JavaScript Fundamentals:
Refer sections related to JavaScript HTML DOM, Form Validation, and String Methods.

https://www.w3schools.com/js/

Form Submission:
http://javascript-coder.com/files/form-submit/javascript-form-submit-example.html

JSON:
https://www.w3schools.com/js/js_json.asp

Regular Expression:
https://www.w3schools.com/js/js_regexp.asp

Window alert() Method:
https://www.w3schools.com/jsref/met_win_alert.asp
isNan() Function:
https://www.w3schools.com/jsref/jsref_isnan.asp