

TBT ON HOW TO LOOK PROFESSIONAL AT THE WORKPLACE



What are uniform and grooming standards?

Uniform and grooming standards are a set of rules and regulations that govern the appearance of the employee. They are designed to ensure that all employees of a company or organization are dressed and groomed in a professional and hygienic manner.

Why are uniform and grooming standards important?

There are several reasons why uniform standards are important.

They can help to create a professional and unified image for a company or organization. When all employees are dressed in a similar manner, it creates a sense of professionalism. Uniform standards can help to improve safety in the workplace (ex: safety shoes). Uniform standards can help to promote a sense of teamwork among employees.



Grooming involves all the aspects of your body

Overall cleanliness, hair, shaving & beard trimming, nails, teeth, uniforms, and sickness hygiene.

Uniform standards

To Do:

Wear the provided uniform & PPE daily.
Wash your clothes daily.
Iron / press the clothes every day.
Wear clean socks to work each day.



To Avoid:

Wearing a cap.
Dirty uniform and PPE.
Torn or damaged uniform and safety shoes.

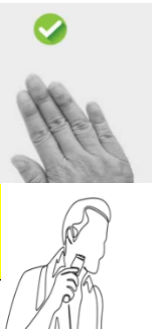


Grooming standards of Hair, Beards, nails, and teeth

Hair should be clean and styled in a professional manner.
Hair should be kept out of the face and eye.
Hair should be tied back if it is long.
Hair should not be dyed unnatural colors.
Brush your teeth at least twice a day



Nails should be clean and trimmed.
Nails should not be chipped, broken, or ragged.
Beards should be clean and trimmed.
Beards should not be allowed to become unkempt or overgrown.



Sickness Hygiene:

Always wash your hands...

Before and after your work shift.
After visiting the restroom.
Before and after wearing gloves.
If your hands become dirty
After contact with hazardous or contaminated substances.
After sneezing or coughing into your hands or a tissue
Before and after eating
After handling trash or after any cleanup activity
After touching any dirty equipment

