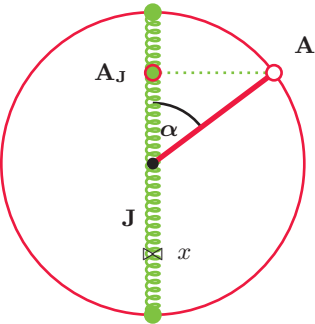


$$\mathbf{J}_- = -1$$



$$\mathbf{J}_+ = +1$$