**\*AsteriX\***

***Problem?***

Due to the advancement in technology and easy accessibility to various digital platforms, various digital activities have seen a growth including video games which has led to increase in screen time leading to health problems such as backache, insomnia, improper consumption of water, etc.

***Solution:***

We can solve these problems by helping you change your habits by reminding you to do things such as drink water, sit straight and sleep on time with the help of AsteriX who is a Bot on Discord.

***The Contents of the Project include:***

* Program.cs: The code in this file connects to the discord bot with the help of Discord.Net API.
* Commands.cs: The code in this file specifies the commands of the bot like “\*Sit”, “\*Sleep” and “\*Water”.

The whole coding is done in Visual Studio 2019 using C# language in Console App(.Net Core).

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