# Sven Machon

# Marijntje Verspecht

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Focus: results-oriented approach

In the second reflection report, we looking more in depth to your results-oriented approach.

The following questions can help you to reflect on this in a more specific way.

*In het tweede reflectierapport gaan we dieper in op resultaatsgerichtheid.*

*Volgende vragen kunnen jullie helpen om hier gericht bij stil te staan.*

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| * What do you understand by being goal-oriented? *Wat begrijp jij onder doelgericht zijn?* * How goal-oriented do you find yourself and how and where is this reflected? *Hoe doelgericht vind je jezelf en waar blijkt dit uit? (examples!)* |
| Being goal-oriented is being able to properly keep in mind what you are trying to achieve and knowing what you have to do in order to achieve your goal. This means when working you can easily discern what tasks are useful and what are not.  I personally am pretty decent at working purposefully once I get started, I can get quite a bit done when in the flow of things, it’s getting started and focussed that’s the problem for me. |

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| * Describe a recent experience where you let yourself be distracted from your goal and what caused this? *Beschrijf een recente ervaring waarbij je je liet afleiden van je doel en wat was de oorzaak hiervoor?* |
| The holidays have been a major source of distraction, I’ve had trouble with focussing on work for weeks now. When there is lots of things happening and outside responsibilities to keep I struggle with finding the required focus for work and whenever I try to work I end up distracted again within half an hour. |

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| * Describe a recent experience where the investment of your time and effort was certainly worthwhile. *Noem een recente ervaring waarbij de investering van je tijd en inspanning absoluut de moeite waard was.* |
| I had trouble writing my paper at first, but I forced myself to write and it took me quite some time but now I am quite pleased with the way my literature study is written. |

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| * Describe a recent experience where you (in your perception) have failed. . *Noem een recente ervaring waarbij je (in jouw perceptie) hebt gefaald.* * Find out why it went wrong and indicate what you learned from it*. Achterhaal waarom het mis ging en geef aan wat je er uit geleerd hebt.* |
| I spent a long time trying to figure out how to generate feather roots on the body of a naked bird model. I looked into two tools that are used with maya, XGen and MASH. I spent days working on it before having to give it up due to not being able to achieve what I wanted to. So now I am using the vertices on the model as roots but this means I spent over a week on something that ended up useless. |

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| Take a look back/ *Blik even terug:*   * What is the result you are most **proud** of so far? *Op welk resultaat ben je tot op heden het meeste trots.* * Which result have you been most **surprised** about so far? *Over welk resultaat was je tot op heden het meeste verrast.* |
| I have not yet received many satisfactory results, let alone one that I am proud of.  It surprised me that it was very difficult to get the root data alone from tools such as xgen and mash. |

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| * What would you not be willing to do to achieve a goal? *Wat zou je er niet voor over hebben om een doel te bereiken.* * Have you had to deal with this recently? *Heb je hier recent mee te maken gehad?* |
| Compromising things for my own mental health. I have been struggling with it for quite a bit and sometimes you just have to put that ahead of other responsibilities. This has caused me to lose time for school work in the past however and I have had some trouble with it the last few weeks aswell, not being able to focus at all and not getting done what I wanted to. |