



1

If You are Happy



Let's Watch



Let's Listen

The learner will be able to :

- ▶ recite the poem with actions.
- ▶ name different body parts.
- ▶ construct the names of body parts with the given letters.
- ▶ recite the English alphabet in order and identify vowels and consonants.
- ▶ identify the words which take 'a' or 'an'.
- ▶ complete the poem by using correct rhyming words.
- ▶ listen and follow actions related to body parts.
- ▶ give names to his/her feelings.
- ▶ write a poem to match his/her mood.



Recite and Rejoice



Sing along with the recording. AIL

If you're happy and you know it,
clap your hands. (clap, clap, clap)

If you're happy and you know it,
clap your hands. (clap, clap, clap)

If you're happy and you know it
and you really want to show it,

If you're happy and you know it,
clap your hands. (clap, clap, clap)





If you're happy and you know it,
pat your knees. (pat, pat, pat)

If you're happy and you know it,
pat your knees. (pat, pat, pat)

If you're happy and you know it
and you really want to show it.

If you're happy and you know it,
pat your knees. (pat, pat, pat)



Let's Learn



Let's Summarise

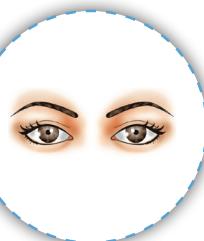


Let's Conclude

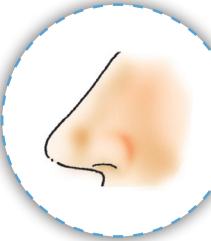
Divide the class into groups. Ask each group to enact different actions to continue the poem. The following are some hints.



Pat your **head**.



Blink your **eyes**.



Hold your **nose**.



Touch your **toes**.



Stamp your **feet**.



Tell Us What You Know



Let's Do

Answer the following questions orally in the class.

1. What does the girl in the poem do when she is happy?
2. What does the boy in the poem do when he is happy?
3. What do you do when you are happy?



Show What You Know

A. Rhyme-a-while

Read the following words and write the names of the body parts which rhyme with them.

1. land _____
3. dips _____
5. foe _____
7. rose _____

2. tree _____
4. meet _____
6. bed _____
8. dear _____

B. Think and Circle

1. How does the girl in the poem feel when she claps her hands?



Let's Do

2. Circle or draw what you do when you are happy.



clap



dance



shout



WS Word Smart

Write the names of your body parts with the help of the letters given below in the Clue Box. You can use each letter as many times as you need to.

Clue Box: h i k a n f l e p
g t y s o u d r

1. _____ 7. _____
2. _____ 8. _____
3. _____ 9. _____
4. _____ 10. _____
5. _____ 11. _____
6. _____ 12. _____

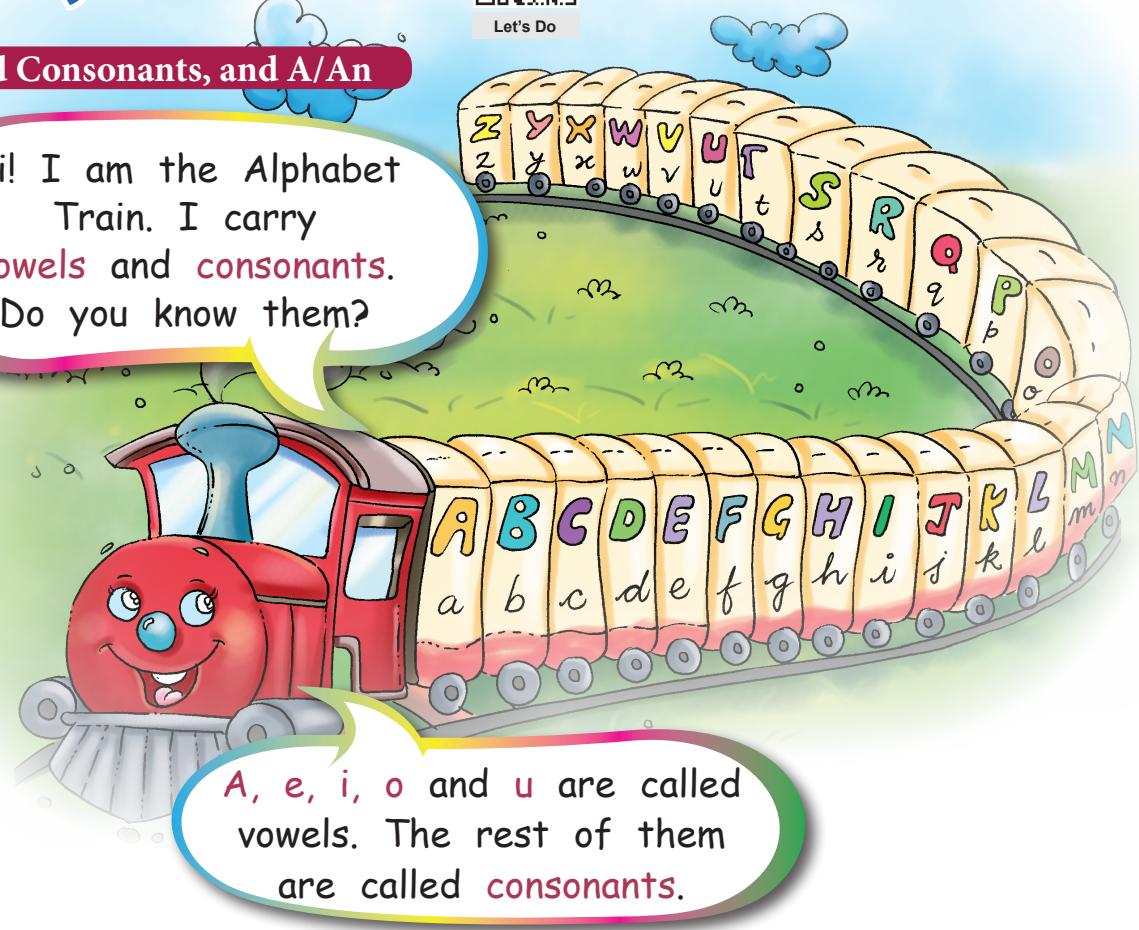


Language Smart

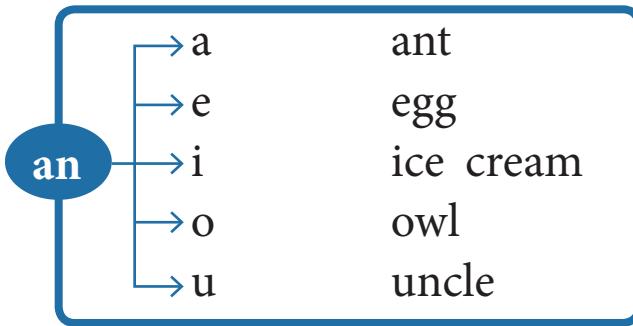
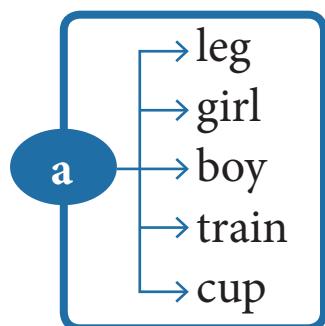


Vowels and Consonants, and A/An

Hi! I am the Alphabet Train. I carry vowels and consonants. Do you know them?



Read these words aloud.



Do Remember

- We put 'a' before a word that begins with a consonant sound.
- We put 'an' before a word that begins with a vowel sound.

- A. There is a sticker page at the end of the book. Paste stickers of the letters of the alphabet in their correct bogies.

1.



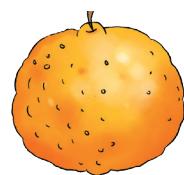
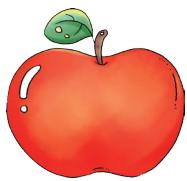
2.



B. Use 'a' or 'an' and name the following pictures.



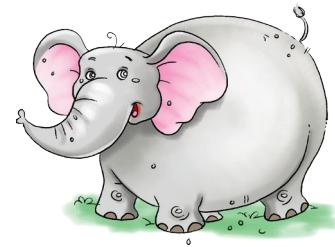
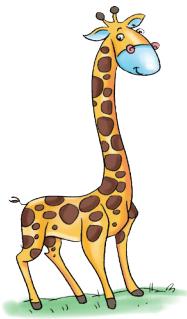
Let's Do



1. _____

2. _____

3. _____



4. _____

5. _____

6. _____



Thinking Caps On



Let's Relate

A. Change the vowels of the following words and make new words.
Take help from the given pictures. One has been done for you.

Critical Thinking

1. shop ship

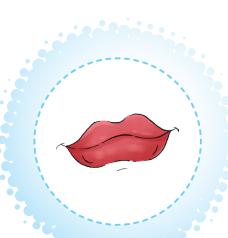
2. pit

3. cot

4. laps

5. log

6. dull



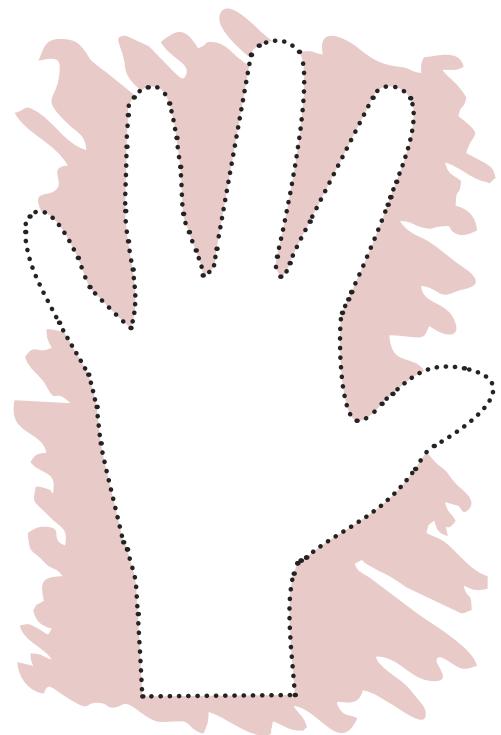
B. Trace the dotted picture and find out what it is.

Subject Integration (Maths)

1. Name the picture.

2. How many fingers are there?
Count and write.

3. You have two hands. Then how many fingers do you have in total?



Write-a-while



Let's Do

Complete the poem using the correct rhyming words given in the brackets.

Hands-on Learning



This is my lovely doll.

Her face is round like a _____ . (bell, ball)

Her dress is red.

She sleeps in my _____. (bed, bad)



Talk-a-while

Your teacher will prompt you. Respond by speaking the names of the correct body parts saying, “With my pretty... ?”

Communication Skills

Example:

Teacher: Oh! I see.

Child: With my pretty eyes.

Teacher: Oh! I hear.

Child: _____

Teacher: Oh! I walk.

Child: _____

Teacher: Oh! I colour.

Child: _____



Now, form pairs and take on the role of the teacher and the child. Continue the activity using functions of other body parts.



Celebrate Life



Let's Smile

A. Understanding Feelings

Life Skills

How are you feeling today?

1. Are you feeling happy?
2. Are you feeling sad?
3. Are you feeling scared?
4. Are you feeling surprised?
5. Are you feeling angry?

B. Choose your mood from the above list and make a song on it.

Creativity

“

Now I Can:



Independently



With help



Find it challenging

• recite the poem with correct pronunciation and actions.	
• identify and name different body parts.	
• understand the difference between vowels and consonants.	
• use 'a' or 'an' appropriately.	
• complete the poem by using rhyming words.	
• give names to my feelings.	

”