

# <sup>1</sup> Modelling the Annual Cycle of Daily Antarctic Sea Ice Extent, 1979-2023

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## <sup>6</sup> 1. Forenote

<sup>7</sup> We divide our explanations of the Traditional Annual Cycle and Amplitude-Phase Adjusted  
<sup>8</sup> Annual Cycle (APAC) into three subsections:

- <sup>9</sup> • *What is the ... ?* Provides the definition of each cycle, as presented by Handcock and  
<sup>10</sup> Raphael (2020).
- <sup>11</sup> • *Numerical methods* Explains how each cycle was numerically computed.
- <sup>12</sup> • *Figures* Provides figures of the cycles for years in which the winter maximum was below  
<sup>13</sup> the inter-decile range (1982, 1986, 1992, 2002, 2008, 2017, 2018, 2022) and for years in  
<sup>14</sup> which the summer minimum was below the inter-decile range (1984, 1993, 1997, 2017,  
<sup>15</sup> 2018, 2022).

## <sup>16</sup> 2. Data

<sup>17</sup> While daily sea ice extent data is available from the end of 1978 to present day (2024), we  
<sup>18</sup> calculate the Traditional Annual Cycle using data spanning 1979-2023 in order to maintain  
<sup>19</sup> consistency across calculations of different cycles. Calculating the Amplitude-Phase Adjusted  
<sup>20</sup> Annual Cycle (APAC) for any designated year requires knowing the maximum extent in the  
<sup>21</sup> following year; 2024 data does not yet include the annual maximum, thus we disregard 2024 data.  
<sup>22</sup> Sea ice extent data was not interpolated, as our methods do not require complete temporal data  
<sup>23</sup> record.

## <sup>24</sup> 3. Calculating the Traditional Annual Cycle

### <sup>25</sup> 3.1. What is the Traditional Annual Cycle?

<sup>26</sup> Decomposition of Antarctic sea ice extent with the Traditional Annual Cycle is represented as:

$$\text{extent}(t) = a_T(\text{doy}(t)) + \alpha(t) \quad (1)$$

<sup>27</sup> where  $t = T_0, \dots, T$ .

- <sup>28</sup> •  $\text{extent}(t)$  is the recorded (satellite-observed) sea ice extent occurring on  $t$ , where  $t$  is time  
<sup>29</sup> expressed as a decimal years (e.g. 1981.00958 is equivalent to January 3, 1981).
- <sup>30</sup> •  $\text{doy}(t)$  converts time expressed as decimal years to day of the year (which we define from 0  
<sup>31</sup> to 364) (e.g. 1981.00958 is equivalent to day 2).
- <sup>32</sup> •  $a_T(s)$  is the annual shape function, with  $a_T(s)$  representing the annual cycle shape value for  
<sup>33</sup> day of the year,  $s$ .
- <sup>34</sup> •  $\alpha(t)$  is the anomaly between recorded sea ice extent and the annual shape function  $a_T(s)$   
<sup>35</sup> at time  $t$ .

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

36           – e.g.  $t = 1981.00958$  is equivalent to Julian day 3, or  $s = 3$ . Recorded continental Antarctic sea ice extent at  $t = 1981.00958$  is  $5.84701 \times 10^6 \text{ km}^2$ , while  
 37            $a_T(2) = 6.77012 \times 10^6 \text{ km}^2$ .  $\alpha(t) = \text{extent}(t) - a_T(\text{doy}(t)) \rightarrow \alpha(1981.00958) =$   
 38            $\text{extent}(1981.00958) - a_T(\text{doy}(1981.00958)) \rightarrow \alpha(1981.00958) = \text{extent}(1981.00958) -$   
 39            $a_T(2) \rightarrow \alpha(1981.00958) = 5.84701 - 6.77012 = -0.9231 \times 10^6 \text{ km}^2$

- 41           • In this paper,  $T_0 = 1979.00136$  and  $T_{\text{end}} = 2023.99863$ .

42           The annual cycle is traditionally estimated by  $a_T(s)$ :

$$a_T(s) = \frac{1}{\sum_{t:\text{doy}(t)=s} 1} \sum_{t:\text{doy}(t)=s} \text{extent}(t) \quad (2)$$

43           where  $\sum_{t:\text{doy}(t)=s} 1 = 45$  is the number of years of data, where  $t = T_0, \dots, T = 1979.00136, \dots, 2023.99863$ ,  
 44           and where  $s = 0, \dots, 364$  (day of the year).

**NOTE:** Therefore, the Traditional Annual Cycle  $a_T(s)$  is simply the daily mean of sea ice extent.

### 46           3.2. Numerical Methods

47           Using total continental Antarctic sea ice extent, for example.

#### 48           3.2.1. Step One: Compute the daily mean sea ice extent

$$a_T(s) = \begin{bmatrix} a_{T_0} \\ a_{T_1} \\ \vdots \\ a_{T_{364}} \end{bmatrix} = \begin{bmatrix} \frac{1}{\sum_{t:\text{doy}(t)=0} 1} \sum_{t:\text{doy}(t)=0} \text{extent}(t) \\ \frac{1}{\sum_{t:\text{doy}(t)=1} 1} \sum_{t:\text{doy}(t)=1} \text{extent}(t) \\ \vdots \\ \frac{1}{\sum_{t:\text{doy}(t)=364} 1} \sum_{t:\text{doy}(t)=364} \text{extent}(t) \end{bmatrix} = \begin{bmatrix} \frac{1}{45} (\text{extent}(1979.001369) + \dots + \text{extent}(2023.001369)) \\ \frac{1}{45} (\text{extent}(1979.004109) + \dots + \text{extent}(2023.004109)) \\ \vdots \\ \frac{1}{45} (\text{extent}(1979.998630) + \dots + \text{extent}(2023.998630)) \end{bmatrix}$$

$$= \begin{bmatrix} 7.126341 \\ 6.945984 \\ \vdots \\ 7.279182 \end{bmatrix}$$

### 50           3.3. Figures

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

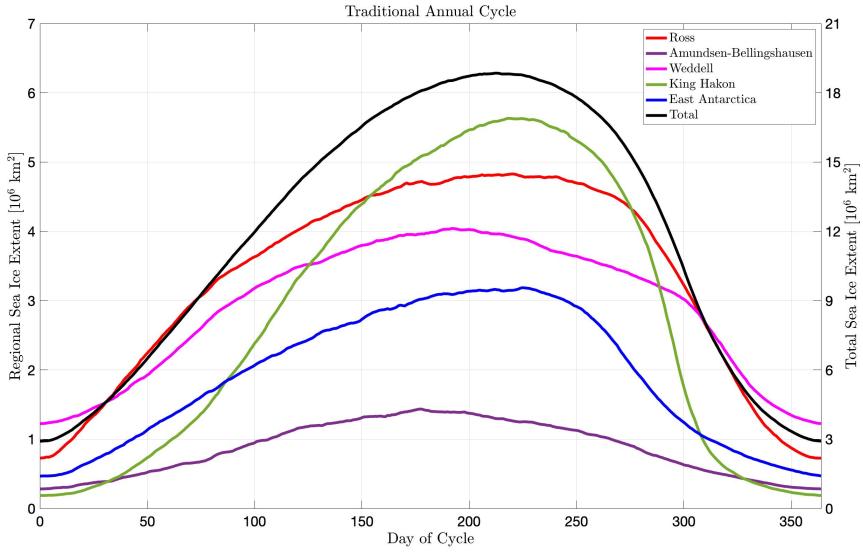


Fig. 1. The Traditional Annual Cycle  $a_T(s)$  of Antarctic sea ice extent, or the daily mean of sea ice extent from 1979-2023. Plotted such that day 0 of the cycle is when sea ice extent is at its annual minimum.

#### 51 4. Calculating the Invariant Annual Cycle

##### 52 4.1. What is the Invariant Annual Cycle?

53 The Invariant Annual Cycle  $a_I(s)$  models  $a_T(s)$  as a composition of cubic parabolas which join  
 54 at their corresponding endpoints such that  $a'_I$  (first derivative),  $a''_I$  (second derivative), and  $a'''_I$   
 55 (third derivative) are all continuous. Balance between accuracy of fit to  $a_T(s)$  and smoothness  
 56 is obtained through choosing  $a_I(s)$  to minimize penalized square error (PSE):

$$PSE_\lambda(a) = \sum_{t=T_0}^T (\text{extent}(t) - a_I(\text{doy}(t)))^2 + \lambda \int_0^{365} a''_I(s)^2 ds \quad \lambda > 0 \quad (3)$$

- 57 •  $\text{extent}(t)$  is the recorded (satellite-observed) sea ice extent occurring on  $t$ , where  $t$  is time  
 58 expressed as a decimal years (e.g. 1981.00958 is equivalent to January 3, 1981).
- 59 •  $a_I$  is the invariant shape function, with  $a_I(s)$  representing the invariant cycle shape value  
 60 for day of the year,  $s$ .
- 61 •  $a''_I(s)$  is the second derivative of  $a_I(s)$ .
- 62 •  $\lambda$  is the smoothing parameter. As  $\lambda \rightarrow 0$ , the function becomes an interpolating spline and  
 63 will overfit the data. As  $\lambda \rightarrow \infty$ , smoothness dominates over accuracy of fit.

##### 64 4.2. Numerical Methods

65 Reinsch's (1967) and Craven and Wahba's (1979) method for fitting smoothing splines under the  
 66 penalized least squares approach is implemented using the [csapsGCV](#) function in MATLAB,  
 67 developed by Matthew Taliaferro.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

68 4.2.1. **Step One: Define x and y vectors**

69 Define the x vector.

70 s (day of the year) is the x vector.

$$x = \begin{bmatrix} x_0 \\ x_1 \\ \vdots \\ x_{364} \end{bmatrix} = \begin{bmatrix} 0 \\ 1 \\ \vdots \\ 364 \end{bmatrix}$$

71 Normalize the x vector.

$$x = \begin{bmatrix} \frac{x_1 - \min(x)}{\max(x) - \min(x)} \\ \frac{x_2 - \min(x)}{\max(x) - \min(x)} \\ \vdots \\ \frac{x_{365} - \min(x)}{\max(x) - \min(x)} \end{bmatrix} = \begin{bmatrix} \frac{0-0}{364-0} \\ \frac{1-0}{364-0} \\ \vdots \\ \frac{364-0}{364-0} \end{bmatrix} = \begin{bmatrix} 0 \\ 0.0027 \\ \vdots \\ 1 \end{bmatrix}$$

72 Define the y vector.

73  $a_T(s)$  is the y vector, using  $a_T(s)$  for total Antarctic sea ice extent for example.

$$\begin{bmatrix} y_0 \\ y_1 \\ \vdots \\ y_{364} \end{bmatrix} = \begin{bmatrix} \text{extent}(T_0) \\ \text{extent}(T_2) \\ \vdots \\ \text{extent}(T_{364}) \end{bmatrix} = \begin{bmatrix} 7.12634 \\ 6.94598 \\ \vdots \\ 7.27918 \end{bmatrix}$$

74 4.2.2. **Step 2: Calculate the difference matrix Q**

75 The matrix  $Q$  is a tridiagonal matrix with  $(n + 1)$  rows and  $(n - 1)$  columns where:

76 •  $q_{i-1,i} = \frac{1}{h_{i-1}}$

77 •  $q_{i,i} = \frac{-1}{h_{i-1}} - \frac{1}{h_i}$

78 •  $q_{i+1,i} = \frac{1}{h_i}$

79 for  $i = 0, 1, \dots, n - 1$ , where  $h_i = x_{i+1} - x_i$  and  $n = \text{length}(x) - 1 = 364$ .

80 **Difference Vector h:**

$$h = \begin{bmatrix} h_0 \\ h_1 \\ \vdots \\ h_{364} \end{bmatrix} = \begin{bmatrix} x_1 - x_0 \\ x_2 - x_1 \\ \vdots \\ x_{364} - x_{363} \end{bmatrix} = \begin{bmatrix} 0.0027 - 0 \\ 0.0055 - 0.0027 \\ \vdots \\ 1 - 0.9963 \end{bmatrix} = \begin{bmatrix} 0.0027 \\ 0.0027 \\ \vdots \\ 0.0027 \end{bmatrix}$$

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

81      **Matrix  $Q$ :**

82      Initialize  $Q$  as a zero matrix.

$$Q = \begin{bmatrix} Q_{1,1} & Q_{1,2} & \cdot & Q_{1,363} \\ Q_{2,1} & Q_{2,2} & Q_{2,3} & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & Q_{2,363} \\ Q_{3,1} & Q_{3,2} & Q_{3,3} & Q_{3,4} & \cdot & \cdot & \cdot & \cdot & \cdot & Q_{3,363} \\ Q_{4,1} & Q_{4,2} & Q_{4,3} & Q_{4,4} & Q_{4,5} & \cdot & \cdot & \cdot & \cdot & Q_{4,363} \\ \cdot & \cdot \\ \cdot & \cdot \\ Q_{362,1} & Q_{362,2} & \cdot & \cdot & Q_{362,359} & Q_{362,360} & Q_{362,361} & Q_{362,362} & Q_{362,363} \\ Q_{363,1} & Q_{363,2} & \cdot & \cdot & \cdot & Q_{363,360} & Q_{363,361} & Q_{363,362} & Q_{363,363} \\ Q_{364,1} & Q_{364,2} & \cdot & \cdot & \cdot & \cdot & Q_{364,361} & Q_{364,362} & Q_{364,363} \\ Q_{365,1} & Q_{365,2} & \cdot & Q_{365,363} \end{bmatrix}$$

83

$$= \begin{bmatrix} 0 & 0 & \cdot & 0 \\ 0 & 0 & 0 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & 0 \\ 0 & 0 & 0 & 0 & \cdot & \cdot & \cdot & \cdot & \cdot & 0 \\ 0 & 0 & 0 & 0 & 0 & \cdot & \cdot & \cdot & \cdot & 0 \\ \cdot & \cdot \\ \cdot & \cdot \\ 0 & 0 & \cdot & \cdot & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \cdot & \cdot & \cdot & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \cdot & \cdot & \cdot & \cdot & 0 & 0 & 0 & 0 \\ 0 & 0 & \cdot & 0 \end{bmatrix}$$

84      Define the diagonal values such that  $q_{i+1,i} = \frac{1}{h_i}$ ,  $q_{i,i} = \frac{-1}{h_{i-1}} - \frac{1}{h_i}$ , and  $q_{i-1,i} = \frac{1}{h_{i-1}}$ .

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

$$Q = \begin{bmatrix} 364 & 0 & \cdot & 0 \\ -728 & 364 & 0 & \cdot & \cdot & \cdot & \cdot & \cdot & \cdot & 0 \\ 364 & -728 & 364 & 0 & \cdot & \cdot & \cdot & \cdot & \cdot & 0 \\ 0 & 364 & -728 & 364 & 0 & \cdot & \cdot & \cdot & \cdot & 0 \\ \cdot & \cdot \\ 0 & 0 & \cdot & \cdot & 0 & 364 & -728 & 364 & 0 & 0 \\ 0 & 0 & \cdot & \cdot & \cdot & 0 & 364 & -728 & 364 & 0 \\ 0 & 0 & \cdot & \cdot & \cdot & \cdot & 0 & 364 & -728 & 0 \\ 0 & 0 & \cdot & 0 \end{bmatrix}$$

<sup>85</sup> 4.2.3. **Step 3: Calculate matrix T**

<sup>86</sup> Matrix  $T$  is a positive definite tridiagonal matrix of order  $n - 1$  where:

$$t_{i,i} = \frac{2(h_{i-1} + h_i)}{3}$$

$$t_{i,i+1} = t_{i+1,i} = \frac{h_i}{3}$$

<sup>87</sup> Initialize  $T$  as a zero matrix.

$$T = \begin{bmatrix} t_{1,1} & t_{1,2} & \cdot & \cdot & \cdot & t_{1,363} \\ t_{2,1} & t_{2,2} & \cdot & \cdot & \cdot & t_{2,363} \\ \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\ t_{363,1} & t_{363,2} & \cdot & \cdot & \cdot & t_{363,363} \end{bmatrix} = \begin{bmatrix} 0 & 0 & \cdot & \cdot & \cdot & 0 \\ 0 & 0 & \cdot & \cdot & \cdot & 0 \\ \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\ 0 & 0 & \cdot & \cdot & \cdot & 0 \end{bmatrix}$$

<sup>88</sup> Define the diagonal values such that  $t_{i,i} = \frac{2(h_{i-1} + h_i)}{3}$

$$T = \begin{bmatrix} 0.0037 & t_{1,2} & \cdot & \cdot & \cdot & t_{1,n-1} \\ t_{2,1} & 0.0037 & \cdot & \cdot & \cdot & t_{2,n-1} \\ \cdot & \cdot & \cdot & \cdot & \cdot & \cdot \\ 0 & 0 & \cdot & \cdot & \cdot & 0.0037 \end{bmatrix}$$

<sup>89</sup> and such that  $t_{i,i+1} = t_{i+1,i} = \frac{h_i}{3}$ .

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

$$T = \begin{bmatrix} 0.0037 & 9.1575e - 04 & & & & & 0 \\ 9.1575e - 04 & 0.0037 & 9.1575e - 04 & & & & 0 \\ & & & \ddots & & & \\ 0 & 0 & & & \ddots & 9.1575e - 04 & 0.0037 \end{bmatrix}$$

90 4.2.4. **Step 4: Calculate matrices A and B**

$$B = Q^T W^2 Q + pT$$

$$A = I - \left( \frac{W^2 Q}{B} \right) Q^T$$

91 where  $p$  is the smoothing parameter, and  $I$  and  $W$  are  $n \times n$  (364x364) identity matrices.  $W$  is  
 92 technically the weight matrix, or a vector of the standard deviations associated with the observed  
 93 data. In our case, we leave weight unspecified, or equal to one.

94 4.2.5. **Step 5: Calculate the spline coefficients**

95 The spline function is defined as:

$$f(x) = a_i + b_i(x - x_i) + c_i(x - x_i)^2 + d_i(x - x_i)^3$$

96 where:

- 97 •  $a = y - p^{-1}W^2Qc$
- 98 •  $b_i = \frac{a_{i+1}-a_i}{h_i} - c_i h_i - d_i h_i^2$  for  $i = 0, \dots, n - 1$
- 99 •  $c = B^{-1} p Q^T y$  with  $c_0 = c_n = 0$
- 100 •  $d_i = \frac{c_{i+1}-c_i}{3h_i}$  for  $i = 0, \dots, n - 1$

101 4.2.6. **Step 6: Perform Generalized Cross Validation**

102 Generalized Cross Validation measures model fit while penalizing complexity by minimizing:

$$V = \frac{N \times \text{RSS}}{\text{tr}^2}$$

103 over  $p$ . Where  $N = \text{length}(x)$  is the sample size, RSS is the residual sum of squares, and  $\text{tr}$  is  
 104 the estimated degrees of freedom.

105 4.3. *Figures*

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

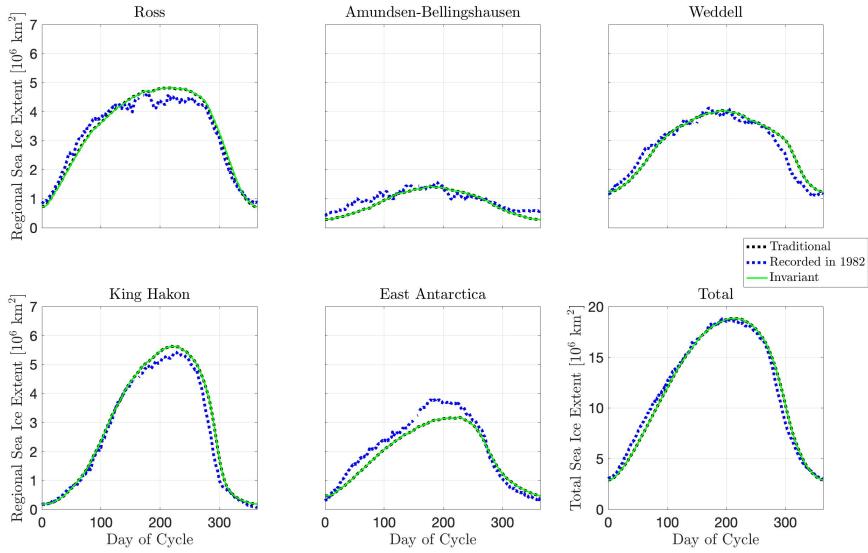


Fig. 2. The invariant cycle of Antarctic sea ice extent in 1982.

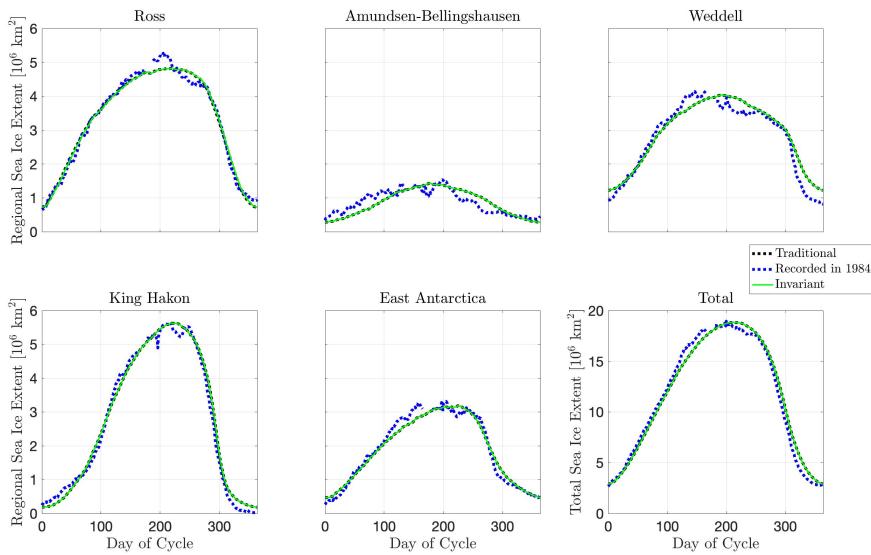


Fig. 3. The invariant cycle of Antarctic sea ice extent in 1984.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

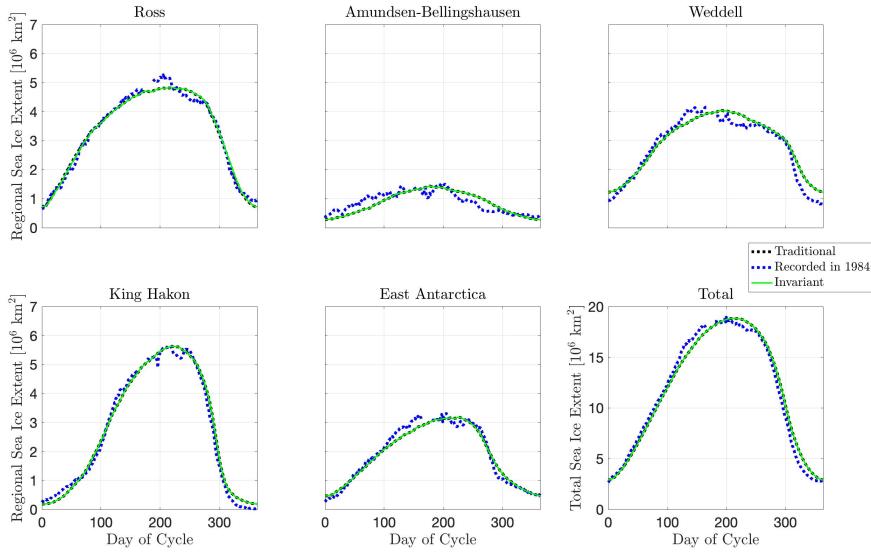


Fig. 4. The invariant cycle of Antarctic sea ice extent in 1985.

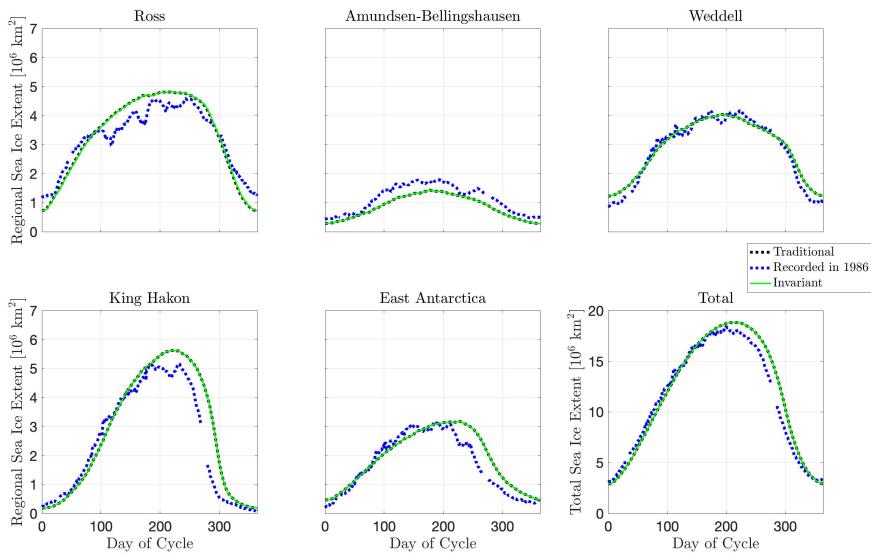


Fig. 5. The invariant cycle of Antarctic sea ice extent in 1986.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

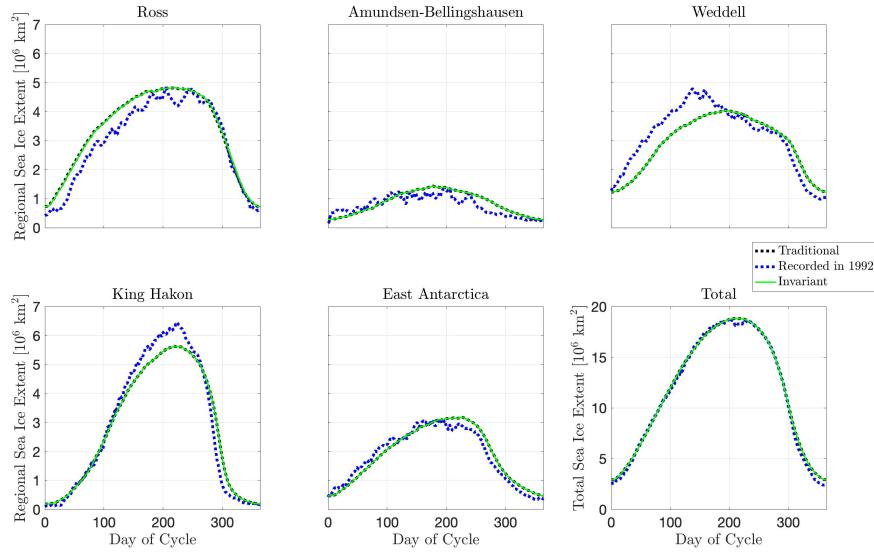


Fig. 6. The invariant cycle of Antarctic sea ice extent in 1992.

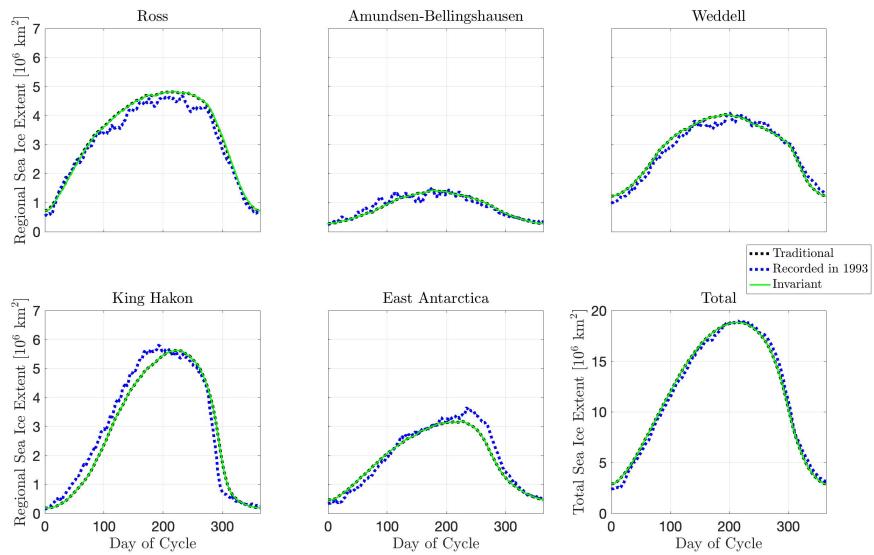


Fig. 7. The invariant cycle of Antarctic sea ice extent in 1993.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

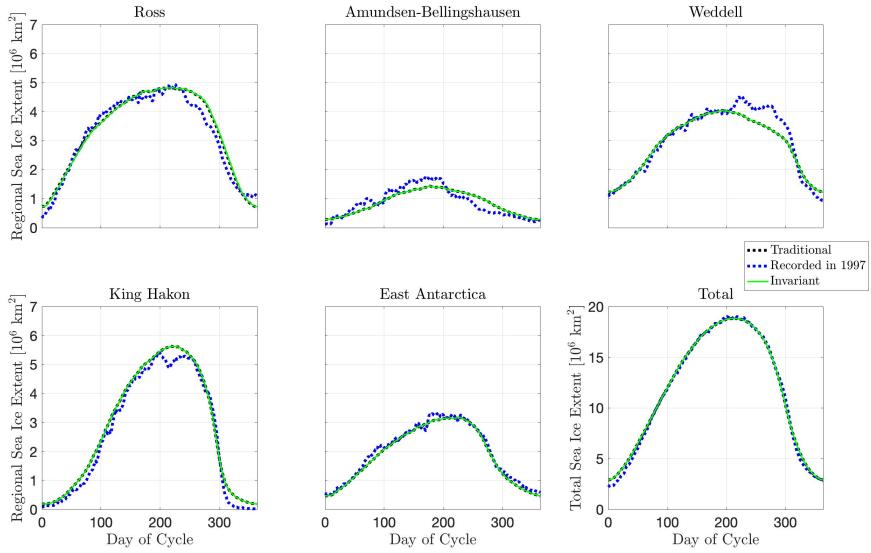


Fig. 8. The invariant cycle of Antarctic sea ice extent in 1997.

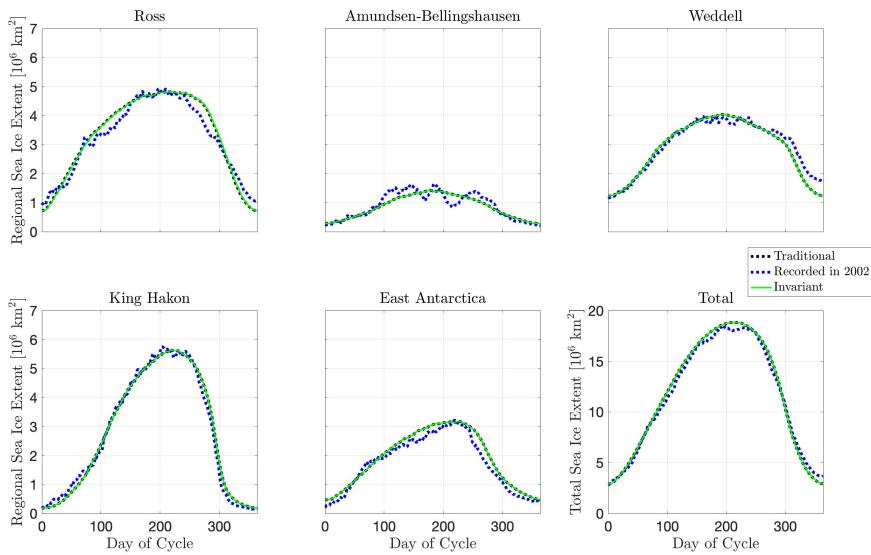


Fig. 9. The invariant cycle of Antarctic sea ice extent in 2002.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

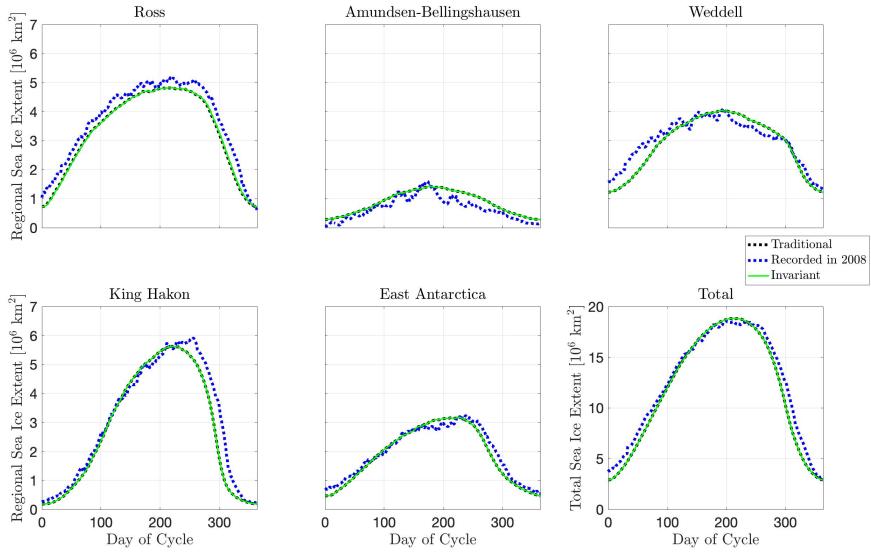


Fig. 10. The invariant cycle of Antarctic sea ice extent in 2008.

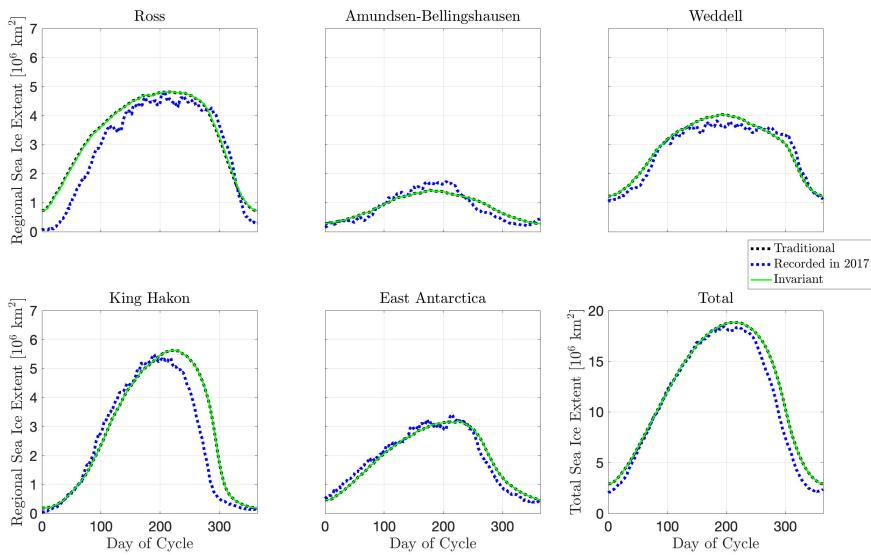


Fig. 11. The invariant cycle of Antarctic sea ice extent in 2017.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

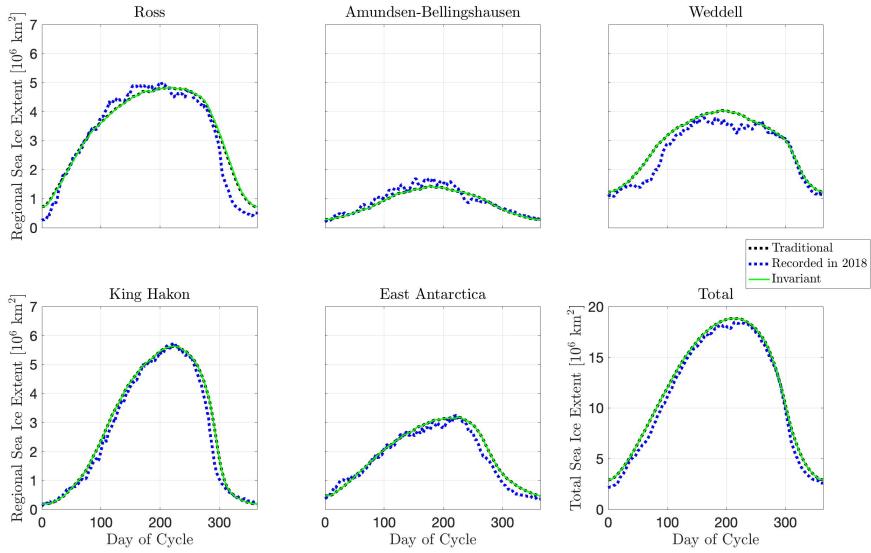


Fig. 12. The invariant cycle of Antarctic sea ice extent in 2018.

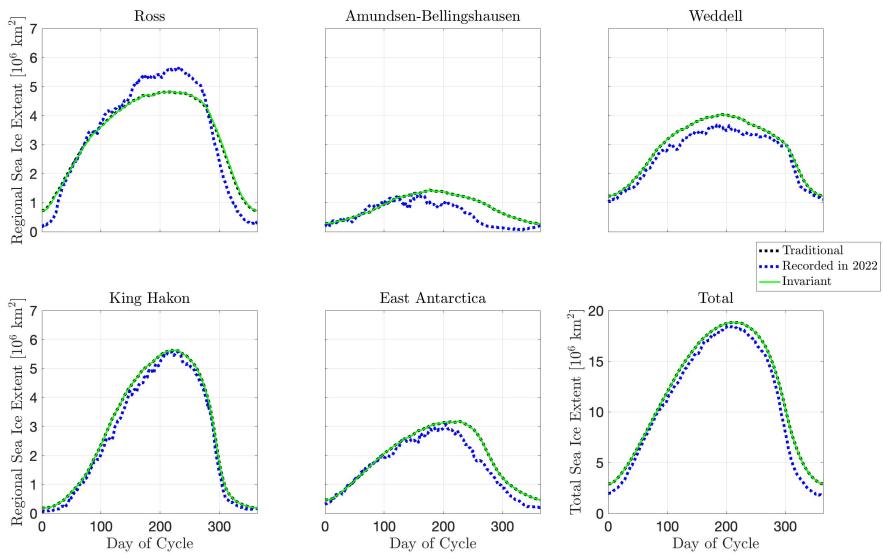


Fig. 13. The invariant cycle of Antarctic sea ice extent in 2022.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

106 **5. Calculating the Amplitude-Phase Adjusted Annual Cycle (APAC)**

107 *5.1. What is the Amplitude-Phase Adjusted Annual Cycle ?*

108 The Amplitude-Phase Adjusted Annual Cycle (APAC) deforms the annual cycle in two ways: [1]  
 109 by adjusting annual minimum and maximum extent, while maintaining the shape of the invariant  
 110 cycle and [2] by adjusting the phase of the annual cycle, which influences both length and shape.

$$\text{extent}(t) = a_{APAC}(\text{phase}(t), \min \cdot \text{extent}(\text{year}(t)), \max \cdot \text{extent}(\text{year}(t))) + \alpha(t) \quad (4)$$

111 where

$$a_{APAC} = u_A(s)(\max - \min) + \min \quad (5)$$

112 and

$$\text{phase}(t) = 365 \times \beta \left( \frac{t - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))}{\max \cdot \text{extent} \cdot \text{day}(\text{year}(t) + 1) - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))}; \beta(\text{year}(t)) \right) \quad (6)$$

113  $\min \cdot \text{extent} \cdot \text{day}(\text{year}(t)) \leq t \leq \max \cdot \text{extent} \cdot \text{day}(\text{year}(t))$

114  $u_A(s)$  is chosen using Generalized Cross Validation, or to minimize penalized square error  
 115 (PSE) over  $\lambda_{APAC}$  and  $\{\beta_1(y) > 0, \beta_2(y) > 0\}_{1979}^{2022}$ .

$$\text{PSE}_\lambda(a) = \sum_{t=T_0}^T \left( \frac{t - \min \cdot \text{extent}(\text{year}(t))}{\max \cdot \text{extent}(\text{year}(t)) - \min \cdot \text{extent}(\text{year}(t))} - u_A(\text{phase}(t; \beta(\text{year}(t)))) \right)^2 + \lambda_{APAC} \int_0^{365} u_A''(s)^2 ds \quad \lambda_{APAC} > 0 \quad (7)$$

- 116 •  $\text{extent}(t)$  is the recorded (satellite-observed) sea ice extent occurring on  $t$ , where  $t$  is time expressed  
 117 as decimal years (e.g., 1981.00958 is equivalent to January 3, 1981).
- 118 •  $a_{APAC}(s) = a_A[\text{phase}(t), \min(\text{extent}(\text{year}(t))), \max(\text{extent}(\text{year}(t)))]$  is the Amplitude-Phase Ad-  
 119 justed Annual Cycle.
- 120 •  $\min \cdot \text{extent}(\text{year}(t))$  is the annual minimum of sea ice extent.
- 121 •  $\max \cdot \text{extent}(\text{year}(t))$  is the annual maximum of sea ice extent.
- 122 •  $u_A(s)$  is the invariant annual cycle, computed from amplitude-adjusted data.
- 123 •  $u_A''(s)$  is the second derivative of  $u_A(s)$ .
- 124 •  $\text{phase}(t)$  is the phase-adjusted day of the year for time  $t$ .
- 125 •  $\beta$  is the cumulative distribution function of a random variable parameterized by  $\{\beta_1(y) > 0, \beta_2(y) >$   
 126  $0\}_{1979}^{2022}$ .
- 127 •  $\min \cdot \text{extent} \cdot \text{day}(\text{year}(t))$  is the day of the year at which sea ice extent reaches its annual minimum  
 128 (e.g. day 37 in 2016).
- 129 •  $\max \cdot \text{extent} \cdot \text{day}(\text{year}(t))$  is the day of the year at which sea ice extent reaches its annual maximum  
 130 (e.g. day 255 in 2016).
- 131 •  $\alpha(t)$  is the anomaly between recorded sea ice extent and the annual shape function  $a(s)$  at time  $t$ .

132 **5.2. Numerical Methods**

133 Using 2016 total continental sea ice extent data for example.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

134    5.2.1. **Step 1: Scale data by minimum and maximum values for each year**

135    In Section 4.2, we fit the invariant cycle to the traditional annual cycle  $a_T(s)$ , or the daily mean sea ice extent.  
 136    To calculate  $u_A(s)$ , first we must deform the raw data to account for varying minimums and maximums  
 137    every year.

138    Say we have a data matrix with (365) rows and (44) columns, with each column representing the years  
 139    from 1979 to 2022.

$$\begin{aligned}
 \text{observed data} &= \begin{bmatrix} \text{data}_{1,1979} & \cdot & \cdot & \cdot & \text{data}_{1,2022} \\ \text{data}_{2,1979} & \cdot & \cdot & \cdot & \text{data}_{2,2022} \\ \vdots & & & & \vdots \\ \text{data}_{365,1979} & \cdot & \cdot & \cdot & \text{data}_{365,2022} \end{bmatrix} = \begin{bmatrix} 7.3845 & \cdot & \cdot & \cdot & 5.8967 \\ 7.2729 & \cdot & \cdot & \cdot & 4.7376 \\ \vdots & & & & \vdots \\ 6.2944 & \cdot & \cdot & \cdot & 6.7420 \end{bmatrix} \\
 \text{amp-adjusted data} &= \begin{bmatrix} \frac{\text{data}_{1,1979} - \min_{1979}}{\max_{1979} - \min_{1979}} & \cdot & \cdot & \cdot & \frac{\text{data}_{1,2022} - \min_{2022}}{\max_{2022} - \min_{2022}} \\ \frac{\text{data}_{2,1979} - \min_{1979}}{\max_{1979} - \min_{1979}} & \cdot & \cdot & \cdot & \frac{\text{data}_{2,2022} - \min_{2022}}{\max_{2022} - \min_{2022}} \\ \vdots & & & & \vdots \\ \frac{\text{data}_{365,1979} - \min_{1979}}{\max_{1979} - \min_{1979}} & \cdot & \cdot & \cdot & \frac{\text{data}_{365,2022} - \min_{2022}}{\max_{2022} - \min_{2022}} \end{bmatrix} \\
 140 &= \begin{bmatrix} 0.4050 & \cdot & \cdot & \cdot & 0.2961 \\ 0.4054 & \cdot & \cdot & \cdot & 0.2877 \\ \vdots & & & & \vdots \\ 0.2035 & \cdot & \cdot & \cdot & 0.2944 \end{bmatrix}
 \end{aligned}$$

141    5.2.2. **Step 2: Calculate phase(t) for your designated year**

142    Recall the definition of phase(t) is:

$$\text{phase}(t) = 365 \times \beta \left( \frac{t - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))}{\max \cdot \text{extent} \cdot \text{day}(\text{year}(t) + 1) - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))} ; \beta(\text{year}(t)) \right) \quad \text{where } \min \cdot \text{extent} \cdot \text{day}(\text{year}(t)) \leq t \leq \max \cdot \text{extent} \cdot \text{day}(\text{year}(t))$$

143    Let

$$xx = \frac{t - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))}{\max \cdot \text{extent} \cdot \text{day}(\text{year}(t) + 1) - \min \cdot \text{extent} \cdot \text{day}(\text{year}(t))} \quad \text{where } \min \cdot \text{extent} \cdot \text{day}(\text{year}(t)) \leq t \leq \max \cdot \text{extent} \cdot \text{day}(\text{year}(t))$$

144    Doing so results in a vector like:

$$\begin{aligned}
 \text{phase}(t) &= 365 \times \beta(xx) = 365 \times \beta \begin{bmatrix} xx_0 \\ xx_1 \\ \vdots \\ xx_{37} \\ xx_{38} \\ \dots \\ xx_{254} \\ xx_{255} \\ \vdots \\ xx_{364} \end{bmatrix} = 365 \times \beta \begin{bmatrix} \text{NaN} \\ \text{NaN} \\ \vdots \\ 0.0017 \\ 0.0034 \\ \vdots \\ 0.3733 \\ 0.3750 \\ \vdots \\ \text{NaN} \end{bmatrix}
 \end{aligned}$$

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

145 Normalize the x vector.

$$x = \text{phase}(t) = 365 \times \beta(\text{xx}) = \begin{bmatrix} \text{NaN} \\ \text{NaN} \\ \vdots \\ 0.6250 \\ 1.2500 \\ \vdots \\ 136.2500 \\ 136.8750 \\ \vdots \\ \text{NaN} \end{bmatrix}$$

146 In this example,  $\beta_1 = 0.9421$  and  $\beta_2 = 0.9586$ . xx is then linearly extrapolated in order to span 0 to 364.

147 Use the daily mean of amplitude-adjusted data as the y vector to calculate the invariant annual cycle  
148  $u_A(s)$ , as described in Section 4.2, with the only difference being phase(t) is serving as our x vector. This  
149 means day 37 of the daily mean of the amplitude-adjusted data is used to compute day 0.6250 of the the  
150 Amplitude-Phase Adjusted Annual Cycle.

151 **Step 3: Amplitude-adjust  $u_A(s)$**

$$u_A(s) = \begin{bmatrix} u_{A_0} \\ u_{A_1} \\ \vdots \\ u_{A_{581}} \\ u_{A_{582}} \end{bmatrix} = \begin{bmatrix} 0.2658 \\ 0.2589 \\ \vdots \\ 0.2832 \\ 0.2765 \end{bmatrix}$$
$$a_{APAC} = u_A(s)(\max - \min) + \min = \begin{bmatrix} 0.2658 \\ 0.2589 \\ \vdots \\ 0.2832 \\ 0.2765 \end{bmatrix} (5.1716 - 0.3087) + 0.3087 = \begin{bmatrix} 6.9817 \\ 6.8696 \\ \vdots \\ 7.2635 \\ 7.1559 \end{bmatrix}$$

152 *5.3. Figures*

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

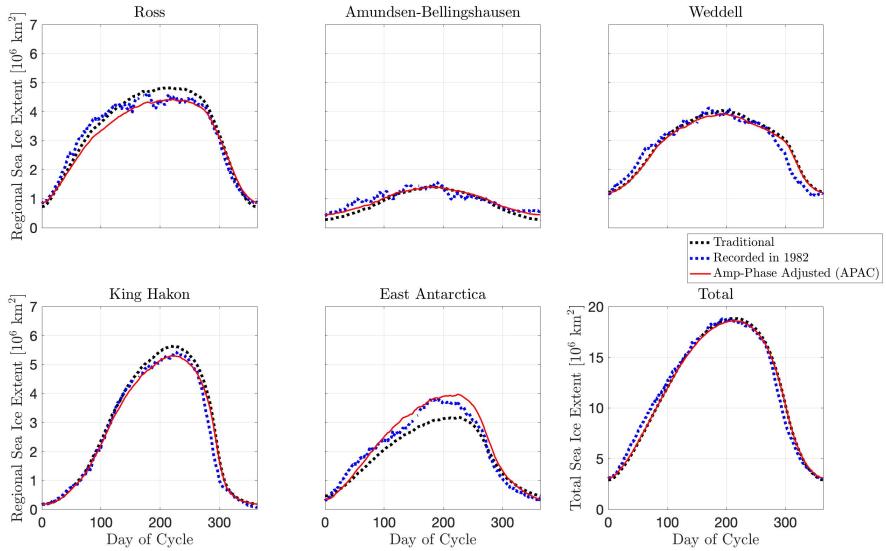


Fig. 14. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1982.

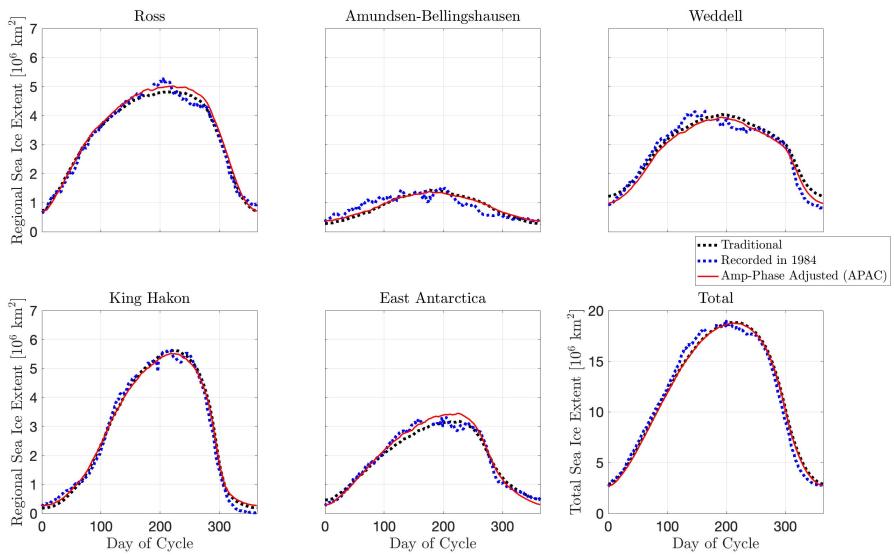


Fig. 15. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1984.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

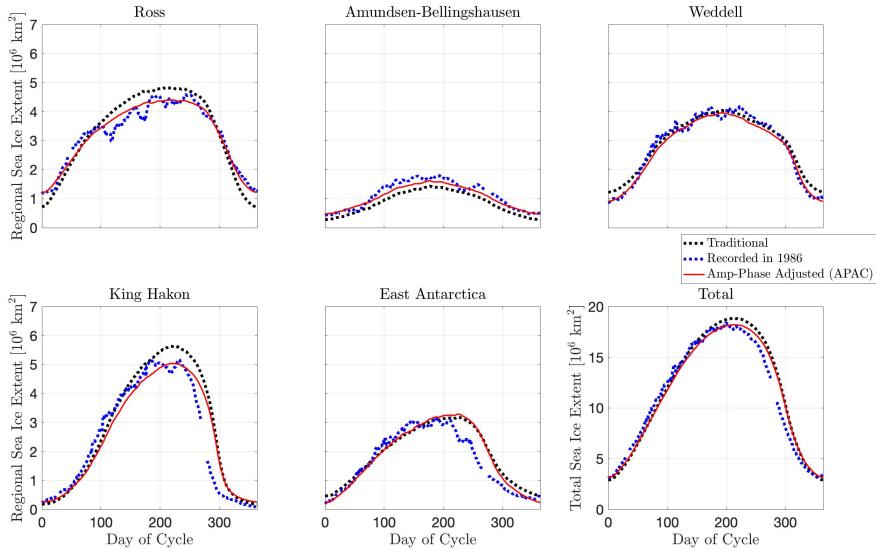


Fig. 16. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1986.

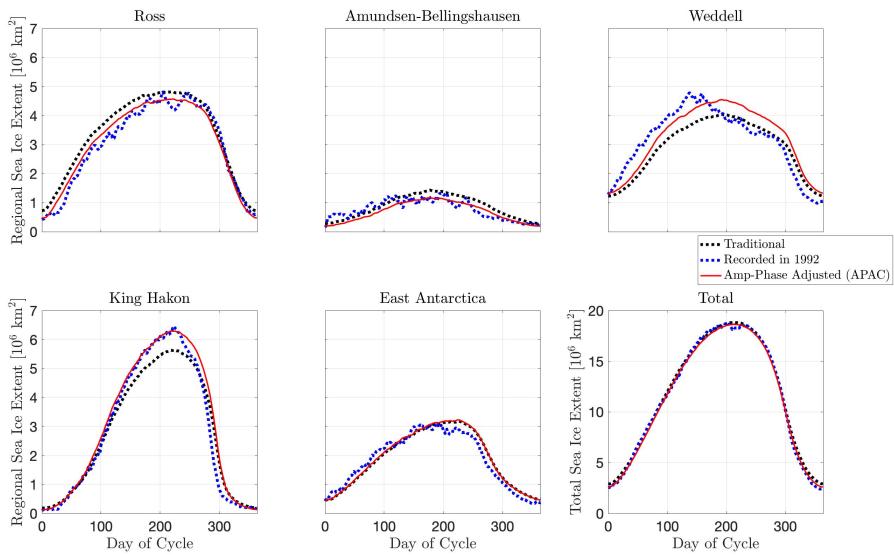


Fig. 17. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1992.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

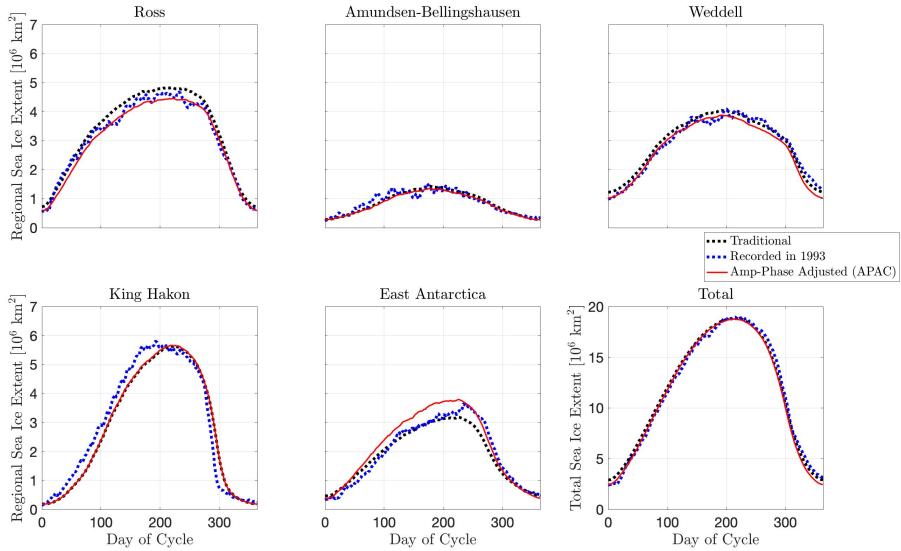


Fig. 18. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1993.

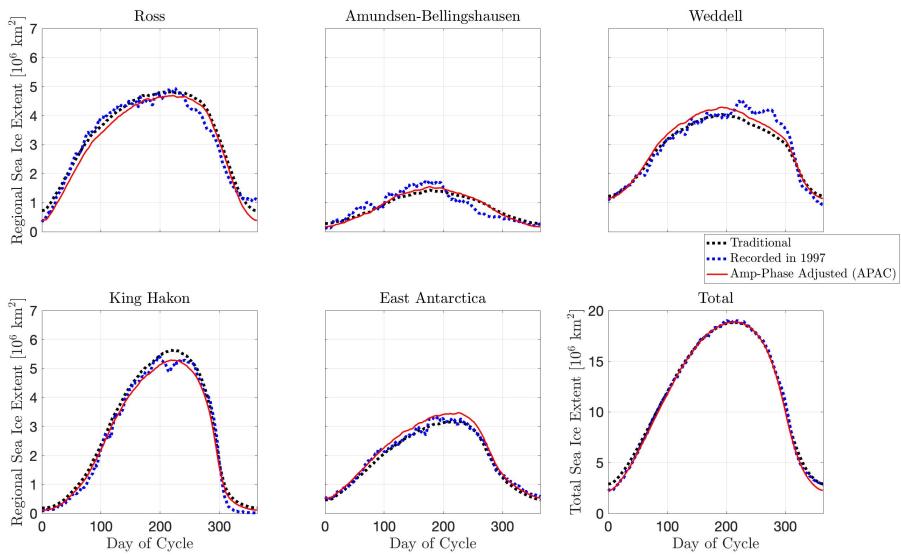


Fig. 19. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 1997.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

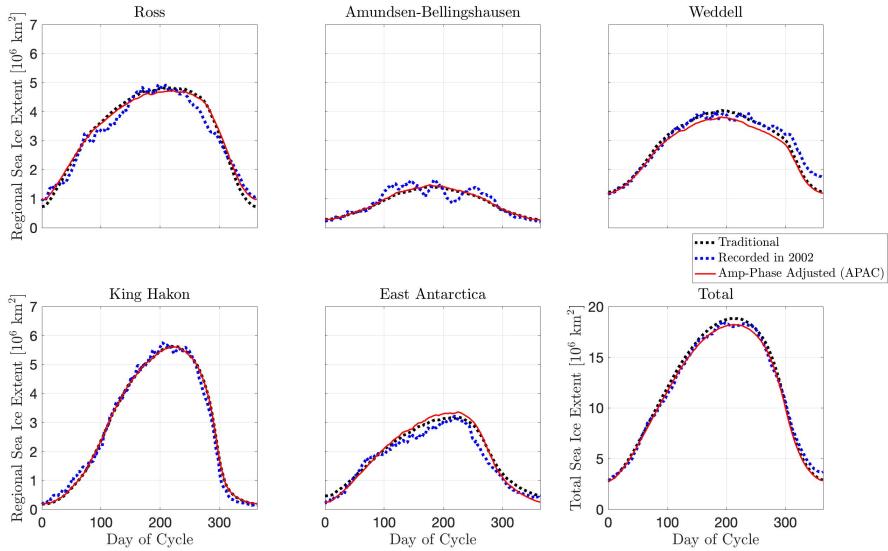


Fig. 20. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 2002.

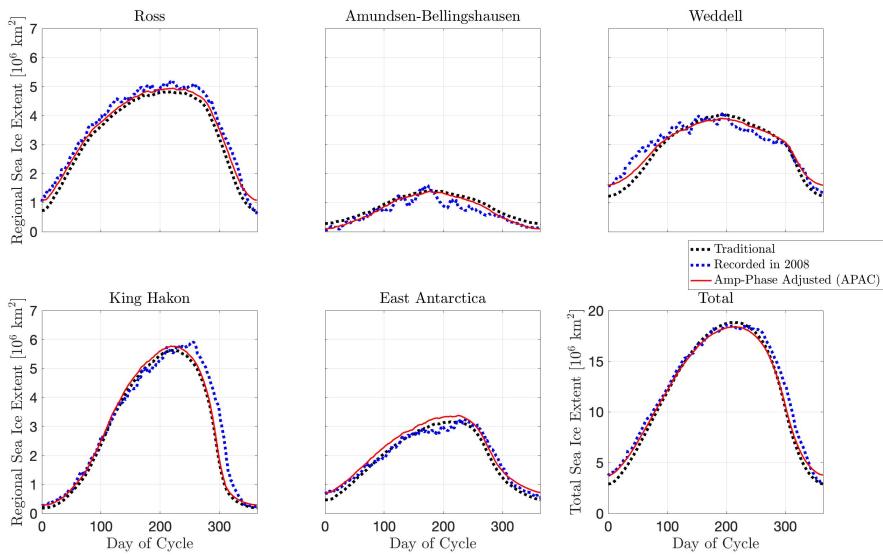


Fig. 21. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 2008.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

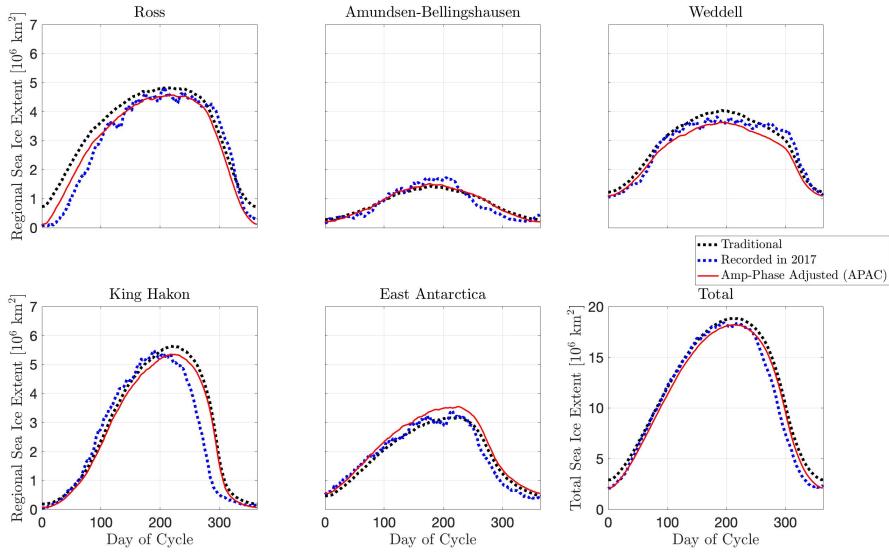


Fig. 22. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 2017.

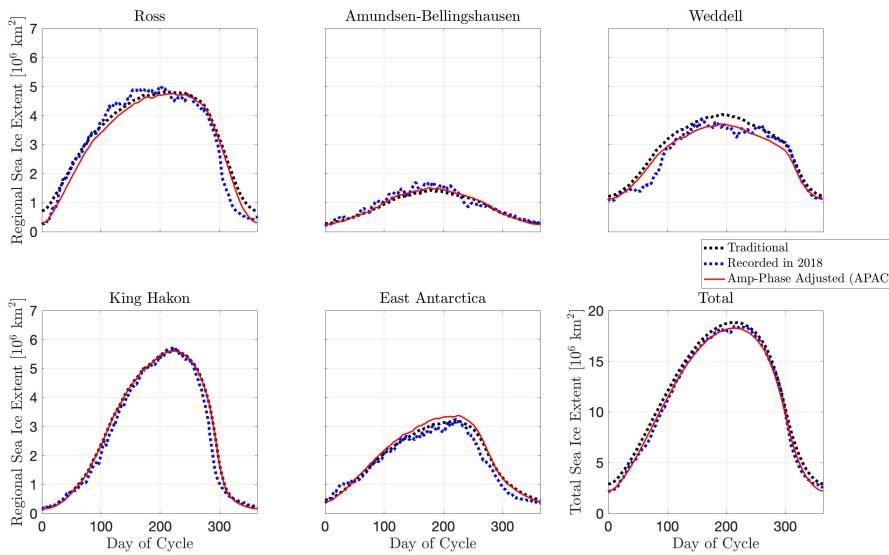


Fig. 23. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 2018.

**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).

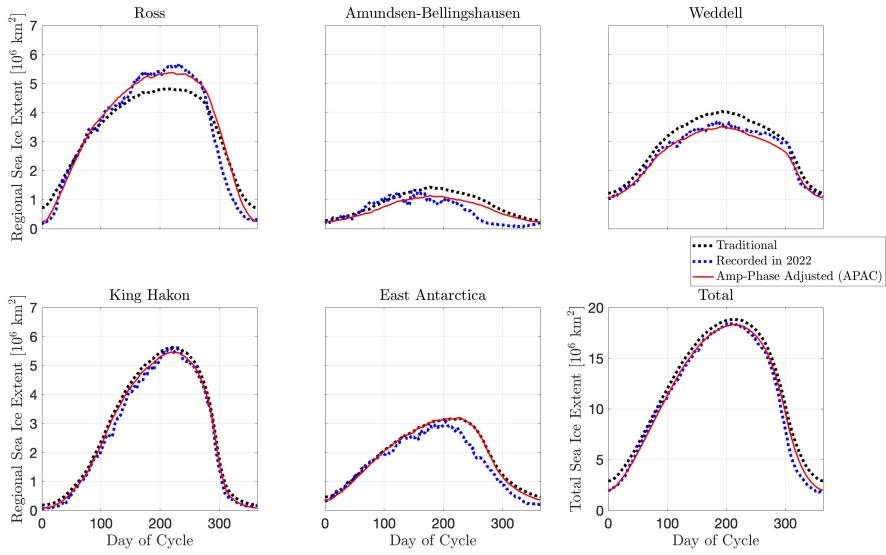


Fig. 24. Amplitude-Phase Adjusted cycle of Antarctic sea ice extent in 2022.

153 [1–3]

154 **References**

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157 **14**, 2159–2172 (2020).
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**Data Availability:** The data and MATLAB scripts that support the findings of this study are available on [Github](#).