

Living Smart Facilitators Network Wednesday Feb 20th, 2008 at SMRC

Introductions

Shani Graham, Libby Burgess, Honor Putland, Anne Pettitt, Libby Eustance, Helen Griffiths, Katherine Gaschk, Talia Raphaely, Isabella Jennings, Robyn Williams, Stephanie Jennings

Apologies

Joy Boothman, Ilka Nelson, Arlene Moncrieff, Alex Marshall, Maggie Van Putten, Janet Carr, Sarah Muirhead

Expectations, Setting Network Objectives

The following objectives for the network were supported at the meeting:

- Support for new courses
- Updating materials
- Fundraising ~ Update website materials
- ❖ Network ~ Meet people
- Course Ideas ~ Introductory slides before guest speakers
- ❖ Sharing and introducing newly developed resources ~ Eg; planting guide
- Updated websites with resources from recent courses
- List of network contacts, organisations, interests
- Shared guest speaker list
- Build knowledge on behaviour change
- Learning about facilitation clarifying role of facilitator
- Evaluation and learning

Discussion

- 1. Sustaining Facilitators- How to fund the role, Need for host to support
- 2. Clarifying Role of Facilitator
 - Presenter vs Person who supports process
 - Encourages interaction; Activities,
 - Encourages participants to take action
 - No One Way, Be Authentic
 - Guest speakers provide expert knowledge when needed
 - Need a Combination of Information and Group Sharing of Knowledge
- 3. Topics for future discussion at Network Meetings
 - i. Ways of presenting information without PPT, for memory retention (Shani)
 - ii. Small group interaction/facilitation /cooperative learning (Shani)
 - iii. Overcoming barriers to facilitating and delivering a Living Smart course(Talia/Steph)
 - iv. Goal setting strategies (combined current facilitators & Isabella)
 - v. Sustaining facilitators

Upcoming Courses, Opportunities to Facilitate

Courses about to happen: Mosman Park, South Fremantle, South Lake,

Course upcoming: Kwinana, Melville, Joondalup and Mandurah – from May 2008.

Next Meeting Date: Thursday Ist May 2008 I-3pm

Facilitator Feedback on Term I Courses plus Discussion topics (#1 & 2, & 4 time permitting)