

Assigning junior doctors to hospitals - what makes it so hard?

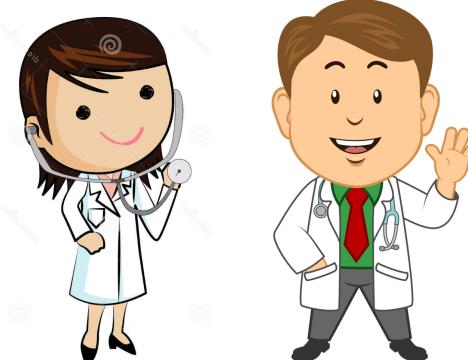
David Manlove

Joint work with Georgios Askalidis, Péter Biró, Maxence Delorme, Tamás Fleiner, Sergio García, Jacek Gondzio, Nicole Immorlica, Rob Irving, Jörg Kalcsics, Augustine Kwanashie, Iain McBride, Eric McDermid, Shubham Mittal, William Pettersson Emmanouil Pountourakis and James Trimble



- Intending junior doctors must undergo training in hospitals
- Doctors rank hospitals in order of preference
- Hospitals do likewise with their applicants
- Centralised matching schemes (clearinghouses) produce a matching in several countries
 - US (National Resident Matching Program)
 - Canada (Canadian Resident Matching Service)
 - Japan (Japan Residency Matching Program)
 - Scotland (Scottish Foundation Allocation Scheme)
 - typically 700-750 applicants and 50 hospitals
- Stability is the key property of a matching
 - [Roth, 1984]

- Hospitals / Residents problem – classical results
- Size versus stability
- Ties
- Couples
- Lower quotas
- Social stability
- IP models



- Classical stable matching problem: the Hospitals / Residents problem (HR)
- We have n_1 doctors d_1, d_2, \dots, d_{n_1} and n_2 hospitals h_1, h_2, \dots, h_{n_2}
- Each hospital has a *capacity*
- Doctors rank hospitals in order of preference, hospitals do likewise
- d finds h *acceptable* if h is on d 's preference list, and unacceptable otherwise (and vice versa)
- A *matching* M is a set of doctor-hospital pairs such that:
 1. $(d,h) \in M \Rightarrow d, h$ find each other acceptable
 2. No doctor appears in more than one pair
 3. No hospital appears in more pairs than its capacity

$d_1 : h_2 \ h_1$

$d_2 : h_1 \ h_2$

$d_3 : h_1 \ h_3$

$d_4 : h_2 \ h_3$

$d_5 : h_2 \ h_1$

$d_6 : h_1 \ h_2$

Doctor preferences

Each hospital has capacity **2**

$h_1 : d_1 \ d_3 \ d_2 \ d_5 \ d_6$

$h_2 : d_2 \ d_6 \ d_1 \ d_4 \ d_5$

$h_3 : d_4 \ d_3$

Hospital preferences

$d_1 : h_2$ 

$d_2 : h_1$ 

$d_3 : h_1$ 

$d_4 : h_2 \ h_3$

$d_5 : \img alt="red circle containing h2" data-bbox="195 465 240 515"/> h_1$

$d_6 : \img alt="red circle containing h1" data-bbox="195 540 240 590"/> h_2$

Doctor preferences

Each hospital has capacity 2

$h_1 : \img alt="red circle containing d1" data-bbox="525 395 570 445"> d_3 \ d_2 \ d_5 \img alt="red circle containing d6" data-bbox="715 395 760 445">$

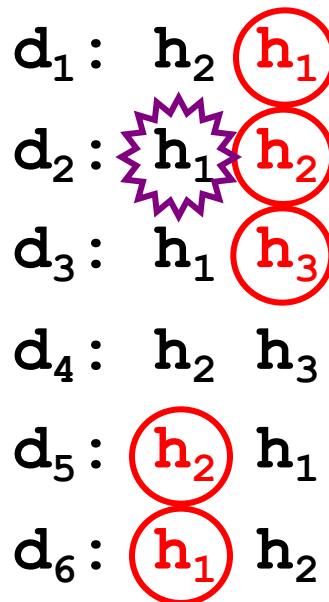
$h_2 : \img alt="red circle containing d2" data-bbox="525 465 570 515"> d_6 \ d_1 \ d_4 \img alt="red circle containing d5" data-bbox="715 465 760 515">$

$h_3 : d_4 \img alt="red circle containing d3" data-bbox="585 540 630 590">$

Hospital preferences

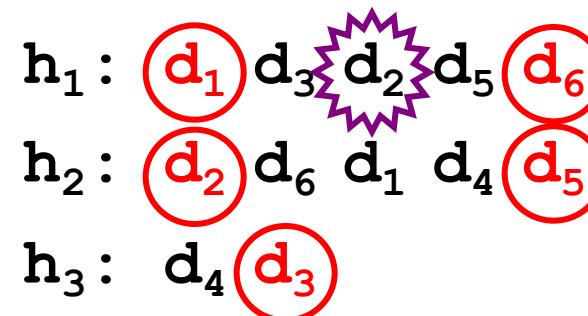
$$M = \{(d_1, h_1), (d_2, h_2), (d_3, h_3), (d_5, h_2), (d_6, h_1)\} \text{ (size 5)}$$

- Matching M is *stable* if M admits no *blocking pair*
 - (d,h) is a blocking pair of matching M if:
 1. d, h find each other acceptable
and
 2. either d is unmatched in M
or d prefers h to his/her assigned hospital in M
and
 3. either h is undersubscribed in M
or h prefers d to its worst doctor assigned in M



Doctor preferences

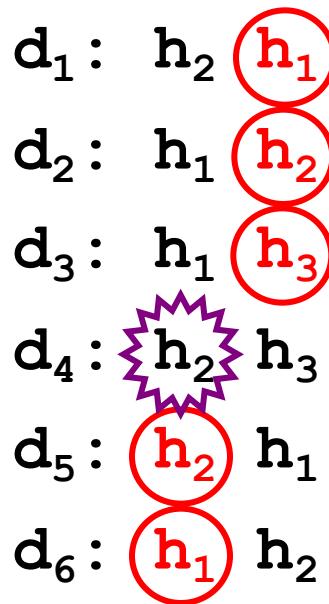
Each hospital has capacity 2



Hospital preferences

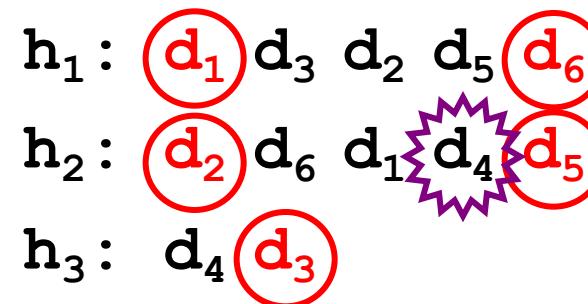
$$M = \{(d_1, h_1), (d_2, h_2), (d_3, h_3), (d_5, h_2), (d_6, h_1)\} \text{ (size 5)}$$

(d_2, h_1) is a blocking pair of M



Doctor preferences

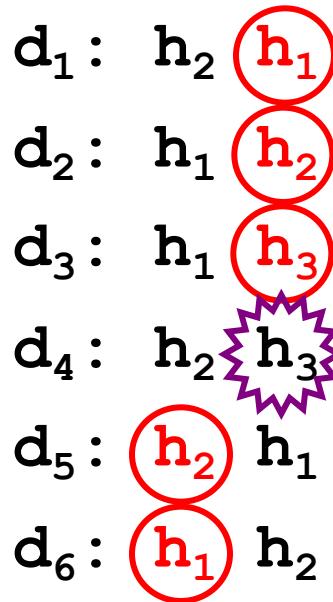
Each hospital has capacity **2**



Hospital preferences

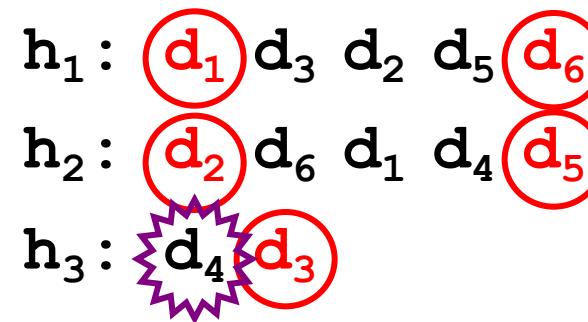
$$M = \{(d_1, h_1), (d_2, h_2), (d_3, h_3), (d_5, h_2), (d_6, h_1)\} \text{ (size 5)}$$

(d_4, h_2) is a blocking pair of M



Doctor preferences

Each hospital has capacity **2**



Hospital preferences

$$M = \{(d_1, h_1), (d_2, h_2), (d_3, h_3), (d_5, h_2), (d_6, h_1)\} \text{ (size 5)}$$

(d_4, h_3) is a blocking pair of **M**

$d_1 : h_2 \quad h_1$

$d_2 : h_1 \quad h_2$

$d_3 : h_1 \quad h_3$

$d_4 : h_2 \quad h_3$

$d_5 : h_2 \quad h_1$

$d_6 : h_1 \quad h_2$

Doctor preferences

Each hospital has capacity **2**

$h_1 : d_1 \quad d_3 \quad d_2 \quad d_5 \quad d_6$

$h_2 : d_2 \quad d_6 \quad d_1 \quad d_4 \quad d_5$

$h_3 : d_4 \quad d_3$

Hospital preferences

$$M = \{(d_1, h_2), (d_2, h_1), (d_3, h_1), (d_4, h_3), (d_6, h_2)\} \text{ (size } \mathbf{5})$$

d_5 is unmatched

h_3 is undersubscribed

- A stable matching always exists and can be found in linear time [**Gale and Shapley, '62; Gusfield and Irving, '89**]
- There are *doctor-optimal* and *hospital-optimal* stable matchings
- Stable matchings form a distributive lattice [**Conway, '76; Gusfield and Irving, '89**]
- “Rural Hospitals Theorem”: for a given instance of HR:
 1. the same doctors are assigned in all stable matchings;
 2. each hospital is assigned the same number of doctors in all stable matchings;
 3. any hospital that is undersubscribed in one stable matching is assigned exactly the same set of doctors in all stable matchings.
 - [**Roth, '84; Gale and Sotomayor, '85; Roth, '86**]

- A special case of HR arises when $n_1=n_2$, every hospital has capacity 1, and every doctor finds every hospital acceptable
 - *Stable Marriage problem (SM)* [Gale and Shapley, '62; Gusfield and Irving, '89]
- Also the case where $n_1=n_2$, every hospital has capacity 1, and not every doctor necessarily finds every hospital acceptable
 - *Stable Marriage problem with Incomplete lists (SMI)* [Gale and Shapley, '62; Gusfield and Irving, '89]
- In both cases the doctors and hospitals are more commonly referred to as the *men* and *women*



The Sveriges Riksbank Prize in Economic Sciences in Memory of Alfred Nobel 2012
Alvin E. Roth, Lloyd S. Shapley



Photo: © Linda A. Cicero/Stanford

Alvin E. Roth



Photo: AP Photo/Reed Saxon

Lloyd S. Shapley

The Sveriges Riksbank Prize in Economic Sciences in Memory of Alfred Nobel 2012 was awarded jointly to Alvin E. Roth and Lloyd S. Shapley "for the theory of stable allocations and the practice of market design"

- Hospitals / Residents problem – classical results
- **Size versus stability**
- **Ties**
- **Couples**
- **Lower quotas**
- **Social stability**
- IP models



$$\begin{array}{ll} \mathbf{d}_1: & \mathbf{h}_1 \quad \mathbf{h}_2 \\ \mathbf{d}_2: & \mathbf{h}_1 \end{array}$$
$$\begin{array}{ll} \mathbf{h}_1: & \mathbf{d}_1 \quad \mathbf{d}_2 \\ \mathbf{h}_2: & \mathbf{d}_1 \end{array}$$

Each hospital has capacity **1**

$d_1 : h_1 \quad h_2$
 $d_2 : h_1$

$h_1 : d_1 \quad d_2$
 $h_2 : d_1$

Each hospital has capacity **1**

Stable matching has size **1**

$d_1 : h_1 \quad h_2$
 $d_2 : h_1$

$h_1 : d_1 \quad d_2$
 $h_2 : d_1$

Maximum matching has size **2**

$d_1 : h_1 \quad h_2$
 $d_2 : h_1$

$h_1 : d_1 \quad d_2$
 $h_2 : d_1$

Each hospital has capacity **1**

Stable matching has size **1**

$d_1 : h_1 \quad h_2$
 $d_2 : h_1$

$h_1 : d_1 \quad d_2$
 $h_2 : d_1$

Maximum matching has size **2**

- Instance may be replicated to give arbitrarily large instances for which size of maximum matching is twice size of stable matching
- Idea:** trade off size against stability, allowing larger matchings whilst tolerating a small amount of instability

$d_1:$	h_4	h_1	h_3
$d_2:$	h_2	h_1	h_4
$d_3:$	h_2	h_4	h_3
$d_4:$	h_1	h_4	h_2

$h_1:$	d_4	d_1	d_2
$h_2:$	d_3	d_2	d_4
$h_3:$	d_1	d_3	
$h_4:$	d_4	d_1	d_3
			d_2

Each hospital has capacity **1**

M_1 is stable

$d_1:$	h_4	h_1	h_3
$d_2:$	h_2	h_1	h_4
$d_3:$	h_2	h_4	h_3
$d_4:$	h_1	h_4	h_2

$h_1:$	d_4	d_1	d_2
$h_2:$	d_3	d_2	d_4
$h_3:$	d_1	d_3	
$h_4:$	d_4	d_1	d_3
			d_2

Blocking pairs of M_2 :
 (d_3, h_2) ,
 (d_4, h_1)

$d_1:$	h_4	h_1	h_3
$d_2:$	h_2	h_1	h_4
$d_3:$	h_2	h_4	h_3
$d_4:$	h_1	h_4	h_2

$h_1:$	d_4	d_1	d_2
$h_2:$	d_3	d_2	d_4
$h_3:$	d_1	d_3	
$h_4:$	d_4	d_1	d_3
			d_2

Blocking pair of M_3 :
 (d_3, h_2)

Must be optimal

- Let I be an HR instance
- Given a matching M , let $bp(M)$ denote the set of blocking pairs relative to M in I
- Define $bp(I) = \min\{|bp(M)| : M \text{ is a maximum matching in } I\}$
- A maximum matching M in I such that $|bp(M)| = bp(I)$ is called a *maximum almost-stable matching*
- In an SMI instance, finding a maximum almost-stable matching is:
 - NP-hard even if each preference list is of length ≤ 3
 - not approximable within $n^{1-\varepsilon}$, for any $\varepsilon > 0$, unless P=NP
 - polynomial-time solvable if doctors' preference lists are of length ≤ 2
 - [Biró, M and Mittal, 2010]
 - Open problem: HR where preference lists on one side are of length ≤ 2

- In practice, doctors' preference lists are short
- Hospitals' lists are generally long, so *ties* may be used –
Hospitals / Residents problem with Ties (HRT)
- A hospital may be *indifferent* among several doctors
- E.g., h_1 : $(d_1 \ d_3) \ d_2 \ (d_5 \ d_6 \ d_8)$
- Matching M is *stable* if there is no pair (d, h) such that:
 1. d, h find each other acceptable
 2. either d is unmatched in M
or d prefers h to his/her assigned hospital in M
 3. either h is undersubscribed in M
or h prefers d to its worst doctor assigned in M

$d_1: h_1 \ h_2$

$d_2: h_1 \ h_2$

$d_3: h_1 \ h_3$

$d_4: h_2 \ h_3$

$d_5: h_2 \ h_1$

$d_6: h_1 \ h_2$

Doctor preferences

Each hospital has capacity **2**

$h_1: d_1 \ d_2 \ d_3 \ d_5 \ d_6$

$h_2: d_2 \ d_1 \ d_6 \ (d_4 \ d_5)$

$h_3: d_4 \ d_3$

Hospital preferences

d_1 : h_2

d_2 : h_2

d_3 : h_1

d_4 : h_3

d_5 : h_2 h_1

d_6 : h_1

Doctor preferences

Each hospital has capacity **2**

h_1 : d_3 d_5 d_6

h_2 : d_2 d_1 (d_5)

h_3 : d_4

Hospital preferences

$$M = \{(d_1, h_1), (d_2, h_1), (d_3, h_3), (d_4, h_2), (d_6, h_2)\} \text{ (size } \mathbf{5}\text{)}$$

d_1 : h_2

d_2 : h_2

d_3 : h_1

d_4 : h_2

d_5 : h_1

d_6 : h_1

Doctor preferences

Each hospital has capacity **2**

h_1 : d_3 d_5 d_6

h_2 : d_2 d_1 (d_4

h_3 :

Hospital preferences

$M = \{(d_1, h_1), (d_2, h_1), (d_3, h_3), (d_4, h_3), (d_5, h_2), (d_6, h_2)\}$ (size **6**)

- Stable matchings can have different sizes
- A maximum stable matching can be (at most) twice the size of a minimum stable matching
- Problem of finding a maximum stable matching (MAX HRT) is NP-hard [Iwama, M et al, 1999], even if (simultaneously):
 - each hospital has capacity **1** (Stable Marriage problem with Ties and Incomplete Lists)
 - each doctor's preference list is strictly ordered and of length ≤ 3
 - each hospital's preference list is either:
 - strictly ordered and of length ≤ 3
 - a tie of length **2**
- Minimisation problem is NP-hard too, for similar restrictions!
[M et al, 2002]

- Upper bounds:
 - trivial **2**-approximation algorithm for MAX HRT
 - succession of papers gave improvements, culminating in:
 - MAX HRT is approximable within **3/2** [McDermid, 2009; Király, 2012; Paluch 2012]
 - MAX HRT is approximable within **(1+1/e) ≈ 1.3679** for ties on one side only [Lam and Plaxton, 2019]
- Lower bounds:
 - MAX HRT is not approximable within **33/29** unless P=NP, even if each hospital has capacity **1** [Yanagisawa, 2007]
 - MAX HRT is not approximable within **4/3-ε** assuming the *Unique Games Conjecture* (UGC) [Yanagisawa, 2007]
- Open problems:
 - increase lower bounds / decrease upper bounds

- Pairs of doctors who wish to be matched to geographically close hospitals form *couples*
- Each couple (d_i, d_j) ranks in order of preference a set of pairs of hospitals (h_p, h_q) representing the assignment of d_i to h_p and d_j to h_q
- Hospitals rank individual doctors as before
- Stability definition may be extended to this case [Roth, 1984; McDermid and M, 2010; Biró et al, 2011]
- Gives the *Hospitals / Residents problem with Couples* (HRC)
- A stable matching need not exist
- Stable matchings can have different sizes

- The problem of determining whether a stable matching exists in a given HRC instance is
 - NP-complete, even if each hospital has capacity **1** and:
 - there are no single doctors
[Ng and Hirschberg, 1988; Ronn, 1990]
 - there are no single doctors, *and*
 - each couple has a preference list of length **≤2**, *and*
 - each hospital has a preference list of length **≤2**
[Biró, M and McBride, 2014]
 - solvable in polynomial time if:
 - each single doctor has a preference list of length **≤2**, *and*
 - each couple has a preference list of length **1**, *and*
 - each hospital has a preference list of length **≤2**
[M, McBride and Trimble, 2016]
- **Open problem:** resolve complexity for other restricted cases

- In the *Hospitals / Residents problem with Lower Quotas* (HR-LQ), each hospital has a *lower quota* as well as its upper quota (capacity)
- In a matching M each hospital h_j must satisfy $|M(h_j)|=0$ (h_j is *closed*) or $l_j \leq |M(h_j)| \leq c_j$ where l_j and c_j are the lower and upper quotas
- M is *stable* if it admits no blocking pair and no *blocking coalition*
 - A *blocking coalition* of M involves a closed hospital h_j and a set of l_j doctors, each of whom is unmatched or prefers h_j to his/her assigned hospital in M
- An instance of HR-LQ need not admit a stable matching

Doctors

$d_1: h_1 \ h_2$

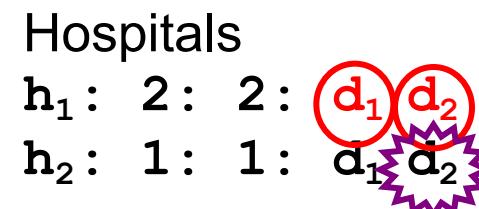
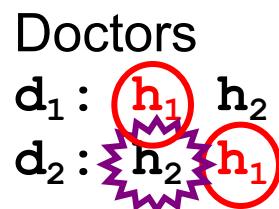
$d_2: h_2 \ h_1$

Hospitals

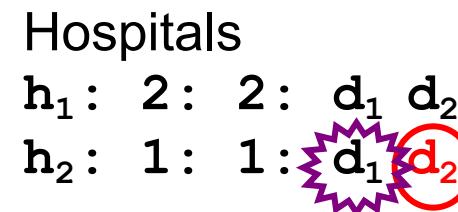
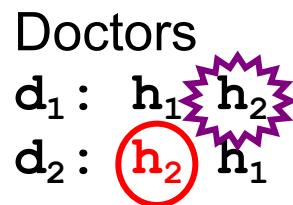
$h_1: 2: 2: d_1 \ d_2$

$h_2: 1: 1: d_1 \ d_2$

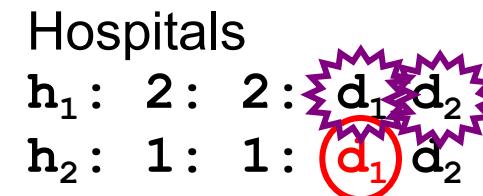
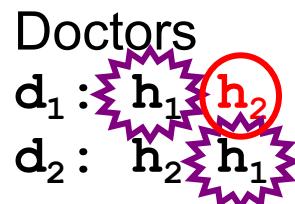
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- An instance of HR-LQ need not admit a stable matching



- The problem of deciding whether an instance of HR-LQ admits a stable matching is NP-complete even if each upper quota ≤ 3
[Biró, Fleiner, Irving and M, 2010]
- **Open problem:** complexity for lower / upper quotas ≤ 2

- Although pairs may block a matching M in theory, there is no guarantee they will block M in practice
- If no *social ties* exist between pairs they are far less likely to form blocking pairs
 - if they do not know about each other's preferences and matched partners
- Relaxing the stability definition to consider only pairs that are likely to block a matching in practice gives the *Hospitals / Residents problem under Social Stability (HRSS)*

Doctors

d_1 : $h_2 \ h_1$
 d_2 : $h_1 \ h_2$
 d_3 : $h_1 \ h_3$
 d_4 : $h_2 \ h_3$
 d_5 : $h_2 \ h_1$
 d_6 : $h_1 \ h_2$

Hospitals

h_1 : $d_1 \ d_3 \ d_2 \ d_5 \ d_6$
 h_2 : $d_2 \ d_6 \ d_1 \ d_4 \ d_5$
 h_3 : $d_4 \ d_3$

Each hospital has capacity **2**

Unacquainted pairs $U=\{(d_1, h_2), (d_3, h_1), (d_5, h_2)\}$

Doctors

d_1 : $h_2 \ h_1$
 d_2 : $h_1 \ h_2$
 d_3 : $h_1 \ h_3$
 d_4 : $h_2 \ h_3$
 d_5 : $h_2 \ h_1$
 d_6 : $h_1 \ h_2$

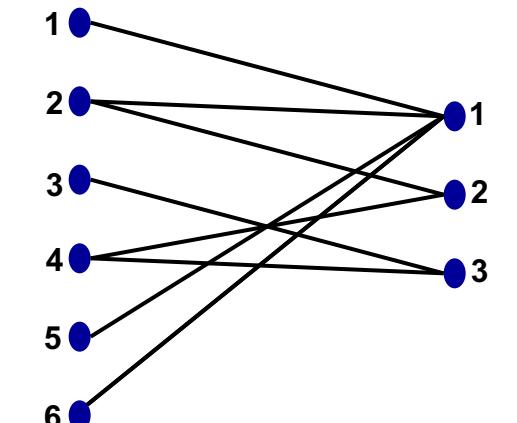
Hospitals

h_1 : $d_1 \ d_3 \ d_2 \ d_5 \ d_6$
 h_2 : $d_2 \ d_6 \ d_1 \ d_4 \ d_5$
 h_3 : $d_4 \ d_3$

Each hospital has capacity 2

Unacquainted pairs $U = \{(d_1, h_2), (d_3, h_1), (d_5, h_2)\}$

Doctors



Social network graph G

- An instance (I, G) of HRSS consists of:
 - An HR instance I
 - A social network graph $G = (D \cup H, A)$
 - Edges in G are called *acquainted* pairs
- Relaxed stability definition in the HRSS context – *social stability*

- A pair (d, h) forms a *social blocking pair* with respect to M if
 - (d, h) blocks M in the classical sense
 - (d, h) is an acquainted pair
- A *socially stable matching* is one that admits no social blocking pairs
- In practice the social network graph may be inferred on the basis of agents' previous interactions with one another
- Agents do not need to be acquainted in order to find one another acceptable
- Given HR and HRSS instances I and (I, G) respectively, any stable matching in I is also socially stable in (I, G)

Doctors

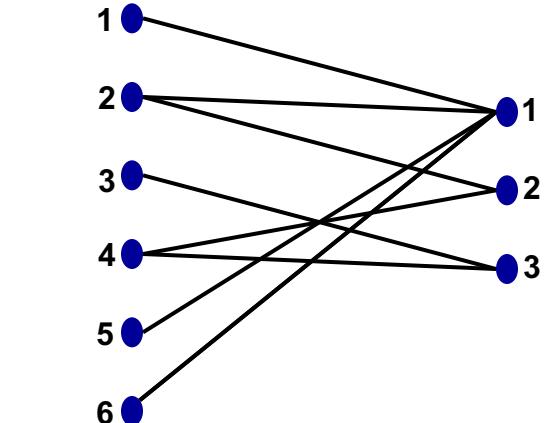
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- $d_5 : h_2 \quad h_1$
- $d_6 : h_1 \quad h_2$

Hospitals

- $h_1 : d_1 \quad d_3 \quad d_2 \quad d_5 \quad d_6$
- $h_2 : d_2 \quad d_6 \quad d_1 \quad d_4 \quad d_5$
- $h_3 : d_4 \quad d_3$

Each hospital has capacity 2

Doctors



Social network graph G

Unacquainted pairs $U = \{(d_1, h_2), (d_3, h_1), (d_5, h_2)\}$

Socially Stable Matching $M = \{(d_1, h_2), (d_2, h_1), (d_3, h_1), (d_4, h_3), (d_6, h_2)\}$

$$|M|=5$$

Doctors

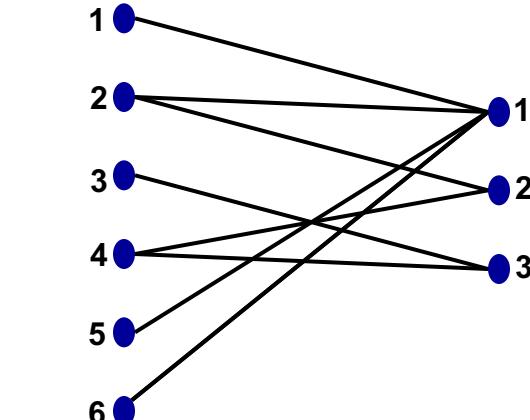
$d_1 : h_2$ h_1
 $d_2 : h_1$ h_2
 $d_3 : h_1$ h_3
 $d_4 : h_2$ h_3
 $d_5 : h_2$ h_1
 $d_6 : h_1$ h_2

Hospitals

$h_1 : d_1$ d_3 d_2 d_5 d_6
 $h_2 : d_2$ d_6 d_1 d_4 d_5
 $h_3 : d_4$ d_3

Each hospital has capacity 2

Doctors



Social network graph G

Unacquainted pairs $U = \{(d_1, h_2), (d_3, h_1), (d_5, h_2)\}$

Socially Stable Matching $M' = \{(d_1, h_2), (d_2, h_1), (d_3, h_3), (d_4, h_3), (d_5, h_1), (d_6, h_2)\}$
 $|M'|=6$

- An instance of HRSS can admit socially stable matchings of varying sizes
- Socially stable matchings can be larger than stable matchings
 - can be twice the size of stable matchings in a given instance

- The following complexity results are known:
 - NP-complete to determine if an instance of the Stable Roommates problem with Free Pairs (variant of HRSS for one set of agents) admits a socially stable matching [Cechlárová and Fleiner, '09]
 - Finding a maximum size socially stable matching in HRSS is:
 - NP-hard, even if each hospital has capacity **1** and each preference list is of length **≤ 3**
 - solvable in polynomial time if each hospital has capacity **1** and each preference list on one side is of length **≤ 2**
 - solvable in polynomial time if either $|U|=k$ or $|A|=k$ for some constant **k**
 - approximable within a factor of **$3/2$**
 - not approximable within **$3/2-\epsilon$** for any **$\epsilon > 0$** assuming UGC
- **Open problems:** complexity in the presence of:
 - master lists
 - ties

$$\max \sum_{i=1}^{n_1} \sum_{h_j \in P(d_i)} x_{i,j}$$

subject to

$$1. \quad \sum_{h_j \in P(d_i)} x_{i,j} \leq 1$$

preference list of d_i

$$(1 \leq i \leq n_1)$$

$$2. \quad \sum_{d_i \in P(h_j)} x_{i,j} \leq c_j$$

preference list of h_j

$$(1 \leq j \leq n_2)$$

$$3. \quad c_j \left(1 - \sum_{h_q \in S_{i,j}} x_{i,q} \right) - \sum_{d_p \in T_{i,j}} x_{p,j} \leq 0 \quad (1 \leq i \leq n_1, h_j \in P(d_i))$$

doctors that h_j likes
at least as much as d_i

$$x_{i,j} \in \{0, 1\}$$

hospitals that d_i likes
at least as much as h_j

- Ran from 1999-2012
- Each doctor:
 - ranked up to **10** hospitals in strict order of preference
 - had an integral *score* in the range **40..100**
- Each hospital:
 - had a *capacity* indicating its number of *posts*
 - had a preference list derived from the above scoring function
 - so *ties* were possible

- With basic model [Kwanashie and M, 2014]

Year	Doctors	Hospitals	Posts	$ M $	Time (sec)
2008	748	52	752	709	75.5
2007	781	53	789	746	21.8
2006	759	53	801	758	93.0

- More sophisticated model:
 - dummy variables
 - constraint merging
 - preprocessing and warm start
 - SFAS instances solved in 5 seconds on average
 - [Delorme et al, 2019]

- Classical HR problem has nice structure and algorithms
- Many variants with practical applications are NP-hard:
 - maximum almost-stable matchings
 - MAX HRT
 - HRC
 - HR-LQ
 - HRSS
- Integer Programming can be used to find optimal solutions in some cases
- Future work:
 - find boundaries between P and NP-hard cases
 - approximation algorithms
 - FPT algorithms
 - scale up IP models to work with larger instance sizes



Engineering and
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- Grants EP/P028306/1 and EP/P029825/1
IP-MATCH: Integer Programming for Large and Complex Matching Problems, Nov 2017 – Oct 2020
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- Grant EP/E011993/1
MATCH-UP: Matching Under Preferences - Algorithms and Complexity, Jun 2007 – Jun 2010