

**Minutes of the Living Smart Facilitators Network Meeting  
Held on Monday 23 April 2012  
at 24 Parry St, Fremantle**

**1. Attendees**

Shani Graham, Mary Peck, Lesley Thomas, Emma Jack, Heath Adams, Sharon Andrews, Megan Parry, Helen Whitkin (Convenor of Living Smart board).

**2. Apologies**

Tim Darby, Kelly Moss, Annolies Truman

**3. Chair and Minutes**

Emma Jack chaired the meeting and Mary Peck took the minutes.

**4. Upcoming courses – Term 2 2012**

Shani and Tim - The Grove and Piney Lakes  
Barry and Annolies - East Fremantle  
Anita Marriott - City of Vincent  
Ingrid Shanti - Ecovision Homes Wanneroo  
Emma and Heath – Coolbellup  
Lesley Thomas - CSPU courses still to be confirmed

Shani offered for new facilitators to come to the planning session when Tim and Shani put the Grove course together. The Grove are very keen to get facilitators in their area. Sharon and Megan will take up this opportunity. A similar thing can be organised for Piney Lakes - get in touch if you are keen.

**5. EmpowerWA**

- To be launched on Thursday 26 April at Greenhouse by Conservation Council.
- Aim of the campaign is to inform people on climate change and come up with ways to reduce the impact of the carbon price on themselves. Small local groups are encouraged to be active about climate change. There are a number of agencies involved in the campaign.
- Living Smart has received funding to run Train the Trainer sessions and deliver information sessions to community groups and workplaces. Living Smart has an obligation to present the training to 120 people. There is money in the budget for facilitators to attend the training.
- **Yourcarbonprice** website is good to check out.
- Shani suggested that it be added on to facilitator network meeting plus a training session.
- 18 June was suggested as a possible date to be confirmed. Shani suggested another option was to have an EmpowerWA training session and then an open space Living Smarties conference at the same time, but Living Smarties conference had been taken out of the proposal. Program is looking for people as champions by their own actions or encouraging other to do so ie bloggers etc.

**ACTION** Lesley to put website re carbon price link on the Wiki  
Date for Facilitator Training Session to be confirmed and circulated asap

## 6. New ideas/recommendations for activities

**Emma's Power Activity** - list of appliance and energy utilities around the house and get households to arrange a hierarchy. Second part of exercise is to match up each of those items to an energy use scenario kilowatt hrs. See which one has the capacity to use more energy and look at what is being used when they get the power bill. Average down to daily usage and look at how one action can really reduce power usage.

Tim saw someone do a similar thing at a SONG network. Rebekah had pictures of different appliances and how much wattage they used ie how many hours would they watch the television and then match hours to appliance. Tim, Shani and Emma will work on creating this activity as a bit of a package so others can use.

**TransportQuick** – Shani saw this in Alice Springs. Analysis of local area providing different options. Participants choose one and list all the barriers that are in the way, then pair up to solve each other's barriers with a partner. Then set a goal, I will . . . . . Shani tried this at Sth Freo SHS today and it went well.

**Gardening** - Presenter asked everyone to bring in their supermarket receipts and identify what you can grow at home. Then look at seasonal veggies to grow that you actually use.

**Two week waste challenge** – two page list with 7 days listed across it – if you throw plastic wrapping in bin and collect all waste and seeing volume of waste including packaging that is recyclable.

**ACTION**     **Lesley to scan this and put it on the Wiki.**

**Healthy You session** – Lesley said it was good to start off with a five minute meditation and finish with green cleaners.

Tony from Definitive Health has offered to do sessions on Healthy You.

Matt Fossey can be available for biodiversity and transport.

Joe Tonga is good source of info on microbats.

### Extra activity ideas

- Shani is going to do a bit of native planting around Hulbert St and get APACE to do a plan up and then present it to the group and run a hands on planting session on a weekend. She is happy for people from other groups to join in.
- Next Hulbert Street tour is May 27<sup>th</sup> – please get in contact with Shani if you want to send people along.
- Hilton Community Garden is very active and would be good venue to put on Living Smarties gardening session. They have a busy bee second Sunday of each month.
- Growing Freo tour is taking place on 29 April and includes gardeners on the roof, East Freo Farm, SFSHS, Hilton Harvest, Freo Farm and Hulbert Street. Places are all booked.

- Shani suggested doing a calendar of events for the courses in Freo area – East Freo, Coolbellup, Grove and Piney Lakes so that people can share e.g. gardening sessions and offer to other groups too.
- Shani asked who of the current facilitators wanted to be on the email list. Heath will set up Google group email with restricted access to facilitate. **ACTION Shani to liaise with Heath and Emma.**
- Lizzie Fox has set up a Living Smarties Facebook page. Please encourage all your participants to use the facebook page for sharing of stories, photos, brag items etc especially while we wait for the website to be developed. Shani will get in touch with all Living Smarties co-ordinators to put their events on there.
- Movie on Friday night on Hulbert Street was a great one - Growing Change – Venezuela's Food Revolution. Could be good for gardening as only an hour or great as a pre-living smart activity to encourage enrolments. Shani has copy of it but will only lend out to group screenings. Recommended it would be good for the Living Smart library. Shani will provide a list of good movies to Kelly if we get funding for resources.
- Other new videos Shani has come across include Growth Busters and YERT [your environmental road trip].
- Ecofair stall at Mosman Park on Saturday 5 May looking for volunteers to help out at stall.
- Please remember if you are running a course the display is available.

## 7. Other business

Sharon commented that after the facilitators training session on Sunday 22 April it would be good to have time to share all the other presentations. Shani suggested that as part of their homework each participant could do a summary of their exercise and Shani can upload any new ones onto the Wiki. This was supported by Sharon.

Lesley's feedback on last course - one of the women works in the office of the Energy Ombudsman and they have never been allowed to refer people on to anywhere. Through the course she approached the manager and told him about the home energy kit at the libraries. She rang her local library and referred that person on to the library. She is putting together a proposal of what sort of courses people can be advised of ie Living Smart. Synergy has a programme to support people on how to reduce their bills.

## 8. Agenda and ideas for the next meeting

**Next meeting Monday 18 June at 6pm with Empower training – TBC (NOTE – meeting has since be rescheduled to Monday 28May at 6.30-8.30pm).**

Emma to book this tentatively for 24 Parry Street venue. Helen and Shani to confirm date with Empower WA Coordinator etc Will also need to coordinate food.