



NAV
HEADER

11 Jan WWW OFFICER Military
09 Jan STEPHEN TOBOLGOWSKY Actor
11 Jan SKIOLLI Finish Computer Magazine
12 Jan NIS DOCTOR Doctor on strike
14 Jan NICK ROSS Former ABC's Technology and Games Editor

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I am Astronaut Scott Kelly, currently spending a year in space. AMA!

SCIENCE submitted 22 hours ago by StationCDRKelly

Hello Reddit! My name is Scott Kelly. I am a NASA astronaut who has been living aboard the International Space Station since March of last year, having just passed 300 days of my **Year In Space**, an unprecedented mission that is a stepping stone to future missions to Mars and beyond. I am the first American to spend a whole year in space continuously.

On this flight, my fourth spaceflight, I also became the record holder for total days in space and single longest mission. A year is a long time to live without the human contact of loved ones, fresh air and gravity, to name a few. While science is at the core of this groundbreaking spaceflight, it also has been a test of human endurance.

Connections back on Earth are very important when isolated from the entire world for such a period of time, and I still have a way to go before I return to our planet. So, I look forward to connecting with you all back on spaceship Earth to talk about my experiences so far as I enter my countdown to when I will begin the riskiest part of this mission: coming home.

You can continue to follow my Year In Space on Twitter, Facebook and Instagram. Yes, I really am in space. 300 days later. I'm still here. Here's proof! <https://twitter.com/StationCDRKelly/status/690333498196951040>

Ask me anything!

Real but nominal communication loss from the International Space Station, so I'm signing off! It's been great answering your Qs today. Thanks for joining me! <https://twitter.com/StationCDRKelly/status/691022049372872704>

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Submitted on 23 Jan 2016

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