Excerpt of Spring 2019 Survey Instrument
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This document contains the survey questions from our web-based survey instrument. Our research design involves administering this survey to workers employed in retail and food service industries in the United States.

Methodology: This survey will be self-administered on computers, tablets, or smart phones. This document displays the content of the survey, but the actual survey will be formatted for these devices and the skip patterns, display logic, and "piped in" text such as employer name will be automated. The skip patterns and question display logic serve to minimize respondent burden in that only questions that are applicable, given earlier answers, will be presented to the respondent.

CONSENT

We are a group of University of California, Berkeley researchers interested in understanding work scheduling practices.

A full description of the study is available here: Consent

Please read this document and download or print a version for your records. If you wish to participate in this study, please click the arrow below to continue

Be sure to enter your email address at the end of the survey for a chance to win an Apple iPad!

MODULE A: WORK BASICS *(return to top)*

A2. How long have you been working at [EMPLOYER NAME]?
- 2019 less than 1 year
- 2018 1 year
- 2017 2 years
- 2016 3 years
- 2015 4 years
- 2014 5 years
- 2013 6 years
- 2012 7 years
- 2011 8 years
- 2010 9 years
- 2009 10 or more years
- 12   Don't know/refuse

A4. Are you a manager at [EMPLOYER NAME]?
- 1   Yes
- 2   No
- 1   Don't know/refuse

Display This Question:
  If GeoIP Location Region = WA

A23. Is your [EMPLOYER NAME] workplace located in Seattle city limits?
- 1   Yes
- 2   No
- **3**   Don't know/refuse

MODULE C: SECURE SCHEDULING *(return to top)*

C1. In the past month or so, have you ever been asked to be "on-call" for work at [EMPLOYER NAME]? By "on-call", we mean you have to be available to work, and you find out if you are needed to work just a few hours before your shift.
    1   Yes
    2   No
    3   Don't know/refuse

C4. In the past month or so, did your employer ever cancel one of your scheduled shifts at [EMPLOYER NAME]?
    1   Yes
    2   No
    3   Don't know/refuse

Display This Question:
* If C4 = 1*

C5. The last time this happened, how far in advance did you find out about the shift being canceled at [EMPLOYER NAME]?
    1   Less than 24 hours
    2   1 day
    3   2 days
    4   3 days
    5   4 days
    6   5 days
    7   6 days
    8   At least 1 week but less than 2 weeks
    9   2 weeks or more
    11   Don't know/refuse

Display This Question:
* If C4 = 1*
* And C5 != 9*

C6. The last time this happened, how much were you paid for the cancelled shift?
    1   I was <u>not</u> paid
    2   I was paid for at least <u>half</u> of my originally-scheduled hours
    3   Other (please explain)
    4   Don't know/refuse

C8. In the past month or so, did your employer ever change the timing or the length of your scheduled shift at [EMPLOYER NAME]? For example, your employer asked you to come in early or late, or asked you to leave early or to stay later than the hours you were originally scheduled for.
1   Yes
2   No
3   Don't know/refuse

C9. The last time this happened, how far in advance did you find out about your shift getting changed?
1   Less than 24 hours
2   1 day
3   2 days
4   3 days
5   4 days
6   5 days
7   6 days
8   At least 1 week but less than 2 weeks
9   2 weeks or more
11   Don't know/refuse

C10. The last time this happened, how much were you paid?
1   I was paid only for the hours I actually worked
2   I was paid for all of the hours I worked, plus some extra pay for the shift change
3   Other (please explain)
4   Don't know/refuse

C12. In the past month or so, have you ever worked a closing shift and then worked the very next opening shift with less than 11 hours off in between your shifts at [EMPLOYER NAME]? This is sometimes called "clopening."
1   Yes
2   No
3   Don't know/refuse

MODULE H: DEMOGRAPHICS   *(return to top)*

H1.   What is your gender?
-   1   Male
-   1   Female
-   2   Other
-   3   Don't know/Refuse

H2.   How would you describe your race or ethnicity? Please mark all that apply.
-   1   White
-   2   Hispanic or Latino/Latina
-   3   Black or African American
-   4   Asian or Pacific Islander
-   5   American Indian or Alaskan native
-   6   Other

H3.   How old are you?
-   1   Enter your age in years

H5.   Are you currently enrolled in school?
-   1   Yes
-   2   No

H7.   What is the highest grade of school you completed?
-   1   No degree or diploma earned
-   2   High school diploma/GED
-   3   Some college
-   4   Associate's degree
-   5   Bachelor's degree
-   6   Master's degree/Advanced degree

H9.   Are you living with a spouse or a partner?
1   Married, living with spouse
2   Living with a partner
3   Not living with a spouse or partner

H13.   Do you have any children? These might be your biological children, step-children, adopted children, or foster children.
1   Yes
2   No
3   Don't know/refuse

MODULE J: BENEFITS AND FINANCIAL SERVICES *(return to top)*

J2.   In the past 12 months, did you receive free food or meals because you didn't have enough money?
  1   Yes
  2   No

J3.   In the past 12 months, were you ever hungry, but didn't eat because you couldn't afford enough food?
  1   Yes
  2   No

J4.   In the past 12 months, did you not pay the full amount of gas, oil, or electricity bill because you didn't have enough money?
  1   Yes
  2   No

J6.   In the past 12 months, did you move in with other people even for a little while because of financial problems?
  1   Yes
  2   No

J7.   In the past 12 months, did you stay in a shelter, in an abandoned building, an automobile, or any other place not meant for regular housing, even for one night?
  1   Yes
  2   No

J8.   In the past 12 months, was there anyone in your household who needed to see a doctor or go to the hospital but couldn't go because of the cost?
  1   Yes
  2   No

MODULE K: HEALTH AND WELLBEING

K5. During the past month, how would you rate your sleep quality overall?
  1 Very good
  2 Good
  3 Fair
  4 Poor
  5 Don't know/Refuse

K7. During the <u>past month</u>, how often did you feel so sad that nothing could cheer you up?
  1 All of the time
  2 Most of the time
  3 Some of the time
  4 A little of the time
  5 None of the time

K8. During the <u>past month</u>, how often did you feel nervous?
  1 All of the time
  2 Most of the time
  3 Some of the time
  4 A little of the time
  5 None of the time

K9. During the <u>past month</u>, how often did you feel restless?
  1 All of the time
  2 Most of the time
  3 Some of the time
  4 A little of the time
  5 None of the time

K10. During the <u>past month</u>, how often did you feel hopeless?
  1 All of the time
  2 Most of the time
  3 Some of the time
  4 A little of the time
  5 None of the time

K11. During the <u>past month</u>, how often did you feel that everything was an effort?
  1 All of the time
  2 Most of the time
  3 Some of the time
  4 A little of the time

5   None of the time

K12.   During the <u>past month</u>, how often did you feel worthless?
1   All of the time
2   Most of the time
3   Some of the time
4   A little of the time
5   None of the time

K21.   Taken all together, how would you say things are these days? Would you say you are...
1   Very happy
2   Pretty happy
3   Not too happy

1. Thank you so much for completing our survey!
   Please enter your email address below for a chance to win an Apple iPad!

   ____

2. Finally, could you please also enter your cell phone number?
   We will only use this to notify you if you are an iPad winner or to invite you to participate in our follow-up survey.

CUSTOM END-OF-SURVEY MESSAGE   *(return to top)*

We thank you for your time spent taking this survey. Your response has been recorded.

You can help protect your privacy by clearing your browser's history, cache, cookies, and other browsing data. (Warning: This will also log you out of online services.)