# Dr. Julia's MSC Exosomes Info

# What if the future of medicine is now? Stem Cell therapy is easy and available.

### Stem cell therapy ↔ MSC Exosomes

MSC exosomes are microproteins derived from placental mesenchymal stem cells (otherwise known as 'medicinal stimulating cells', or MSCs). MSCs can turn into any specialized tissue cell, and have the ability to 'wake up' your own dormant stem cells to activate healing. These exosomes target native stem cells anywhere in the body, making them helpful for all types of conditions, including complex issues.

#### **Benefits**

- Tissue repair and regeneration
- Powerful immune modulator
   Common Results:
  - ↓ Aches and pains
  - ↑ Healing ability
  - **↑ Stamina**
  - ↑ Sharper vision
  - ↑ Mental clarity
  - ↑ Better sleep
  - **↓** Fewer cravings
  - ↑ Overall sense of well being

#### **Treatments**

What is included:

- · Initial evaluation with Dr. Julia Stevens
- Receiving the treatment: Downtown Spokane WA location, or housecalls will be considered.
- Post-treatment follow-up visit one month after receiving the therapy

Research studies have shown that 15 billion proteins is the ideal therapeutic one-time dose, for total body treatment. We can provide therapy to arrest cellular aging, and promote rapid tissue repair.

## What to expect your first time

- In the first 24 hours, clients often report a giddy or woozy feeling (described as pleasant).
- The first 4-6 weeks is the active phase of immune cellular turnover a cellular detoxification and rebalancing phase.
- At 6 weeks and beyond, the resident stem cells within the body have been activated.
   During this time a steady regeneration of the specialized tissues in the body begins (i.e., heart, nerves, cartilage, bones, etc.), and people experience this in unique ways.

I felt normal after getting my exosomes. Last night, I realized I had gotten a lot done! I felt motivated and efficient. Today, I feel good again, and in the past I'd be wiped out from such a big day. I am really looking forward to the days ahead.



**Empowering Humans in Health** 



# Frequently Asked Questions

### Is this a good value?

Although it may seem like a lot, the cost is usually less than out-of-pocket expenses for more traditional therapies. For example, the average total knee replacement costs \$50,000. The client's responsibility is 20%, which is \$10,000 (not including time off work for recovery). In the end, this therapy is often a less expensive option for regenerative wellness.

### Is it safe?

Short answer: Yes. This product contains no foreign cells or DNA, minimizing risk for adverse immune reactions. The laboratory we order from performs safety testing on all products. The single source is known to be pathogen-free, plus the lots are tested for any cross-contamination. A printed third party report comes with every vial, and we can share the report.

### How is it administered?

The IV procedure is a reverse blood draw. It's quick, easy and painless. Because the exosomes are so small, they can cross into tissue anywhere in the body once they're introduced into the bloodstream. For added emphasis on the nervous system, the doctor may suggest that a small portion of the vial be given like a nasal spray.

### How often would I need treatments?

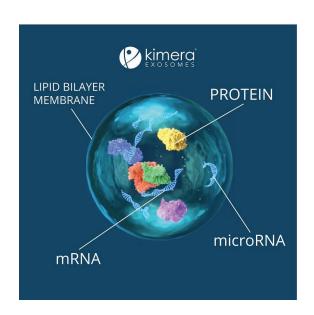
The effects of therapy are potent even with one use. People see results from a single treatment, with positive results that last a lifetime.

If you are looking to repair previously damaged tissues; the maximum recommended schedule is to receive 3 treatments, of 15 billion MSC Exosomes, administered 3 months apart. Long term maintenance is suggested with an annual treatment.

Regeneration takes time. The longer we observe our clients, the more rewarding their stories become!

# Should I let my doctor know about this?

Absolutely. And if they have not heard of this, please don't be discouraged. Neither had Dr. Jeremiah Stevens prior to last year, before he suffered a spinal cord injury. Please refer them to us to learn more, or help to bridge the conversation by passing along educational links.



Schedule your introduction call today.