback, and escape. Such a mendicant is called
a perfected one, with defilements ended, who has completed the
spiritual journey, done what had to be done, laid down the burden,
achieved their own true goal, utterly ended the fetters of rebirth,
and is rightly freed through enlightenment.”

SN 23.9

Desire and Greed

Chandarāgasutta

At Sāvattthī. 1.1

When Venerable Rādhā was seated to one side, the Buddha 1.2
said to him:

“Rādhā, you should give up any desire, greed, relishing, and 1.3
craving for form. Thus that form will be given up, cut off at the
root, made like a palm stump, obliterated, and unable to arise in
the future.

You should give up any desire, greed, relishing, and craving 1.5
for feeling ... perception ... choices ... consciousness. Thus that
consciousness will be given up, cut off at the root, made like a palm
stump, obliterated, and unable to arise in the future.”

SN 23.10

Desire and Greed (2nd)

Dutiyachandarāgasutta

At Sāvattthī. 1.1

- 1.2 When Venerable Rādhā was seated to one side, the Buddha said to him:
- 1.3 “Rādhā, you should give up any desire, greed, relishing, and craving for form; and any attraction, grasping, mental fixation, insistence, and underlying tendencies. Thus that form will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.
- 1.5 You should give up any desire, greed, relishing, and craving for feeling ... perception ... choices ... consciousness; and any attraction, grasping, mental fixation, insistence, and underlying tendencies. Thus that consciousness will be given up, cut off at the root, made like a palm stump, obliterated, and unable to arise in the future.”

Second Chapter About Māra

SN 23.11

About Māra

Mārasutta

- At Sāvatthī. 1.1
- Seated to one side, Venerable Rādha said to the Buddha: 1.2
- “Sir, they speak of this thing called ‘Māra’. How is Māra de- 1.3
fined?”
- “Rādha, form is Māra, feeling is Māra, perception is Māra, 1.5
choices are Māra, consciousness is Māra.
- Seeing this, a learned noble disciple grows disillusioned with 1.6
form, feeling, perception, choices, and consciousness. Being disil-
lusioned, desire fades away. When desire fades away they’re freed.
When they’re freed, they know they’re freed.
- They understand: ‘Rebirth is ended, the spiritual journey has 1.8
been completed, what had to be done has been done, there is no
return to any state of existence.’”

SN 23.12

A Māra-like Nature

Māradhammasutta

1.1 At Sāvattthī.

1.2 Seated to one side, Venerable Rādhā said to the Buddha:

1.3 “Sir, they speak of this thing called ‘Māra-like nature’. What is a Māra-like nature?”

1.5 “Rādhā, form has a Māra-like nature. Feeling, perception, choices, and consciousness have a Māra-like nature.

1.6 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 23.13

Impermanence

Aniccasutta

1.1 At Sāvattthī.

1.2 Seated to one side, Venerable Rādhā said to the Buddha:

1.3 “Sir, they speak of this thing called ‘impermanence’. What is impermanence?”

1.5 “Rādhā, form, feeling, perception, choices, and consciousness are impermanent.

1.6 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 23.14

Naturally Impermanent

Aniccadhammasutta

1.1 At Sāvattthī.

1.2 Seated to one side, Venerable Rādhā said to the Buddha:

“Sir, they speak of this thing called ‘naturally impermanent’. 1.3
What is naturally impermanent?

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are naturally impermanent.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.15

Suffering

Dukkhasutta

At Sāvattthī. 1.1

Seated to one side, Venerable Rādhā said to the Buddha: 1.2

“Sir, they speak of this thing called ‘suffering’. What is suffer- 1.3
ing?”

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are suffering.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.16

Entailing Suffering

Dukkhadhammasutta

At Sāvattthī. 1.1

Seated to one side, Venerable Rādhā said to the Buddha: 1.2

“Sir, they speak of ‘things that entail suffering’. What are the 1.3
things that entail suffering?”

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are things that entail suffering.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.17

Not-Self

Anattasutta

- 1.1 At Sāvatthī.
1.2 Seated to one side, Venerable Rādhā said to the Buddha:
1.3 “Sir, they speak of this thing called ‘not-self’. What is not-self?”
1.5 “Rādhā, form, feeling, perception, choices, and consciousness are not-self.
1.6 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 23.18

Naturally Not-Self

Anattadhammasutta

- 1.1 At Sāvatthī.
1.2 Seated to one side, Venerable Rādhā said to the Buddha:
1.3 “Sir, they speak of this thing called ‘naturally not-self’. What is naturally not-self?”
1.5 “Rādhā, form, feeling, perception, choices, and consciousness are naturally not-self.
1.6 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

SN 23.19

Liable To End

Khayadhammasutta

- 1.1 At Sāvatthī.
1.2 Seated to one side, Venerable Rādhā said to the Buddha:
1.3 “Sir, they speak of things being ‘liable to end’. What is liable to end?”

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are liable to end.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.20

Liable To Vanish

Vayadhammasutta

At Sāvattthī. 1.1

Seated to one side, Venerable Rādhā said to the Buddha: 1.2

“Sir, they speak of things being ‘liable to vanish.’ What is liable 1.3
to vanish?”

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are liable to vanish.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.21

Liable To Originate

Samudayadhammasutta

At Sāvattthī. 1.1

Seated to one side, Venerable Rādhā said to the Buddha: 1.2

“Sir, they speak of things being ‘liable to originate.’ What is 1.3
liable to originate?”

“Rādhā, form, feeling, perception, choices, and consciousness 1.5
are liable to originate.

Seeing this ... They understand: ‘... there is no return to any 1.6
state of existence.’”

SN 23.22

Liab! To Cease

Nirodhadhammasutta

- 1.1 At Sāvatthī.
- 1.2 Seated to one side, Venerable Rādhā said to the Buddha:
- 1.3 “Sir, they speak of things being ‘liable to cease.’ What is liable to cease?”
- 1.5 “Rādhā, form, feeling, perception, choices, and consciousness are liable to cease.
- 1.6 Seeing this ... They understand: ‘... there is no return to any state of existence.’”

The Chapter on Aspiration

SN 23.23–33

Eleven Discourses on Māra, Etc.

Mārādisuttaekādasaka

- At Sāvattthī. 1.1
- Seated to one side, Venerable Rādhā said to the Buddha: 1.2
- “Sir, may the Buddha please teach me Dhamma in brief. When 1.3
I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- “Rādhā, you should give up any desire, any greed, any desire 2.1
and greed for whatever is Māra. And what is Māra? Form is Māra.
You should give up any desire, any greed, any desire and greed for
it.
- Feeling ... 2.4
- Perception ... 2.5
- Choices ... 2.6
- Consciousness is Māra. You should give up any desire, any 2.7
greed, any desire and greed for it. You should give up any desire,
any greed, any desire and greed for whatever is Māra.”
- “You should give up any desire, any greed, any desire and greed 1.1
for whatever is of Māra-like nature ...”
- “... impermanent ...” 1.1
- “... naturally impermanent ...” 1.1
- “... suffering ...” 1.1
- “... things that entail suffering ...” 1.1
- “... not-self ...” 1.1

- 1.1 “... naturally not-self ...”
- 1.1 “... liable to end ...”
- 1.1 “... liable to vanish ...”
- 1.1 “... liable to originate ...”

SN 23.34

Liabable To Cease

Nirodhadhammasutta

- 1.1 At Sāvattthī.
- 1.2 Venerable Rādhā said to the Buddha:
- 1.3 “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”
- 2.1 “Rādhā, you should give up any desire, any greed, any desire and greed for whatever is liable to cease. And what is liable to cease? Form is liable to cease. You should give up any desire, any greed, any desire and greed for it.
- 2.4 Feeling ...
- 2.5 Perception ...
- 2.6 Choices ...
- 2.7 Consciousness is liable to cease. You should give up any desire, any greed, any desire and greed for it. You should give up any desire, any greed, any desire and greed for whatever is liable to cease.”

The Chapter on Sitting Close

SN 23.35–45

Eleven Discourses on Māra, Etc.

Mārādisuttaekādasaka

- At Sāvattthī. 1.1
- When Venerable Rādha was seated to one side, the Buddha 1.2
said to him:
- “Rādha, you should give up any desire, any greed, any desire 1.3
and greed for whatever is Māra. And what is Māra? Form is Māra.
You should give up any desire, any greed, any desire and greed for
it. ...
- Consciousness is Māra. You should give up any desire, any 1.6
greed, any desire and greed for it. You should give up any desire,
any greed, any desire and greed for whatever is Māra.”
- “You should give up any desire, any greed, any desire and greed 1.1
for whatever is of Māra-like nature ...”
- “... impermanent ...” 1.1
- “... naturally impermanent ...” 1.1
- “... suffering ...” 1.1
- “... things that entail suffering ...” 1.1
- “... not-self ...” 1.1
- “... naturally not-self ...” 1.1
- “... liable to end ...” 1.1

- 1.1 “... liable to vanish ...”
- 1.1 “... liable to originate ...”

SN 23.46

Liable To Cease

Nirodhadhammasutta

- 1.1 At Sāvattthī.
- 1.2 When Venerable Rādha was seated to one side, the Buddha said to him:
- 1.3 “Rādha, you should give up any desire, any greed, any desire and greed for whatever is liable to cease. And what is liable to cease? Form is liable to cease. You should give up any desire, any greed, any desire and greed for it.
- 1.6 Feeling ...
- 1.7 Perception ...
- 1.8 Choices ...
- 1.9 Consciousness is liable to cease. You should give up any desire, any greed, any desire and greed for it. You should give up any desire, any greed, any desire and greed for whatever is liable to cease.”

The Linked Discourses with Rādha are complete.

LINKED DISCOURSES ON VIEWS

The Chapter on Stream-Entry

SN 24.1

Winds

Vātasutta

- 1.1 At one time the Buddha was staying near Sāvattthī in Jeta’s Grove. The Buddha said this:
- 1.3 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’”
- 2.1 “Our teachings are rooted in the Buddha. He is our guide and our refuge. Sir, may the Buddha himself please clarify the meaning of this. The mendicants will listen and remember it.”
- 2.2 “Well then, mendicants, listen and pay close attention, I will speak.”
- 2.3 “Yes, sir,” they replied. The Buddha said this:
- 3.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘Winds don’t blow;

rivers don't flow; pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.'

What do you think, mendicants? Is form permanent or imper- 3.8
manent?"

"Impermanent, sir." 3.10

"But if it's impermanent, is it suffering or happiness?" 3.11

"Suffering, sir." 3.12

"But by not grasping what's impermanent, suffering, and per- 3.13
ishable, would the view arise: 'Winds don't blow; rivers don't flow;
pregnant women don't give birth; the moon and stars neither rise
nor set, but stand firm like a pillar'?"

"No, sir." 3.15

"Is feeling ... perception ... choices ... consciousness per- 4.1
manent or impermanent?"

"Impermanent, sir." 4.5

"But if it's impermanent, is it suffering or happiness?" 4.6

"Suffering, sir." 4.7

"But by not grasping what's impermanent, suffering, and per- 4.8
ishable, would the view arise: 'Winds don't blow; rivers don't flow;
pregnant women don't give birth; the moon and stars neither rise
nor set, but stand firm like a pillar'?"

"No, sir." 4.10

"That which is seen, heard, thought, known, sought, and ex- 4.11
plored by the mind: is that permanent or impermanent?"

"Impermanent, sir." 4.12

"But if it's impermanent, is it suffering or happiness?" 4.13

"Suffering, sir." 4.14

"But by not grasping what's impermanent, suffering, and per- 4.15
ishable, would the view arise: 'Winds don't blow; rivers don't flow;
pregnant women don't give birth; the moon and stars neither rise
nor set, but stand firm like a pillar'?"

"No, sir." 4.17

"When a noble disciple has given up doubt in these six cases, 5.1
and has given up doubt in suffering, its origin, its cessation, and the

practice that leads to its cessation, they're called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening."

SN 24.2

This Is Mine

Etaṁmamasutta

1.1 At Sāvatthī.

1.2 "Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: 'This is mine, I am this, this is my self'?"

1.4 "Our teachings are rooted in the Buddha. ..."

1.5 "When form exists, because of grasping form and insisting on form, the view arises: 'This is mine, I am this, this is my self.' When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: 'This is mine, I am this, this is my self.'"

2.1 What do you think, mendicants? Is form permanent or impermanent?"

2.3 "Impermanent, sir." ...

2.4 "Is feeling ... perception ... choices ... consciousness permanent or impermanent?"

2.8 "Impermanent, sir." ...

2.12 "That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?"

2.13 "Impermanent, sir."

2.14 "But if it's impermanent, is it suffering or happiness?"

2.15 "Suffering, sir."

2.16 "But by not grasping what's impermanent, suffering, and perishable, would the view arise: 'This is mine, I am this, this is my self'?"

2.18 "No, sir."

“When a noble disciple has given up doubt in these six cases, 3.1
and has given up doubt in suffering, its origin, its cessation, and the
practice that leads to its cessation, they’re called a noble disciple
who is a stream-enterer, not liable to be reborn in the underworld,
bound for awakening.”

SN 24.3

This Is My Self

Soattāsutta

At Sāvatthī. 1.1

“Mendicants, when what exists, because of grasping what and 1.2
insisting on what, does the view arise: ‘The self and the cosmos
are one and the same. After passing away I will be permanent,
everlasting, eternal, and imperishable’?”

“Our teachings are rooted in the Buddha. ...” 1.4

“When form exists, because of grasping form and insisting on 2.1
form, the view arises: ‘The self and the cosmos are one and the
same. After passing away I will be permanent, everlasting, eternal,
and imperishable.’ When feeling ... perception ... choices ... con-
sciousness exists, because of grasping consciousness and insisting
on consciousness, the view arises: ‘The self and the cosmos are one
and the same. After passing away I will be permanent, everlasting,
eternal, and imperishable.’

What do you think, mendicants? Is form permanent or imper- 3.1
manent?”

“Impermanent, sir.” ... 3.3

“Is feeling ... perception ... choices ... consciousness per- 3.8
manent or impermanent?”

“Impermanent, sir.” ... 3.12

“That which is seen, heard, thought, known, sought, and ex- 3.17
plored by the mind: is that permanent or impermanent?”

“Impermanent, sir.” ... 3.18

- 3.19 “But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?”
- 3.21 “No, sir.”
- 4.1 “When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 24.4

It Might Not Be Mine

Nocamesiyāsutta

- 1.1 At Sāvattthī.
- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘I might not be, and it might not be mine. I will not be, and it will not be mine’?”
- 1.4 “Our teachings are rooted in the Buddha. ...”
- 2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘I might not be, and it might not be mine. I will not be, and it will not be mine.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘I might not be, and it might not be mine. I will not be, and it will not be mine.’
- 3.1 What do you think, mendicants? Is form permanent or impermanent?”
- 3.3 “Impermanent, sir.” ...
- 3.7 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 3.11 “Impermanent, sir.” ...
- 3.15 “That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?”
- 3.16 “Impermanent, sir.” ...

“But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?” 3.17

“No, sir.” 3.19

“When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.” 4.1

SN 24.5

There’s No Meaning in Giving

Natthidinnasutta

At Sāvattthī. 1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘There’s no meaning in giving, sacrifice, or offerings. There’s no fruit or result of good and bad deeds. There’s no afterlife. There are no duties to mother and father. No beings are reborn spontaneously. And there’s no ascetic or brahmin who is well attained and practiced, and who describes the afterlife after realizing it with their own insight. This person is made up of the four primary elements. When they die, the earth in their body merges and coalesces with the main mass of earth. The water in their body merges and coalesces with the main mass of water. The fire in their body merges and coalesces with the main mass of fire. The air in their body merges and coalesces with the main mass of air. The faculties are transferred to space. Four men with a bier carry away the corpse. Their footprints show the way to the cemetery. The bones become bleached. Offerings dedicated to the gods end in ashes. Giving is a doctrine of morons. When anyone affirms a positive teaching it’s just baseless, false nonsense. Both the foolish and the astute are annihilated and destroyed when their body breaks up, and don’t exist after death?’” 1.2

“Our teachings are rooted in the Buddha. ...” 1.13

- 2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘There’s no meaning in giving, sacrifice, or offerings. ... Both the foolish and the astute are annihilated and destroyed when their body breaks up, and don’t exist after death.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘There’s no meaning in giving, sacrifice, or offerings. ... Both the foolish and the astute are annihilated and destroyed when their body breaks up, and don’t exist after death.’
- 3.1 What do you think, mendicants? Is form permanent or impermanent?”
- 3.3 “Impermanent, sir.” ...
- 3.8 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 3.12 “Impermanent, sir.” ...
- 3.17 “That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?”
- 3.18 “Impermanent, sir.” ...
- 3.19 “But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?”
- 3.23 “No, sir.”
- 4.1 “When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 24.6

Acting

Karotosutta

1.1 At Sāvatthī.

- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘Nothing bad is done by

the doer when they punish, mutilate, torture, aggrieve, oppress, intimidate, or when they encourage others to do the same. Nothing bad is done when they kill, steal, break into houses, plunder wealth, steal from isolated buildings, commit highway robbery, commit adultery, and lie. If you were to reduce all the living creatures of this earth to one heap and mass of flesh with a razor-edged chakram, no evil comes of that, and no outcome of evil. If you were to go along the south bank of the Ganges killing, mutilating, and torturing, and encouraging others to do the same, no evil comes of that, and no outcome of evil. If you were to go along the north bank of the Ganges giving and sacrificing and encouraging others to do the same, no merit comes of that, and no outcome of merit. In giving, self-control, restraint, and truthfulness there is no merit or outcome of merit’?”

“Our teachings are rooted in the Buddha. ...” 1.8

“When form exists, because of grasping form and insisting on form, the view arises: ‘The one who acts does nothing wrong ... there is no merit or outcome of merit.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘The one who acts does nothing wrong ... there is no merit or outcome of merit.’” 2.1

What do you think, mendicants? Is form permanent or impermanent?” 3.1

“Impermanent, sir.” ... 3.3

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” 3.8

“Impermanent, sir.” ... 3.12

“That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?” 3.17

“Impermanent, sir.” ... 3.18

“But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?” 3.19

“No, sir.” 3.22

- 4.1 “When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 24.7

Cause

Hetusutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘There is no cause or condition for the corruption of sentient beings. Sentient beings are corrupted without cause or reason. There’s no cause or condition for the purification of sentient beings. Sentient beings are purified without cause or reason. There is no power, no energy, no human strength or vigor. All sentient beings, all living creatures, all beings, all souls lack control, power, and energy. Molded by destiny, circumstance, and nature, they experience pleasure and pain in the six classes of rebirth?’”
- 1.9 “Our teachings are rooted in the Buddha. ...”
- 2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘There is no cause or condition ... they experience pleasure and pain in the six classes of rebirth.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘There is no cause or condition ... they experience pleasure and pain in the six classes of rebirth.’
- 3.1 What do you think, mendicants? Is form permanent or impermanent?”
- 3.3 “Impermanent, sir.” ...
- 3.8 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

- “Impermanent, sir.” ... 3.12
- “That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?” 3.17
- “Impermanent, sir.” ... 3.18
- “But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?” 3.19
- “No, sir.” 3.22
- “When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.” 4.1

SN 24.8

The Extensive View

Mahāditṭhisutta

- At Sāvattḥī. 1.1
- “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘There are these seven substances that are not made, not derived, not created, without a creator, barren, steady as a mountain peak, standing firm like a pillar. They don’t move or deteriorate or obstruct each other. They’re unable to cause pleasure, pain, or neutral feeling to each other. What seven? The substances of earth, water, fire, air; pleasure, pain, and the soul is the seventh. These seven substances are not made, not derived, not created, without a creator, barren, steady as a mountain peak, standing firm like a pillar. They don’t move or deteriorate or obstruct each other. They’re unable to cause pleasure, pain, or neutral feeling to each other. If you chop off someone’s head with a sharp sword, you don’t take anyone’s life. The sword simply passes through the gap between the seven substances. There are 1.4 million main wombs, and 6,000, and 600. There are 500 deeds, and five, and three. There are deeds and half-deeds. There

are 62 paths, 62 sub-eons, six classes of rebirth, and eight stages in a person's life. There are 4,900 Ājīvaka ascetics, 4,900 wanderers, and 4,900 naked ascetics. There are 2,000 faculties, 3,000 hells, and 36 realms of dust. There are seven percipient embryos, seven non-percipient embryos, and seven embryos without attachments. There are seven gods, seven humans, and seven goblins. There are seven lakes, seven winds, seven cliffs, and 700 cliffs. There are seven dreams and 700 dreams. There are 8.4 million great eons through which the foolish and the astute transmigrate before making an end of suffering. And here there is no such thing as this: "By this precept or observance or mortification or spiritual life I shall force unripened deeds to bear their fruit, or eliminate old deeds by experiencing their results little by little"—for that cannot be. Pleasure and pain are allotted. Transmigration lasts only for a limited period, so there's no increase or decrease, no getting better or worse. It's like how, when you toss a ball of string, it rolls away unraveling. In the same way, after transmigrating the foolish and the astute will make an end of suffering?"

1.16 "Our teachings are rooted in the Buddha. ..."

2.1 "When form exists, because of grasping form and insisting on form, the view arises: 'There are these seven substances that are not made ... the foolish and the astute will make an end of suffering.' When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: 'There are these seven substances that are not made ... the foolish and the astute will make an end of suffering.'"

3.1 What do you think, mendicants? Is form permanent or impermanent?"

3.3 "Impermanent, sir." ...

3.8 "That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?"

3.9 "Impermanent, sir." ...

3.10 "But by not grasping what's impermanent, suffering, and perishable, would such a view arise?"

“No, sir.” 3.13

“When a noble disciple has given up doubt in these six cases, 4.1
and has given up doubt in suffering, its origin, its cessation, and the
practice that leads to its cessation, they’re called a noble disciple
who is a stream-enterer, not liable to be reborn in the underworld,
bound for awakening.”

SN 24.9

The Cosmos is Eternal

Sassatadiṭṭhisutta

At Sāvattḥī. 1.1

“Mendicants, when what exists, because of grasping what and 1.2
insisting on what, does the view arise: ‘The cosmos is eternal?’”

“Our teachings are rooted in the Buddha. ...” 1.4

“When form exists, because of grasping form and insisting on 2.1
form, the view arises: ‘The cosmos is eternal.’ When feeling ...
perception ... choices ... consciousness exists, because of grasping
consciousness and insisting on consciousness, the view arises: ‘The
cosmos is eternal.’

What do you think, mendicants? Is form permanent or imper- 3.1
manent?”

“Impermanent, sir.” ... 3.3

“But by not grasping what’s impermanent, suffering, and per- 3.19
ishable, would such a view arise?”

“No, sir.” 3.21

“When a noble disciple has given up doubt in these six cases, 4.1
and has given up doubt in suffering, its origin, its cessation, and the
practice that leads to its cessation, they’re called a noble disciple
who is a stream-enterer, not liable to be reborn in the underworld,
bound for awakening.”

SN 24.10

The Cosmos Is Not Eternal

Asassatadiṭṭhisutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The cosmos is not eternal’?”

1.4 “Our teachings are rooted in the Buddha. ...”

2.1 “When form exists ...” ...

2.9 “But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?”

2.11 “No, sir.”

3.1 “When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 24.11

The World Is Finite

Antavāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The world is finite’?” ...

SN 24.12

The World Is Infinite

Anantavāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The world is infinite’?” ...

SN 24.13

The Soul and the Body Are Identical

Tamjīvamtaṃsarīraṃsutta

At Sāvatthī.

1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The soul and the body are identical?’” ... 1.2

SN 24.14

The Soul and the Body Are Different Things

Aññamjīvamaññaṃsarīraṃsutta

At Sāvatthī.

1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The soul and the body are different things?’” ... 1.2

SN 24.15

A Realized One Exists

Hotitathāgatosutta

At Sāvatthī.

1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘A Realized One exists after death?’” ... 1.2

SN 24.16

A Realized One Doesn’t Exist

Nahotitathāgatosutta

At Sāvatthī.

1.1

- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘A Realized One doesn’t exist after death?’” ...

SN 24.17

A Realized One Both Exists and Doesn’t Exist

Hoticanacahotitathāgatosutta

- 1.1 At Sāvatthī.
1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘A Realized One both exists and doesn’t exist after death?’” ...

SN 24.18

A Realized One Neither Exists Nor Doesn’t Exist

Nevahotinana-hotitathāgatosutta

- 1.1 At Sāvatthī.
1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘A Realized One neither exists nor doesn’t exist after death?’”
1.4 “Our teachings are rooted in the Buddha. ...”
2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘A Realized One neither exists nor doesn’t exist after death’ ...”
3.1 What do you think, mendicants? Is form permanent or impermanent?”
3.3 “Impermanent, sir.” ... “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘A Realized One neither exists nor doesn’t exist after death?’”
3.6 “No, sir.”

“That which is seen, heard, thought, known, sought, and explored by the mind: is that permanent or impermanent?” 3.7

“Impermanent, sir.” 3.8

“But if it’s impermanent, is it suffering or happiness?” 3.9

“Suffering, sir.” 3.10

“But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘A Realized One neither exists nor doesn’t exist after death’?” 3.11

“No, sir.” 3.13

“When a noble disciple has given up doubt in these six cases, and has given up doubt in suffering, its origin, its cessation, and the practice that leads to its cessation, they’re called a noble disciple who is a stream-enterer, not liable to be reborn in the underworld, bound for awakening.” 4.1

The Chapter on the Second Round

SN 24.19

Winds

Vātasutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar?’”

1.4 “Our teachings are rooted in the Buddha. ...”

2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’

3.1 What do you think, mendicants? Is form permanent or impermanent?”

3.3 “Impermanent, sir.” ...

3.4 “But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘Winds don’t blow; rivers don’t flow;

pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar'?"

"No, sir." 3.6

"And so, when suffering exists, because of grasping suffering and insisting on suffering, the view arises: 'Winds don't blow; rivers don't flow; pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.' Is feeling ... perception ... choices ... consciousness permanent or impermanent?" 3.7

"Impermanent, sir." ... 3.13

"But by not grasping what's impermanent, suffering, and perishable, would such a view arise?" 3.14

"No, sir." 3.16

"And so, when suffering exists, because of grasping suffering and insisting on suffering, the view arises: 'Winds don't blow; rivers don't flow; pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.'" 3.17

SN 24.20–35

This Is Mine, Etc.

Etammamādisutta

(These should be expanded in the same way as discourses 2 through 17 of the previous chapter.) 1.1

SN 24.36

Neither Exists Nor Doesn't Exist

Nevahotinānāhotisutta

At Sāvattḥi. 1.1

"Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: 'A Realized One neither exists nor doesn't exist after death?'" 1.2

- 1.4 “Our teachings are rooted in the Buddha. ...”
- 2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘A Realized One neither exists nor doesn’t exist after death.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘a Realized One neither exists nor doesn’t exist after death.’
- 3.1 What do you think, mendicants? Is form permanent or impermanent?”
- 3.3 “Impermanent, sir.” ...
- 3.7 “And so, when suffering exists, because of grasping suffering and insisting on suffering, the view arises: ‘A Realized One neither exists nor doesn’t exist after death.’” ...
- 3.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”
- 3.13 “Impermanent, sir.” ...
- 3.14 “But by not grasping what’s impermanent, suffering, and perishable, would such a view arise?”
- 3.16 “No, sir.”
- 3.17 “And so, when suffering exists, because of grasping suffering and insisting on suffering, the view arises: ‘A Realized One neither exists nor doesn’t exist after death.’”

SN 24.37

The Self Has Form

Rūpīattāsutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The self has form and is well after death?’” ...

SN 24.38

The Self Is Formless

Arūpīattāsutta

At Sāvatthī.

1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The self is formless and is well after death?’ ... 1.2

SN 24.39

The Self Has Form and Is Formless

Rūpīcaarūpīcaattāsutta

At Sāvatthī.

1.1

“‘The self has form and is formless, and is well after death?’ ... 1.2

SN 24.40

The Self Neither Has Form Nor Is Formless

Nevarūpīnārūpīattāsutta

“‘The self neither has form nor is formless, and is well after death?’ ... 1.1

SN 24.41

The Self Is Perfectly Happy

Ekantasukhīsutta

“‘The self is perfectly happy, and is well after death?’ ... 1.1

SN 24.42

Exclusively Suffering

Ekantadukkhīsutta

- 1.1 “‘The self is exclusively suffering, and is well after death’?” ...

SN 24.43

The Self Is Happy and Suffering

Sukhadukkhīsutta

- 1.1 “‘The self is happy and suffering, and is well after death’?” ...

SN 24.44

The Self Is Neither Happy Nor Suffering

Adukkhamasukhīsutta

- 1.1 “‘The self is neither happy nor suffering, and is well after death’?” ...

The Chapter on the Third Round

SN 24.45

Winds

Navātasutta

At Sāvattthī. 1.1

“Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar?’” 1.2

“Our teachings are rooted in the Buddha. ...” 1.4

“When form exists, because of grasping form and insisting on form, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’” 2.1

What do you think, mendicants? Is form permanent or impermanent?” 3.1

“Impermanent, sir.” ... 3.3

“But by not grasping what’s impermanent, suffering, and perishable, would the view arise: ‘Winds don’t blow; rivers don’t flow;

pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.”

3.6 “No, sir.”

3.7 “And so, what's impermanent is suffering. When this exists, grasping at this, the view arises: ‘Winds don't blow; rivers don't flow; pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

3.14 “Impermanent, sir.” ...

3.18 “And so, what's impermanent is suffering. When this exists, grasping at this, the view arises: ‘Winds don't blow; rivers don't flow; pregnant women don't give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’”

SN 24.46–69

This Is Not Mine, etc.

Etamamamādisutta

1.1 (To be completed in the same way as discourses 20 through 43 of the second chapter.)

SN 24.70

The Self Is Neither Happy Nor Suffering

Adukkhamasukhīsutta

1.1 At Sāvattthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: “‘The self is neither happy nor suffering, and is well after death?’”

1.4 “Our teachings are rooted in the Buddha. ...”

2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘The self is neither happy nor suffering, and is well after death.’ When feeling ... perception ... choices

... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: 'The self is neither happy nor suffering, and is well after death.'

What do you think, mendicants? Is form permanent or impermanent?" 3.1

"Impermanent, sir." ... 3.3

"And so, what's impermanent is suffering. When this exists, grasping at this, the view arises: 'The self is neither happy nor suffering, and is well after death.' Is feeling ... perception ... choices ... consciousness permanent or impermanent?" 3.7

"Impermanent, sir." ... 3.14

"But by not grasping what's impermanent, suffering, and perishable, would such a view arise?" 3.15

"No, sir." 3.17

"And so, what's impermanent is suffering. When this exists, grasping at this, the view arises: 'The self is neither happy nor suffering, and is well after death.'" 3.18

The Chapter on the Fourth Round

SN 24.71

Winds

Navātasutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar?’”

1.4 “Our teachings are rooted in the Buddha. ...”

2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘Winds don’t blow; rivers don’t flow; pregnant women don’t give birth; the moon and stars neither rise nor set, but stand firm like a pillar.’ What do you think, mendicants? Is form permanent or impermanent?”

2.10 “Impermanent, sir.”

2.11 “But if it’s impermanent, is it suffering or happiness?”

2.12 “Suffering, sir.”

“But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’” 2.13

“No, sir.” 2.15

“Is feeling ... perception ... choices ... consciousness permanent or impermanent?” 2.16

“Impermanent, sir.” 2.20

“But if it’s impermanent, is it suffering or happiness?” 2.21

“Suffering, sir.” 2.22

“But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’” 2.23

“No, sir.” 2.25

“So you should truly see any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine, I am not this, this is not my self.’ You should truly see any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: ‘This is not mine, I am not this, this is not my self.’” 3.1

Seeing this ... They understand: ‘... there is no return to any state of existence.’” 4.1

SN 24.72–95

This Is Not Mine, Etc.

Ētaṃmamādisutta

(To be completed in the same way as the 24 discourses of the second chapter.) 1.1

SN 24.96

The Self Is Neither Happy Nor Suffering

Adukkhamasukhīsutta

1.1 At Sāvatthī.

1.2 “Mendicants, when what exists, because of grasping what and insisting on what, does the view arise: ‘The self is neither happy nor suffering, and is well after death?’”

1.4 “Our teachings are rooted in the Buddha. ...”

2.1 “When form exists, because of grasping form and insisting on form, the view arises: ‘The self is neither happy nor suffering, and is well after death.’ When feeling ... perception ... choices ... consciousness exists, because of grasping consciousness and insisting on consciousness, the view arises: ‘The self is neither happy nor suffering, and is well after death.’

3.1 What do you think, mendicants? Is form permanent or impermanent?”

3.3 “Impermanent, sir.”

3.4 “But if it’s impermanent, is it suffering or happiness?”

3.5 “Suffering, sir.”

3.6 “But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’”

3.8 “No, sir.”

3.9 “Is feeling ... perception ... choices ... consciousness permanent or impermanent?”

3.13 “Impermanent, sir.”

3.14 “But if it’s impermanent, is it suffering or happiness?”

3.15 “Suffering, sir.”

3.16 “But if it’s impermanent, suffering, and liable to fall apart, is it fit to be regarded thus: ‘This is mine, I am this, this is my self?’”

3.18 “No, sir.”

4.1 “So you should truly see any kind of form at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* form—with right understanding: ‘This is not mine,

I am not this, this is not my self.' You should truly see any kind of feeling ... perception ... choices ... consciousness at all—past, future, or present; internal or external; coarse or fine; inferior or superior; far or near: *all* consciousness—with right understanding: 'This is not mine, I am not this, this is not my self.'

Seeing this, a learned noble disciple grows disillusioned with 5.1
form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they're freed. When they're freed, they know they're freed.

They understand: 'Rebirth is ended, the spiritual journey has 5.3
been completed, what had to be done has been done, there is no return to any state of existence.'"

The Linked Discourses on views are complete.

LINKED DISCOURSES ON ARRIVAL AT THE TRUTH

The Chapter on the Eye

SN 25.1

The Eye

Cakkhusutta

At Sāvattthī.

1.1

“Mendicants, the eye is impermanent, perishing, and changing. 1.2

The ear, nose, tongue, body, and mind are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. They’ve arrived at inevitability regarding
the right path, they’ve arrived at the level of the good person, and
they’ve transcended the level of the bad person. They can’t do any
deed which would make them be reborn in hell, the animal realm,
or the ghost realm. They can’t die without realizing the fruit of
stream-entry.

Someone who accepts these principles after considering them 2.1
with a degree of wisdom is called a follower of the teachings.
They’ve arrived at inevitability regarding the right path, they’ve
arrived at the level of the good person, and they’ve transcended
the level of the bad person. They can’t do any deed which would
make them be reborn in hell, the animal realm, or the ghost realm.
They can’t die without realizing the fruit of stream-entry.

Someone who understands and sees these principles is called 2.4
a stream-enterer, not liable to be reborn in the underworld, bound
for awakening.”

SN 25.2

Sights

Rūpasutta

1.1 At Sāvatthī.

1.2 “Mendicants, sights are impermanent, perishing, and changing. Sounds, smells, tastes, touches, and thoughts are impermanent, perishing, and changing.

1.8 Someone who has faith and confidence in these principles is called a follower by faith. They’ve arrived at inevitability regarding the right path, they’ve arrived at the level of the good person, and they’ve transcended the level of the bad person. They can’t do any deed which would make them be reborn in hell, the animal realm, or the ghost realm. They can’t die without realizing the fruit of stream-entry.

2.1 Someone who accepts these principles after considering them with a degree of wisdom is called a follower of the teachings. They’ve arrived at inevitability regarding the right path, they’ve arrived at the level of the good person, and they’ve transcended the level of the bad person. They can’t do any deed which would make them be reborn in hell, the animal realm, or the ghost realm. They can’t die without realizing the fruit of stream-entry.

2.4 Someone who understands and sees these principles is called a stream-enterer, not liable to be reborn in the underworld, bound for awakening.”

SN 25.3

Consciousness

Viññāṇasutta

1.1 At Sāvatthī.

1.2 “Mendicants, eye consciousness is impermanent, perishing, and changing. Ear consciousness, nose consciousness, tongue

consciousness, body consciousness, and mind consciousness are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. ...”

SN 25.4

Contact

Samphassasutta

At Sāvattthī. 1.1

“Mendicants, eye contact is impermanent, perishing, and 1.2
changing. Ear contact, nose contact, tongue contact, body contact,
and mind contact are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. ...”

SN 25.5

Feeling

Samphassajasutta

At Sāvattthī. 1.1

“Mendicants, feeling born of eye contact is impermanent, per- 1.2
ishing, and changing. Feeling born of ear contact, feeling born
of nose contact, feeling born of tongue contact, feeling born of
body contact, and feeling born of mind contact are impermanent,
perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. ...”

SN 25.6

Perception

Rūpasaññāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, perception of sights is impermanent, perishing, and changing. Perception of sounds, perception of smells, perception of tastes, perception of touches, and perception of thoughts are impermanent, perishing, and changing.

1.8 Someone who has faith and confidence in these principles is called a follower by faith. ...”

SN 25.7

Intention

Rūpasañcetanāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, intention regarding sights is impermanent, perishing, and changing. Intention regarding sounds, intention regarding smells, intention regarding tastes, intention regarding touches, and intentions regarding thoughts are impermanent, perishing, and changing.

1.8 Someone who has faith and confidence in these principles is called a follower by faith. ...”

SN 25.8

Craving For Sights

Rūpatanḥāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, craving for sights is impermanent, perishing, and changing. Craving for sounds, craving for smells, craving for tastes,

craving for touches, and craving for thoughts are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. ...”

SN 25.9

Elements

Pathaviḍhātusutta

At Sāvattḥī. 1.1

“Mendicants, the earth element is impermanent, perishing, 1.2
and changing. The water element, the fire element, the air element, the space element, and the consciousness element are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.8
called a follower by faith. ...”

SN 25.10

The Aggregates

Khandhasutta

At Sāvattḥī. 1.1

“Mendicants, form is impermanent, perishing, and changing. 1.2
Feeling, perception, choices, and consciousness are impermanent, perishing, and changing.

Someone who has faith and confidence in these principles is 1.7
called a follower by faith. They’ve arrived at inevitability regarding the right path, they’ve arrived at the level of the good person, and they’ve transcended the level of the bad person. They can’t do any deed which would make them be reborn in hell, the animal realm, or the ghost realm. They can’t die without realizing the fruit of stream-entry.

- 2.1 Someone who accepts these principles after considering them with a degree of wisdom is called a follower of the teachings. They've arrived at inevitability regarding the right path, they've arrived at the level of the good person, and they've transcended the level of the bad person. They can't do any deed which would make them be reborn in hell, the animal realm, or the ghost realm. They can't die without realizing the fruit of stream-entry.
- 2.4 Someone who understands and sees these principles is called a stream-enterer, not liable to be reborn in the underworld, bound for awakening."

The Linked Discourses on arrival are complete.

LINKED DISCOURSES ON ARISING

The Chapter on Arising

SN 26.1

The Eye

Cakkhusutta

1.1 At Sāvatthī.

1.2 “Mendicants, the arising, continuation, rebirth, and manifestation of the eye is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The arising, continuation, rebirth, and manifestation of the ear, nose, tongue, body, and mind is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The cessation, settling, and ending of the eye is the cessation of suffering, the settling of diseases, and the ending of old age and death. The cessation, settling, and ending of the ear, nose, tongue, body, and mind is the cessation of suffering, the settling of diseases, and the ending of old age and death.”

SN 26.2

Sights

Rūpasutta

1.1 At Sāvatthī.

1.2 “Mendicants, the arising, continuation, rebirth, and manifestation of sights is the arising of suffering, the continuation of dis-

eases, and the manifestation of old age and death. The arising, continuation, rebirth, and manifestation of sounds, smells, tastes, touches, and thoughts is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The cessation, settling, and ending of sights, sounds, smells, tastes, touches, and thoughts is the cessation of suffering, the settling of diseases, and the ending of old age and death.”

SN 26.3

Consciousness

Viññāṇasutta

At Sāvatthī.

1.1

“Mendicants, the arising of eye consciousness ... mind consciousness ... is the manifestation of old age and death. The cessation of eye consciousness ... mind consciousness ... is the ending of old age and death.”

1.2

SN 26.4

Contact

Samphassasutta

At Sāvatthī.

1.1

“Mendicants, the arising of eye contact ... mind contact ... is the manifestation of old age and death. The cessation of eye contact ... mind contact ... is the ending of old age and death.”

1.2

SN 26.5

Feeling

Samphassajasutta

At Sāvatthī.

1.1

- 1.2 “Mendicants, the arising of feeling born of eye contact ...
- 2.1 the arising of feeling born of mind contact ... is the manifestation of old age and death. The cessation of feeling born of eye contact ... the cessation of feeling born of mind contact ... is the ending of old age and death.”

SN 26.6

Perception

Saññāsutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, the arising of perception of sights ... perception of thoughts ... is the manifestation of old age and death. The cessation of perception of sights ... perception of thoughts ... is the ending of old age and death.”

SN 26.7

Intention

Saṅcetanāsutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, the arising of intentions regarding sights ... intentions regarding thoughts ... is the manifestation of old age and death. The cessation of intentions regarding sights ... intentions regarding thoughts ... is the ending of old age and death.”

SN 26.8

Craving

Taṇhāsutta

- 1.1 At Sāvatthī.

“Mendicants, the arising of craving for sights ... craving for thoughts ... is the manifestation of old age and death. The cessation of craving for sights ... craving for thoughts ... is the ending of old age and death.” 1.2

SN 26.9

Elements

Dhātusutta

At Sāvattḥī.

1.1

“Mendicants, the arising, continuation, rebirth, and manifestation of the earth element, the water element, the fire element, the air element, the space element, and the consciousness element is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The cessation of the earth element, the water element, the fire element, the air element, the space element, and the consciousness element is the cessation of suffering, the settling of diseases, and the ending of old age and death.” 1.2

SN 26.10

The Aggregates

Khandhasutta

At Sāvattḥī.

1.1

“Mendicants, the arising, continuation, rebirth, and manifestation of form is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The arising, continuation, rebirth, and manifestation of feeling, perception, choices, and consciousness is the arising of suffering, the continuation of diseases, and the manifestation of old age and death. The cessation, settling, and ending of form is the cessation of suffering, the settling of diseases, and the ending of old age and death. The 1.2

cessation, settling, and ending of feeling, perception, choices, and consciousness is the cessation of suffering, the settling of diseases, and the ending of old age and death.”

The Linked Discourses on arising are complete.

LINKED DISCOURSES ON CORRUPTIONS

The Chapter on Corruptions

SN 27.1

The Eye

Cakkhusutta

1.1 At Sāvatthī.

1.2 “Mendicants, desire and greed for the eye, ear, nose, tongue, body, or mind is a corruption of the mind. When a mendicant has given up mental corruption in these six cases, their mind inclines to renunciation. A mind imbued with renunciation is declared to be capable of directly knowing anything that can be realized.”

SN 27.2

Sights

Rūpasutta

1.1 At Sāvatthī.

1.2 “Mendicants, desire and greed for sights, sounds, smells, tastes, touches, or thoughts is a corruption of the mind. When a mendicant has given up mental corruption in these six cases, their mind inclines to renunciation. A mind imbued with renunciation is declared to be capable of directly knowing anything that can be realized.”

SN 27.3

Consciousness

Viññāṇasutta

At Sāvatthī.

1.1

“Mendicants, desire and greed for eye consciousness, ear consciousness, nose consciousness, tongue consciousness, body consciousness, or mind consciousness is a corruption of the mind. When a mendicant has given up mental corruption in these six cases, their mind inclines to renunciation. A mind imbued with renunciation is declared to be capable of directly knowing anything that can be realized.”

1.2

SN 27.4

Contact

Samphassasutta

At Sāvatthī.

1.1

“Mendicants, desire and greed for eye contact, ear contact, nose contact, tongue contact, body contact, or mind contact is a corruption of the mind. ...”

1.2

SN 27.5

Feeling

Samphassajasutta

At Sāvatthī.

1.1

“Mendicants, desire and greed for feeling born of eye contact, feeling born of ear contact, feeling born of nose contact, feeling born of tongue contact, feeling born of body contact, or feeling born of mind contact is a defilement of the mind. ...”

1.2

SN 27.6

Perception

Saññāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, desire and greed for perception of sights, perception of sounds, perception of smells, perception of tastes, perception of touches, or perception of thoughts is a corruption of the mind. ...”

SN 27.7

Intention

Sañcetanāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, desire and greed for intention regarding sights, intention regarding sounds, intention regarding smells, intention regarding tastes, intention regarding touches, or intention regarding thoughts is a corruption of the mind. ...”

SN 27.8

Craving

Taṇhāsutta

1.1 At Sāvatthī.

1.2 “Mendicants, desire and greed for craving for sights, craving for sounds, craving for smells, craving for tastes, craving for touches, or craving for thoughts is a corruption of the mind. ...”

SN 27.9

Elements

Dhātusutta

At Sāvatthī.

1.1

“Mendicants, desire and greed for the earth element, the water 1.2
 element, the fire element, the air element, the space element, or
 the consciousness element is a corruption of the mind. ...”

SN 27.10

The Aggregates

Khandhasutta

At Sāvatthī.

1.1

“Mendicants, desire and greed for form, feeling, perception, 1.2
 choices, or consciousness is a corruption of the mind. When a
 mendicant has given up mental corruption in these five cases, their
 mind inclines to renunciation. A mind imbued with renunciation
 is declared to be capable of directly knowing anything that can be
 realized.”

The Linked Discourses on corruptions are complete.

LINKED DISCOURSES
WITH SĀRIPUTTA

The Chapter with Sāriputta

SN 28.1

Born of Seclusion

Vivekajasutta

At one time Venerable Sāriputta was staying near Sāvattthī in Jeta’s 1.1
Grove, Anāthapiṇḍika’s monastery. Then Venerable Sāriputta
robed up in the morning and, taking his bowl and robe, entered
Sāvattthī for alms. He wandered for alms in Sāvattthī. After the meal,
on his return from almsround, he went to the Dark Forest, plunged
deep into it, and sat at the root of a tree for the day’s meditation.

Then in the late afternoon, Sāriputta came out of retreat 2.1
and went to Jeta’s Grove, Anāthapiṇḍika’s monastery. Venerable
Ānanda saw him coming off in the distance, and said to him:

“Reverend Sāriputta, your faculties are so very clear, and your 2.4
complexion is pure and bright. What meditation were you practicing
today?”

“Reverend, quite secluded from sensual pleasures, secluded 3.1
from unskillful qualities, I entered and remained in the first absorption,
which has the rapture and bliss born of seclusion, while placing the mind
and keeping it connected. But it didn’t occur to me: ‘I am entering the first
absorption’ or ‘I have entered the first absorption’ or ‘I am emerging from the
first absorption.’”

“That must be because Venerable Sāriputta has long ago totally 3.4
eradicated ego, possessiveness, and the underlying tendency to conceit.
That’s why it didn’t occur to you: ‘I am entering the first

absorption’ or ‘I have entered the first absorption’ or ‘I am emerging from the first absorption.’”

SN 28.2

Without Placing the Mind

Avitakkasutta

1.1 At Sāvattthī.

1.2 Venerable Ānanda saw Venerable Sāriputta and said to him:

1.3 “Reverend Sāriputta, your faculties are so very clear, and your complexion is pure and bright. What meditation were you practicing today?”

2.1 “Reverend, as the placing of the mind and keeping it connected were stilled, I entered and remained in the second absorption, which has the rapture and bliss born of immersion, with internal clarity and confidence, and unified mind, without placing the mind and keeping it connected. But it didn’t occur to me: ‘I am entering the second absorption’ or ‘I have entered the second absorption’ or ‘I am emerging from the second absorption.’”

2.4 “That must be because Venerable Sāriputta has long ago totally eradicated ego, possessiveness, and the underlying tendency to conceit. That’s why it didn’t occur to you: ‘I am entering the second absorption’ or ‘I have entered the second absorption’ or ‘I am emerging from the second absorption.’”

SN 28.3

Rapture

Pītisutta

1.1 At Sāvattthī.

1.2 Venerable Ānanda saw Venerable Sāriputta and said to him:

“Reverend Sāriputta, your faculties are so very clear, and your complexion is pure and bright. What meditation were you practicing today?” 1.3

“Reverend, with the fading away of rapture, I entered and remained in the third absorption, where I meditated with equanimity, mindful and aware, personally experiencing the bliss of which the noble ones declare, ‘Equanimous and mindful, one meditates in bliss.’ But it didn’t occur to me: ‘I am entering the third absorption’ or ‘I have entered the third absorption’ or ‘I am emerging from the third absorption.’” 2.1

“That must be because Venerable Sāriputta has long ago totally eradicated ego, possessiveness, and the underlying tendency to conceit. That’s why it didn’t occur to you: ‘I am entering the third absorption’ or ‘I have entered the third absorption’ or ‘I am emerging from the third absorption.’” 2.4

SN 28.4

Equanimity

Upekkhāsutta

At Sāvattthī. 1.1

Venerable Ānanda saw Venerable Sāriputta and said to him: 1.2

“Reverend Sāriputta, your faculties are so very clear, and your complexion is pure and bright. What meditation were you practicing today?” 1.3

“Reverend, with the giving up of pleasure and pain, and the ending of former happiness and sadness, I entered and remained in the fourth absorption, without pleasure or pain, with pure equanimity and mindfulness. But it didn’t occur to me: ‘I am entering the fourth absorption’ or ‘I have entered the fourth absorption’ or ‘I am emerging from the fourth absorption.’” 2.1

“That must be because Venerable Sāriputta has long ago totally eradicated ego, possessiveness, and the underlying tendency to conceit. That’s why it didn’t occur to you: ‘I am entering the

fourth absorption’ or ‘I have entered the fourth absorption’ or ‘I am emerging from the fourth absorption.’”

SN 28.5

The Dimension of Infinite Space

Ākāsānañcāyatanasutta

1.1 At Sāvatthī.

1.2 Venerable Ānanda saw Venerable Sāriputta ...

1.3 “Reverend, going totally beyond perceptions of form, with the ending of perceptions of impingement, not focusing on perceptions of diversity, aware that ‘space is infinite’, I entered and remained in the dimension of infinite space. ...” ...

SN 28.6

The Dimension of Infinite Consciousness

Viññāṇañcāyatanasutta

1.1 At Sāvatthī.

1.2 Venerable Ānanda saw Venerable Sāriputta ...

1.3 “Reverend, going totally beyond the dimension of infinite space, aware that ‘consciousness is infinite’, I entered and remained in the dimension of infinite consciousness. ...” ...

SN 28.7

The Dimension of Nothingness

Ākiñcaṇṇāyatanasutta

1.1 At Sāvatthī.

1.2 Venerable Ānanda saw Venerable Sāriputta ...

“Reverend, going totally beyond the dimension of infinite consciousness, aware that ‘there is nothing at all’, I entered and remained in the dimension of nothingness. ...” ... 1.3

SN 28.8

The Dimension of Neither Perception Nor Non-Perception

Nevasaññānāsaññāyatanaśutta

At Sāvatthī. 1.1

Venerable Ānanda saw Venerable Sāriputta ... 1.2

“Reverend, going totally beyond the dimension of nothingness, I entered and remained in the dimension of neither perception nor non-perception. ...” ... 1.3

SN 28.9

The Attainment of Cessation

Nirodhasamāpattisutta

At Sāvatthī. 1.1

Venerable Ānanda saw Venerable Sāriputta ... 1.2

“Reverend, going totally beyond the dimension of neither perception nor non-perception, I entered and remained in the cessation of perception and feeling. But it didn’t occur to me: ‘I am entering the cessation of perception and feeling’ or ‘I have entered the cessation of perception and feeling’ or ‘I am emerging from the cessation of perception and feeling.’” 1.3

“That must be because Venerable Sāriputta has long ago totally eradicated ego, possessiveness, and the underlying tendency to conceit. That’s why it didn’t occur to you: ‘I am entering the cessation of perception and feeling’ or ‘I have entered the cessation of perception and feeling’ or ‘I am emerging from the cessation of perception and feeling.’” 1.6

SN 28.10

With Sucimukhī

Sucimukhīsutta

- 1.1 At one time Venerable Sāriputta was staying near Rājagaha, in the Bamboo Grove, the squirrels' feeding ground. Then he robed up in the morning and, taking his bowl and robe, entered Rājagaha for alms. After wandering indiscriminately for almsfood in Rājagaha, he ate his almsfood by a wall.
- 1.4 Then the wanderer Sucimukhī went up to Venerable Sāriputta and said to him:
- 2.1 "Ascetic, do you eat facing downwards?"
- 2.2 "No, sister."
- 2.3 "Well then, do you eat facing upwards?"
- 2.4 "No, sister."
- 2.5 "Well then, do you eat facing the cardinal directions?"
- 2.6 "No, sister."
- 2.7 "Well then, do you eat facing the intermediate directions?"
- 2.8 "No, sister."
- 3.1 "When asked if you eat facing all these directions, you answer 'no, sister'. How exactly do you eat, ascetic?"
- 4.2 "Sister, those ascetics and brahmins who earn a living by geomancy—an unworthy branch of knowledge, a wrong livelihood—are said to eat facing downwards.
- 4.3 Those ascetics and brahmins who earn a living by astrology—an unworthy branch of knowledge, a wrong livelihood—are said to eat facing upwards.
- 4.4 Those ascetics and brahmins who earn a living by running errands and messages—a wrong livelihood—are said to eat facing the cardinal directions.
- 4.5 Those ascetics and brahmins who earn a living by palmistry—an unworthy branch of knowledge, a wrong livelihood—are said to eat facing the intermediate directions.

I don't earn a living by any of these means. I seek alms in a 5.1
principled manner, and I eat it in a principled manner."

Then Sucimukhī the wanderer went around Rājagaha from 6.1
street to street and from square to square, and announced: "The
Sakyan ascetics eat food in a principled manner! The Sakyan as-
cetics eat food blamelessly! Give almsfood to the Sakyan ascetics!"

The Linked Discourses on Sāriputta are complete.

LINKED DISCOURSES ON DRAGONS

The Chapter on Dragons

SN 29.1

Plain Version

Suddhikasutta

At Sāvatthī.

1.1

“Mendicants, dragons reproduce in these four ways. What 1.2
four? Dragons are born from eggs, from a womb, from moisture,
or spontaneously. These are the four ways that dragons reproduce.”

SN 29.2

Better

Paṇītatarasutta

At Sāvatthī.

1.1

“Mendicants, dragons reproduce in these four ways. What 1.2
four? Dragons are born from an egg, from a womb, from moisture,
or spontaneously. Of these, dragons born from a womb, from
moisture, or spontaneously are better than those born from an
egg. Dragons born from moisture or spontaneously are better than
those born from an egg or from a womb. Dragons born spontaneously
are better than those born from an egg, from a womb, or
from moisture. These are the four ways that dragons reproduce.”

SN 29.3

Sabbath

Uposathasutta

- 1.1 At one time the Buddha was staying near Sāvattthī in Jeta’s Grove, Anāthapiṇḍika’s monastery. Then a mendicant went up to the Buddha, sat down to one side, and said to him:
- 1.3 “Sir, what is the cause, what is the reason why some egg-born dragons keep the sabbath, having transformed their bodies?”
- 2.1 “Mendicant, it’s when some egg-born dragons think: ‘In the past we did both kinds of deeds by body, speech, and mind. When the body broke up, after death, we were reborn in the company of the egg-born dragons. If today we do good things by body, speech, and mind, when the body breaks up, after death, we may be reborn in a good place, a heavenly realm. Come, let us do good things by way of body, speech, and mind.’ This is the cause, this is the reason why some egg-born dragons keep the sabbath, having transformed their bodies.”

SN 29.4

Sabbath (2nd)

Dutiyauposathasutta

- 1.1 At Sāvattthī.
- 1.2 Then a mendicant went up to the Buddha ... and asked him, “Sir, what is the cause, what is the reason why some womb-born dragons keep the sabbath, having transformed their bodies?”
- 1.4 (All should be told in full.)

SN 29.5

Sabbath (3rd)

Tatiyauposathasutta

- At Sāvatthī. 1.1
 Seated to one side, that mendicant said to the Buddha: 1.2
 “Sir, what is the cause, what is the reason why some moisture- 1.3
 born dragons keep the sabbath, having transformed their bodies?”
 (All should be told in full.) 1.4

SN 29.6

Sabbath (4th)

Catutthauposathasutta

- At Sāvatthī. 1.1
 Seated to one side, that mendicant said to the Buddha: 1.2
 “Sir, what is the cause, what is the reason why some 1.3
 spontaneously-born dragons keep the sabbath, having trans-
 formed their bodies?”
 (All should be told in full.) 2.1

SN 29.7

They’ve Heard

Sutasutta

- At Sāvatthī. 1.1
 Seated to one side, that mendicant said to the Buddha: 1.2
 “Sir, what is the cause, what is the reason why someone, when 1.3
 their body breaks up, after death, is reborn in the company of the
 egg-born dragons?”
 “Mendicant, it’s when someone does both kinds of deeds by 2.1
 body, speech, and mind. And they’ve heard: ‘The egg-born dragons
 are long-lived, beautiful, and very happy.’ They think: ‘If only, when

my body breaks up, after death, I would be reborn in the company of the egg-born dragons!’ When their body breaks up, after death, they’re reborn in the company of the egg-born dragons. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the egg-born dragons.”

SN 29.8

They’ve Heard (2nd)

Dutiyasutasutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the womb-born dragons?”

1.4 (All should be told in full.)

SN 29.9

They’ve Heard (3rd)

Tatīyasutasutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the moisture-born dragons?”

1.4 (All should be told in full.)

SN 29.10

They've Heard (4th)

Catutthasutasutta

- At Sāvatthī. 1.1
- Seated to one side, that mendicant said to the Buddha: 1.2
- “Sir, what is the cause, what is the reason why someone, when 1.3
- their body breaks up, after death, is reborn in the company of the
- spontaneously-born dragons?”
- (All should be told in full.) 2.1

SN 29.11–20

Ten Discourses On How Giving Helps to Become Egg-Born

Aṇḍajadānūpakārasuttadasaka

- Seated to one side, that mendicant said to the Buddha: 1.1
- “Sir, what is the cause, what is the reason why someone, when 1.2
- their body breaks up, after death, is reborn in the company of the
- egg-born dragons?”
- “Mendicant, it's when someone does both kinds of deeds by 2.1
- body, speech, and mind. And they've heard: ‘The egg-born dragons
- are long-lived, beautiful, and very happy.’ They think: ‘If only, when
- my body breaks up, after death, I would be reborn in the company
- of the egg-born dragons!’ They give food ... drink ... clothing ...
- a vehicle ... a garland ... fragrance ... makeup ... a bed ... a house
- ... a lamp. When their body breaks up, after death, they're reborn
- in the company of the egg-born dragons. This is the cause, this is
- the reason why someone, when their body breaks up, after death,
- is reborn in the company of the egg-born dragons.”

SN 29.21–50

Thirty Discourses On How Giving Helps to Become Womb-Born, Etc.

Jalābujādidānūpakārasuttattiṃsaka

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the womb-born dragons ... moisture-born dragons ... spontaneously-born dragons?”

2.1 “Mendicant, it’s when someone does both kinds of deeds by body, speech, and mind. And they’ve heard: ‘The spontaneously-born dragons are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the spontaneously-born dragons!’ They give food ... drink ... a lamp. When their body breaks up, after death, they’re reborn in the company of the spontaneously-born dragons. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the spontaneously-born dragons.”

3.1 (Each set of ten discourses of this series should be treated in the same way.)

The Linked Discourses on dragons are complete.

LINKED DISCOURSES ON PHOENIXES

The Chapter on Phoenixes

SN 30.1

Plain Version

Suddhikasutta

1.1 At Sāvatthī.

1.2 “Mendicants, phoenixes reproduce in these four ways. What four? Phoenixes are born from eggs, from a womb, from moisture, or spontaneously. These are the four ways that phoenixes reproduce.”

SN 30.2

They Carry Off

Harantisutta

1.1 At Sāvatthī.

1.2 “Mendicants, phoenixes reproduce in these four ways. What four? Phoenixes are born from eggs, from a womb, from moisture, or spontaneously. These are the four ways that phoenixes reproduce. Of these, phoenixes born from an egg can only carry off dragons born from an egg, not those born from a womb, from moisture, or spontaneously. Phoenixes born from a womb can carry off dragons born from an egg or from a womb, but not those born from moisture or spontaneously. Phoenixes born from moisture can carry off dragons born from an egg, from a womb, or from

moisture, but not those born spontaneously. Phoenixes born spontaneously can carry off dragons born from an egg, from a womb, from moisture, or spontaneously. These are the four ways that phoenixes reproduce.”

SN 30.3

Both Kinds of Deeds

Dvayakārīsutta

At Sāvatthī.

1.1

Then a mendicant went up to the Buddha, bowed, sat down to one side, and said to him: 1.2

“Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the egg-born phoenixes?” 1.3

“Mendicant, it’s when someone does both kinds of deeds by body, speech, and mind. And they’ve heard: ‘The egg-born phoenixes are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the egg-born phoenixes!’ When their body breaks up, after death, they’re reborn in the company of the egg-born phoenixes. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the egg-born phoenixes.” 1.4

SN 30.4–6

Both Kinds of Deeds (2nd–4th)

Dutiyādidvayakārīsuttattika

At Sāvatthī.

1.1

Seated to one side, that mendicant said to the Buddha: 1.2

“Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of 1.3

the womb-born phoenixes ... moisture-born phoenixes ... or spontaneously-born phoenixes?”

1.6 (All should be told in full.)

SN 30.7–16

Ten Discourses On How Giving Helps to Become Egg-Born

Aṇḍajadānūpakārasuttadasaka

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the egg-born phoenixes?”

1.4 “Mendicant, it’s when someone does both kinds of deeds by body, speech, and mind. And they’ve heard: ‘The egg-born phoenixes are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the egg-born phoenixes!’ They give food ... drink ... clothing ... a vehicle ... a garland ... fragrance ... makeup ... a bed ... a house ... a lamp. When their body breaks up, after death, they’re reborn in the company of the egg-born phoenixes. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the egg-born phoenixes.”

SN 30.17–46

How Giving Helps to Become Womb-Born, Etc.

Jalābujadānūpakārasutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

“Sir, what is the cause, what is the reason why someone, when 1.3
their body breaks up, after death, is reborn in the company of
the womb-born phoenixes ... moisture-born phoenixes ... or
spontaneously-born phoenixes?”

(All should be told in full.)

1.6

The Linked Discourses on phoenixes are complete.

LINKED DISCOURSES ON FAIRIES

The Chapter on Fairies

SN 3.1.1

Plain Version

Suddhikasutta

At one time the Buddha was staying near Sāvattthī in Jeta’s Grove, 1.1
Anāthapiṇḍika’s monastery. ... The Buddha said this:

“Mendicants, I will teach you about the gods of fairykind. Lis- 1.3
ten ...

And what are the gods of fairykind? There are gods who live 1.5
in fragrant roots, fragrant heartwood, fragrant softwood, fragrant
bark, fragrant shoots, fragrant leaves, fragrant flowers, fragrant
fruit, fragrant sap, and fragrant scents. These are called the gods of
fairykind.”

SN 3.1.2

Good Conduct

Sucaritasutta

At Sāvattthī. 1.1

Seated to one side, that mendicant said to the Buddha: 1.2

“Sir, what is the cause, what is the reason why someone, when 1.3
their body breaks up, after death, is reborn in the company of the
gods of fairykind?”

- 1.4 “Mendicant, it’s when someone does good things by way of body, speech, and mind. And they’ve heard: ‘The gods of fairykind are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of fairykind!’ When their body breaks up, after death, they’re reborn in the company of the gods of fairykind. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind.”

SN 31.3

A Giver of Fragrant Roots

Mūlagandhadātāsutta

- 1.1 At Sāvatthī.
- 1.2 Seated to one side, that mendicant said to the Buddha:
- 1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live in fragrant roots?”
- 1.4 “Mendicant, it’s when someone does good things by way of body, speech, and mind. And they’ve heard: ‘The gods of fairykind who live in fragrant roots are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of fairykind who live in fragrant roots!’ They give gifts of fragrant roots. When their body breaks up, after death, they’re reborn in the company of the gods of fairykind who live in fragrant roots. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live in fragrant roots.”

SN 31.4–12

Nine Discourses On Givers of Fragrant Heartwood, Etc.

Sāragandhādīdātāsuttanavaka

At Sāvattḥī.

1.1

Seated to one side, that mendicant said to the Buddha:

1.2

“Sir, what is the cause, what is the reason why someone, when 1.3
their body breaks up, after death, is reborn in the company of the
gods of fairykind who live in fragrant heartwood ... softwood ...
bark ... sprouts ... leaves ... flowers ... fruit ... sap ... fragrant
scents?”

“Mendicant, it’s when someone does good things by way of 1.12
body, speech, and mind. And they’ve heard: ‘The gods of fairykind
who live in fragrant heartwood ... fragrant scents are long-lived,
beautiful, and very happy.’ They think: ‘If only, when my body
breaks up, after death, I would be reborn in the company of the
gods of fairykind who live in fragrant heartwood ... fragrant scents!’
They give gifts of fragrant heartwood ... fragrant scents. When
their body breaks up, after death, they’re reborn in the company of
the gods of fairykind who live in fragrant scents. This is the cause,
this is the reason why someone, when their body breaks up, after
death, is reborn in the company of the gods of fairykind who live
on fragrant scents.”

SN 31.13–22

Ten Discourses On How Giving Helps to Become a Fragrant Root Fairy

Mūlagandhadānūpakārasuttadasaka

At Sāvattḥī.

1.1

Seated to one side, that mendicant said to the Buddha:

1.2

- 1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live in fragrant roots?”
- 1.4 “Mendicant, it’s when someone does good things by way of body, speech, and mind. And they’ve heard: ‘The gods of fairykind who live in fragrant roots are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of fairykind who live in fragrant roots!’ They give food ... drink ... clothing ... a vehicle ... a garland ... fragrance ... makeup ... a bed ... a house ... a lamp. When their body breaks up, after death, they’re reborn in the company of the gods of fairykind who live in fragrant roots. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live on fragrant scents.”

SN 31.23–112

Ninety Discourses On How Giving Helps to Become a Fragrant Heartwood Fairy

Sāragandhādidānūpakārasuttanavutika

- 1.1 At Sāvattḥi.
- 1.2 Seated to one side, that mendicant said to the Buddha:
- 1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live in fragrant heartwood ... softwood ... bark ... sprouts ... leaves ... flowers ... fruit ... sap ... fragrant scents?”
- 1.12 “Mendicant, it’s when someone does good things by way of body, speech, and mind. And they’ve heard: ‘The gods of fairykind who live in fragrant scents are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of fairykind who live in

fragrant scents!’ They give food ... drink ... clothing ... a vehicle ... a garland ... fragrance ... makeup ... a bed ... a house ... a lamp. When their body breaks up, after death, they’re reborn in the company of the gods of fairykind who live in fragrant scents. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of fairykind who live on fragrant scents.”

The Linked Discourses on fairykind are completed.

LINKED DISCOURSES ON CLOUD GODS

The Chapter on Gods of the Clouds

SN 32.1

Plain Version

Suddhikasutta

- At Sāvatthī. 1.1
- “Mendicants, I will teach you about the gods of the clouds. 1.2
- Listen . . .
- And what are the gods of the clouds? There are gods of the 1.4
cool clouds, warm clouds, thunder clouds, windy clouds, and rainy
clouds. These are called the gods of the clouds.”

SN 32.2

Good Conduct

Sucaritasutta

- At Sāvatthī. 1.1
- Seated to one side, that mendicant said to the Buddha: 1.2
- “Sir, what is the cause, what is the reason why someone, when 1.3
their body breaks up, after death, is reborn in the company of the
gods of the clouds?”
- “Mendicant, it’s when someone does good things by way of 1.4
body, speech, and mind. And they’ve heard: ‘The gods of the

clouds are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of the clouds!’ When their body breaks up, after death, they’re reborn in the company of the gods of the clouds. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of the clouds.”

SN 32.3–12

Ten Discourses On How Giving Helps to Become a Cool Cloud God

Sītavalāhakadānūpakārasuttadasaka

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of cool clouds?”

1.4 “Mendicant, it’s when someone does good things by way of body, speech, and mind. And they’ve heard: ‘The gods of cool clouds are long-lived, beautiful, and very happy.’ They think: ‘If only, when my body breaks up, after death, I would be reborn in the company of the gods of the cool clouds!’ They give food ... a lamp. When their body breaks up, after death, they’re reborn in the company of the gods of cool clouds. This is the cause, this is the reason why someone, when their body breaks up, after death, is reborn in the company of the gods of cool clouds.”

SN 32.13–52

How Giving Helps to Become a Warm Cloud God, Etc.

Uṇhavalāhakatādānūpakārasutta

- At Sāvatthī. 1.1
- Seated to one side, that mendicant said to the Buddha: 1.2
- “Sir, what is the cause, what is the reason why someone, when 1.3
their body breaks up, after death, is reborn in the company of the
gods of warm clouds ... thunder clouds ... windy clouds ... rainy
clouds?”
- “Mendicant, it’s when someone does good things by way of 1.7
body, speech, and mind. And they’ve heard: ‘The gods of rainy
clouds are long-lived, beautiful, and very happy.’ They think: ‘If
only, when my body breaks up, after death, I would be reborn in
the company of the gods of rainy clouds!’ They give food ... a
lamp. When their body breaks up, after death, they’re reborn in
the company of the gods of rainy clouds. This is the cause, this is
the reason why someone, when their body breaks up, after death,
is reborn in the company of the gods of rainy clouds.”

SN 32.53

Gods of the Cool Clouds

Sītavalāhakasutta

- At Sāvatthī. 1.1
- Seated to one side, that mendicant said to the Buddha: 1.2
- “Sir, what is the cause, what is the reason why sometimes it 1.3
becomes cool?”
- “Mendicant, there are what are called gods of the cool clouds. 1.4
Sometimes they think: ‘Why don’t we revel in our own kind of
enjoyment?’ Then, in accordance with their wish, it becomes cool.
This is the cause, this is the reason why sometimes it becomes cool.”

SN 32.54

Gods of the Warm Clouds

Uṇhavalāhakasutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why sometimes it becomes warm?”

1.4 “Mendicant, there are what are called gods of the warm clouds. Sometimes they think: ‘Why don’t we revel in our own kind of enjoyment?’ Then, in accordance with their wish, it becomes warm. This is the cause, this is the reason why sometimes it becomes warm.”

SN 32.55

Gods of the Storm Clouds

Abbhavalāhakasutta

1.1 At Sāvatthī.

1.2 Seated to one side, that mendicant said to the Buddha:

1.3 “Sir, what is the cause, what is the reason why sometimes it becomes stormy?”

1.4 “Mendicant, there are what are called gods of the storm clouds. Sometimes they think: ‘Why don’t we revel in our own kind of enjoyment?’ Then, in accordance with their wish, it becomes stormy. This is the cause, this is the reason why sometimes it becomes stormy.”

SN 32.56

Gods of the Windy Clouds

Vātavalāhakasutta

1.1 At Sāvatthī.

Seated to one side, that mendicant said to the Buddha: 1.2
 “Sir, what is the cause, what is the reason why sometimes it 1.3
 becomes windy?”
 “Mendicant, there are what are called gods of the windy clouds. 1.4
 Sometimes they think: ‘Why don’t we revel in our own kind of en-
 joyment?’ Then, in accordance with their wish, it becomes windy.
 This is the cause, this is the reason why sometimes it becomes
 windy.”

SN 32.57

Gods of the Rainy Clouds

Vassavalāhakaṣutta

At Sāvatthī. 1.1
 Seated to one side, that mendicant said to the Buddha: 1.2
 “Sir, what is the cause, what is the reason why sometimes it 1.3
 rains?”
 “Mendicant, there are what are called gods of the rainy clouds. 1.4
 Sometimes they think: ‘Why don’t we revel in our own kind of
 enjoyment?’ Then, in accordance with their wish, it becomes rainy.
 This is the cause, this is the reason why sometimes it rains.”

The Linked Discourses on gods of the clouds are complete.

LINKED DISCOURSES
WITH VACCHAGOTTA

The Chapter with Vacchagotta

SN 33.1

Not Knowing Form

Rūpaaññāṇasutta

At one time the Buddha was staying near Sāvattthī in Jeta’s Grove, 1.1
Anāthapiṇḍika’s monastery. Then the wanderer Vacchagotta went
up to the Buddha and exchanged greetings with him. When the
greetings and polite conversation were over, he sat down to one
side and said to the Buddha:

“What is the cause, Master Gotama, what is the reason why 1.4
these various misconceptions arise in the world? That is: the cos-
mos is eternal, or not eternal, or finite, or infinite; the soul and the
body are the same thing, or they are different things; after death,
a Realized One exists, or doesn’t exist, or both exists and doesn’t
exist, or neither exists nor doesn’t exist.”

“Vaccha, it is because of not knowing form, its origin, its ces- 1.6
sation, and the practice that leads to its cessation that these various
misconceptions arise in the world. This is the cause, this is the
reason.”

SN 33.2

Not Knowing Feeling

Vedanāaññānasutta

1.1 At Sāvatthī.

1.2 Then the wanderer Vacchagotta said to the Buddha:

1.3 “What is the cause, Master Gotama, what is the reason why these various misconceptions arise in the world? That is: the cosmos is eternal, or not eternal ... after death, a Realized One neither exists nor doesn’t exist.”

1.6 “Vaccha, it is because of not knowing feeling, its origin, its cessation, and the practice that leads to its cessation that these various misconceptions arise in the world. This is the cause, this is the reason.”

SN 33.3

Not Knowing Perception

Saññāaññānasutta

1.1 At Sāvatthī.

1.2 Then the wanderer Vacchagotta said to the Buddha:

1.3 “What is the cause, Master Gotama, what is the reason why these various misconceptions arise in the world? ...”

1.6 “Vaccha, it is because of not knowing perception, its origin, its cessation, and the practice that leads to its cessation ...”

SN 33.4

Not Knowing Choices

Saṅkhāraaññānasutta

1.1 At Sāvatthī.

1.2 Then the wanderer Vacchagotta said to the Buddha:

“What is the cause, Master Gotama, what is the reason why 1.3
these various misconceptions arise in the world? ...”

“Vaccha, it is because of not knowing choices, their origin, 1.6
their cessation, and the practice that leads to their cessation ...”

SN 33.5

Not Knowing Consciousness

Viññāṇaāññāṇasutta

At Sāvattḥī. 1.1

Then the wanderer Vacchagotta said to the Buddha: 1.2

“What is the cause, Master Gotama, what is the reason why 1.3
these various misconceptions arise in the world? ...”

“Vaccha, it is because of not knowing consciousness, its origin, 1.6
its cessation, and the practice that leads to its cessation ...”

SN 33.6–10

Five Discourses on Not Seeing Form, Etc.

Rūpaadassanādisuttapañcaka

At Sāvattḥī. 1.1

Then the wanderer Vacchagotta said to the Buddha: 1.2

“What is the cause, Master Gotama, what is the reason why 1.3
these various misconceptions arise in the world? ...”

“Vaccha, it is because of not seeing form ... feeling ... percep- 1.6
tion ... choices ... consciousness, its origin, its cessation, and the
practice that leads to its cessation ...”

SN 33.11–15

Five Discourses on Not Comprehending Form, Etc.

Rūpaanabhisamayādisuttapañcaka

- 1.1 At Sāvatthī.
- 1.2 “Vaccha, it is because of not comprehending form ...
- 1.1 feeling ...
- 1.1 perception ...
- 1.1 choices ...
- 1.1 consciousness ...”

SN 33.16–20

Five Discourses on Not Understanding Form, Etc.

Rūpaananubodhādisuttapañcaka

- 1.1 At Sāvatthī.
- 1.2 “Vaccha, it is because of not understanding form ...
- 1.1 feeling ...
- 1.1 perception ...
- 1.1 choices ...
- 1.1 consciousness ...”

SN 33.21–25

Five Discourses on Not Penetrating Form, Etc.

Rūpaappaṭivedhādisuttapañcaka

- 1.1 At Sāvatthī.
- 1.2 “Vaccha, it is because of not penetrating form ...”

SN 33.26–30

Five Discourses on Not Distinguishing Form, Etc.

Rūpaasallakkhaṇādisuttapañcaka

- At Sāvatthī. 1.1
“Vaccha, it is because of not distinguishing form ...” 1.2

SN 33.31–35

Five Discourses on Not Detecting Form, Etc.

Rūpaanupalakkhaṇādisuttapañcaka

- At Sāvatthī. 1.1
“Vaccha, it is because of not detecting form ...” 1.2

SN 33.36–40

Five Discourses on Not Differentiating Form, Etc.

Rūpaappaccupalakkhaṇādisuttapañcaka

- At Sāvatthī. 1.1
“Vaccha, it is because of not differentiating form ...” 1.2

SN 33.41–45

Five Discourses on Not Examining Form, Etc.

Rūpaasamapekkhaṇādisuttapañcaka

- At Sāvatthī. 1.1
“Vaccha, it is because of not examining form ...” 1.2

SN 33.46–50

Five Discourses on Not Scrutinizing Form, Etc.

Rūpaappaccupekkhaṇādisuttapañcaka

1.1 At Sāvatthī.

1.2 “Vaccha, it is because of not scrutinizing form ...”

SN 33.51–54

Four Discourses on Not Directly Experiencing Form, Etc.

Rūpaappaccakkhakammādisuttacatukka

1.1 At Sāvatthī.

1.2 Then the wanderer Vacchagotta went up to the Buddha and exchanged greetings with him. When the greetings and polite conversation were over, he sat down to one side, and said to the Buddha:

1.4 “What is the cause, Master Gotama, what is the reason why these various misconceptions arise in the world? ...”

1.7 “Vaccha, it is because of not directly experiencing form ...

1.1 feeling ...

1.1 perception ...

1.1 choices ...”

SN 33.55

Not Directly Experiencing Consciousness

Vīññāṇaappaccakkhakammasutta

1.1 At Sāvatthī.

1.2 “Vaccha, it is because of not directly experiencing consciousness, its origin, its cessation, and the practice that leads to its ces-

sation that these various misconceptions arise in the world. This is the cause, this is the reason.”

The Linked Discourses with Vacchagotta are completed.

LINKED DISCOURSES ON ABSORPTION

The Chapter on Absorption

SN 34.1

Entering Immersion

Samādhimūlakasamāpattisutta

- At Sāvatthī. 1.1
- “Mendicants, there are these four meditators. What four? 1.2
- One meditator is skilled in immersion but not in entering it. 1.4
- One meditator is not skilled in immersion but is skilled in 1.5
entering it.
- One meditator is skilled neither in immersion nor in entering 1.6
it.
- One meditator is skilled both in immersion and in entering it. 1.7
- Of these, the meditator skilled in immersion and in entering it 1.8
is the foremost, best, chief, highest, and finest of the four.
- From a cow comes milk, from milk comes curds, from curds 1.9
come butter, from butter comes ghee, and from ghee comes cream
of ghee. And the cream of ghee is said to be the best of these.
- In the same way, the meditator skilled in immersion and en- 1.10
tering it is the foremost, best, leading, highest, and finest of the
four.”

SN 34.2

Remaining in Immersion

Samādhimūlakaṭhitisutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, there are these four meditators. What four?
- 1.4 One meditator is skilled in immersion but not in remaining in it.
- 1.5 One meditator is skilled in remaining in immersion but is not skilled in immersion.
- 1.6 One meditator is skilled neither in immersion nor in remaining in it.
- 1.7 One meditator is skilled both in immersion and in remaining in it.
- 1.8 Of these, the meditator skilled in immersion and in remaining in it is the foremost, best, leading, highest, and finest of the four.
- 1.9 From a cow comes milk, from milk comes curds, from curds come butter, from butter comes ghee, and from ghee comes cream of ghee. And the cream of ghee is said to be the best of these.
- 1.10 In the same way, the meditator skilled in immersion and remaining in it is the foremost, best, leading, highest, and finest of the four.”

SN 34.3

Emerging From Immersion

Samādhimūlakavutṭhānasutta

- 1.1 At Sāvatthī.
- 1.2 “Mendicants, there are these four meditators. What four?
- 1.4 One meditator is skilled in immersion but not in emerging from it. ...”

SN 34.4

Gladdening for Immersion

Samādhimūlakakallitasutta

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in immersion but not in gladdening 1.4
 the mind for immersion. ...”

SN 34.5

Supports For Immersion

Samādhimūlakaārammaṇasutta

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in immersion but not in the supports 1.4
 for immersion. ...”

SN 34.6

Meditation Subjects For Immersion

Samādhimūlakagocarasutta

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in immersion but not in the medita- 1.4
 tion subjects for immersion. ...”

SN 34.7

Projecting the Mind Purified by Immersion

Samādhimūlakaabhinihārasutta

- At Sāvatthī. 1.1

- 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in immersion but not in projecting
 the mind purified by immersion. ...”

SN 34.8

Carefulness in Immersion

Samādhimūlakasakkaccakārīsutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in immersion but not in practicing
 carefully for it. ...”

SN 34.9

Persistence in Immersion

Samādhimūlakasātaccakārīsutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in immersion but not in practicing
 persistently for it. ...”

SN 34.10

Conducive to Immersion

Samādhimūlakasappāyakārīsutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in immersion but not in doing what’s
 conducive to it. ...”

SN 34.11

Entering and Remaining

Samāpattimūlakapaṭṭhisutta

- At Sāvatthī. 1.1
“Mendicants, there are these four meditators. What four? 1.2
One meditator is skilled in entering immersion but not in re- 1.4
maining in it. ...”

SN 34.12

Entering and Emerging

Samāpattimūlakavutṭhānasutta

- At Sāvatthī. 1.1
“Mendicants, there are these four meditators. What four? 1.2
One meditator is skilled in entering immersion but not in 1.4
emerging from it. ...”

SN 34.13

Entering and Gladdening

Samāpattimūlakakallitasutta

- At Sāvatthī. 1.1
“Mendicants, there are these four meditators. What four? 1.2
One meditator is skilled in entering immersion but not in glad- 1.4
dening the mind for immersion. ...”

SN 34.14

Entering and Supports

Samāpattimūlakaārammaṇasutta

- At Sāvatthī. 1.1

- 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in entering immersion but not in the supports for it. ...”

SN 34.15

Entering and Meditation Subjects

Samāpattimūlakagocarasutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in entering immersion but not in the mindfulness meditation subjects for immersion. ...”

SN 34.16

Entering and Projecting

Samāpattimūlakaabhinihārasutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in entering immersion but not in projecting the mind purified by immersion. ...”

SN 34.17

Entering and Carefulness

Samāpattimūlakasakkaccasutta

- 1.1 At Sāvatthī.
 1.2 “Mendicants, there are these four meditators. What four?
 1.4 One meditator is skilled in entering immersion but not in practicing carefully for it. ...”

SN 34.18

Entering and Persistence

Samāpattimūlakasātaccasutta

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in entering immersion but not in practicing persistently for it. ...” 1.4

SN 34.19

Entering and What’s Conducive

Samāpattimūlakasappāyakārīsutta

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in entering immersion but not in doing what’s conducive to it. ...” 1.4

SN 34.20–27

Eight on Remaining and Emergence, Etc.

Ṭhitimūlakavutṭhānasuttādiatṭhaka

- At Sāvatthī. 1.1
 “Mendicants, there are these four meditators. What four? 1.2
 One meditator is skilled in remaining in immersion but not in emerging from it. ...” 1.4
 (These eight discourses should be expanded in line with the previous set.)

SN 34.28–34

Seven on Emergence and Gladdening, Etc.

Vuṭṭhānamūlakakallitasuttādisattaka

1.1 At Sāvatthī.

1.2 “Mendicants, there are these four meditators. What four?

1.4 One meditator is skilled in emerging from immersion but not in gladdening the mind for immersion. ...”

(These seven discourses should be expanded in line with the previous set.)

SN 34.35–40

Six on Gladdening and Support, Etc.

Kallitamūlakaārammaṇasuttādichakka

1.1 At Sāvatthī.

1.2 “One meditator is skilled in gladdening the mind for immersion but not in the supports for immersion. ...”

(These six discourses should be expanded in line with the previous set.)

SN 34.41–45

Five on Support and Subjects, Etc.

Ārammaṇamūlakagocarassuttādipaṇṇaka

1.1 At Sāvatthī.

1.2 “One meditator is skilled in the supports for immersion but not in the mindfulness meditation subjects for immersion. ...”

(These five discourses should be expanded in line with the previous set.)

SN 34.46–49

Four on Subjects and Projection, Etc.

Gocaramūlakaabhinīhārasuttādicatukka

At Sāvattḥī.

1.1

“One meditator is skilled in the mindfulness meditation sub- 1.2
jects for immersion but not in projecting the mind purified by
immersion. ...”

(These four discourses should be expanded in line with the 2.1
previous set.)

SN 34.50–52

Three on Projection and Carefulness

Abhinīhāramūlakasakkaccasuttāditika

At Sāvattḥī.

1.1

“One meditator is skilled in projecting the mind purified by 1.2
immersion but not in practicing carefully for it. ...”

(These three discourses should be expanded in line with the 2.1
previous set.)

SN 34.53–54

Two on Carefulness and Persistence

Sakkaccamūlakasātaccakārīsuttadukādi

At Sāvattḥī.

1.1

“One meditator is skilled in practicing carefully for immersion 1.2
but not in practicing persistently for it. ...”

(These two discourses should be expanded in line with the 2.1
previous set.)

SN 34.55

Persistence and What's Conducive

Sātaccamūlakasappāyakārīsutta

1.1 At Sāvatthī.

1.2 “Mendicants, there are these four meditators. What four?

1.4 One meditator is skilled in practicing persistently for immersion but not in doing what's conducive to it.

1.5 One meditator is skilled in doing what's conducive to immersion but not in practicing persistently for it.

1.6 One meditator is skilled neither in practicing persistently for immersion nor in doing what's conducive to it.

1.7 One meditator is skilled both in practicing persistently for immersion and in doing what's conducive to it.

1.8 Of these, the meditator skilled both in practicing persistently for immersion and in doing what's conducive to it is the foremost, best, leading, highest, and finest of the four.

1.9 From a cow comes milk, from milk comes curds, from curds come butter, from butter comes ghee, and from ghee comes cream of ghee. And the cream of ghee is said to be the best of these.

1.10 In the same way, the meditator skilled both in practicing persistently for immersion and in doing what's conducive to it is the foremost, best, leading, highest, and finest of the four.”

1.11 That is what the Buddha said. Satisfied, the mendicants were happy with what the Buddha said.

The Linked Discourses on Absorption are complete.

THE BOOK OF THE AGGREGATES IS FINISHED.

Colophon

The Translator

Bhikkhu Sujato was born as Anthony Aidan Best on 4/11/1966 in Perth, Western Australia. He grew up in the pleasant suburbs of Mt Lawley and Attadale alongside his sister Nicola, who was the good child. His mother, Margaret Lorraine Huntsman née Pinder, said “he’ll either be a priest or a poet”, while his father, Anthony Thomas Best, advised him to “never do anything for money”. He attended Aquinas College, a Catholic school, where he decided to become an atheist. At the University of WA he studied philosophy, aiming to learn what he wanted to do with his life. Finding that what he wanted to do was play guitar, he dropped out. His main band was named Martha’s Vineyard, which achieved modest success in the indie circuit. Then it broke up, because everyone thought they personally were reason for the success, which, oddly enough, turns out not to have been the case.

A seemingly random encounter with a roadside joey took him to Thailand, where he entered his first meditation retreat at Wat Ram Poeng, Chiang Mai in 1992. He decided to devote himself to the Buddha’s path, and took full ordination in Wat Pa Nanachat in 1994, where his teachers were Ajahn Pasanno and Ajahn Jayasaro. In 1997 he returned to Perth to study with Ajahn Brahm at Bodhinyana Monastery.

He spent several years practicing in seclusion in Malaysia and Thailand before establishing Santi Forest Monastery in Bun-

danoon, NSW, in 2003. There he was instrumental in supporting the establishment of the Theravada bhikkhuni order in Australia and advocating for women's rights. He continues to teach in Australia and globally, with a special concern for the moral implications of climate change and other forms of environmental destruction. He has published a series of books of original and groundbreaking research on early Buddhism.

In 2005 he founded SuttaCentral together with Rod Bucknell and John Kelly. In 2015, seeing the need for a complete, accurate, plain English translation of the Pali texts, he undertook the task, spending nearly three years in isolation on the isle of Qi Mei off the coast of the nation of Taiwan. He completed the four main Nikāyas in 2018, and the early books of the Khuddaka Nikāya were complete by 2021. All this work is dedicated to the public domain and is entirely free of copyright encumbrance.

In 2019 he returned to Sydney where, together with Bhikkhu Akaliko, he established Lokanta Vihara (The Monastery at the End of the World).

Creation Process

Primary source was the digital Mahāsaṅgīti edition of the Pali Tipiṭaka. Translated from the Pali, with reference to several English translations, especially those of Bhikkhu Bodhi.

The Translation

This translation was part of a project to translate the four Pali Nikāyas with the following aims: plain, approachable English; consistent terminology; accurate rendition of the Pali; free of copyright. It was made during 2016–2018 while Bhikkhu Sujato was staying in Qimei, Taiwan.

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