From version 0.6.0 on, example_sentences.sty has a [conversations] option, which makes available the conversation environment for typesetting dialogues. It is used like this:

(1) [A country road. A tree.]

Estragon: Nothing to be done.

Vladimir: I am beginning to come round to that opinion. All my life I've tried to put it from me, saving Vladimir, be reasonable, you

tried to put it from me, saying Vladimir, be reasonable, you haven't yet tried everything. And I resumed the struggle.

So you are here again.

Estragon: Am I?

Standardly, the longest label determines how much the text will be indented. But if you have some exceptionally long items, it will often look better to set a fixed label length, and have a newline after the label if it exceeds that length. Luckily, enumitem provides just such a style. So you can simply do this:

(2) Question: What would you think it is worth telling [future generations] about the life you've lived, and the lessons you've learned from it?

Bertrand, Third Earl Russel:

I should like to say two things, one illectual, and one moral. The intellectual thing I should like to say to them is this: When you are studying any matter, or considering any philosophy, ask yourself only: What are the facts, and what is the truth that the facts bear out. [...]

The moral thing I should wish to say to them is very simple. I should say: Love is wise, hatred is foolish. In this world, which is getting more and more closely interconnected, we have to learn to tolerate each other. We have to learn to put up with the fact that some people say things we don't like. We can only live together in that way. And if we are to live together and not die together, we must learn a kind of charity and a kind of tolerance. Which is absolutely vital to the continuation of human life on this planet.

If you use the standard mode (where the width of the labels is calculated), and you need a little extra space (to typeset a diacritic, say), you can manipulate the length \conversationindent, as in:

(3) Estragon: *Be to nothing done.