

Grow smarter Grow healthy

When to sow

The Green Life Soil Co

January	February	March	April	May	June	July	August	September	October	November	December
Beans <i>Snake</i>	Beetroot	Beans <i>Runner</i>	Beans <i>Runner</i>	Beans <i>Runner</i>	Beans <i>Runner</i>	Beetroot	Asparagus	Asparagus	Beans <i>Dwarf</i>	Beans <i>Snake</i>	Beans <i>Snake</i>
Beetroot	Capsicum	Beetroot	Beetroot	Beetroot	Beetroot	Broad Beans	Beetroot	Beans <i>Dwarf</i>	Beetroot	Beetroot	Beetroot
Capsicum	Chillies	Broccoli	Broad Beans	Broad Beans	Broad Beans	Broccoli	Broad Beans	Beetroot	Capsicum	Capsicum	Capsicum
Chillies	Carrots	Cabbage	Broccoli	Broccoli	Broccoli	Cabbage	Broccoli	Broccoli	Carrots	Carrots	Carrots
Carrots	Celery	Cabbages	Brussels Sprouts	Brussels Sprouts	Cabbage	Carrots	Cabbage	Cabbage	Celery	Celery	Celery
Celery	Cucumber	Chillies	Cabbage	Cabbage	Cabbage	Carrots	Carrots	Capsicum	Chillies	Chillies	Chillies
Cucumber	Eggplant	Carrots	Carrots	Carrots	Carrots	Cauliflower	Celery	Carrots	Chives	Chives	Chives
Eggplant	Kale	Cauliflower	Cauliflower	Cauliflower	Cauliflower	Celery	Chives	Celery	Cucumber	Cucumber	Cucumber
Kale	Kohl Rabi	Celery	Celery	Celery	Celery	Chives	Kale	Chillies	Eggplant	Eggplant	Eggplant
Kohl Rabi	Leek	Chives	Garlic	Garlic	Chives	Kale	Kohl Rabi	Chives	Kale	Eggplant	Eggplant
Lettuce	Lettuce	Kale	Globe Artichoke	Globe Artichoke	Kale	Kohl Rabi	Jeru. Artichoke	Cucumber	Kohl Rabi	Kale	Kale
Spring Onions	Spring Onions	Kohl Rabi	Kale	Kale	Kohl Rabi	Leek	Lettuce	Eggplant	Jeru. Artichoke	Kohl Rabi	Kohl Rabi
Pumpkin	Pumpkin	Leek	Kohl Rabi	Kohl Rabi	Kohl Rabi	Lettuce	Lettuce	Kale	Lettuce	Jeru. Artichoke	Jeru. Artichoke
Pumpkin	Radish	Lettuce	Leek	Leek	Leek	Onions	Onions	Kohl Rabi	Melons	Lettuce	Lettuce
Radish	Melons	Spring Onions	Lettuce	Lettuce	Lettuce	Spring Onions	Spring Onions	Jeru. Artichoke	Spring Onions	Melons	Melons
Melons	Silverbeet	Parsnips	Onions	Onions	Onions	Parsnips	Parsnips	Lettuce	Squash	Spring Onions	Spring Onions
Silverbeet	Squash	Potatoes	Spring Onions	Spring Onions	Spring Onions	Potatoes	Potatoes	Melons	Squash	Squash	Squash
Squash	Sweet Potato	Radish	Parsnips	Parsnips	Parsnips	Radish	Radish	Peas	Peas	Radish	Radish
Corn	Tomato	Silverbeet	Peas	Peas	Peas	Silverbeet	Silverbeet	Parsnips	Potatoes	Silverbeet	Silverbeet
Sweet Potato	Zucchini	Spinach	Potatoes	Potatoes	Potatoes	Radish	Spinach	Peas	Radish	Tomatoes	Tomatoes
Tomato		Swede	Radish	Radish	Radish	Swede	Swede	Potatoes	Spinach	Zucchini	Zucchini
Zucchini		Turnips	Silverbeet	Silverbeet	Silverbeet	Turnips	Turnips	Radish	Tomato		
			Spinach	Spinach	Spinach			Silverbeet	Turnips		
			Swede	Swede	Swede			Tomato	Zucchini		
			Turnips	Turnips	Turnips			Zucchini			

Information is intended as a guide only and suitability for planting does depend on climatic conditions and environment in your backyard

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How to sow

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Plant	Treatment	Temp. °C	Cover	Germination	Plant	Treatment	Temp. °C	Cover	Germination
Asparagus	Soak 8 hours, sow in tray	24 - 28	yes	21 - 42 days	Peas	Soak over night, sow direct	15 - 22	yes	7 - 14 days
Beans	Sow direct	18 - 22	yes	7 - 14 days	Radish	Sow direct	13 - 21	lightly	3 - 7 days
Beetroot	Soak 24 hours, direct or tray	20 - 24	lightly	15 - 20 days	Silverbeet	Soak 24 hours, direct or tray	20 - 24	lightly	15 - 20 days
Broccoli	Direct or tray	18 - 22	yes	7 - 14 days	Spinach	* Stratify 2 weeks, sow in tray	10 - 15	lightly	7 - 14 days
Cabbage	Direct or tray	18 - 22	yes	7 - 14 days	Tomato	Direct or tray	21 - 25	yes	7 - 14 days
Capsicum	Sow in tray	20 - 24	yes	7 - 14 days	Turnips	Sow direct	18 - 22	yes	7 - 14 days
Carrots	Sow direct	16 - 22	lightly	14 - 21 days	Zucchini	Direct or tray	20 - 25	yes	5 - 10 days
Celery	Direct or tray	18 - 22	yes	10 - 20 days					
Chillies	Direct or tray	20 - 24	yes	7 - 14 days					
Chives	Sow in tray	18 - 22	yes	10 - 15 days					
Cucumber	Sow direct	20 - 24	yes	5 - 10 days					
Eggplant	Sow in tray	20 - 24	lightly	7 - 14 days					
Kale	Direct or tray	18 - 22	yes	7 - 14 days					
Kohl Rabi	Direct or tray	18 - 22	yes	7 - 14 days					
Jeru. Artichoke	Sow direct	18 - 24	yes	5 - 10 days					
Lettuce	Sow in tray	18 - 22	lightly	5 - 10 days					
Melons	Sow direct	22 - 26	yes	7 - 14 days					
Spring onions	Direct or tray	18 - 22	lightly	10 - 14 days					
Parsnips	Direct or tray	15 - 22	lightly	14 - 35 days					

* **Stratify:** To treat dormant seeds by chilling under moist conditions to simulate winter conditions.

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Information based on 'Plant Propagation A to Z' by Geoff Bryant (A very useful book!)



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