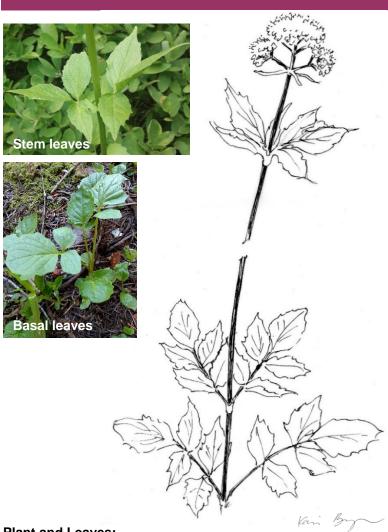
Sitka Valerian

Valeriana sitchensis



Plant and Leaves:

- Plant 12-48 inches tall (~30-120 cm); robust, dark purplish green stem with leaves and flowers / fruits cluster.
- Leaves 1-3 inches (3-8 cm) long, coarsely toothed and lanceolate to ovate / roundish; basal leaves have long stalks.
 Basal leaves on non-reproductive plants are more rounded.

Sitka Valerian

Valeriana sitchensis



Budding:

 Small white/pinkish buds on top of a square stem that can be 1-4ft (30-120cm tall)



Flowering:

- The flowers are white and fragrant, and sometimes pink
- Each corolla is 6-8 mm long and has 3 stamens
- Flowers cluster into slightlyrounded umbels



Ripening Fruit:

 Flowers fall off, leaving a vaselike structure which is the fruit



Releasing Seed:

- When fruits release, feathery hairs protrude from the vase for wind dispersal
- **NOTE** It is common for individual *Valeriana* stalks to have multiple phenophases make careful observations & be sure to consider which phenophases are present <u>and</u> absent.