

Primo Adult Health: Health Summary

Patient	Nikolai Bellic		
Date of birth	March 16, 1933	Sex	Male
Race	White	Ethnicity	Not Hispanic or Latino
Contact info	Primary Home: 100 Marshall Lane Springfield, VA 22153, US Tel: +1(571)555-0189	Patient IDs	123-456-7890 2.16.840.1.113883.4.1
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ADVANCE DIRECTIVES

No advance directives exist for this patient.

ALLERGIES

1. Allergy to Penicillin drugs
2. Allergy to Bee Pollen

REASON FOR VISIT

Recent falls

FAMILY HISTORY

Non-contributory

FUNCTIONAL STATUS

Difficulty remembering dates. Patient uses cane for walking.

IMMUNIZATIONS

1. Influenza, seasonal, injectable, preservative free

INSTRUCTIONS

Patient is to schedule follow-up appointment with PCP after consultation.

MEDICATIONS

1. Lisinopril - 20mg by mouth once daily
2. Lasix - 40mg by mouth once daily
3. K-Dur - 10mEq/L by mouth once daily
4. Norvasc - 10mg by mouth once daily
5. Zocor - 40mg by mouth once daily before bed
6. Lantus - 36 units once daily before bed
7. gliburide - 2.5mg by mouth once daily
8. synthroid - 0.1mg by mouth once daily
9. Aleve - 220mg by mouth twice daily
10. Ultram - 50mg by mouth four times daily as needed for joint pain
11. Aspirin - 81mg by mouth once daily
12. Lopressor - 50mg by mouth twice daily
13. Flomax - 0.4mg by mouth once daily
14. Proscar - 5mg by mouth once daily
15. Neurontin - 300mg by mouth three times daily
16. Ativan - 1mg by mouth three times daily as needed for irritability
17. midarone - 200mg by mouth two times daily
18. Coumadin - 5mg by mouth every other day starting 11/1/2012
19. Coumadin - 2.5mg by mouth every other day starting 11/2/2012
20. Ambien - 5mg by mouth once daily before bed

PLAN OF CARE

I have discussed this request for geriatric assessment and management with the patient who agrees

with this plan.

PROBLEMS

1. Hypertension
2. Hyperlipidemia
3. Type II Diabetes
4. Chronic Kidney Disease Stage III
5. Hypothyroidism
6. Coronary Artery Disease
7. Benign prostatic hyperplasia
8. Atrial fibrillation
9. Diabetic neuropathy
10. Generalized obesity
11. Insomnia

PROCEDURES

1. EKG (2012/10/15)
2. Cholecystectomy (2006/06/01)
3. Cataract Removal (2004/02/01)
4. Angioplasty with Stent Placement (2002/08/01)
5. Coronary Bypass (1997/11/01)
6. Total Knee Arthroplasty (1997/03/01)
7. Tonsillectomy (1944)

REASON FOR REFERRAL

Geriatric assessment and management for concerns about dementia and falling

RESULTS

1. TSH - 6 m[IU]/L (abnormal, high alert)
2. Hgb a1c - 8% (abnormal, high alert)
3. Creatinine - 1.5 mg/dL (abnormal)
4. INR - 3.5 (abnormal, high alert)
5. Echo EF - 55% (normal)
6. Aortic Valve - 1.5 cm², Stage II diastolic dysfunction (abnormal)
7. EKG Impression - EKG rate 60s, A fib, LBBB

SOCIAL HISTORY

1. 50 pack year smoking history, quit 1997
2. etoh (alcohol) daily, patient reports varies from 1 to many cocktails per day
3. denies sexual activity due to impotence
4. retired corporate executive

VITAL SIGNS

Vitals Normal:

1. Height - 70 in (normal)
2. Weight - 220 lb_en (normal)
3. BMI - 31.56 kg/m² (normal)
4. BP Systolic - 175 mmHg (normal)
5. BP Diastolic - 90 mmHg (normal)
6. Heart Rate - 90 mmHg (normal)
7. Body Temp - 97.9 degF (normal)