

Smart-shoes for Physiotherapy Diagnostics

Electronic Design Lab, 2018



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Motivation

Several foot and palm disorders affecting people with intellectual disabilities and have an impact on their ability to mobilise.

Initial diagnosis of such disabilities involves the foot-palm pressure-map analysis

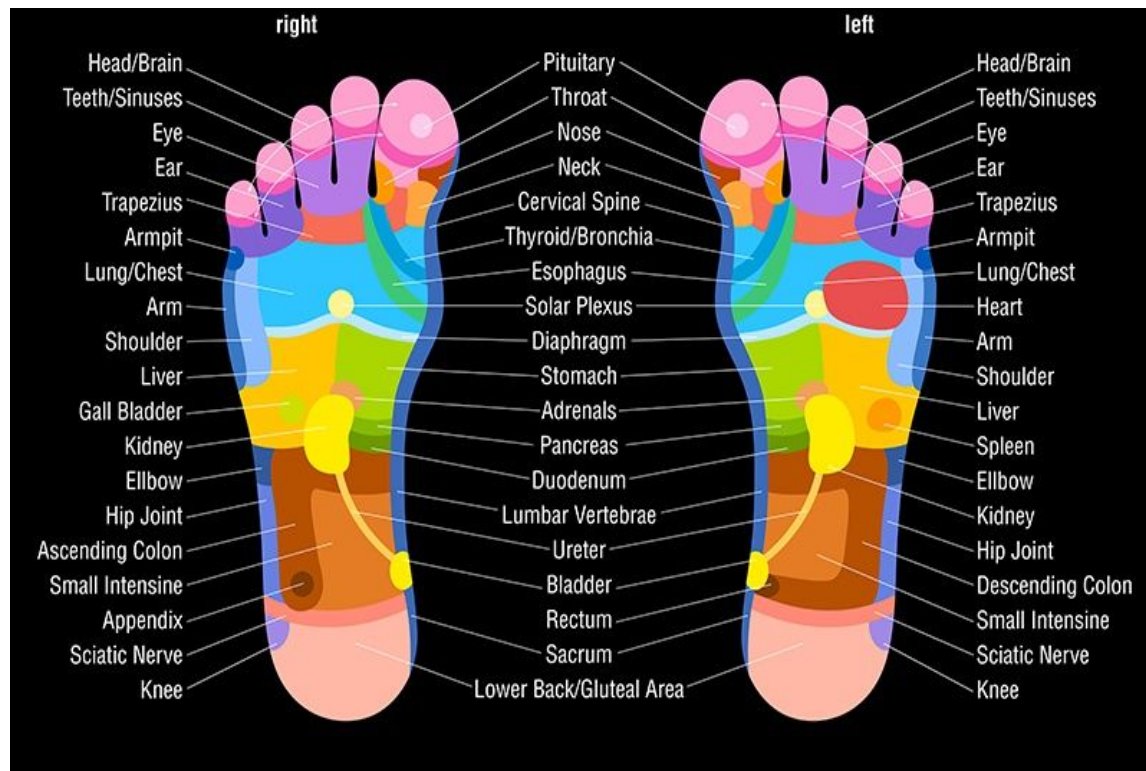
Available Technology: Tekscan's pressure mapping Mat

Cost: \$1700 to \$2000, approximately ₹1,15,000 to ₹1,36,000

User experience: Constrained mobility

The need of a real-time, portable and wireless, low-cost, low-power and easy-to-use device to map plantar pressure for convenient diagnosis by doctors inspired us to take up this project.

Foot Reflexology Chart

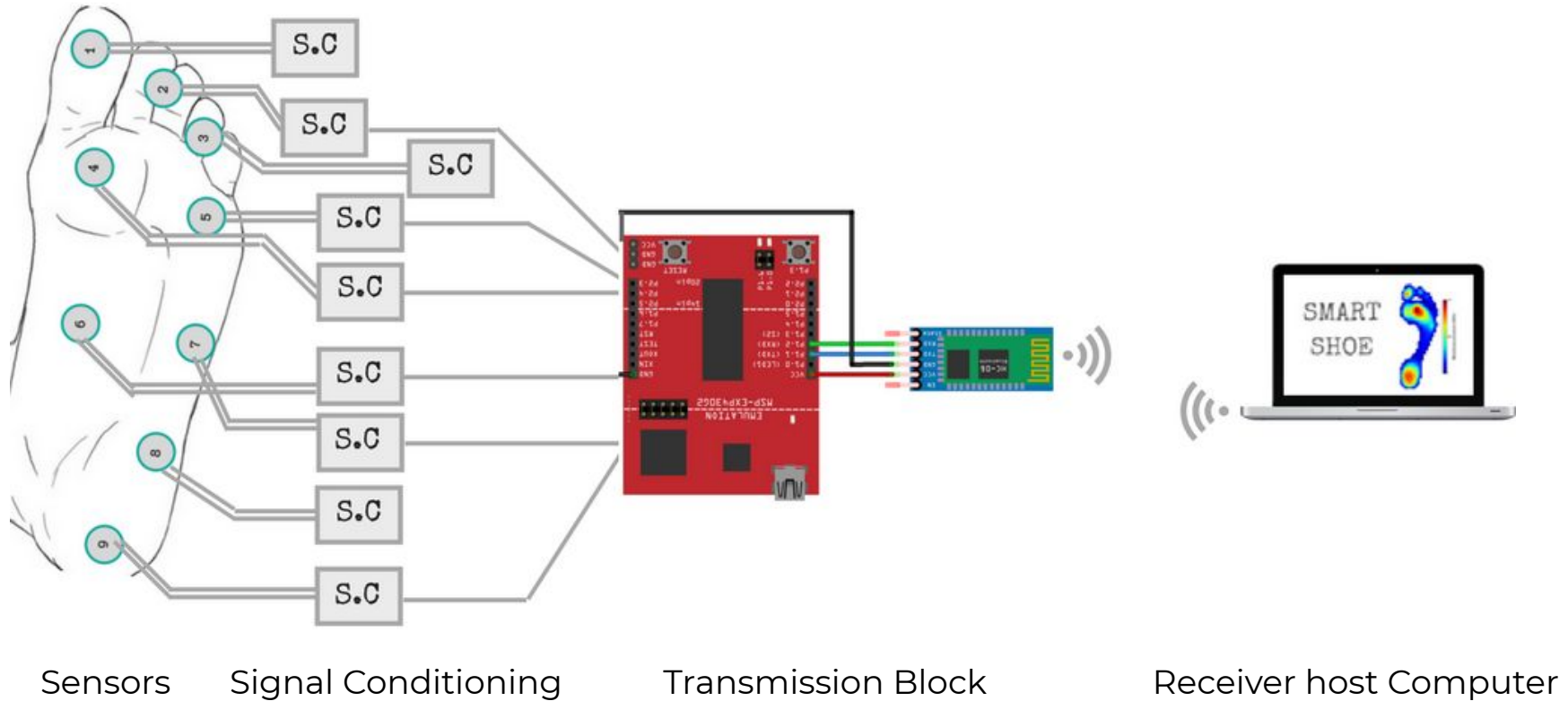


Reference: "Revisiting reflexology: Concept, evidence, current practice, and practitioner training"

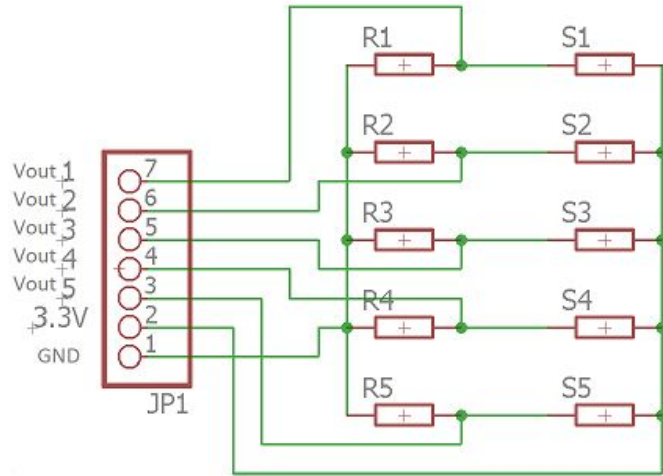
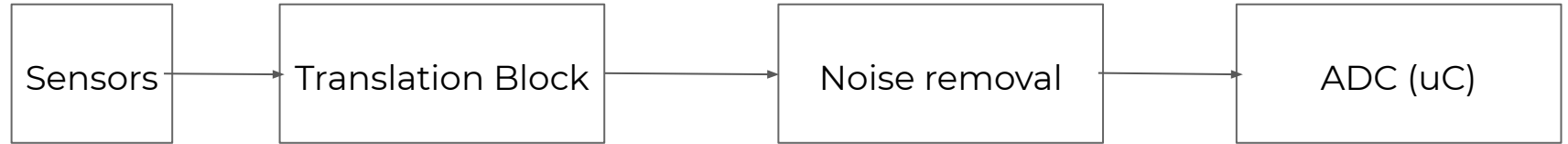
Authors: Nurul Haswani, Embong, Yee Chang Soh, Long Chiau Ming and Tin Wui Wong

Journal of Traditional and Complementary Medicine

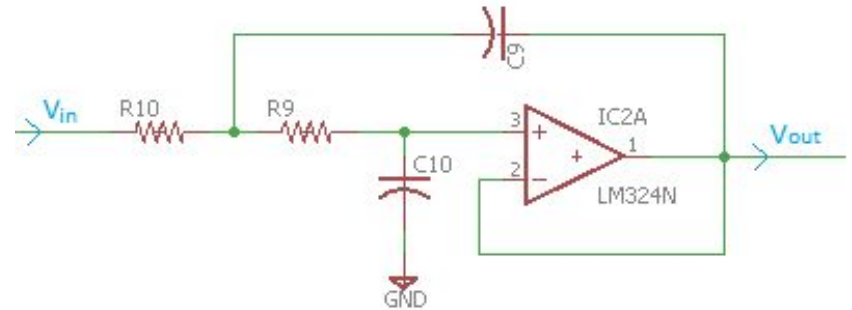
Block Diagram



Schematic Diagram of Signal Conditioning



- S1,S2,S3,S4,S5 are Force resistive sensors.
- R1,R2,R3,R4,R5 are appropriate similar resistors.



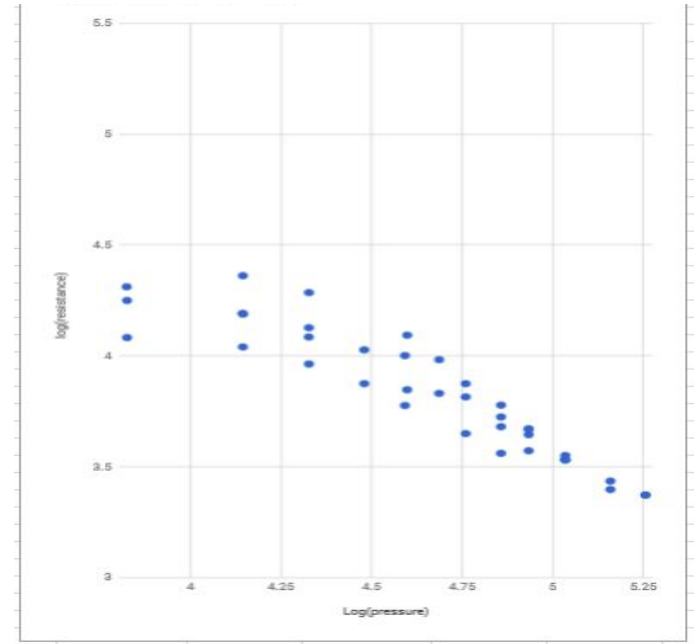
Subsystem: Noise removal circuit
Special Sallen key filter (here it act as a low pass filter)

Calibration of Sensors

- We used dead weights for calibrating the sensor in steps of 450 grams, from 0 to 8 kgs, followed by unloading.

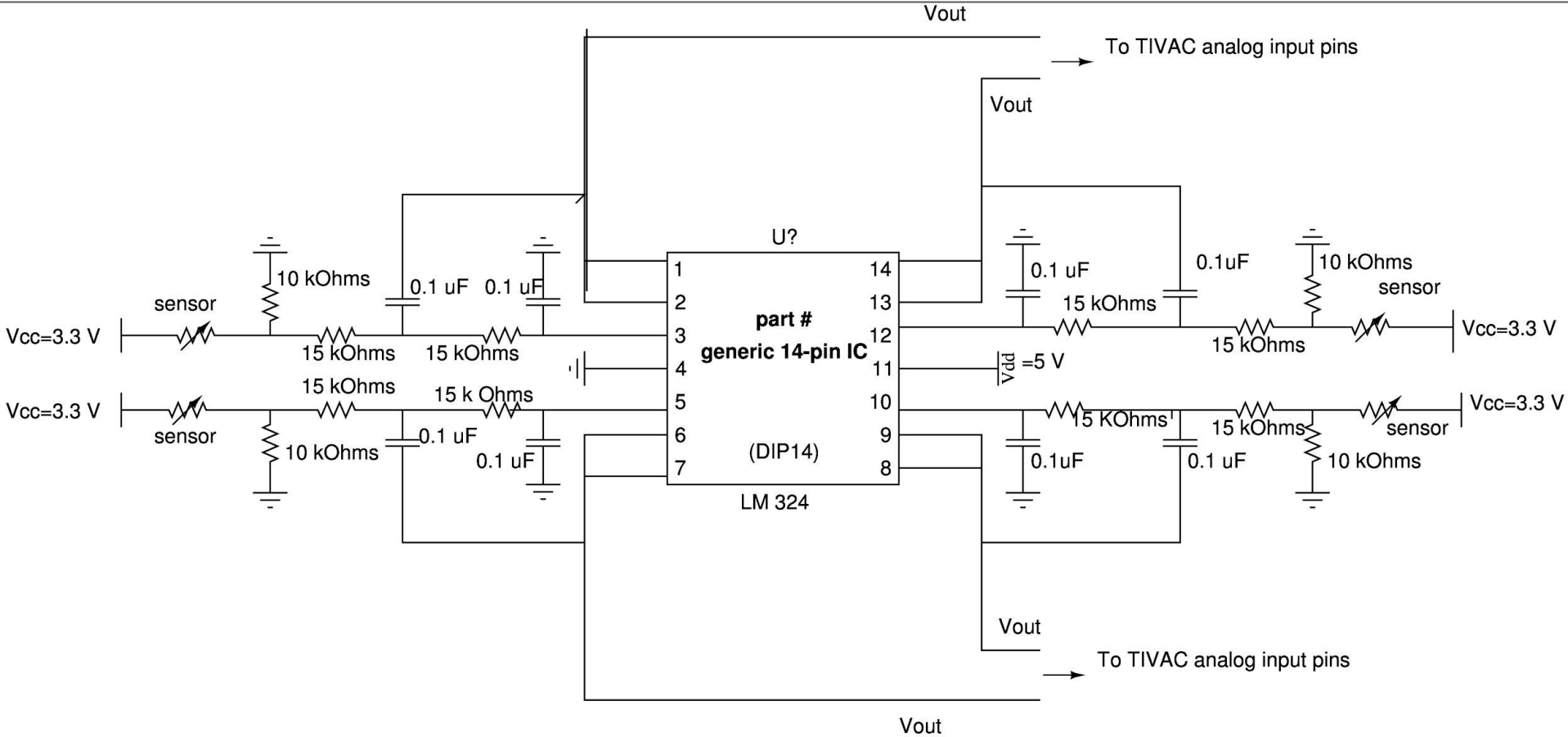


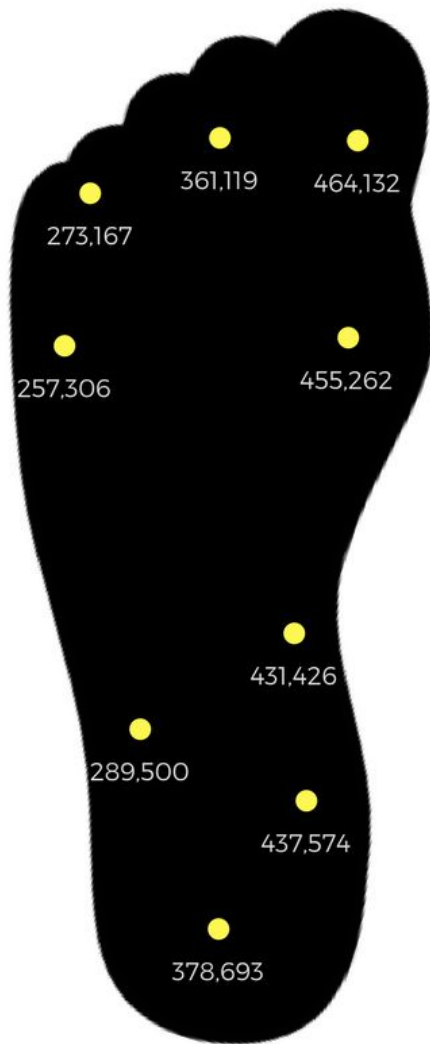
Calibration Setup



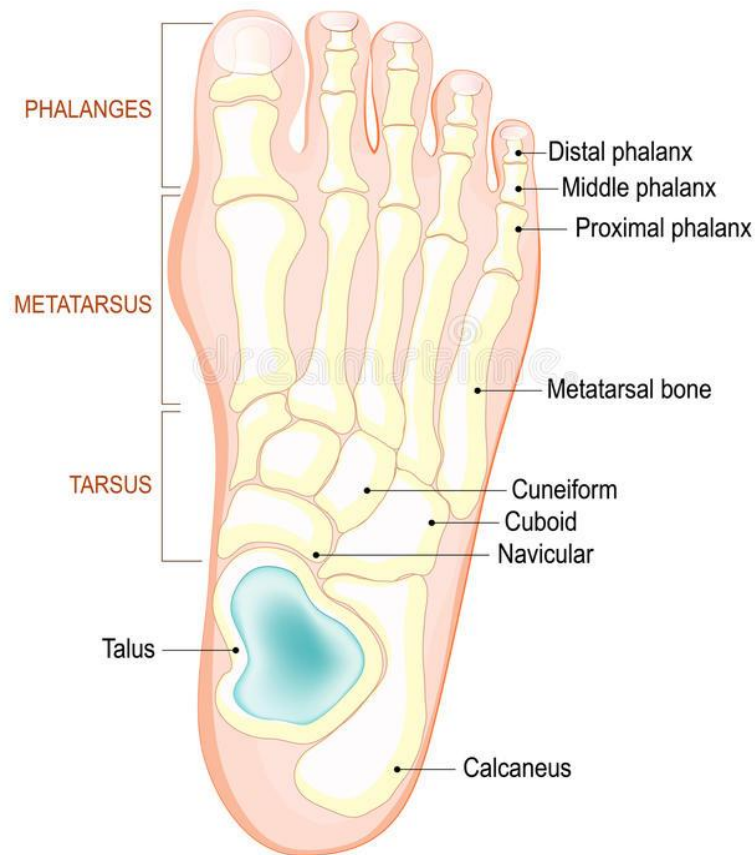
Plot of the log(Resistance) VS log(pressure) values

Hardware involved



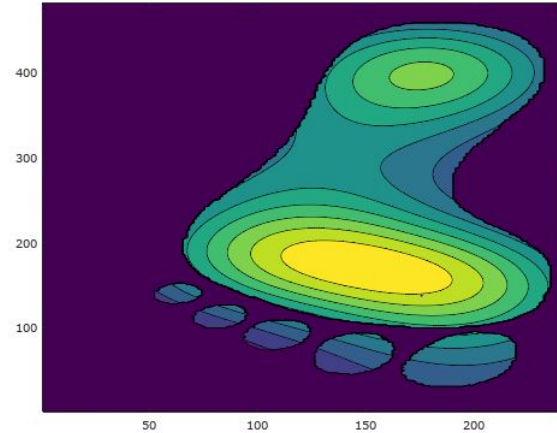
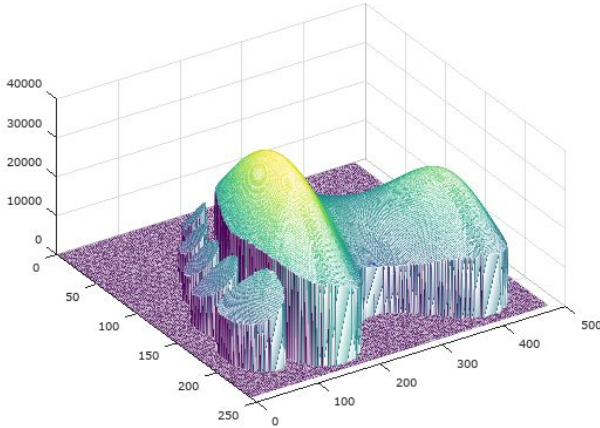


BONES OF FOOT



Initial Approach - Using Matlab for generating Pressure Map

- Successfully generated a 2D contour as well as a 3D plot from given data



Drawbacks

- It requires around 30 sec to generate the shown two plots
- We cannot therefore implement a real time system
- To read the values from bluetooth we would need to save the data in a file and then read it from the matlab. Hence, inconvenient.

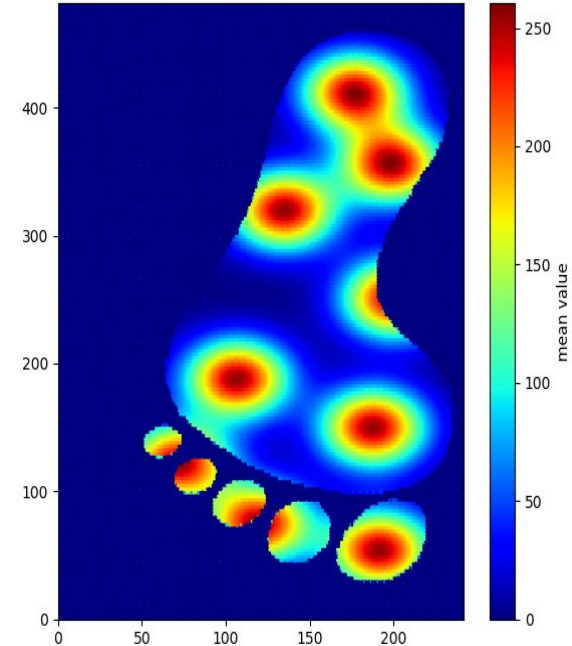
Alternative Solution-

Using Python for generating Pressure Map

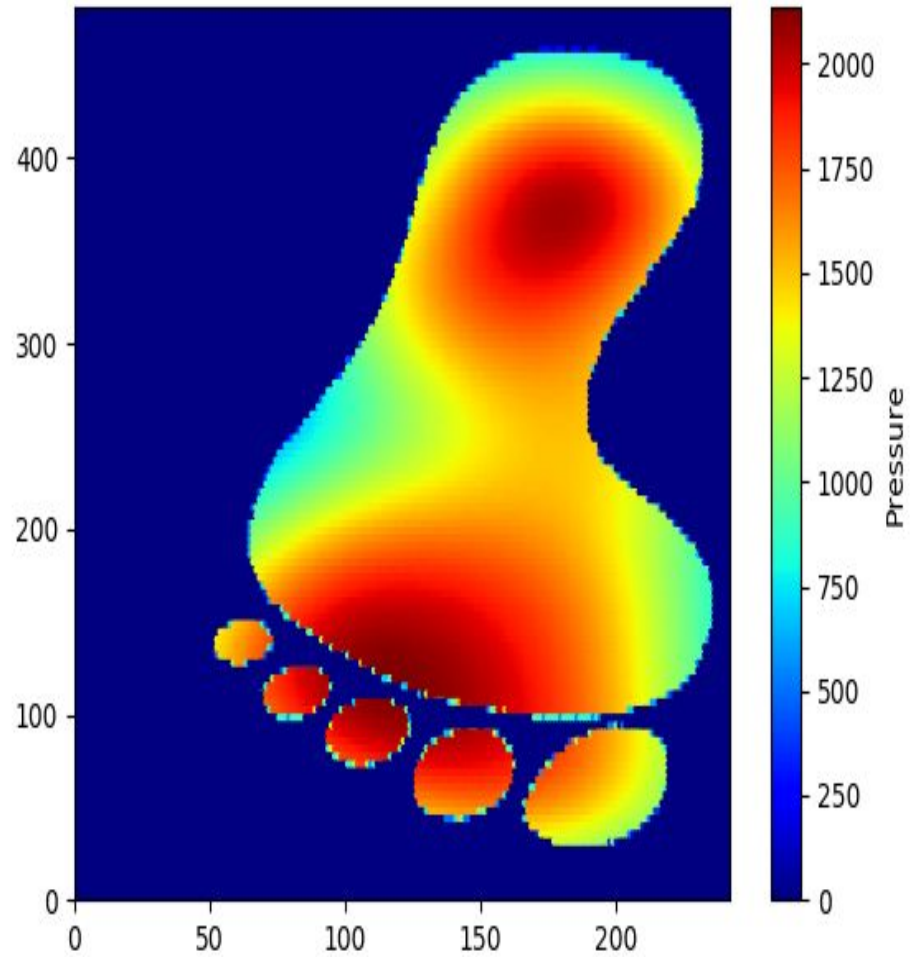
- *We implemented the same in Python which takes around 2 to 3 sec to generate the Pressure Map*
- *Since the map is calculated so rapidly, we can implement a real time system which updates itself after approximately every 3 sec*

Further Advantages-

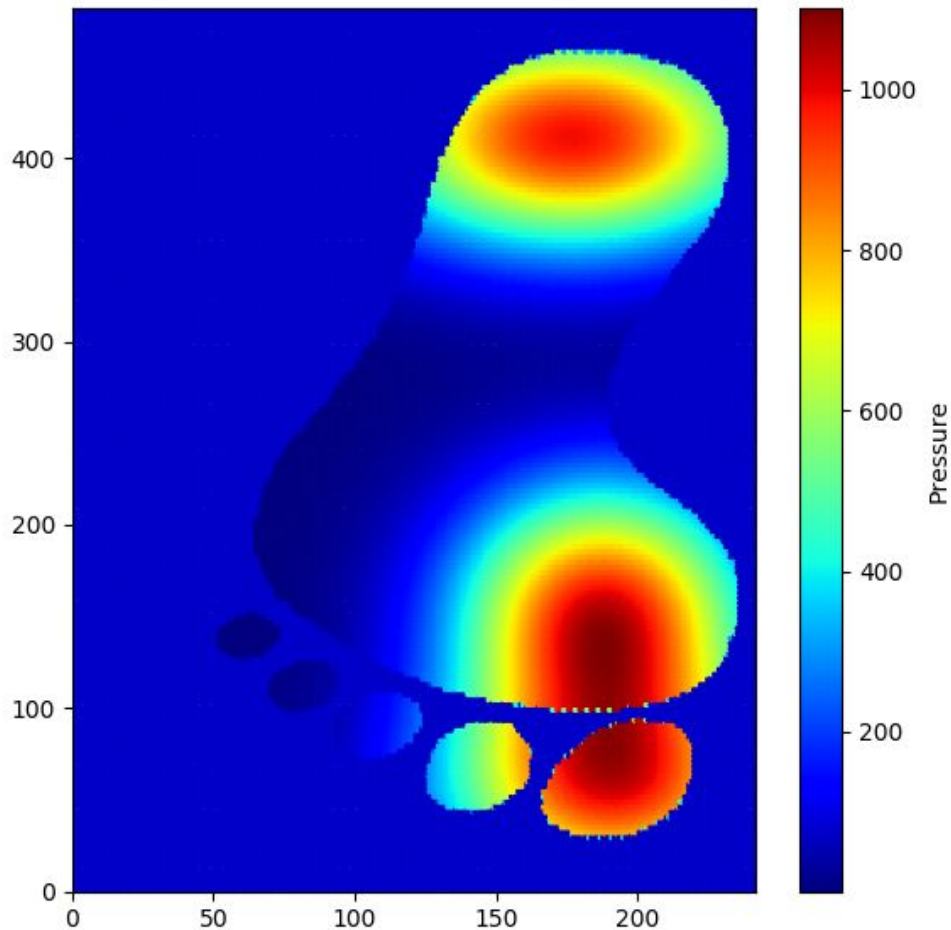
- *The values from the microprocessor are sent serially to the host PC using Bluetooth module HC05.*
- *The data is directly read in Python using Pyserial Module*
- *So in the same file we can read the data and directly plot the pressure map*



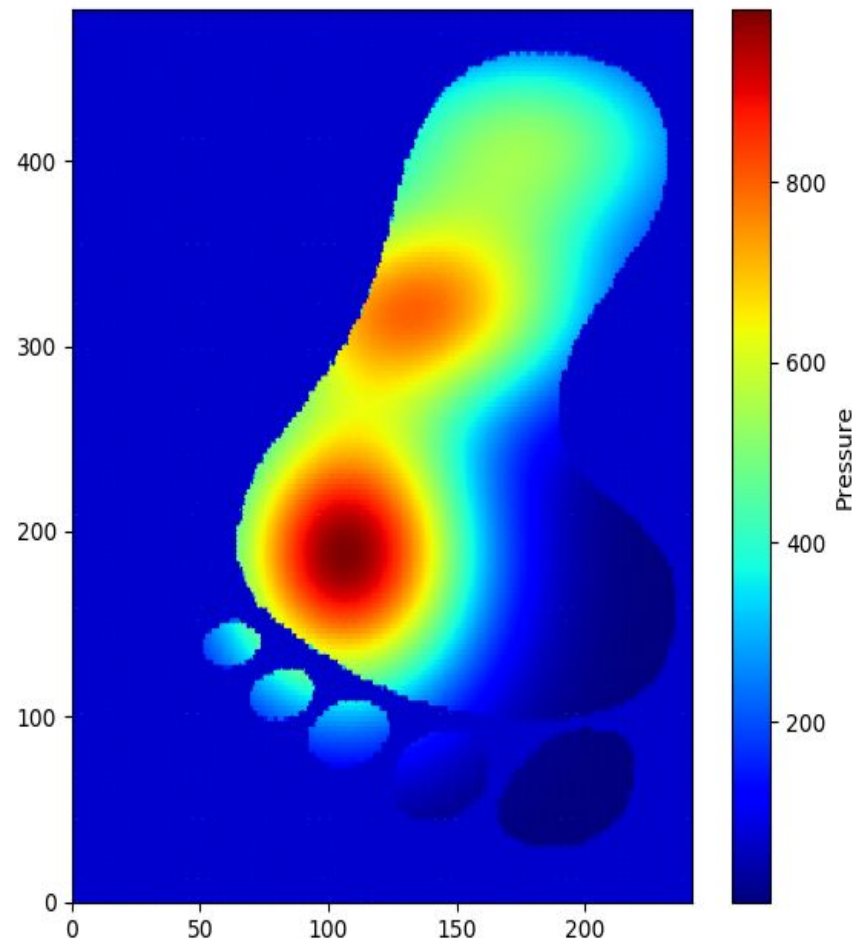
Pressure heat map of a normal heel



Pressure applied on right metatarsal side

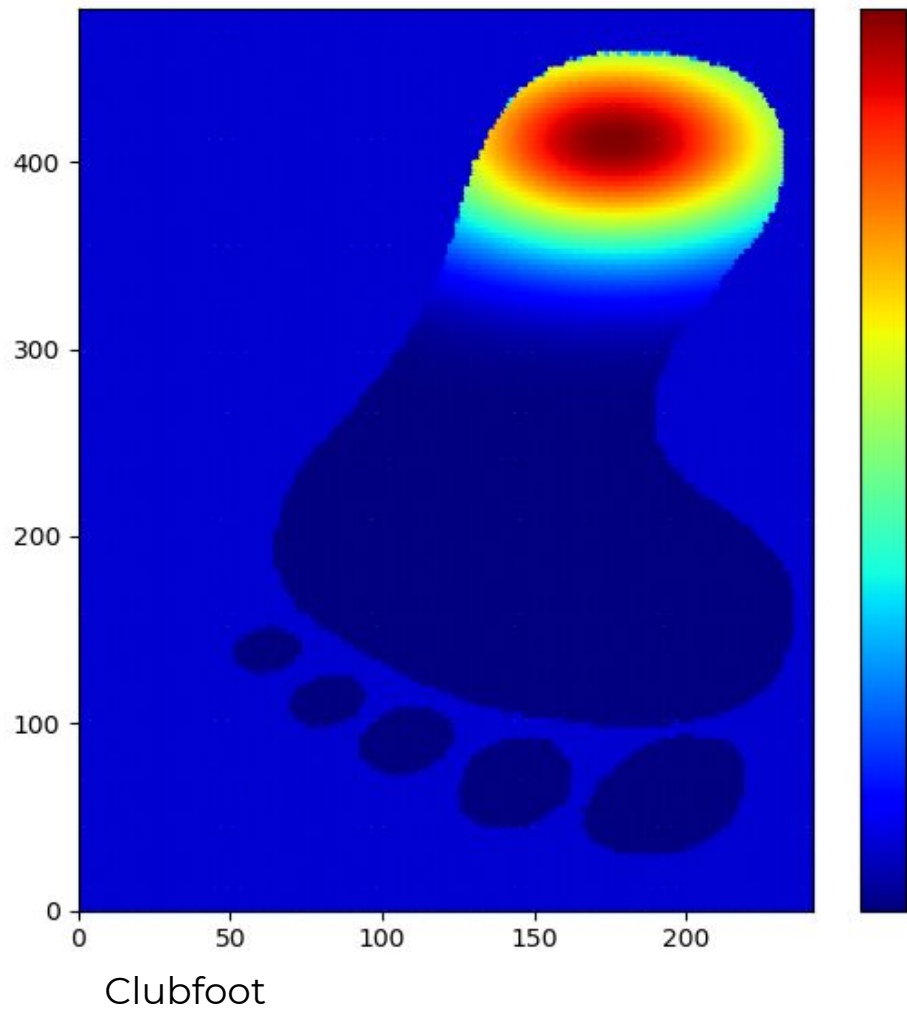


Pressure applied on left metatarsal side

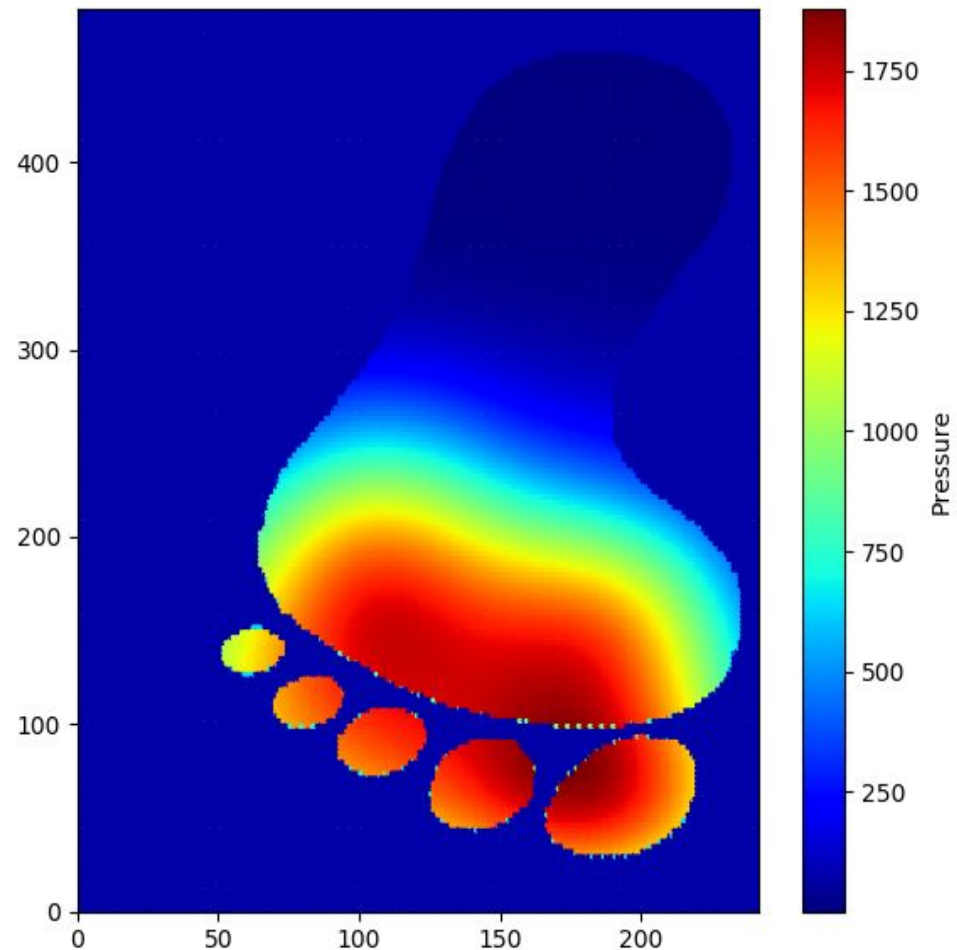


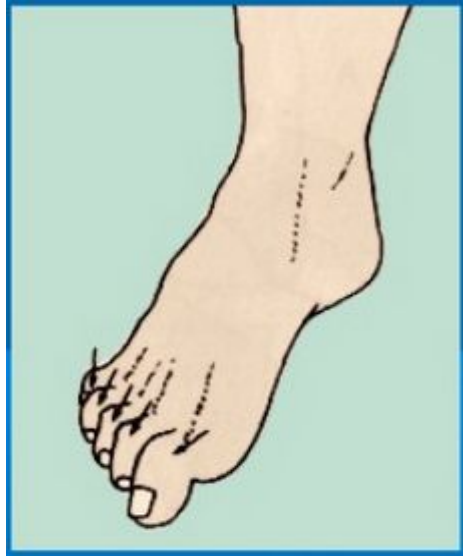
Callus bone dislocation-clubfoot

Pressure applied on heel

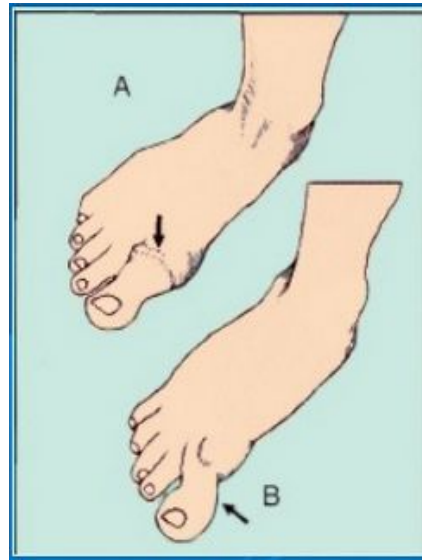


Pressure applied on proximal phalanx bone





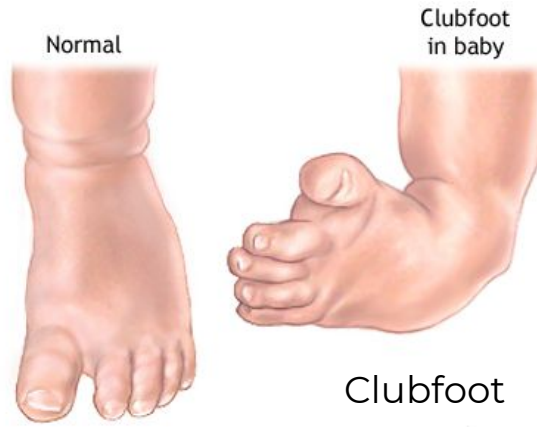
Claw toe



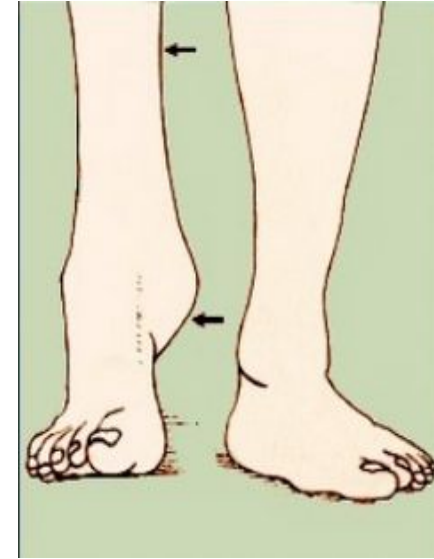
Thickening of big toe



Hammer toe



Clubfoot



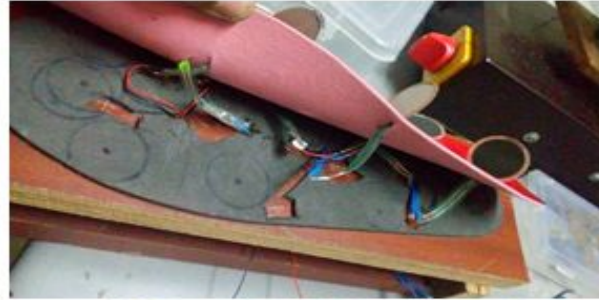
Flat foot

Fabrication Process

1.



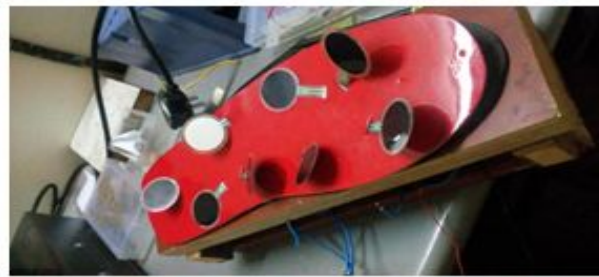
2.



3.



4.



5.



6.



Goals for the Demo

Assured Claims:

- *Make a person of weight less than 50 kg stand on the sensor*
- *Then the pressure sensor values will be processed and sent through the ADC to the host PC via Bluetooth*
- *Plot the steady state pressure map of the foot*

Additional objectives which we will try to attain:

- *Implement a real time system which will update the pressure map approximately every 3 seconds via the bluetooth module*

The Team



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Thank You !