



MY simple Living goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“the difference between a dream and a goal is the written word”

ANON



MY power smart goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

**“Whatever you can do or dream you can, begin it.
boldness has genius, power and magic in it. begin
it now.”**

goethe



My water smart goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

**“they always say time changes things, but you
actually have to change them yourself.”**

ANDY WARHOL



My health smart for home goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“the future depends on what we do in the present.”

mahatma gandhi



My healthsmart you goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“be the change we wish to see in the world”
m k ghandi



MY move smart goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

"A dream is just a dream. A goal is a dream with a plan and a deadline."

Harvey Mackay



MY garden smart for biodiversity goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

"A journey of a thousand leagues begins with a single step."

chinese proverb



My garden smart for productivity goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

**“if we keep doing what we’re doing, we’re going
to keep getting what we’re getting.”**

stephen covey



MY COMMUNITY smart goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it is the only thing that ever has.”

M. Mead



MY waste smart goal

My overall goal and steps to achieve this are:

goal: _____

step 1: _____ ☐

step 2: _____ ☐

step 3: _____ ☐

Why i want to achieve my goal:

I will achieve my goal by:

**“Nobody made a greater mistake than he who did
nothing because he could only do a little.”**

e. burke



goal setting tips

if your goal:

specific?

Are you clear on what you are working towards?

positive?

Reinforce good habits, rather than criticise bad

challenging, yet achievable?

Is it realistic? Small steps are good options

measurable?

Will you know when you've completed it?

flexible?

You may need to adjust or change your goal with new circumstances.

**And then, most importantly...
...celebrate each goal achieved!**