Project 1

sealTeam6

project Name : healthy lifestyle

project description : It’s a website for people to track their nutrition and exercise to achieve

their health goals. We Will set their starting weight and truck their progress to their goals. Weekly checking’s that logs their progress. Suggest workout videos.

Apis : YouTube, USDA

Tasks

Abdullahi aideed: what fitness apis we will use.

Rabic : UI/UX

Tim smith: how to use the apis effectively and figuring out what it returns.

Randy olson: figure out what nutrion to truck. i.e calcium