**Living Smart Course Plan**

**DAY TIME**

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| **Week One** | **Introductions** |
| **Week Two** |  |
| **Week Three** |  |
| **Week Four** |  |
| **Week Five** |  |
| **Week Six** |  |
| **Week Seven** |  |
| OUTING(S) |  |

Remember the topics – Power, Water, Transport, Simply Living, Waste, Healthy You, Healthy Home, Community, Gardening for Biodiversity, Gardening for Food Production.

And don’t forget some way to introduce GOAL SETTING!