

Sitka Valerian

Valeriana sitchensis



Budding:

- Small white/pinkish buds on top of a square stem that can be 1-4ft (30-120cm tall)



Flowering:

- The flowers are white and fragrant, and sometimes pink
- Each corolla is 6-8 mm long and has 3 stamens
- Flowers cluster into slightly-rounded umbels



Ripening Fruit:

- Flowers fall off, leaving a vase-like structure which is the fruit



Releasing Seed:

- When fruits release, feathery hairs protrude from the vase for wind dispersal

****NOTE**** It is common for individual *Valeriana* stalks to have multiple phenophases – make careful observations & be sure to consider which phenophases are present and absent.