



## Post-Course Feedback and Evaluation Form

This form is designed to help Be Living Smart Inc measure the course effectiveness and improve the course.  
Individual responses are kept confidential.

<b>Course Venue:</b>		<b>Course Date:</b>	
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On a scale of 1 to 7 please rate the following:	Not at all							Very
How <b>interesting</b> did you find this Living Smart Course?	1	2	3	4	5	6	7	
How <b>useful</b> did you find this Living Smart Course?	1	2	3	4	5	6	7	
How <b>enjoyable</b> did you find this Living Smart Course?	1	2	3	4	5	6	7	
Overall, how <b>satisfied</b> are you with your experience in this Living Smart Course?	1	2	3	4	5	6	7	

Thinking about the sessions held in the course, please rate the course on the scale below								
More lecture style	1	2	3	4	5	6	7	More interactive
More listening	1	2	3	4	5	6	7	More discussion
More theoretical	1	2	3	4	5	6	7	More hands on

<b>What was your favourite part(s) of the program? Which aspects did you particularly like or find useful?</b>
<b>What was your least favourite part(s) of the program? What changes would you recommend?</b>

Have you told other people about Living Smart?	Yes			No	
	1-5	6-10	11-20	21-50	more than 50
Who were they?	Family	Friends	Neighbours	Work colleagues	Other

Page 1

<b>Three things I remember learning in this course.....</b>

<b>The three actions I took that I am proudest of.....</b>

(FACILITATOR NOTE: SUGGESTED QUESTIONS BUT NOT COMPULSORY)

<b>Two insights I had (think about your “ah ah” moments)....</b>

<b>One question I still have....</b>

Page 2