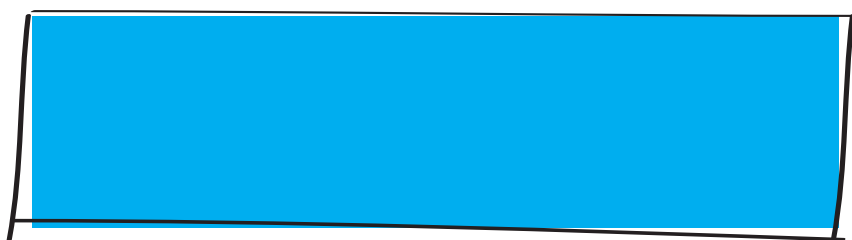


FASHION RELOADED

You need: stretchy material
e.g. old T-shirts

Cut two pieces: ~ 20cm x 60 cm



How to:

1) Cut 2 equal pieces of fabric and then fold them in half along the long side. Sew them together with a *ZickZack* stitch with the right side inside.

2) Turn them around, so the seam is on the inside.

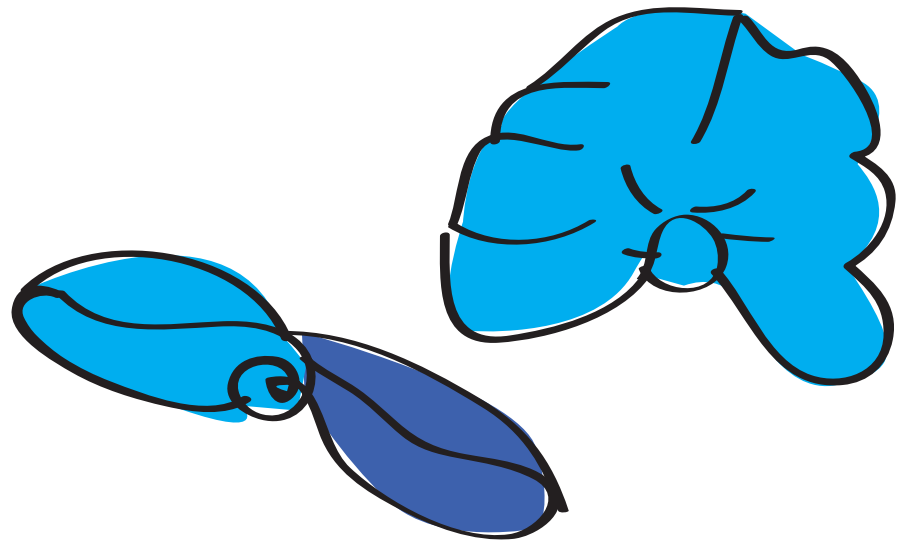
3) Now, fold them into half and loop them into each other.

4) Stitch the 4 ends together if you only want to have a hair band.

5) Stitch the two longer sides together.

6) Then, stitch the top together in a round curve like the shape of a head if you want a full cover turban. Turn around. Ready!

TURBAN or HAIRBAND



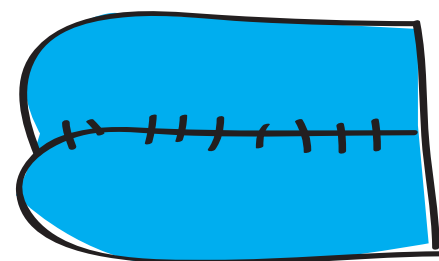
Fold with the right side facing the right side



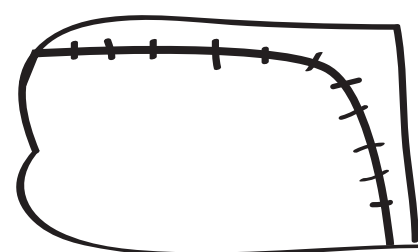
1) stitch through with a *ZickZack* stitch.



3) Fold them in half, in loop into each other.



5) Stitch the two longer sides together.



6) Stitch the top together in a round curve, then turn it around. Ready!