$D = \begin{vmatrix} 0 & \alpha & b \\ -a & 0 & C \\ -b & -c & 0 \end{vmatrix} = (-1)^{3} \begin{vmatrix} 0 & -\alpha & -b \\ \alpha & 0 & -c \\ b & c & 0 \end{vmatrix} = -D^{T} = -D = D$