

clinicName

# WELCOME TO SIGNATURE CLINIC

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GYNECOMASTIA VASER LIPOSUCTION ARM LIFT BUFFALO HUMP  
REMOVAL CALF REDUCTION INVERTED NIPPLE SURGERY NIPPLE  
REDUCTION SURGERY PUBIC FAT PAD REMOVAL TUMMY TUCK  
UMBILICOPLASTY BLEPHAROPLASTY FACE LIFT NECK LIFT ASIAN  
BLEPHAROPLASTY BROW LIFT BUCCAL FAT PAD REDUCTION CHIN  
IMPLANT DIMPLE SURGERY DOUBLE CHIN REDUCTION EAR REDUCTION \  
RESHAPING EARLOBE REDUCTION EARLOBE REPAIR FACIAL FAT TRANSFER  
FOREHEAD REDUCTION LIP LIFT LIP REDUCTION SURGERY OTOPLASTY  
PTOSIS REPAIR LABIA REDUCTION PENILE GIRTH ENHANCEMENT PENILE  
LENGTHENING PERIANAL SKIN TAG REMOVAL PERINEOPLASTY



YOUR VISIT TO OUR  
**MANCHESTER**  
CLINIC

*SC*  
SIGNATURE CLINIC

## Thank you for choosing Signature Clinic to deliver your treatment needs.

We understand that you may not know what to expect when visiting a clinic, so this guide is designed to take you through a typical visit for your treatment with us.

In addition to this guide, you will also be sent a specific guide for the treatment you are having with us.

At Signature Clinic, we aim for a flawless patient journey every single time. We look forward to your visit and look forward to serving you.



Dr. Sayani Sainudeen  
(Medical Director)



[manchester@signatureclinic.co.uk](mailto:manchester@signatureclinic.co.uk)

## Before you come into clinic

**Please arrive 30 mins before your scheduled procedure time.**

Please do not drive to the clinic alone. We recommend that you have someone to drop you off at the clinic and collect you on departure. We understand that patients travel long distance, due to this we allow one person in addition to yourself to wait in the clinic. They will have access to a selection of hot and cold drinks free of cost and can relax in our lounge.

Please enjoy a meal before you attend the clinic. You do not need to fast for most of our procedures as they are done under local anaesthesia. If you are having procedures under sedation, we will advise otherwise.

**Please read through the Treatment Booklet that has been provided.**

There is useful information regarding what you can do to improve results and reduce complications. In particular, please avoid smoking few weeks before and after the procedure to reduce chances of wound infections.

Please remove nail polish and acrylic nails on both hands and feet, and nail/hair extensions prior to coming in to hospital.



## TRAVEL

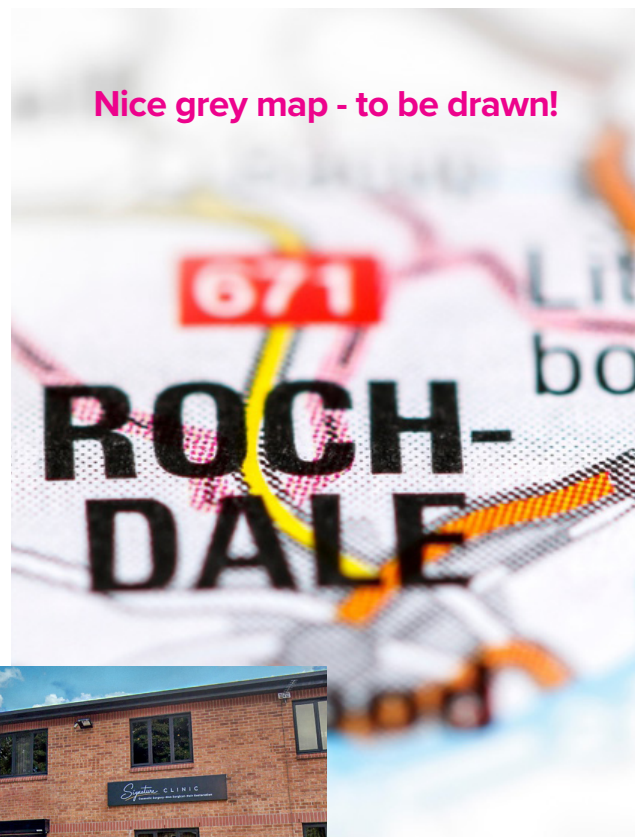
The clinic you are attending is located at:  
**93 Manchester Road, Rochdale, OL11 4JG**

To get in touch with the clinic, call:  
**+44 1706 452 550**

This clinic does not have disabled access facilities.

Please let us know if you or anyone attending with you has special requirements so we can plan and prepare for this.

**All Signature Clinic facilities are non-smoking.**



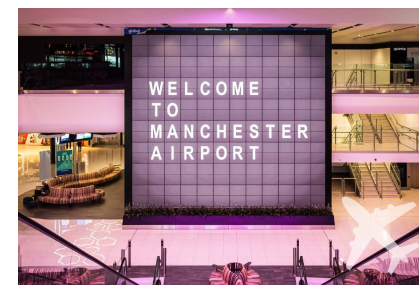
[manchester@signatureclinic.co.uk](mailto:manchester@signatureclinic.co.uk)

## TRAVEL



### BY RAIL

The nearest train station to the **Rochdale Clinic** is 5 minutes drive from the clinic.  
A taxi rank is right outside.



### BY AIR

Nearest airport to the **Rochdale Clinic** is Manchester Airport which is approx 30 minutes from our clinic.



### BY CAR

There is plenty unlimited off street parking outside the clinic. There is also a free car park 2 buildings away from the clinic. No payment discs or tickets are required.  
There is no time limit on the parking.



## GENERAL ADVICE



### Infection prevention and control

You can help reduce infection risk further by ensuring that you have a bath or shower with soap on the day of your surgery.

If you get a cold, sore throat or any other illness, please tell us straight away as this may affect your planned procedure and may mean your admission has to be rescheduled.

Please do not attend the clinic if you show any signs of COVID-19 such as a new continuous cough, fever or loss of smell/taste.

Please call us for advise.

### Valuables and jewellery

We ask you to avoid bringing jewellery and large amounts of money with you in to clinic. If however, you do have valuables, we will give you access to a locker to store these items.

### Mobile devices and computers

You may use your mobile phone in your room during your visit, but please keep the ringtone set to silent to respect the needs and recovery of your fellow patients. You are welcome to bring your laptop / tablet with you.

## GENERAL ADVICE



### ALCOHOL

Please avoid taking alcohol for 3 days before your surgery and 3 days following your surgery.



### MEDICATIONS

Please take all your medications as usual. If you are on blood thinning medications, these may need stopped before surgery. Please check with your surgeon or the clinic.



### DRIVING

Please do not drive from the clinic after your surgery. Although you may feel well enough to drive, this may affect your insurance.



## WHAT TO BRING WITH YOU

### Please bring with you:

- Any details relating to any personal medication you are currently taking
- Your credit/debit card if you are paying on the day. (No payment will be taken without your authorisation)

## BEFORE YOUR PROCEDURE

The Receptionist will take temperatures and ask you to fill in a Registration Form and a COVID symptom checker form. You will be offered a complimentary selection of hot and cold drinks and can relax in our lounge. Any pending payments will be taken before the procedure. You will be collected from the waiting area and escorted to the recovery room by your Clinical Assistant or Nurse, who will:

- Give you a gown & clogs to change into
- Take your observations such as pulse, BP, height and weight
- Take Before photos
- Go through our Pre-Op checklist

It is important that you are treated with dignity and respect throughout your visit. During your visit, one of our Clinical Assistants or Nurses will be at hand to assist with any examination or procedure, which you may need. If you should require a chaperone, please ask our staff for more details on our chaperoning policy.

You will then see your Surgeon before the procedure. They will go over the procedure once again and answer any questions you may have before the procedure. You will sign the consent form at this stage and will be taken to the Operating Room. You will always be asked to sign a consent form once you have been made aware of any risk of the procedure.

## DURING THE PROCEDURE

You will be escorted in to the Operating Room. Your Theatre will have been setup prior to your arrival so you will see surgical instruments and equipment in theatre.

You will be given the option to select music of your choice and your team will engage with you and keep you occupied during the procedure.

## RIGHT NEXT TO THE PROCEDURE

Following surgery, you will be escorted back to the recovery room. Your Clinical Assistant will take your observations again and take photos. They will also go over the after care details with you. It is likely that you will not retain all information provided; hence, we will send you after care instructions via email and follow up with a phone call the next day to go over concerns.

Most of our procedures are done under local anaesthesia and on most occasions, you will be ready to go home following a brief period of observation and After Care being delivered. Occasionally you may need the recovery room longer than expected and this will be available for you if required.

You will have access to the On-Call number, which is operational till midnight. If you have an emergency that can not wait till 7am, please contact 111 or visit your local A/E department for advise.

## TIMINGS & SCHEDULES

We aim to run on time, but like any other medical facility there are occasions where our surgical teams may be running late.

This may be due to extra care and time required for a patient before you. If we are running late, our receptionist will let you have an indication of your planned theatre time, and keep you informed of any changes to that time. It is rare for surgery to be cancelled, but operations may be postponed for clinical safety reasons.

Your nurse will ensure that you know what to expect after surgery.

We also strongly recommend that you keep your schedule free for the whole day. Occasionally we may be able to carry out your treatment at an earlier time than scheduled.

## AFTER YOUR PROCEDURE

If you experience any pain, please tell your nurse straight away so you can be given pain relief as soon as possible.

Your Surgeon will update you on how your operation went. Please follow the advice provided on getting out of bed and starting to walk, eat and drink again. Usually, the sooner you start to move around, the better for your recovery. If you need a fitness to work note for your employer, please speak to your Surgeon.

Prior to departure, your Clinical Assistant will go through all the discharge documents with you and answer any queries you may have. You will be given a discharge pack, which will tell you about the next steps of your recovery once you leave the clinic. This will include gauze, pads or dressings if needed and any prescription medications to take home.

Please remember to collect any valuables you may have handed in for safekeeping.

Check that you have all your belongings and that you have any medical letters that you have requested.

## AFTER YOUR VISIT

A courtesy telephone call will be made to you within 24 hours of your discharge. Please take the time to complete and return our patient questionnaire.

Let us know what you thought about your experience at Signature Clinic by leaving us a review on Google!

Scan QR Code



HOW WAS YOUR EXPERIENCE  
AT SIGNATURE CLINIC?



[signatureclinic.co.uk](https://signatureclinic.co.uk)