

The Registration fee is non-refundable

Last date for submission of registration forms: **25th November 2016.**

Registration fee could be remitted either online or by demand draft drawn on a nationalized bank, in favour of "**Director, RGNIYD**".

Account details for remitting the fee online :

Name of the Account Holder : **Director, RGNIYD**
Account No : **2926101000001**
Name of the Bank : **Canara Bank**
IFS Code : **CNRB0002926**
Branch : **Sriperumbudur-602 105.**
Kancheepuram District,
Tamil Nadu

Accommodation Contact Details:

1. **Youth Hostel Indira Nagar.** Contact No. 044-24420233
 - ❖ Dormitory for Students : Rs.100 per day
 - ❖ Single room (2 ppl sharing) : Rs.250 per day
 - ❖ Double Room (3 ppl sharing) : Rs.500 per day
2. **ICSA, Egmore.** Contact No. 044-42145727
 - ❖ Dormitory : Rs. 300 per head
 - ❖ Non - AC : Rs. 300 per head
 - ❖ AC : Rs.1,200 for two persons
3. **World University Centre.** Contact No. 044- 944333329
 - ❖ Single room : Rs.250 per day

As accommodation is limited, the participants may directly contact the above places and make arrangements for their stay.

Organising Team

PATRONS

Dr. Latha Pillai, Director, RGNIYD.

Dr. P. David Jawahar, Registrar, University of Madras.

ORGANIZING SECRETARIES

Dr. Sheela Julius, Professor and Head, RGNIYD.

Dr. S. Karunanidhi, Professor and Head, University of Madras.

ORGANIZING COMMITTEE

RGNIYD

Dr. M. Suresh Kumar, Assistant Professor, Mob: 97504 06463

Mrs. V. Sujatha, Assistant Professor, Mob: 73959 54240

Mr. P. David Paul, Training Officer

UNIVERSITY OF MADRAS

Dr. V.D. Swaminathan, Professor

Dr. T. Lavanya, Associate Professor, Mob : 99620 08774

Dr. S. Sasikala, Assistant Professor, Mob : 87547 67274

About RGNIYD

Rajiv Gandhi National Institute of Youth Development (RGNIYD)

functions under the Ministry of Youth Affairs & Sports, Government of India. The Institute is located at Sriperumbudur, nearly 40 kilometers South of Chennai city. RGNIYD functions as a vital resource center for coordinating training, orientation, research, extension and outreach initiatives for States, Central Governments and National Level youth organizations. RGNIYD is the think tank for youth related activities in India and plays a significant role in policy level decisions related to youth affairs of India.



About the Department of Applied Psychology

The Department of Psychology started in 2008 and offered M.A. in Career Counselling. In 2015 the Department introduced the M.Sc. Counselling Psychology Programme. The M.Sc. Programme has strong roots in theory and contemporary practice commensurate to the profession. The programme will enable the students diagnose the problems of the clients scientifically and employ the therapeutic techniques and counselling skills during the counselling process, besides with ethical considerations. This cutting edge programme allows the students to choose their areas of specialization with inbuilt theory-practice nexus. The students are provided with opportunities for field practicum, internships, case work, research, institutional visits and supervised skill training in each of the special areas of counselling viz., School, Adolescent, Career, Family and Work Place.

About the Department of Psychology, University of Madras

The Department of Psychology emerged from the Department of Philosophy in the University of Madras in the year 1943. Dr. G. D. Boaz, M.A., D.Phil(Oxon) was the Founder-Head of the Department. Subsequently many doyens in Indian Psychology occupied the Chair in this Department, like Prof.T.E.Shanmugam. Recently the Department of Psychology launched its Alumni Association and brought out a directory and has placed students in CTS, TCS, L&T, Kevin Care & Rane.



Currently the Department is being headed by Dr.S.Karunanidhi. One of the major contributions in the field of academic and research by the Department of Psychology is the establishment of "The Madras Psychology Society" in the year 1944. Various research projects funded by the UGC, ICSSR, ICMR, BPR&D were undertaken by the Department. 150 scholars have been awarded Doctor of philosophy, 26 have been awarded M.Litt. 2 Scholars were awarded D.Litt. and many number of M.Phil. degrees were awarded. The Department is offering a unique M.Sc program - HRD Psychology.



**National Seminar
on
Positive Psychological
Capital and Role of Youth**

Jointly organized by

**The Department of Applied Psychology
Rajiv Gandhi National Institute of
Youth Development (RGNIYD)**

Sriperumbudur - 602 105. Tamil Nadu

and

**The Department of Psychology
UNIVERSITY OF MADRAS**

Chepauk, Chennai - 600 005. Tamil Nadu

16 & 17 December 2016

at the

University of Madras

Chepauk, Chennai - 600 005.

About the Seminar

The value of positivity has been recognized and in the past decade has had renewed interest and a refocus in Psychology. Positive psychological capital is comprised of positive psychological capacities are measurable, open to development and manageable.

Psychological Capital (PSYCAP) is "an individual's positive psychological state of development that is characterized by 1. Having confidence (self-efficacy) to take on and put in the necessary effort to succeed at challenging tasks; 2. Making a positive attribution (optimism) about succeeding now and in the future; 3. Persevering toward goals and when necessary, redirecting paths to goals (hope) in order to succeed; and 4. When beset by problems and adversity, sustaining and bouncing back and even beyond to attain success" (Luthans, Youssef & Avolio, 2007).

PsyCap can be distinguished from other forms of people-related capital, specifically human (an individual's stock of knowledge, skills and abilities that can be increased by experience and/or investment in education and training) and social capital (the aggregate of the actual or potential resources that are connected to the possession of a durable network of relationships). It influences a variety of outcomes at the individual level of particular importance for organizations and even beyond the work place.

PsyCap is shown to be associated with desirable employee attitudes, such as staying intentions, job satisfaction and commitment. Employees high in *PsyCap are found to be more empowered, which subsequently leads to less turnover intentions, and the reduction of absenteeism. Most importantly, PsyCap facilitates development through training interventions, which makes it a useful and tangible construct which enables individuals and organizations in a positive way.

Besides these work place-specific benefits, studies found evidence linking PsyCap to an improved psychological and physical well-being by the reduction of stress. The PSYCAP is also utilized among youth for empowering their unique potentials, skills and capacities. In order to meet this, the following objectives were identified:

Objectives

- ❖ To help individuals lead productive and meaningful life
- ❖ To foster realization of the potential that exists within the individual
- ❖ To promote coping skills to face crisis
- ❖ To create impact on desired employee attitudes, behaviors, and performance

Themes

Psychological Capital in relation to:

- ❖ Positive Psychological Resources (Self Efficacy, Hope, Optimism, Resilience) among Youth
- ❖ Youth Empowerment
- ❖ Relationship Building in Youth
- ❖ Health and Wellbeing
- ❖ Gender Harmony
- ❖ Employee Engagement
- ❖ Teacher Competence

PROGRAMME

16.12.2016

10.00 a m - 11.00 a m	Inaugural
11.00 a m - 11.30 a m	Tea
11.30 a m - 12.15 p m	Lecture - 1 Enhancing Psychological Capital for Youth Empowerment Mrs. V. G. Bhooma , IRPS, Registrar, IIT, Chennai & Dr. K. S. Rajeswari , TCS, Chennai.
12.15 p m - 01.00 p m	Lecture - 2 Youth Engagement Dr. L. S. Ganesh , Professor, IIT, Chennai.
01.00 p m - 02.00 p m	Lunch
02.00 p m - 02.45 p m	Lecture - 3 Youth & Positive Psychology Dr. Kamlesh Singh , Associate Professor, IIT, Delhi.
02.45 p m - 04.15 p m	Paper Presentations
04.15 p m - 05.00 p m	Lecture - 4 Global Leadership Dr. Sangeetha Madhu , Leadership Coach.
05.00 p m	Tea

17.12.2016

10.00 a m - 10.45 a m	Lecture - 5 Psychological Capital for Human Resource Development Dr. R. Karthikeyan , Director, GEMBA, Chennai.
10.45 a m - 11.15 a m	Lecture - 6 Youth in Pursuit of Excellence Dr. Jitendra Mohan , Professor Emeritus, Punjab University
11.15 a m - 11.45 a m	Tea
11.45 a m - 01.00 p m	Paper Presentations

01.00 p m - 02.00 p m	Lunch
02.00 p m - 03.00 p m	Lecture - 7 Empowering Youth to Succeed Ms. Pramila Mathew , Founder, MMM Training Solutions.
03.00 p m - 03.30 p m	Tea
03.30 p m	Valedictory

Call for Papers

Papers are invited on the themes indicated. Paper presenters may adhere to the guidelines.

Guidelines for Paper Presenters

Empirical Research papers submitted for presentation must be original, previously unpublished, and not under consideration for publication elsewhere. The text should be double-spaced throughout and with a minimum of 3cm for left and right hand margins and 5cm at head and foot. Text should be in Times New Roman 12 point. Abstract should be in 200 to 250 words. The last day for receipt of abstracts is 25th November 2016. Information of selected abstracts will be announced on the RGNIYD website on or before 30th November 2016. Full papers of accepted abstracts in APA format may be submitted on or before 5th December 2016 in two sheets (four sides). Both the abstract and the full paper should be sent by e-mail to ap.rgnyd@gmail.com in MS Word Format only. Selected empirical research papers presented during the seminar will be published as an edited volume with ISBN Number. However, the decision of the Jury will be final for selection of the papers to be published.

Registration Fee

- ❖ Students : Rs. 750/-
- ❖ Research Scholars : Rs. 1000/-
- ❖ Faculty : Rs. 1500/-
- ❖ Spot Registration Fee : Rs. 2000/-

Note: Registration fee includes: Seminar Kit, Participation Certificate and hospitality during the Seminar.

Registration Procedures

The registration form duly filled in all respects along with the prescribed fee needs to be sent to the Organizing Secretary (RGNIYD).

Registration is based on first come first served basis only.

Accommodation will not be provided by the organizers. However, list of hotels/lodging houses nearby have been given in the brochure.