



(To be filled by Duty Doctor/ Resident/Consultant when the patient comes to the Hospital for the first time and lapse of 6 months from the previous H & PE in the OPD or IPD)

Patient's Name : SWATHI S 23y/F Age/Sex : 23y/F MRD No : 972883 Date : 15/2/23
RMO0978883 OP.MH

Name of the Doctor : Dr. Sujani B.

Presenting Complaints : No lump in breast since 1 year.

No pain in lump & slight increase in size since 1 month.

Pain ↑ premenstrual.

Comorbidities and current medications :

Not on any medications

Family History : Not contributory

Menstrual History : Regular

Marital History : Unmarried

Contraceptive History : Nil

Obstetric History : —

Past History : Nil

Drug Allergy : Nil

H/O Blood transfusion : Nil

H/O Breast feeding : Nil

General physical examination :

Pulse Rate	<u>80 bpm regular good vol.</u>
Blood Pressure	<u>110/70 mmHg</u>
Height	
Weight	<u>41 kg</u>
BMI	

Unmarried

MH - Regular

5-6 days
30

No clots

No dysmenorrhea.

LMP - 11/2/23

Day 5 of cycle.

Pallor: No pallor

Pedal Edema: Absent.

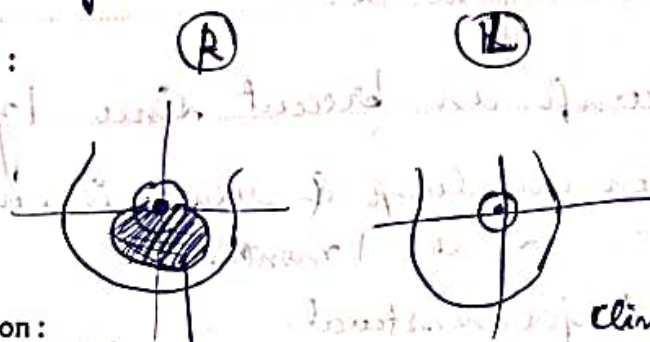
Spine: Normal

Thyroid:

Clinically normal

Breast Examination:

Tanner Stage 3.



No axillary lymph node enlargement

Systemic Examination:

Firm, 5 x 3 cm

Respiratory System:

Tender, Not fixed to skin/muscle

Cardiovascular system:

S1 S2 normal

Per Abdomen:

Soft, non tender.

P/S

P/V

P/R

Not applicable.

Provisional Diagnosis:

? Fibroadenoma.

? Mastitis. - abscess.

Plan of care:

Follow up Advice

- USG breast - (R)
- Gen surgery opinion.
- Review . SOS

Assessment completed by :

Date :

Time :

Chaitanya
DR. CHAITHANYA S A
Resident Ob & Gyn
KMC no : 129261

15/2/23

9am

Poojashree
Dr. Poojashree K.S
Senior Resident
Dept. of OBG

MENT

ate

History, Examination, Treatment & Progress Record

Investigations Ordered

02/2023

10AM

Case seen by Surgery-3

Right Breast lump - 1 year.

Gradually ↑ in size. Since 1 month. rate of ↑ in size in short duration.

No H/o. Nipple discharge.

No H/o. lump in opposite breast / Axilla.

LMP = 11/02/2023.

Menstrual cycles.

- no medical comorbidities

- no H/o drug allergy.

no H/o previous surgery.

O/E:

① Breast + Axilla
Normal.

Advice:

Sonomammogram of

both the breast

FNAC - of Right Breast lump.

- Mobile. Right Breast lump involving central and inferior

R/w lumps on. quadrants. 2 lumps - Tenderness ⊕
well defined margins

NAC - Normal

Axilla - Normal

Imp: BENIGN LUMP OF THE.
RIGHT BREAST.

on reverse side)

Cor Dept.

RMCH-027