

HEALTH CARE MANAGEMENT ANALYSIS REPORT : SWATI

Analysis Result

Patient Age: 21

*****PATIENT DISEASE INFORMATION*****

Disease Name: Food Allergic

Allergy Zone(Stage):You are step up from the normal condition.

*****READ IT CAREFULLY.*****

Here The Precautions For Your Problems :

Food Allergy:

1. 90 percent of cases of all reaction is this kind of foods -peanuts, tree nuts, wheat, soy, fish, shellfish, eggs and milk.
2. Be extra careful when eating in restaurants or if possible then avoid the outdoor foods.

**Doctor Advice:

Before taking any medicine, first consult to the doctor.

2. It may the highly effect of your health.

** Health Concious:

Take Your Proper meal, and try to avoid outdoor foods.

** Don't Smoke:

Cigarette smoke contains Nicotine which is the main addictive chemical in tobacco, It causes a rush of adrenaline when absorbed in the bloodstream or inhaled via cigarette smoke.

** Try To Avoid:

Alcohol increases the inflammation and changes the hormonal milieu in the body, your immune system treats alcohol as a threat. It responds to alcohol by producing antibodies known as immunoglobulin E (IgE). These antibodies trigger an allergic reaction in your body.

Thanks for visiting here