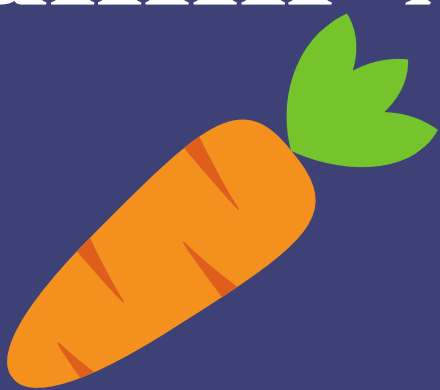


✦ Eating Your A,B,C's...



Vitamin A



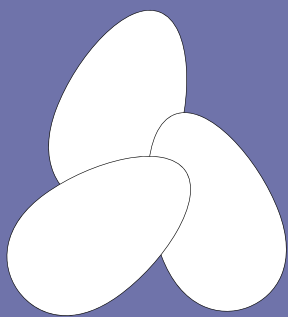
Important for
eye health

Vitamin B



Important for
digestion and
metabolism

Vitamin D

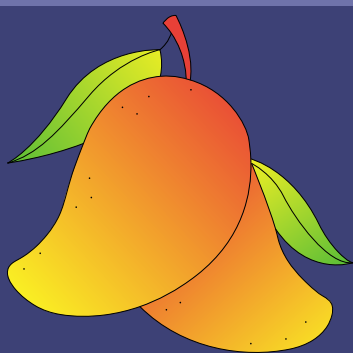


Important for
improving
muscle
function

Vitamin C



Important for
boosting
immunity



Vitamin E

Important for health of our
skin and nails