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**Department of Computer Engineering**

**PROJECT PRESENTATION**

**Savitribai Phule Pune University**

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**A Presentation on:**

# **“BMI Catalog System Using MySQL”**

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# Introduction

- In today's world health is a major issue and every person is curious about their health and wants to keep track of their weight and BMI.
- So we proposed this system that helps a person to calculate their BMI and save it for tracking their progress.
- The user can maintain his BMI and can check the record as per his need.
- BMI Catalog System keeps all the records related to that person like person's Name, Height, Weight and BMI.

## Objective

- To compute BMI
- To help the user to maintain BMI
- Make user able to track his progress by seeing the previous records
- To increase the awareness of overweight and obesity as a major public health threat.

## Problem Statement

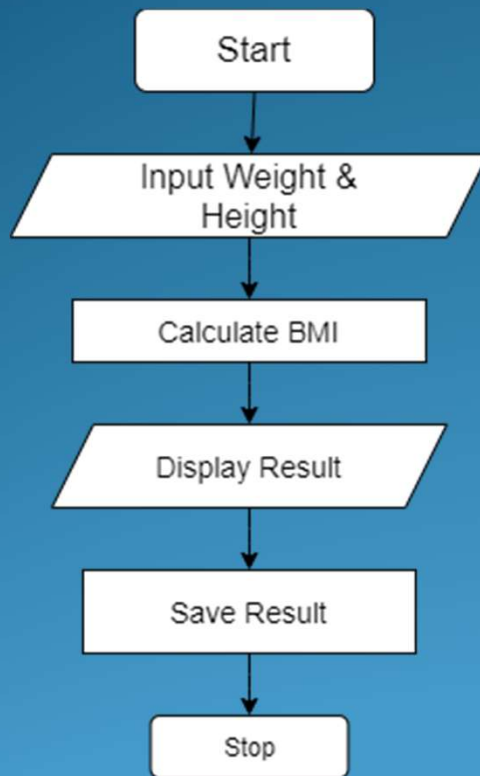
Now a days many people are not that healthy as per health standards . In todays busy life they are not able to focus on their weight, this could put them at high risk . And maintaining the BMI balance also difficult to them .

Hence we proposed this project so the user can keep his previous information while following diet and can determine whether hi is reaching to health goal or not .

## Software Requirement

- Python – Programing language used for coding the software
- Tkinter – Library used for designing the GUI
- MySQL – Use For Back end programing and database connectivity

# Proposed System



*fig : Flowchart*

The screenshot shows the 'BMI Catlog System' window. It features input fields for Name, Height, Weight, and BMI, along with units (Cm, Kg) and a 'Normal' status label. Below these are 'clear', 'calculate', and 'save' buttons. A 'Show Record' section contains a list of records with columns for Name, Height, Weight, BMI, and Status. A 'Show' button is next to the list, and a 'Delete Record' button is at the bottom with an adjacent input field.

Name	Height	Weight	BMI	Status
Raj	160	50	19.53	Normal
Vicky	165	44	16.16	UnderWeigh
Avi	150	70	31.11	Obese

*fig : GUI*



According to flowchart the user has to enter the data like his Name , height and weight , After that the system will calculate the BMI and will display the result .

The user can save that data to keep track of health. when the user will come in future then he can see that data and accordingly can determine its fitness .

# Algorithm

1. we are going to write a function called bmi that will take in two integers, weight and height, as input.
2. Now we will use these two integers to calculate BMI using following formula:
3.  $BMI = \text{weight} / \text{height}^2$
4. Using that equation, we will calculate the BMI and return a string based on how low or high that number is using the following guidelines:
  1. If  $BMI \leq 18.5$ , return "Underweight"
  2. If  $BMI \leq 25$ , return "Normal"
  3. If  $BMI > 30$ , return "Obese"
5. Save The Result
6. Stop

## Conclusion

The BMI calculator will give you a lot of benefits which consists quick relation between weight and height for people. This system is simple and it would make their works become easier.

The purpose of this is to make sure that people can maintain health and live in healthy life