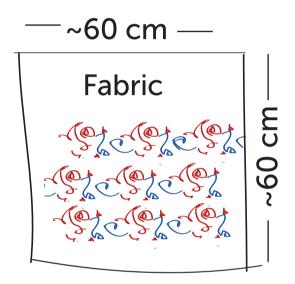


You need: 1 T-shirt for the top 2 pieces of fabric for the lower part approx: 60cm x 60cm

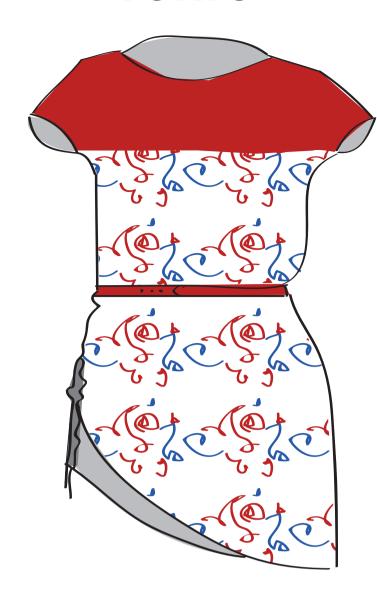




How to:

- 1) Cut the upper part from the T-shirt and match it with the width of the fabric square.
- 2) Now pin the fabric squares to the T-shirt, right side on right side. Attach (stitch through) those with a jersey stitch. Remember to leave 1cm seam allowance and *ZickZack* the edges.
- 3) Close the sides, if possible with a serger. Otherwise: *ZickZack* both sides and stitch them together with a straight seam, with 1 cm seam.
- 4) Seam the bottom by folding it over twice, then iron, pin and stitch.





1) Cut from underneath the armhole to the other armhole



