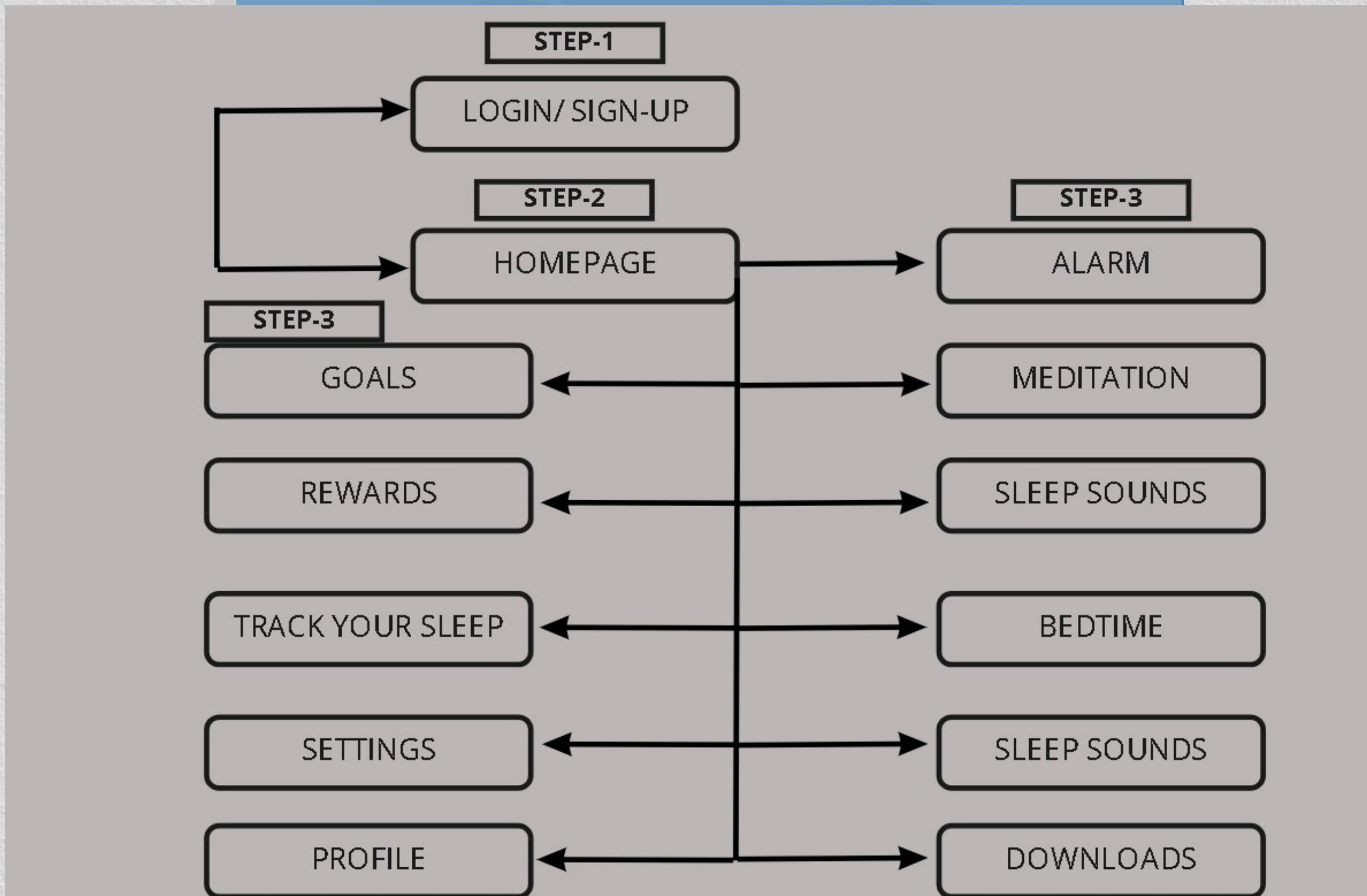


# SCENARIO STEPS



# CONCRETE CONTENT

1. LOGIN OR SIGN UP INTO APP

1.A. LOGIN THROUGH EXISTING CREDENTIALS

1.B. SIGN-UP AFTER GIVING SOME INFO LIKE NAME, USERNAME, PASSWORD AND VERIFICATION

2. HOMEPAGE :

CONTAINS ALL THE FACILITIES

2.A. ALARM :

USER CLICKS ON THE ALARM OPTION TO SET OR DELETE ALARM. IT'S RINGTONE, LABEL ALARM, TIMER, WORLD CLOCK, STOPWATCH, ETC.

2.B. MEDITATION:

USER CLICKS ON THE MEDITATION OPTION TO HEAR DIFFERENT MEDITATION PLAYLIST OR PODCAST AND CAN SET TIMER TOO

2.C. SLEEP SOUNDS:

USER CLICKS ON THE SLEEP SOUNDS OPTION TO HEAR SLEEP SOUNDS TO GET PEACEFUL SLEEP AND CAN SET TIMER TOO AS IT WILL GET TURNED OFF AUTOMATICALLY WHILE USER IS SLEEPING

## 2.D. BEDTIME:

USER CLICKS ON BEDTIME OPTION TO SET A REGULAR BEDTIME FOR HIM AND APP WILL REMIND HIM OF THE SAME. LOCK SCREEN OR EXCLUDE SOME APPS FROM BEING USED DURING THAT TIME

## 2.E. DOWNLOADS:

USER CLICKS ON DOWNLOAD OPTION WHEN HE WANTS TO USE FEATURES OF APP OR LISTEN TO ANY PLAYLIST WHILE BEING OFFLINE

## 2.F. GOALS:

USER CLICKS ON GOALS FEATURES EITHER TO CHOOSE THE EXISTING GOALS OF THE USER OR TO WRITE HIS OWN THOUGHTS OR DAILY GOALS TO BE FULFILLED

## 2.G. REWARDS:

USER CLICKS ON REWARDS SECTION TO TRACK HIS ACHIEVEMENTS WHICH HE ACHIEVES WHEN HE COMPLETES HIS SLEEP AND GOALS

## 2.H. TRACK YOUR SLEEP:

USER CLICKS ON TRACK YOUR SLEEP OPTION TO CHANGE THE QUALITY AND DURATION OF SLEEP OR ANY DISTURBANCES LIKE OUTSIDE SOUND OR SNORING WHICH IS SHOWN IN FORM OF WEEKLY GRAPH.

## 2.I HELP:

USER CLICKS ON THE HELP OPTION IN CASE OF ANY MISUNDERSTANDING DURING USAGE OF APP OR ANY ERROR

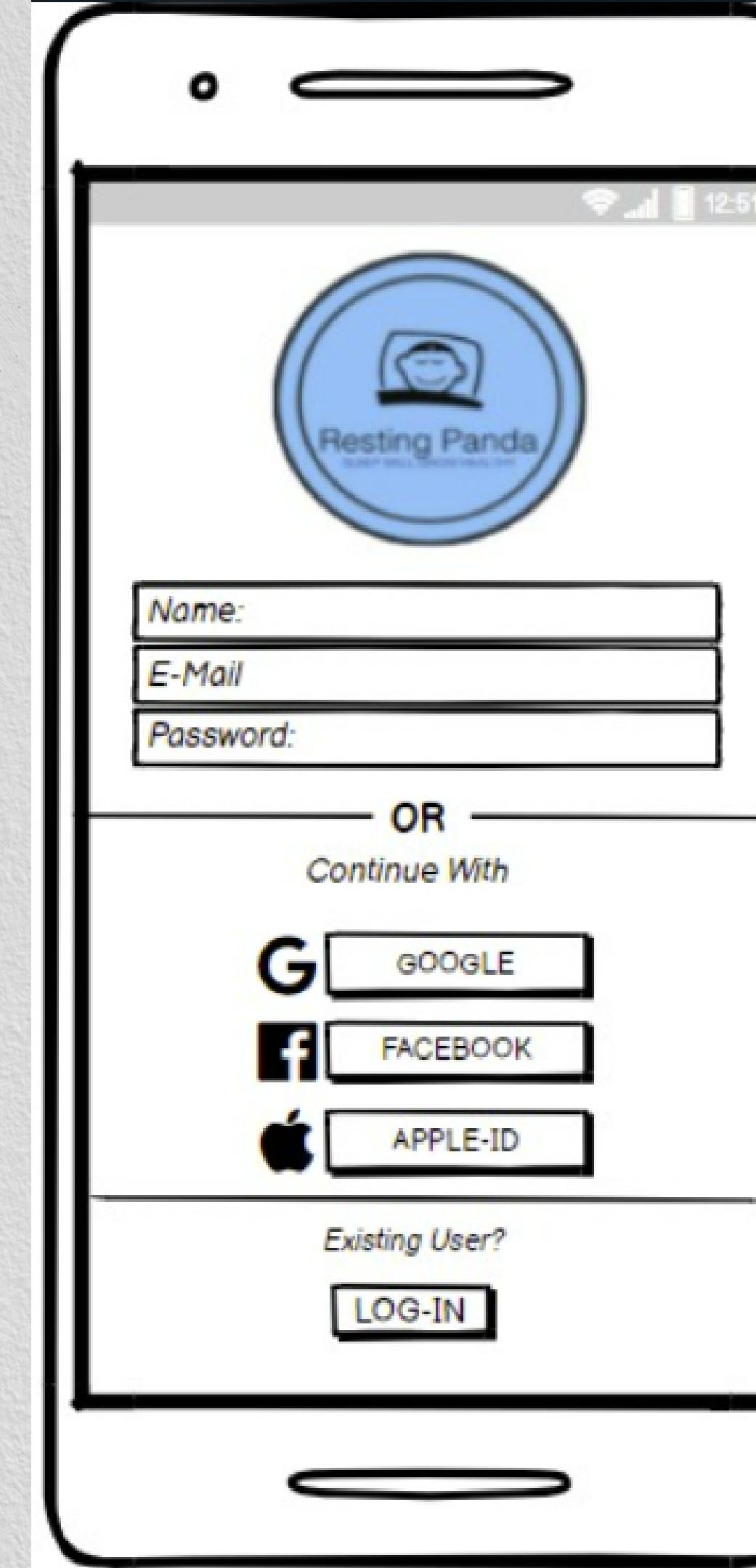
## 2.J SETTINGS:

USER CLICKS ON THE SETTINGS OPTION TO CHANGE THE THEME, LANGUAGE OR PRIVACY SETTINGS.ETC.

## 2.JK PROFILE:

USER CLICKS ON PROFILE OPTION TO UPDATE IT'S DATA, PLANS, REWARDS OR GET ANY INFO ABOUT THE APP OR IT'S CREATOR

# LOGIN/SIGN-UP

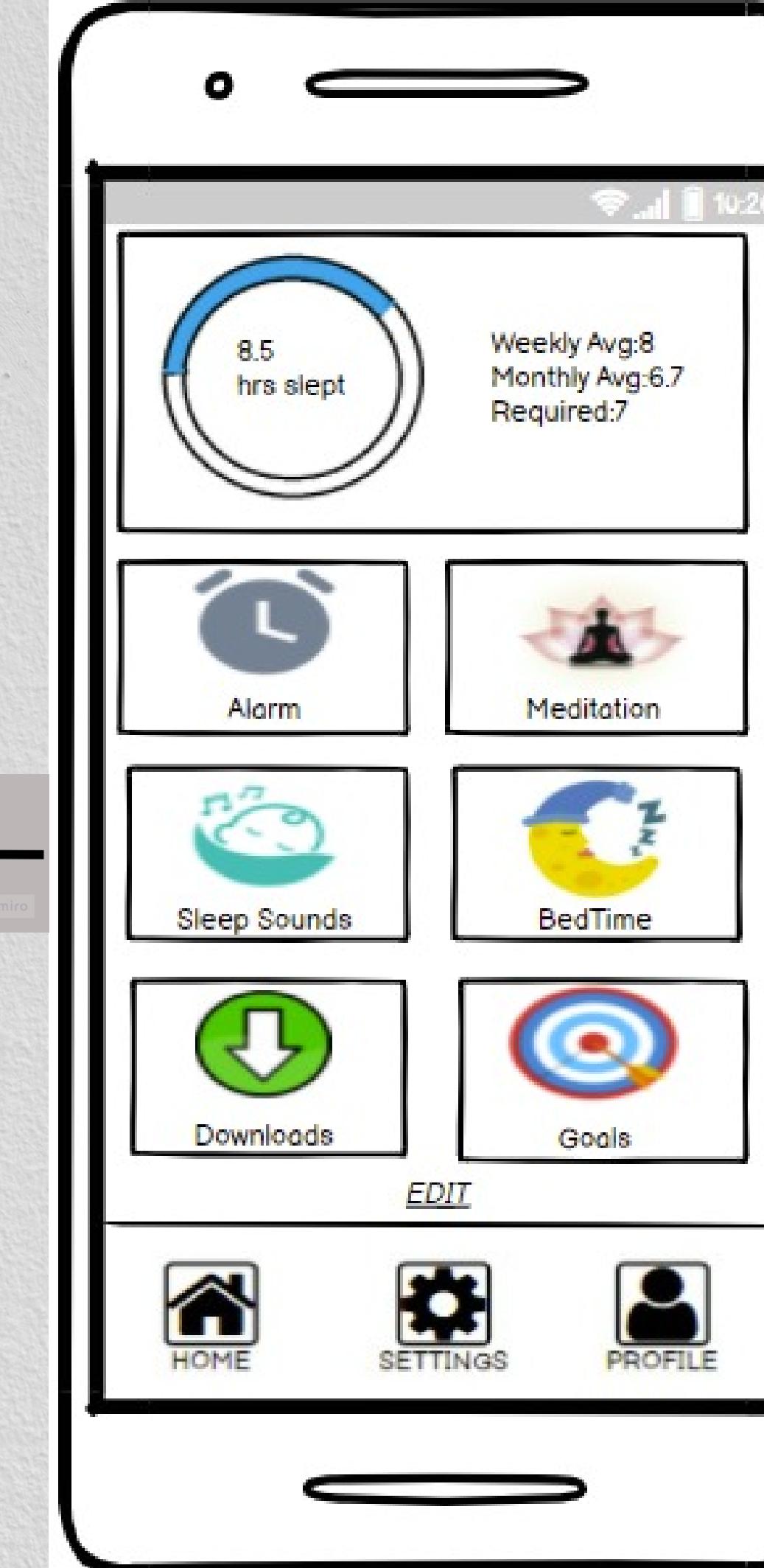


CREDENTIALS

WAYS OF  
VERIFICATION

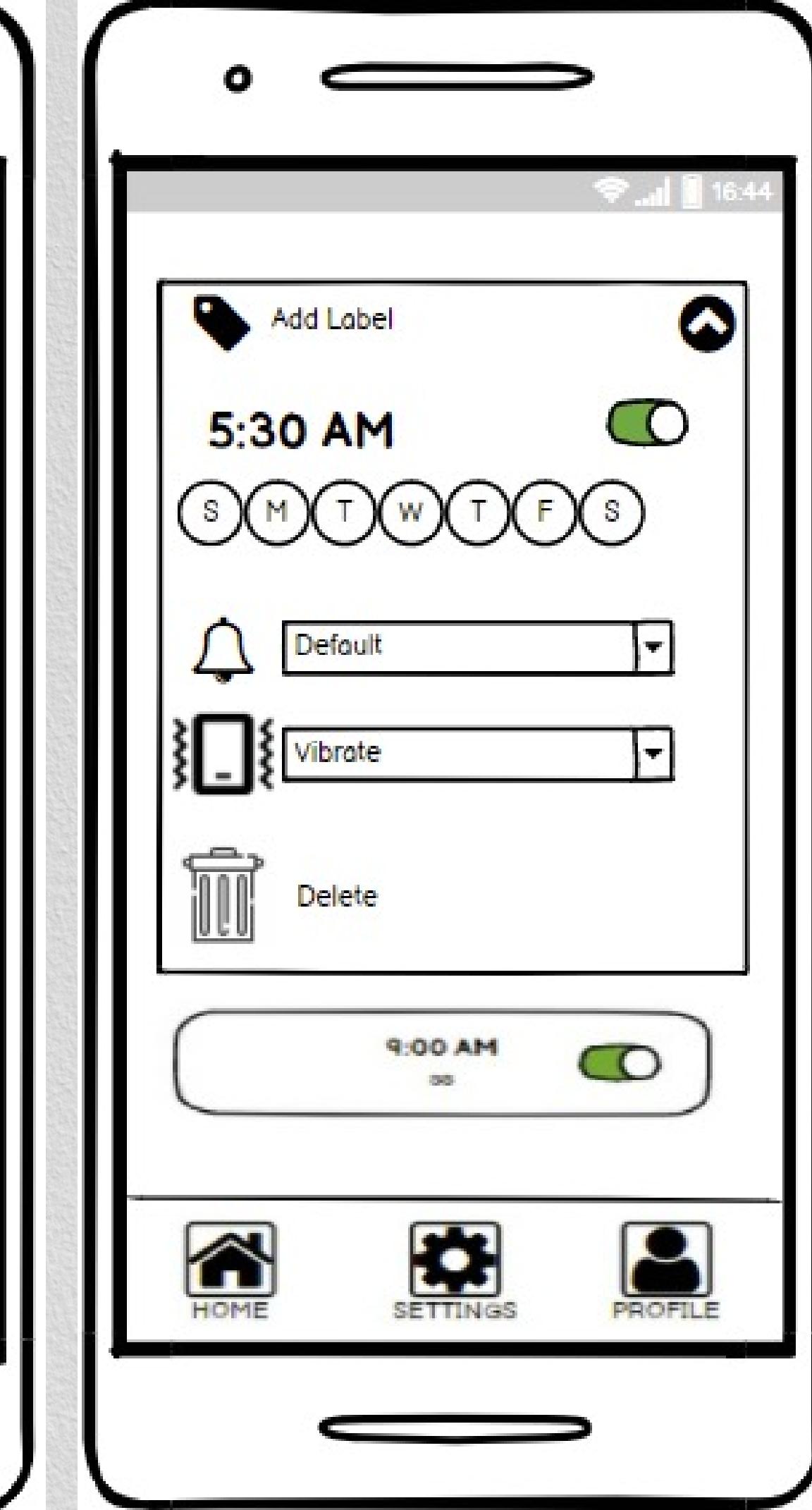
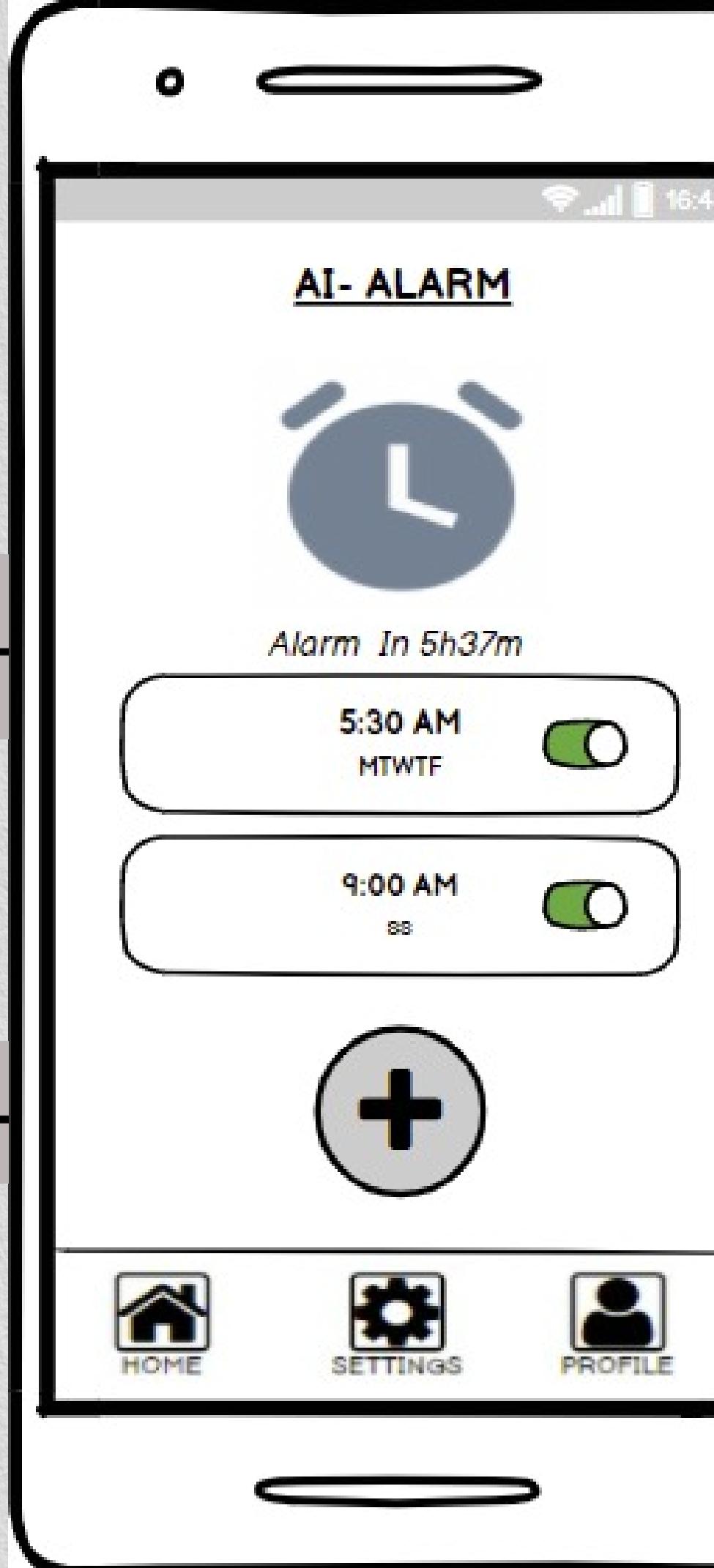
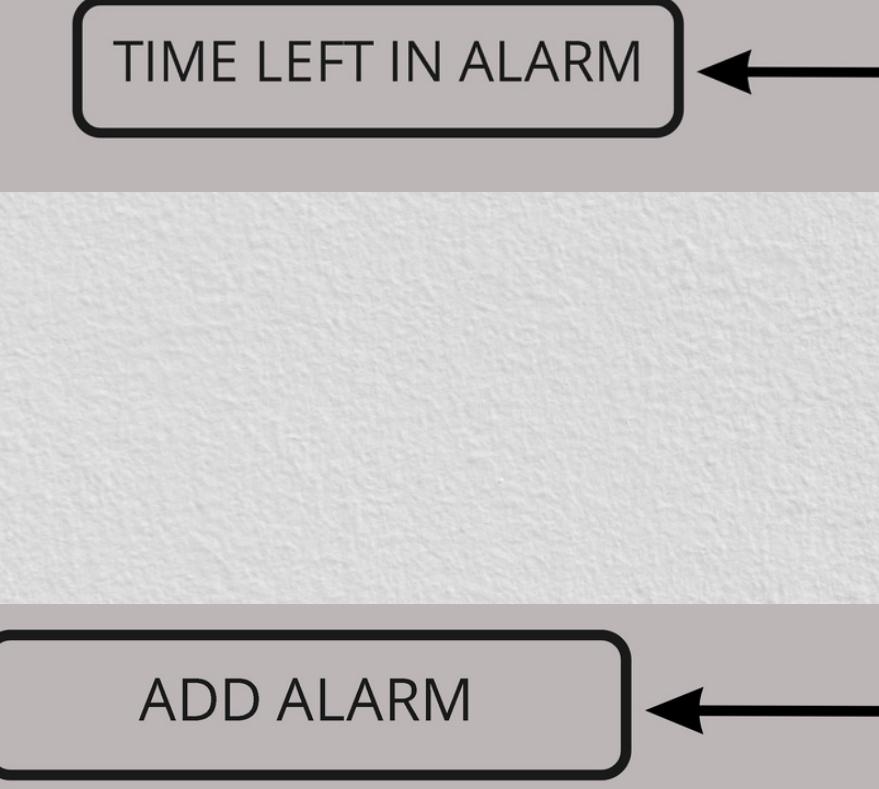
# Homepage

FEATURES

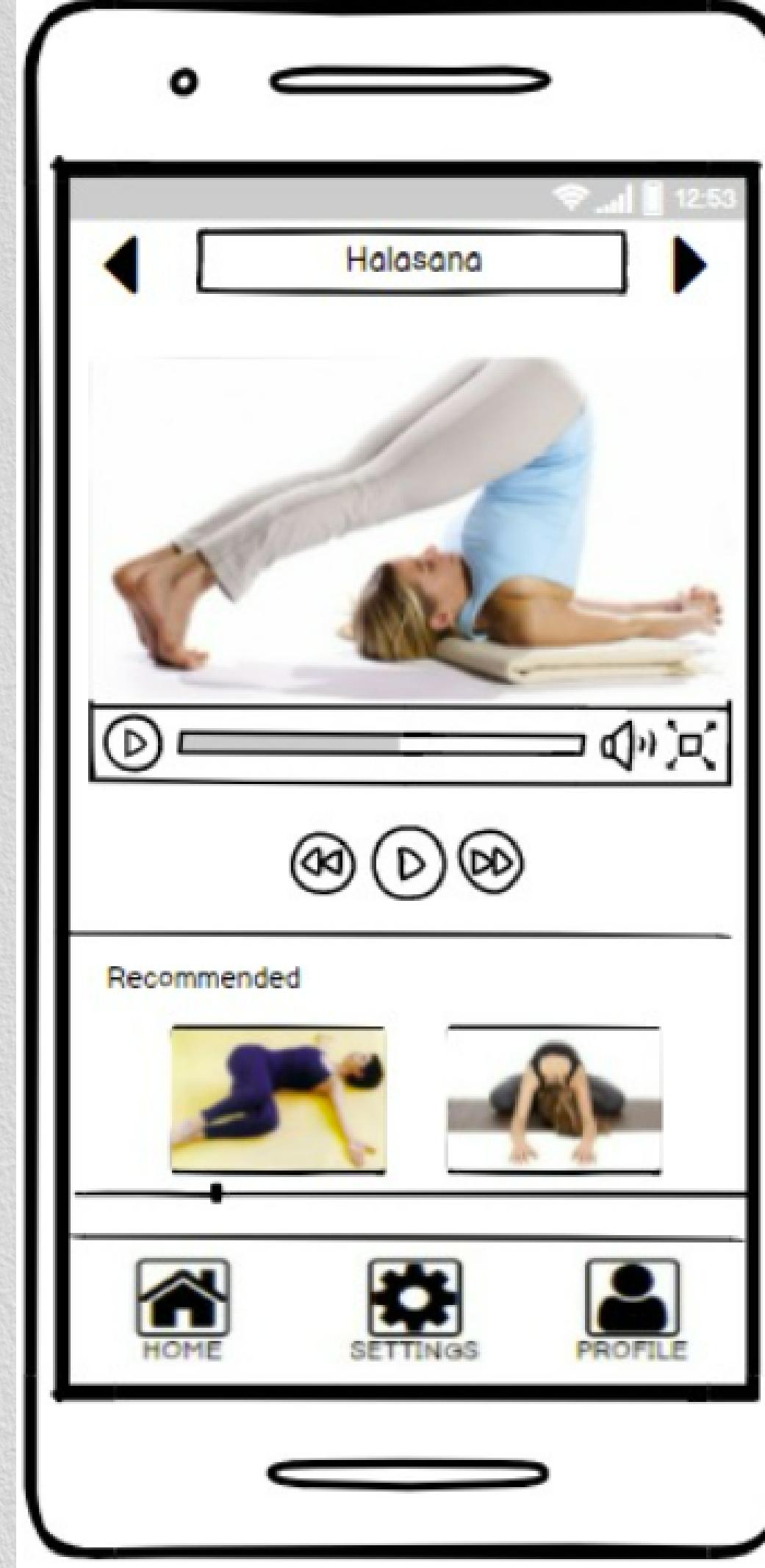


USER PROFILE

# SET ALARM

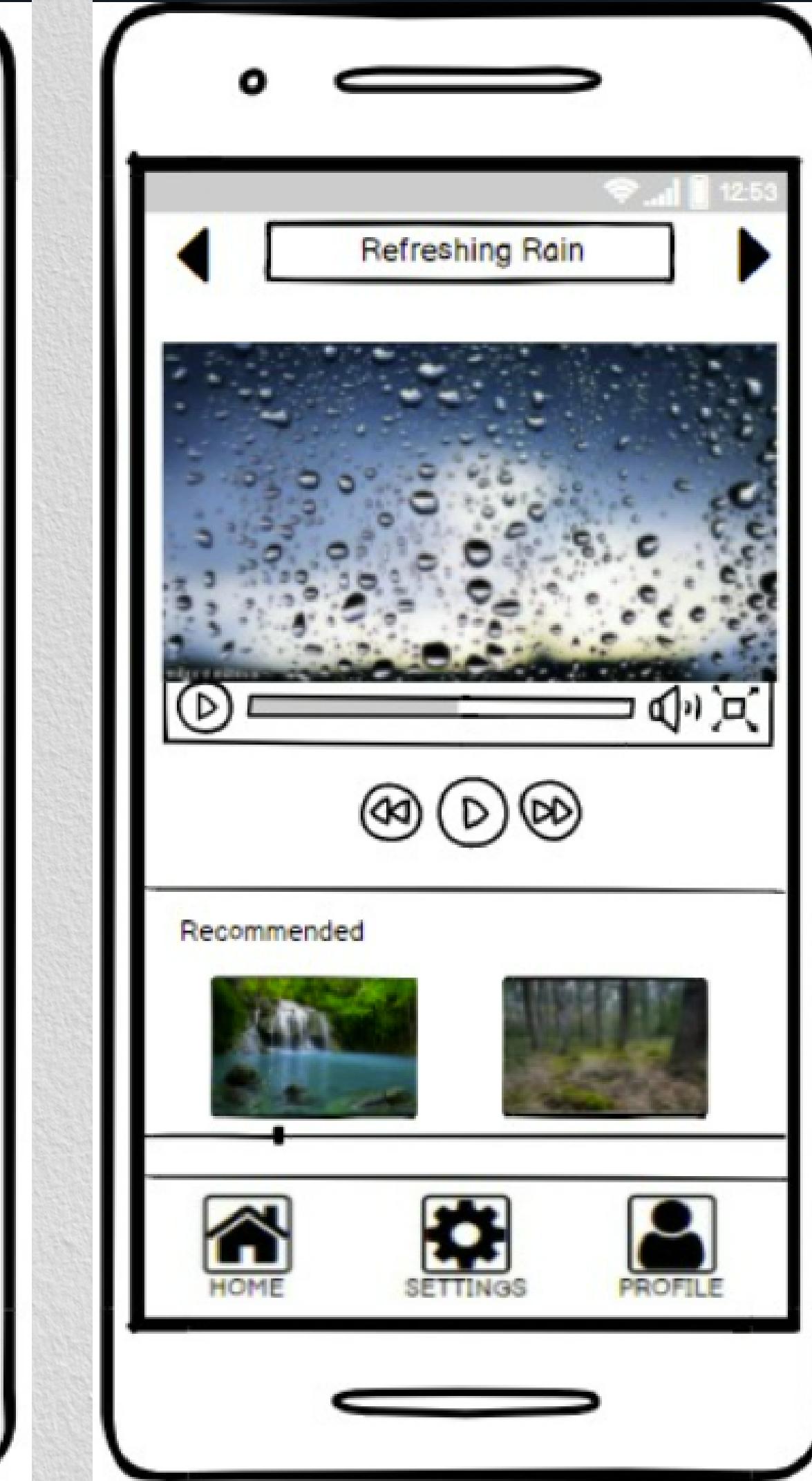
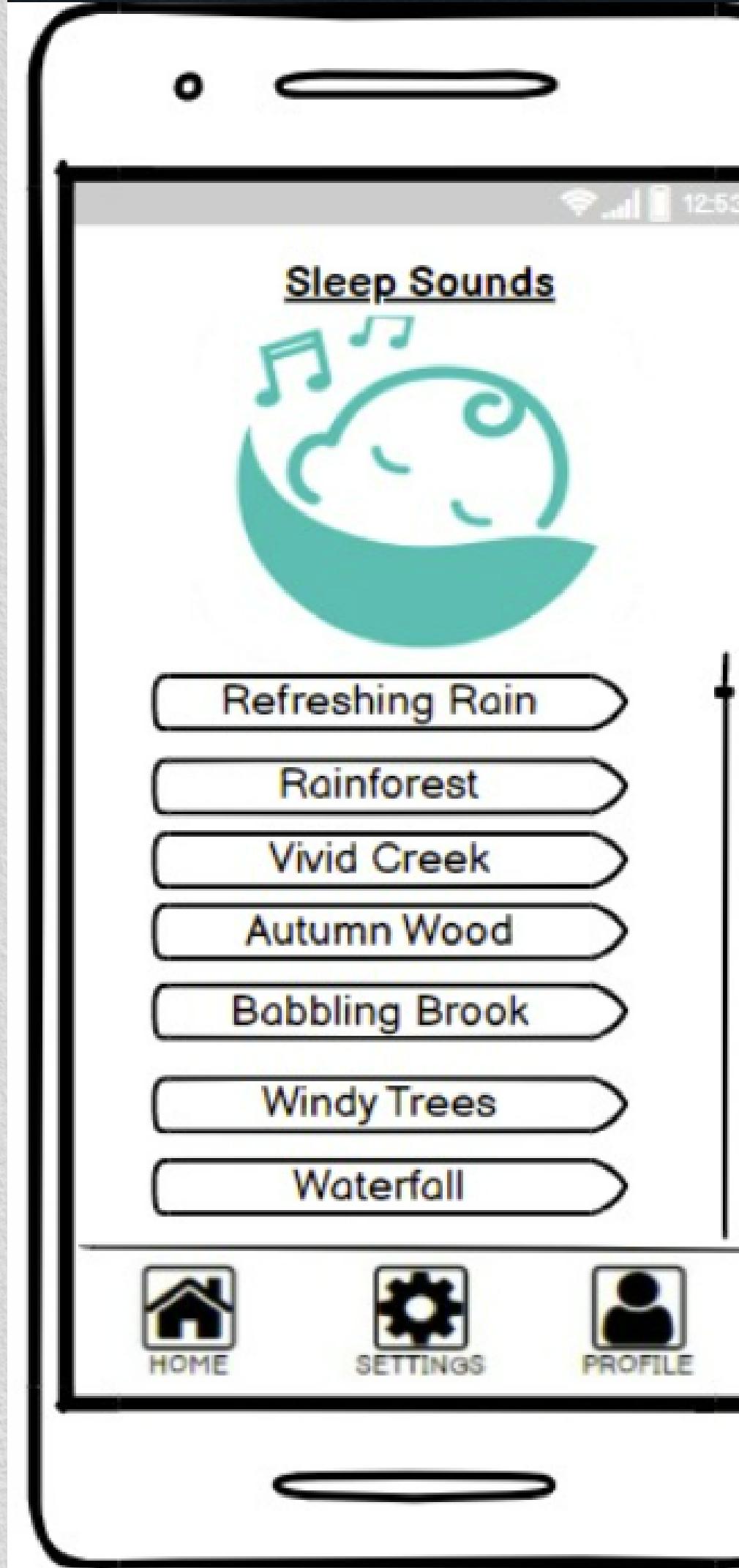


# MEDITATION

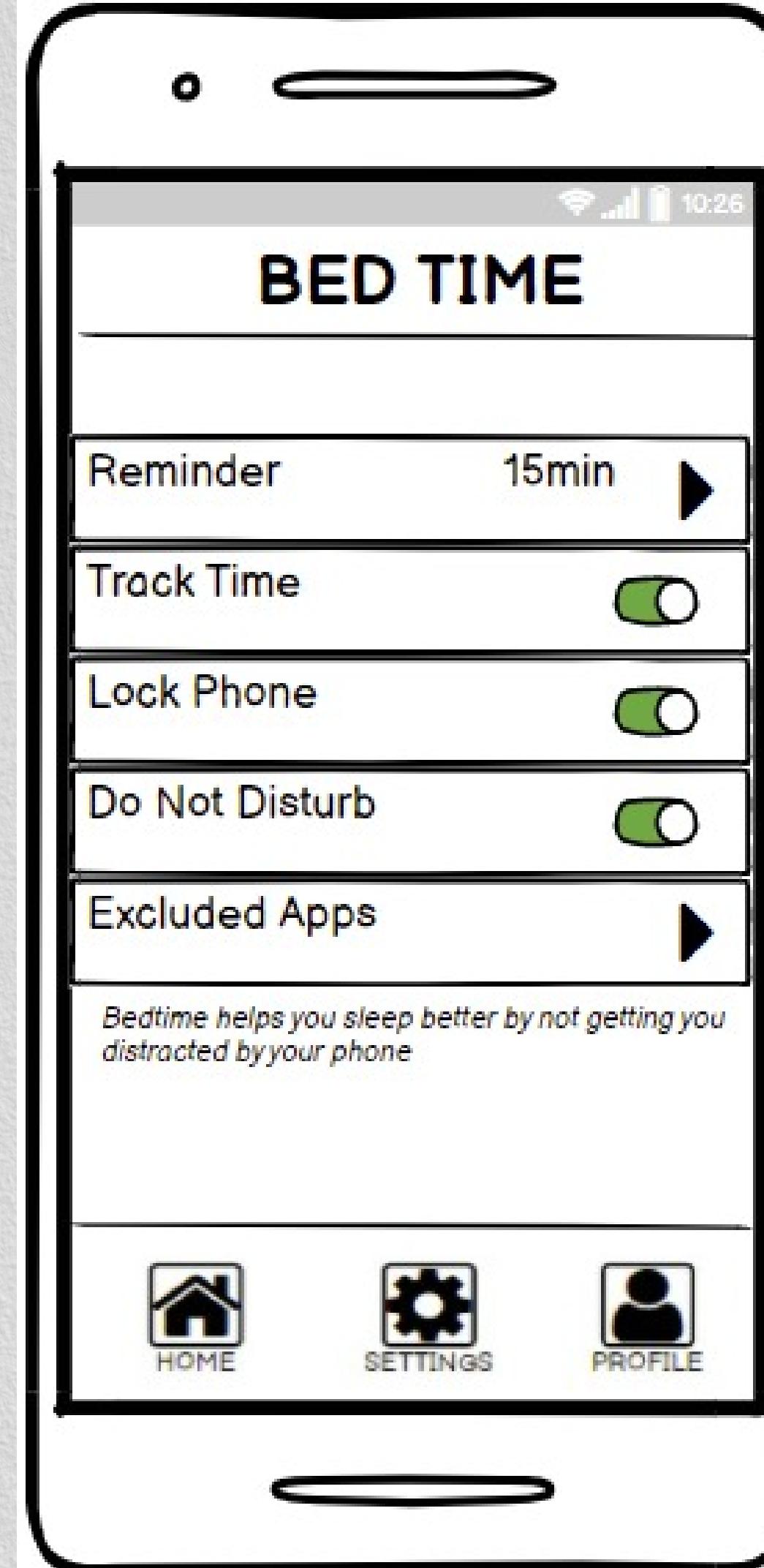


PLAY/PAUSE BUTTON  
SOUND SETTINGS

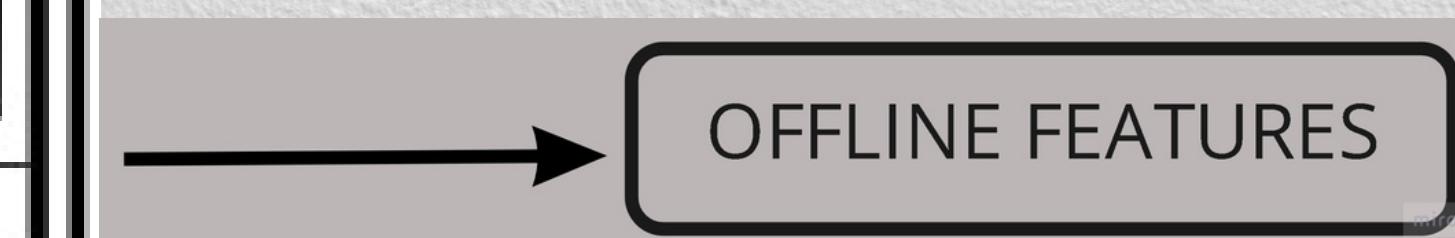
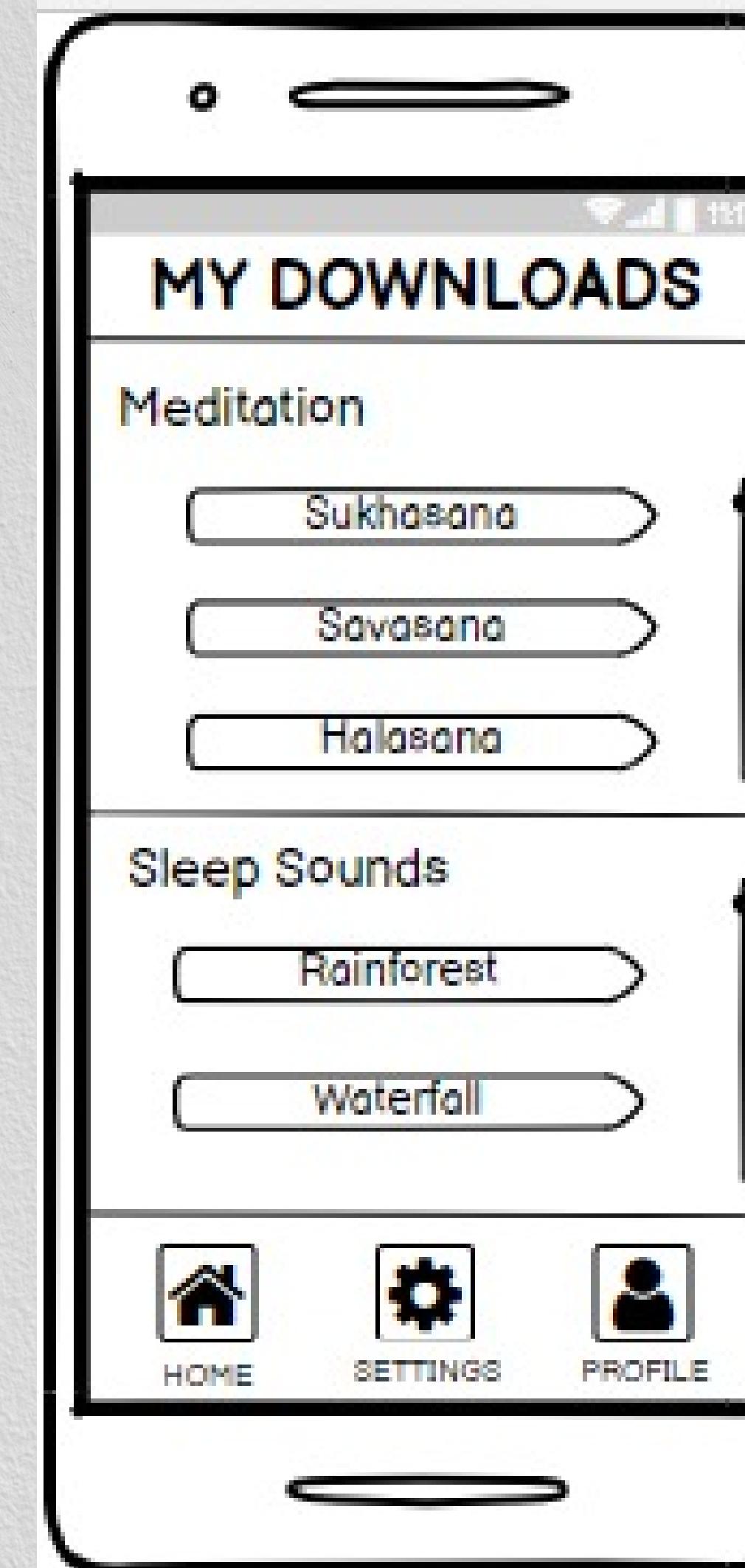
# SLEEP SOUNDS



# BEDTIME



# DOWNLOADS



# GOALS/THOUGHTS

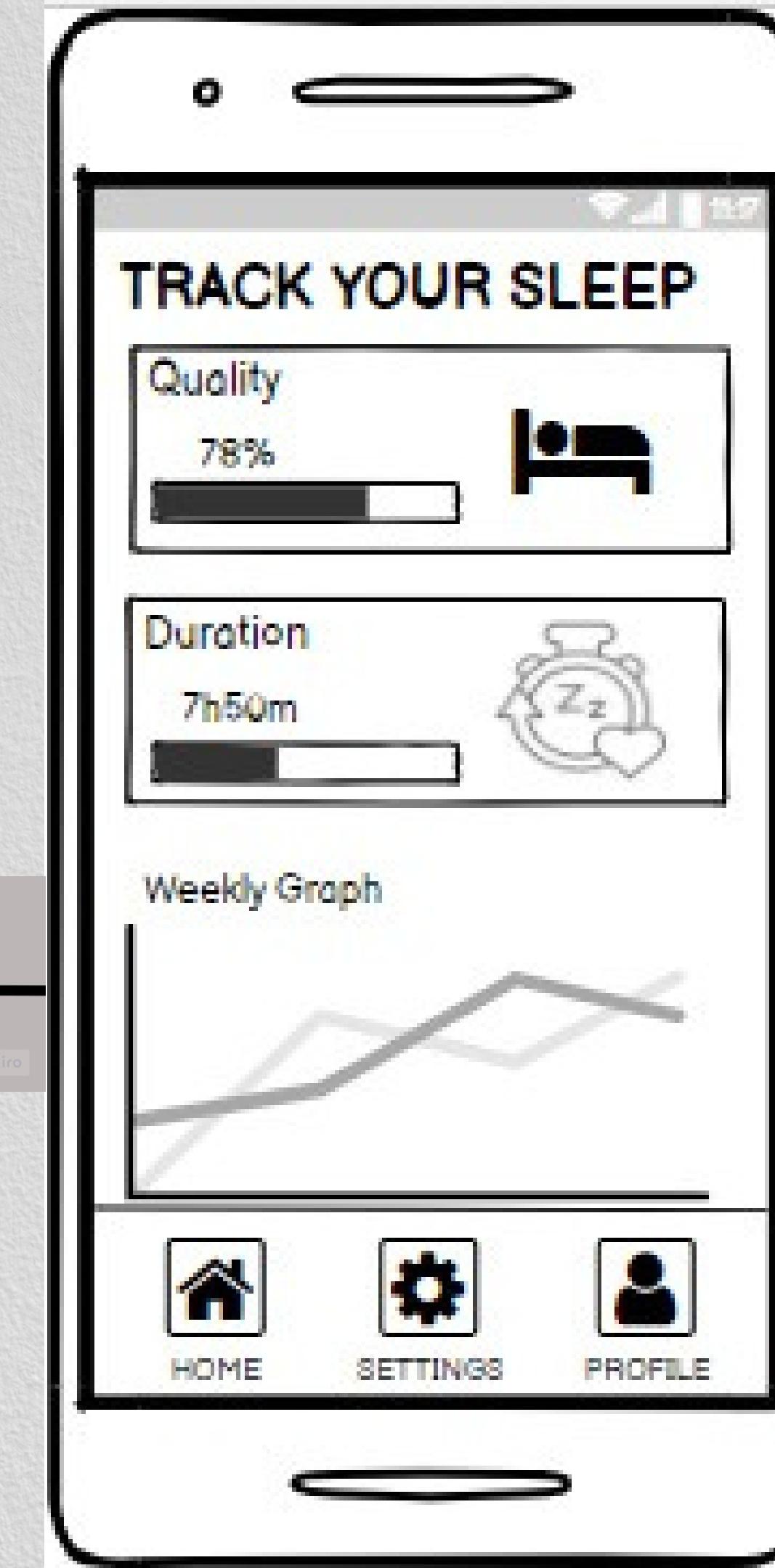


# REWARDS

DIFFERENT LEVEL OF  
REWARDS



# TRACKING SLEEP



WEEKLY ANALYSIS

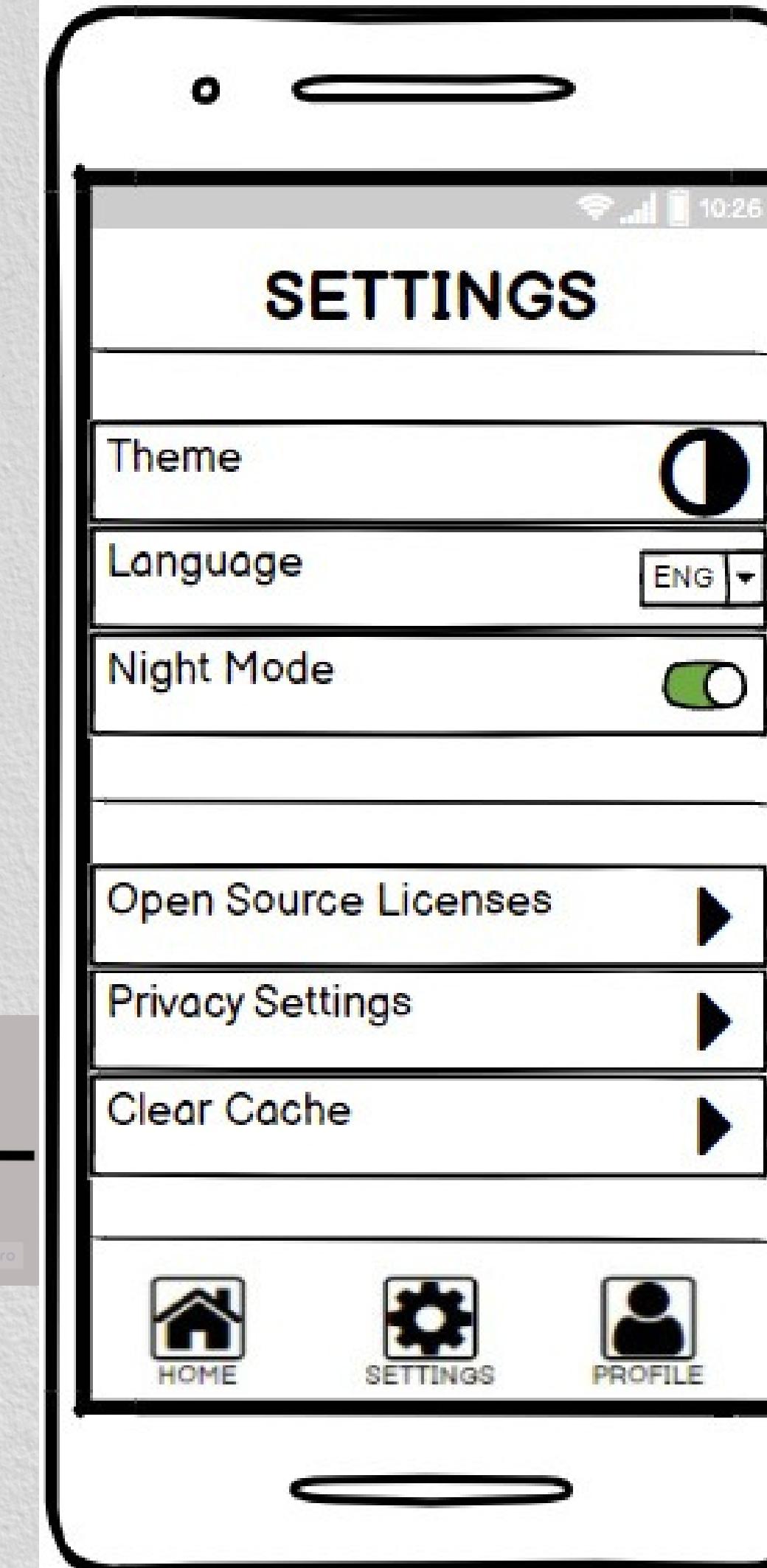
FINAL QUALITY OF SLEEP AFTER  
ANALYZING NOISES, SNORING,  
DISTURBANCES, ETC.

# HELP



FEATURES FOR USER HELP

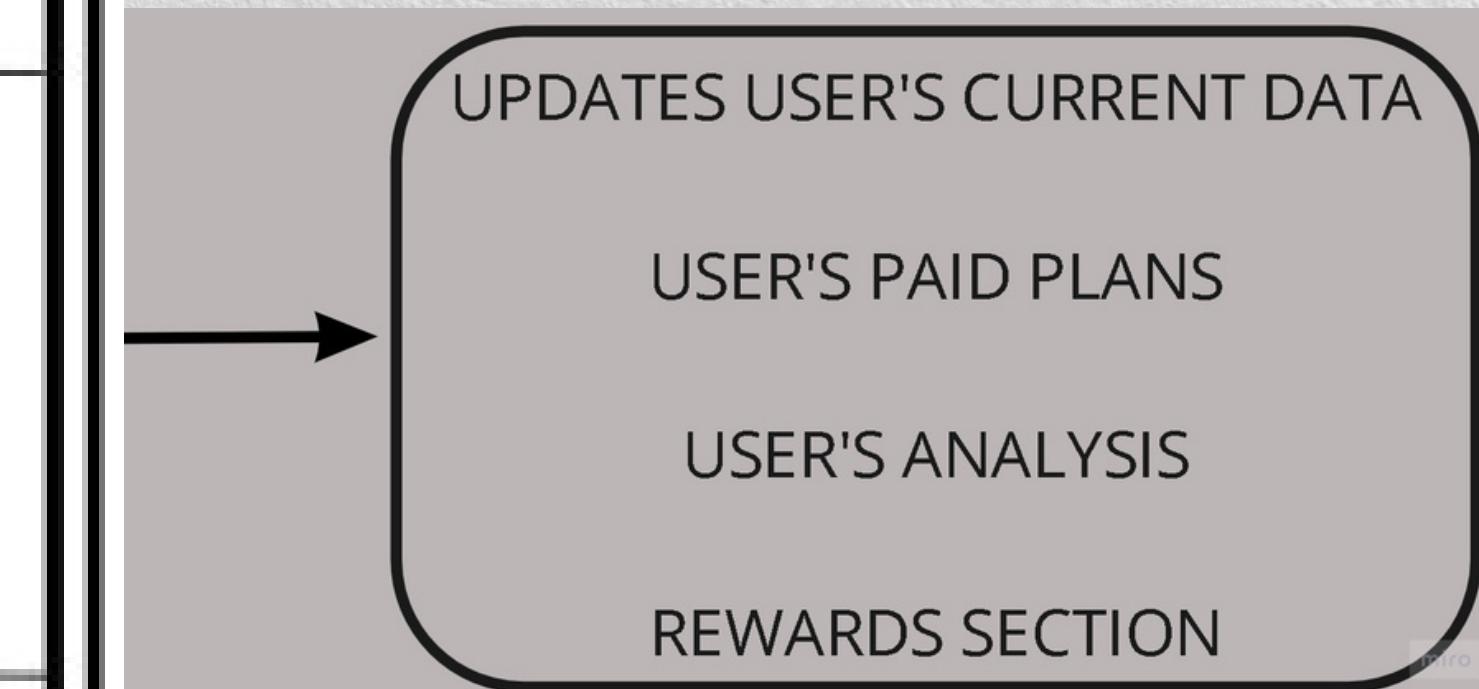
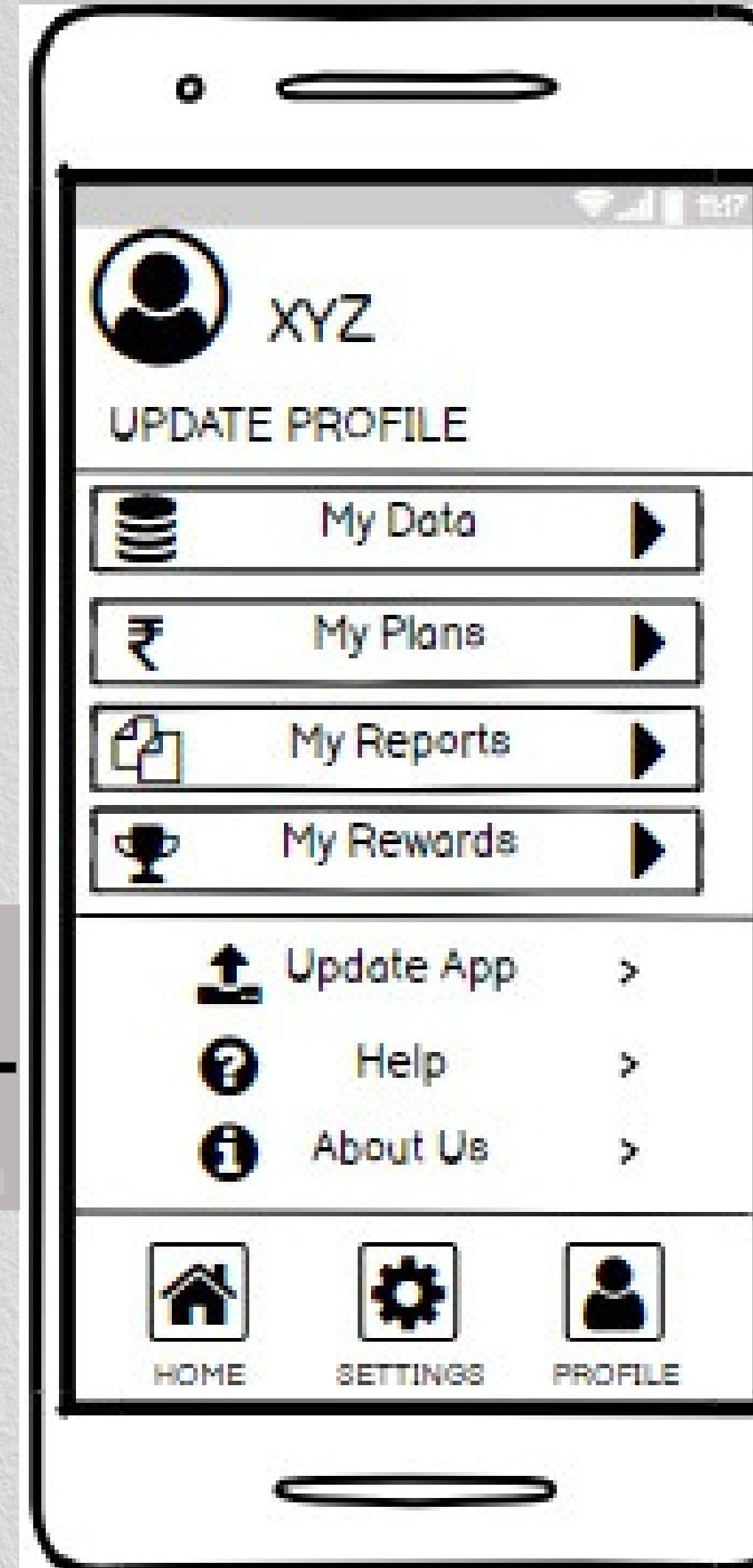
# SETTINGS



OPTION TO DELETE USER  
DATA & ANALYSIS

SETTINGS OPTION

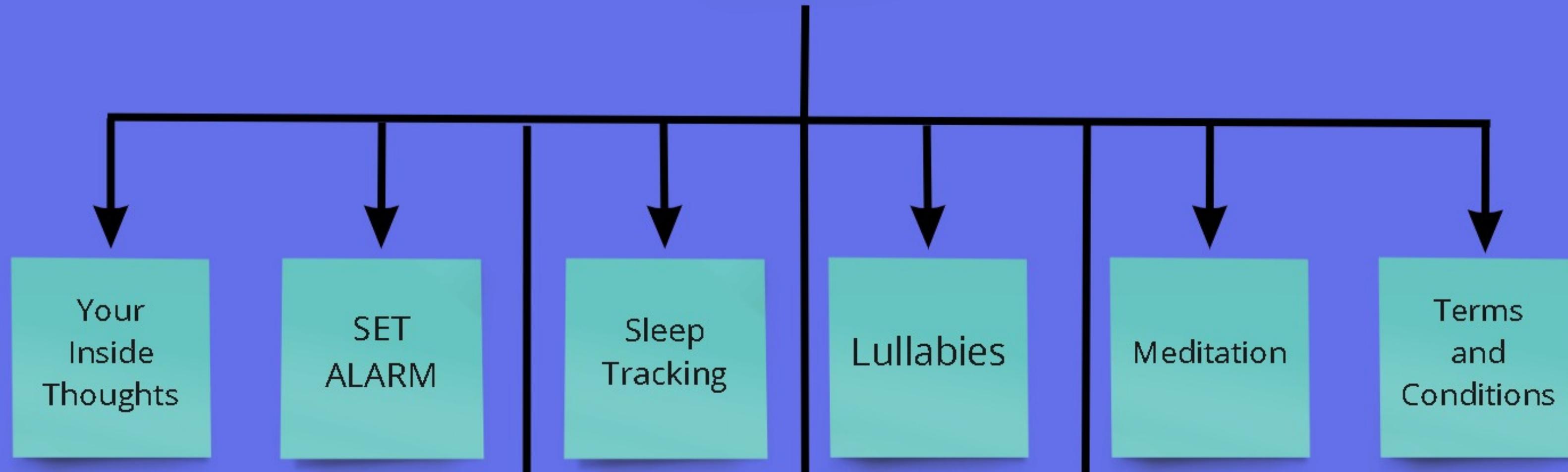
# USER PROFILE

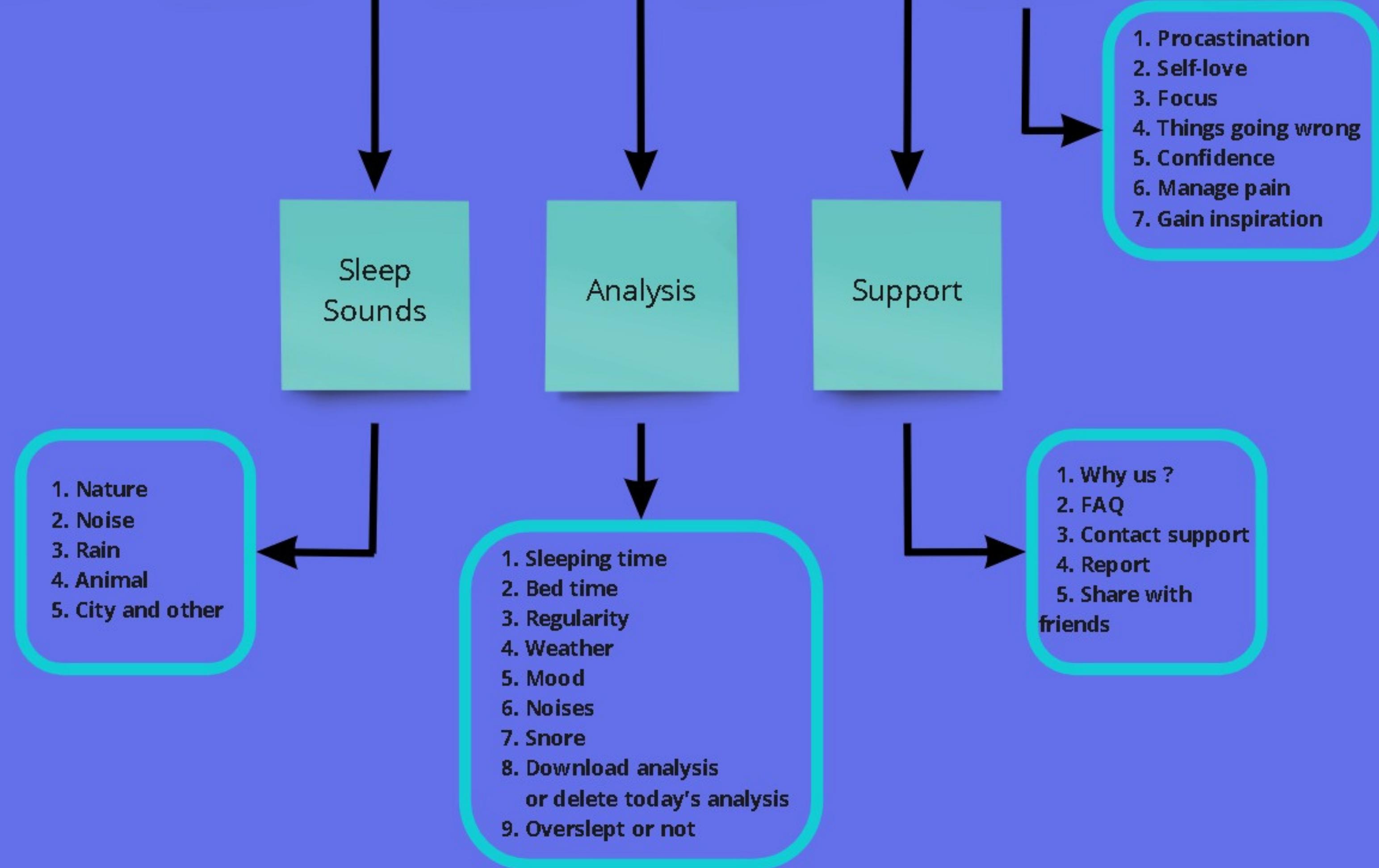


UPDATING THE APP  
ABOUT OUR TEAM

# BROAD AND SHALLOW

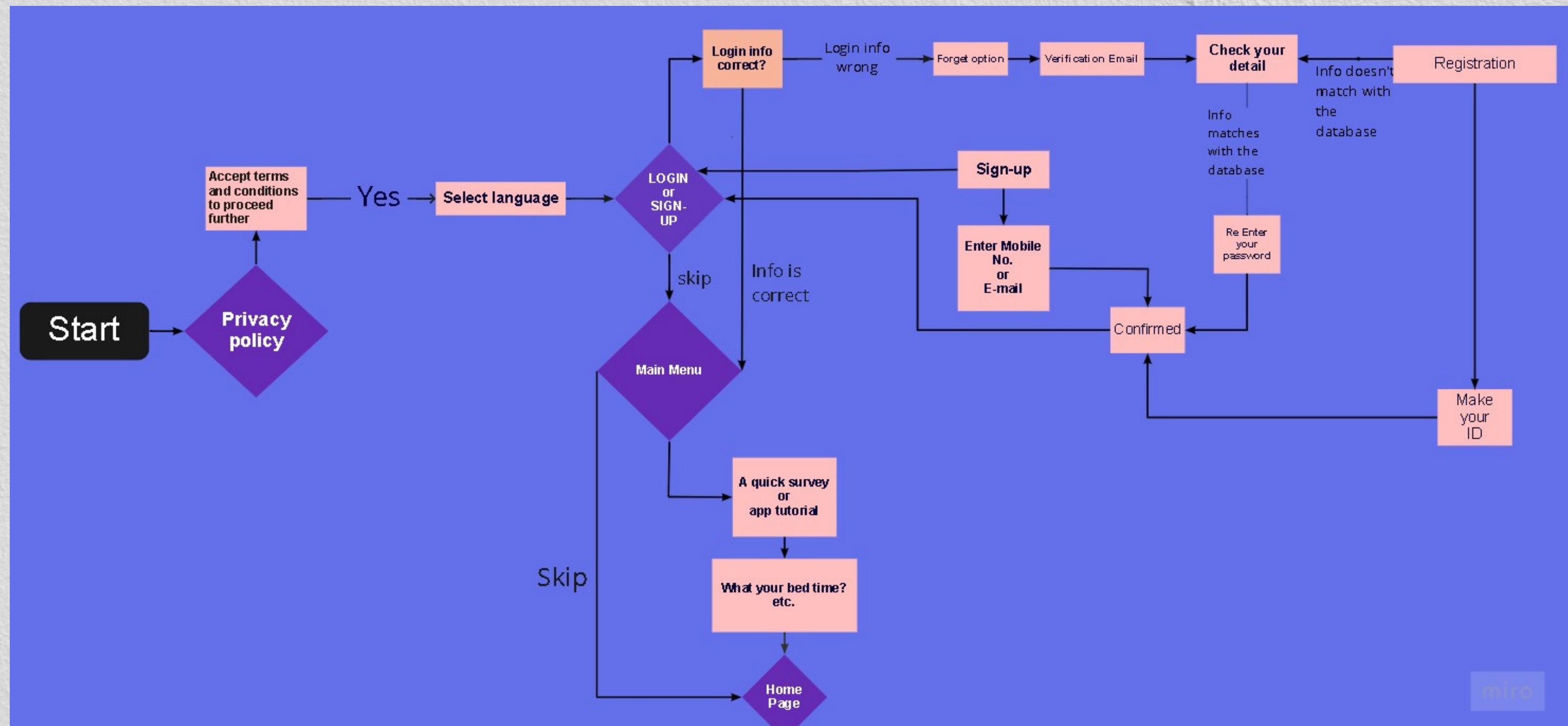
HOME  
PAGE

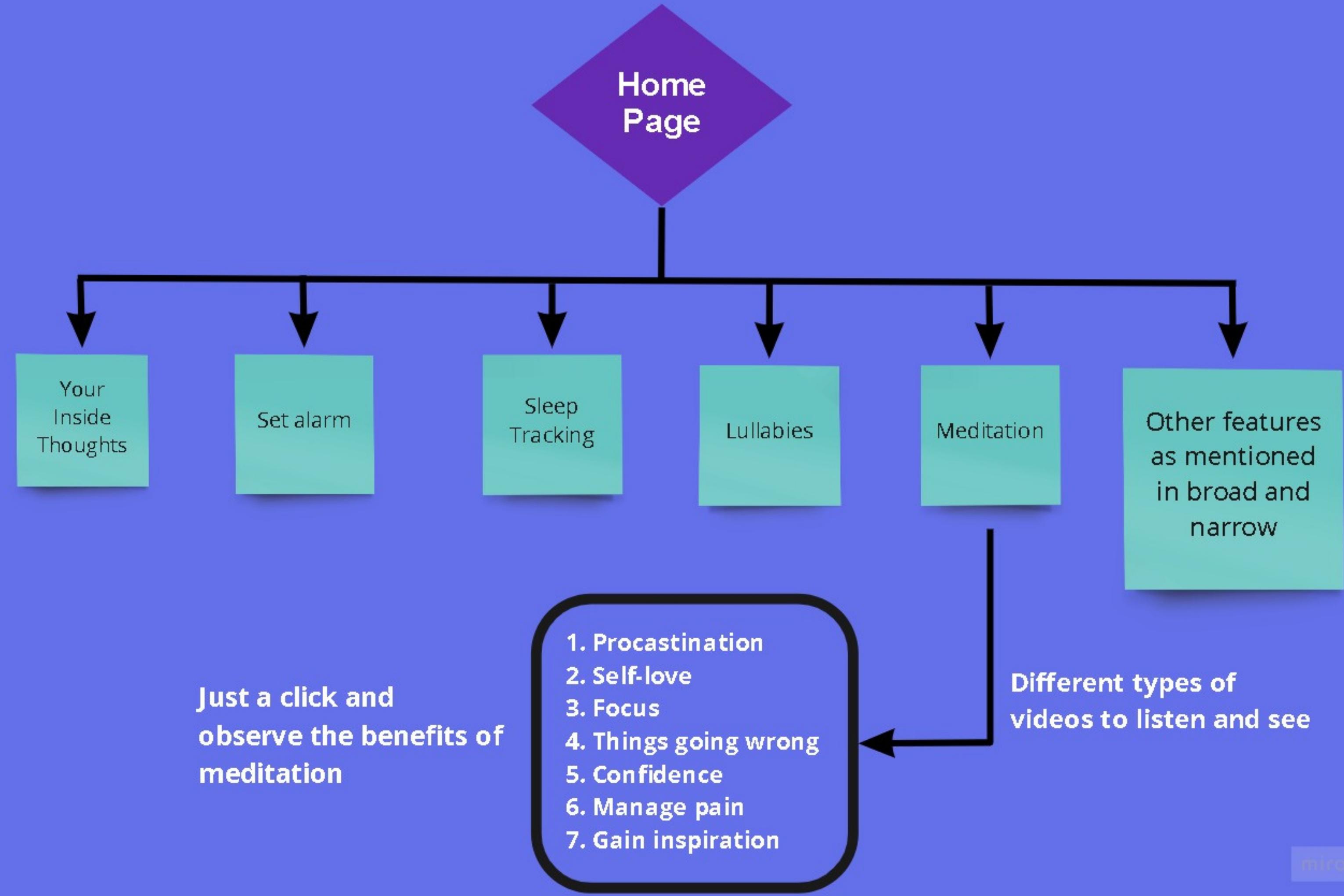




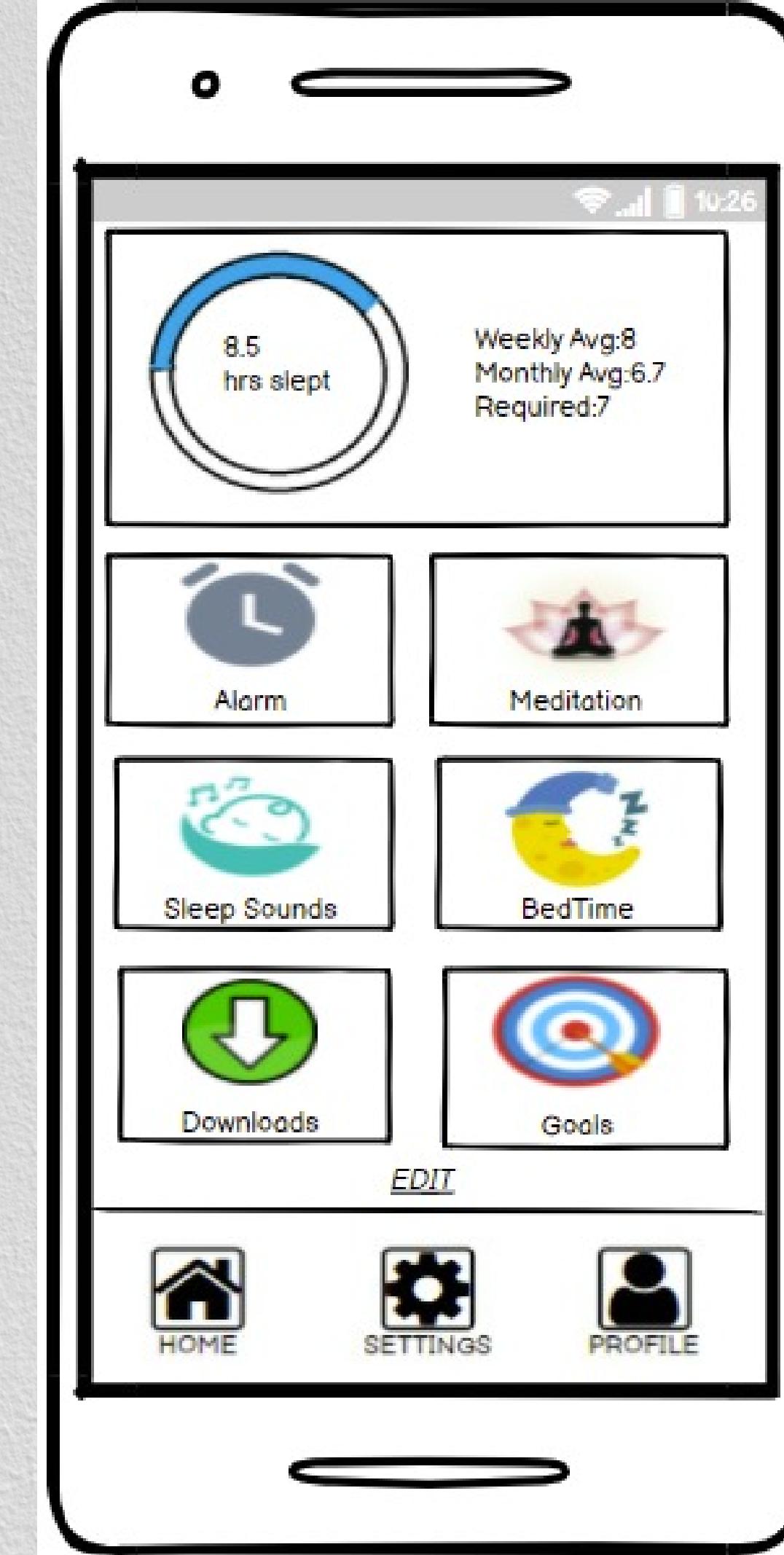
# NARROW AND DEEP

A TO B: USER STARTS FROM OPENING APP AND END UP COMPLETING HIS WISH OF MEDITATION





# Homepage



# Solution to problem statement



- This prototype aims to solve Increased cases of sleep disorders and its effects on people's day-to-day lives both physically and mentally.
- Our application has a unique AI alarm that records snoring sounds and adjusts the alarm according to sleep quality. It also has a meditation feature containing asanas and video tutorials to fit physically and mentally.
- The bedtime feature has provision of excluding some required apps 15 minutes before the sleeping time.
- The "Track your Sleep" feature provides duration and quality of sleep on day to day basis along with the graphs to help user analyze better.
- Sleeping sounds feature contain huge collection of soothing sounds which help user to relax and sleep well.

# Thank You

- Group 45 Presentation