#### To Dave:

As you know, my thoughts are chaotic. But, just a few weeks ago, when I started a computer vision project, I caught myself writing *uv pip install* and setting up Pydantic models to validate incoming data...completely instinctively....I even started writing test cases, well not quite 10,000 of em... Instilling that level of organization in someone as chaotic as me is no small feat (believe me, my parents have been trying for years :P). Not sure who said it...but "True humility is the ability to speak in a way that others can truly hear you."—you've managed to reach me in a way few others ever have.

#### To Brian:

For the longest time I'd start, write, erase, again and again. But waking up and seeing "iOS Build 123", and "iOS Build 124" shipped is a reminder that I may never be perfect/"ready" today or tomorrow, but I can still keep moving forward, and get one tiny, incremental step better than I was yesterday. We've only talked a couple of times, but I guess the mystery will remain...you'll never really know whether JJ and I are the same person or not:P

## To Jayant:

When I first saw your all hands demo — combining user calendar data, workout data, and tone, all connected to an LLM... In that moment, I saw a hyper-personalized, ML-driven, wholistic vision for the future of health. While Preffect might not need someone like me working on deep ML just yet, I have no doubt that when/if the time comes, you'll drive that R&D forward with excellence.

### To Ryanne:

Efrem explicitly asked me to return all company hardware, but I'm keeping the shirt! Although, perhaps the Delaware LLC can write it off a loss: P. One thing I really appreciated was how you took the time during my first week to introduce yourself and get to know me. That small gesture made me feel welcome, and it's something I plan to carry forward — whether at a company or research lab, Ive decided that I'm going to do this for every new team member I meet.

## To Ananya:

This internship didn't turn out quite the way we initially thought it would....knowledge graphs, reinforcement learning, Jensen-Shannon divergence, Graph-RAG recommender systems... one lesson I'm taking away from working with you is **adaptation**. You completely threw yourself into something entirely new and figured it out from the ground up. Embracing change and still executing with clarity, is something I hope to model myself.

# To Efrem:

At our first team meeting, I saw a serious side of you — showing the importance of addressing issues directly. On the hike, I watched you meet an elderly couple where they were, patiently teaching them about our mission. And on a tough provider call, you matched intensity with calm focus, never losing control. Meeting people where they are & knowing when to trust, defer, and ask...your one of the few people I feel whose words carry real weight.

## To the team:

On a personal note: if you come across an ML-research role in your networks where my strengths might be a fit, I'd be grateful if you'd keep me in mind and perhaps introduce us. And if you'd feel comfortable offering a positive reference down the line, that would mean a lot as I reorient.