Living Smart at The Grove Community Centre

Are you interested in creating a simpler, healthier, more sustainable lifestyle?

Do you want to share your interest with others?

Then come and do a Living Smart Course on Thursday nights at The Grove Community Centre.

Living Smart is a great way to learn more about what you can do in your own life to become more sustainable– from saving power and water, to thinking about transport, healthy homes and lifestyles, growing your own food and retrofitting your home. A wide range of topics will be explored with lots of time for thinking and sharing with others.

As one past participant put it “This Living Smart Course has helped bring some foggy thoughts into a concrete vision that I will now consciously set about creating, with the wisdom, knowledge and input from others in my community.”

This is a practical, hands-on course facilitated by Shani Graham and Tim Darby from The Painted Fish in South Fremantle. Shani and Tim are personally committed to making their lives more sustainable and have been sharing their experience and running Living Smart courses for over 3 years. Shani has a background in education and Tim in art and building – together they make an inspiring team!

The ????? group is sponsoring this Living Smart course and encourages all residents to get involved. The Living Smart course was developed initially as a partnership between the Southern Metropolitan Regional Council, The City of Fremantle and Murdoch University. This course will be especially tailored to local residents.

The course will be run on Thursday evenings from 7:00 – 9:30pm, starting on March 3rd 2011.

The course sessions run for 7 weeks and in addition there will be special outings and a hands-on gardening session organised. The cost will cost $20.

For more information or to enroll please contact Shani Graham on 0417 941 991 or email her at [stay@thepaintedfish.com.au](mailto:stay@thepaintedfish.com.au).

