



MY simple Living goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“the difference between a dream and a goal is the written word”

ANON

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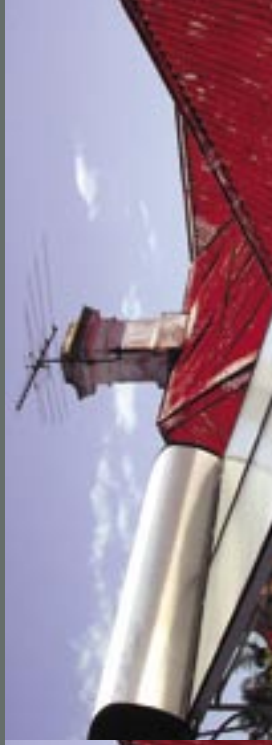
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MY power smart goal

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step 1: _____ ☐

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step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“Whatever you can do or dream you can, begin it. boldness has genius, power and magic in it. begin it now.”

goethe

MY power smart goal

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MY water smart goal

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Why i want to achieve my goal:

I will achieve my goal by:

"they always say time changes things, but you actually have to change them yourself."

ANDY WARHOL

MY water smart goal

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MY HealthSmart HOME goal

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step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“the future depends on what we do in the present.”

MAHATMA GANDHI

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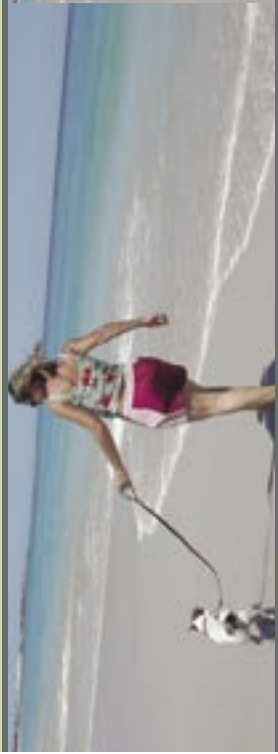
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I will achieve my goal by:

“be the change we wish to see in the world”

m k ghandi

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MY move smart goal

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Why i want to achieve my goal:

I will achieve my goal by:

“A dream is just a dream. A goal is a dream with a plan and a deadline.”

Harvey Mackay

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MY garden smart for biodiversity goal

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Why i want to achieve my goal:

I will achieve my goal by:

“A journey of a thousand leagues
beginning with a single step.”
chinese proverb

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I will achieve my goal by:

“if we keep doing what we’re doing, we’re going to keep getting what we’re getting.”

stephen covey

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Living smart

creating sustainable communities



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MY community smart goal

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Why i want to achieve my goal:

I will achieve my goal by:

“Never doubt that a small group of thoughtful, committed citizens can change the world. indeed it is the only thing that ever has.”

M. Mead

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my waste smart goal

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"Nobody made a greater mistake than he who did nothing because he could only do a little."

e. burke

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goal setting tips

if your goal:

specific?

Are you clear on what you are working towards?

positive?

Reinforce good habits, rather than criticise bad.

challenging, yet achievable?

Is it realistic? Small steps are good options

measurable?

Will you know when you've completed it?

flexible?

You may need to adjust or change your goal with new circumstances.

And then, most importantly...

...celebrate each goal achieved!

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