

G.H Rasoni College of Engineering and Management Wagholi, Pune
Department of First Year, B.Tech

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Division : C

Roll Number : C70

Subject : Communication Skills (UHUL101)

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Submit an assignment on-

Significance of grooming in presenting yourself. Provide real life instances, where you noticed that poor grooming leads to wrong impression about oneself.

Answer:

It is rightly said that two things are irreversible the first one is the time and the second one is the first impression. Numerous things come under the first impressions, like how we talk the way we walk, body language, this comes in the first impression, but the first impression is mainly carried by our grooming. For most people, grooming is being well dressed but that's not the case, maintaining personal hygiene along with being well dressed, After all, your appearance is the first thing people take notice of and the last thing that will linger in their mind.

When a person is well-groomed it always gives him a lot of Advantages like self-confidence. The clothes you wear add a lot of self-confidence to yourself. The way you style yourself will always increase your self-confidence. There are a lot of instances where we come across a situation when poor grooming leads to a wrong impression about oneself like When we were in Junior College sometimes we forget to polish our shoes and this instance gives a negative impact on others, it rather says about ourselves that we are under confident or we do not take our grooming seriously. There is also another example when PT Teacher used to check our nails and if the nails were grown and it was never been cut this tells a lot of information about ourselves that we are not hygienic. These instances give a negative impact of us on others.