



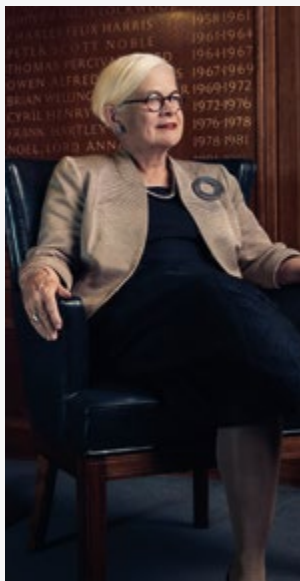
UNIVERSITY
OF LONDON

Welcome
to the #UoLWorldClass

Study Planner
2022>2023

See our greetings, in many languages, from all of us
the University of London: bit.ly/uol-hello

Introducing your UoL Study Planner



“

It is a pleasure to have you as part of our global community of students.

This University of London (UoL) Study Planner has been developed to help you make the most of your time with us, wherever you are in the world. It covers a range of aspects of your studies, including resources you have access to, as well as motivation and guidance from your peers. I hope that you will find it useful and offer us ideas on how we can improve it.

Professor Mary Stiasny OBE
Pro Vice-Chancellor (International, Learning and Teaching)
University of London

”

“

Network with your peers so you can bounce ideas around with them.

Carrie, studying in Jamaica
#UoLStudyTips

”

“Incorporate things that make you feel relaxed into your schedule, even if it's for 10 minutes.”

Zariam, studying in USA
#UoLWellbeing

Rate the Planner

To let us know what you think, scan the QR code or use this link:
bit.ly/StudyPlannerRating



How to use your UoL Study Planner

Make the most of your learning journey using your new UoL Study Planner!

You can put it up on your wall and start filling it in. Before you know it, the academic year will have come to an end and you'll be able to look back on the goals you set and reflect on what you've learned, achieved and would like to keep working on.

Use the activities on the next few pages to think about how to fill in and personalise your UoL Study Planner.

Aim to have a great and organised academic year!



Remind yourself of your future goals and the purpose behind your studies.

Take time, stay steady and keep moving calmly forward.

Professor Mary Stiasny OBE
Pro Vice-Chancellor
(International, Learning and Teaching)
University of London



#UoLWellbeing

Taking care of your mental wellbeing is essential to flourishing academically and in all areas of your life.

Try using your study planner to schedule in time to rest and do things you enjoy too.

Be sure to check our social media channels where your peers offer weekly #UoLWellbeing advice and motivation for staying happy, healthy and motivated throughout your studies.

Share your encouragement at: bit.ly/uolwellbeing

Remember to visit the 'Wellbeing' tab on your Student Portal for a growing number of resources to help you look after your mental wellbeing.

Any questions?

Contact us via the 'Ask a Question' button on the Student Portal:
my.london.ac.uk

Collect your key dates

Check the Student Portal my.london.ac.uk for key documents, dates and deadlines to add to your Planner.

Here is a checklist of things for you to look at on the Portal.

Complete your Student Induction for an overview of platforms, study guidance, resources and important information, available on the 'Resources' section on the Home page.

Read important documents such as your Programme Regulations found on the 'Key documents' section on the Home page.

Explore your Virtual Learning Environment (VLE), for study materials, activities and resources relating to programme study modules, accessed from the Home page.

See the **Registration page** for registration entry and deadlines, and refer to the **Assessments page** for assessment entry, deadlines, timetables and general assessment resources.

Extra tip: make some time in your plan to explore the Online Library onlinelibrary.london.ac.uk so you are already familiar with it when you really need it.



Make a schedule for the week and keep a day free in case you need to spend extra time on a topic.

Angela, studying in Sri Lanka
#UoLStudyTips



“Wake up early in the morning, think positive and eat healthy.”

Aamir, studying in Pakistan
#UoLWellbeing

Careers and employability guidance

The University of London offers a range of careers resources to boost your employability and prepare you for the world of work.



Webinars

Careers webinars are a great way to increase your understanding of a specific employability topic. You'll have the opportunity to view a presentation by a Senior Careers Consultant and ask questions. Sign up for webinars using the following link: bit.ly/CareersWebinarsUoL

Alumni Voice Panel Events

These events provide our students with an opportunity to learn from alumni from the University of London, many of whom may be based in either similar locations, work in related industries, or have studied similar programmes.



Drop in sessions

Career Drop In sessions are a student-led forum in which you can ask any careers-related questions, with a Senior Careers Consultant on hand to provide answers.



Additional career support

There is a host of additional career resources available on the Student Portal related to your course.

Whether you want advice on career decision making, identifying your skills, preparing applications or performing better at interviews, head over to the 'Careers' tab of the Student Portal: my.london.ac.uk

#UoL Facts

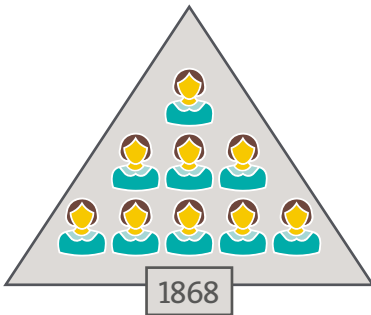
Did you know?



There are about
45,000 students
studying with us from
190 different
countries



The **Keep Calm and Carry On** poster
was created in the
University of London's
Senate House
when it was occupied by the
Ministry of Information during the
Second World War



Nine women
were admitted to the
University of London, marking the
first time
women had gained access to
university education in Britain



We became the birthplace of
long distance learning
allowing students to study
for degrees outside of London
spreading higher education
across the globe

Online Library

Your Online Library contains millions of digital items to support your studies, including:

- ebooks
- journal articles
- news articles
- legal resources
- and lots more.

The Library is managed by a team of professional librarians who are here to help you, and you can get in touch with a librarian by email, phone or Live Chat.

You can access the Online Library by visiting: onlinelibrary.london.ac.uk



The Online Library's uniqueness comes from the relative ease of navigating through numerous quality resources from various academic and professional sources. An added bonus is that students can receive timely assistance from the library team and guides.

Edidiong, studying in Nigeria



The Online Library is a priceless tool for students who need to find academic sources to complete the course which are not freely available on the internet. It also provides an 'Ask a Librarian' service.

Haala, studying in Pakistan



Clubs and Societies

As a University of London student, you have the opportunity to join online Clubs and Societies. These can be accessed via the 'Support and Development' tab of your Student Portal.

There are a range of different societies, from Book Club, Film and TV to World Recipes, and they offer you a great opportunity to connect with your peers around common interests, wherever you are in the world.

Feedback

What do you think of your new UoL Study Planner?

Rate the planner by scanning the QR code
or using this link: bit.ly/StudyPlannerRating



Student Blog

Read articles written by University of London students from around the world, sharing their study experiences with fellow students: london.ac.uk/student-blog

Any questions?

Contact us via the 'Ask a Question' button on the Student Portal: my.london.ac.uk

Follow us on:



london.ac.uk/facebook



london.ac.uk/linkedin



london.ac.uk/flickr



london.ac.uk/twitter



london.ac.uk/instagram



london.ac.uk/youtube

TalkCampus

Share the highs and lows of life on TalkCampus, the peer support service for students. Available 24 hours a day throughout the year, there is always a caring community of peers and trained volunteers and clinicians on hand to help, as well as an integrated crisis support line.

Accessing the app

Simply download the app and register using your University of London email address. Go to the 'Wellbeing' tab of your Student Portal for more information.



UoL Study Planner 2022


**UNIVERSITY
OF LONDON**

September	October	November	December
1 Thu	1 Sat	1 Tue	1 Thu
2 Fri	2 Sun	2 Wed	2 Fri
3 Sat	3 Mon	3 Thu	3 Sat
4 Sun	4 Tue	4 Fri	4 Sun
5 Mon	5 Wed	5 Sat	5 Mon
6 Tue	6 Thu	6 Sun	6 Tue
7 Wed	7 Fri	7 Mon	7 Wed
8 Thu	8 Sat	8 Tue	8 Thu
9 Fri	9 Sun	9 Wed	9 Fri
10 Sat	10 Mon	10 Thu	10 Sat
11 Sun	11 Tue	11 Fri	11 Sun
12 Mon	12 Wed	12 Sat	12 Mon
13 Tue	13 Thu	13 Sun	13 Tue
14 Wed	14 Fri	14 Mon	14 Wed
15 Thu	15 Sat	15 Tue	15 Thu
16 Fri	16 Sun	16 Wed	16 Fri
17 Sat	17 Mon	17 Thu	17 Sat
18 Sun	18 Tue	18 Fri	18 Sun
19 Mon	19 Wed	19 Sat	19 Mon
20 Tue	20 Thu	20 Sun	20 Tue
21 Wed	21 Fri	21 Mon	21 Wed
22 Thu	22 Sat	22 Tue	22 Thu
23 Fri	23 Sun	23 Wed	23 Fri
24 Sat	24 Mon	24 Thu	24 Sat
25 Sun	25 Tue	25 Fri	25 Sun
26 Mon	26 Wed	26 Sat	26 Mon
27 Tue	27 Thu	27 Sun	27 Tue
28 Wed	28 Fri	28 Mon	28 Wed
29 Thu	29 Sat	29 Tue	29 Thu
30 Fri	30 Sun	30 Wed	30 Fri
	31 Mon		31 Sat



Get organised!
Great preparation
will set you up for
success.



Javena,
studying in Malaysia
#UoLStudyTips

Need to talk?

Download **TalkCampus**,
the peer support
app for students.
Available 24 hours a day,
365 days a year, there
is always someone
there for you.



Incorporate things
that make you feel
relaxed into your
schedule, even if it's
for 10 minutes.



Zariam,
studying in USA
#UoLWellbeing

Any questions?

Contact us via the
'Ask a Question' button
on the Student Portal:
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Key:

● University of
London **closed**

UoL Study Planner 2023


**UNIVERSITY
OF LONDON**

January	February	March	April
1 Sun	1 Wed	1 Wed	1 Sat
2 Mon	2 Thu	2 Thu	2 Sun
3 Tue	3 Fri	3 Fri	3 Mon
4 Wed	4 Sat	4 Sat	4 Tue
5 Thu	5 Sun	5 Sun	5 Wed
6 Fri	6 Mon	6 Mon ^{*London Graduation}	6 Thu
7 Sat	7 Tue	7 Tue ^{*London Graduation}	7 Fri
8 Sun	8 Wed	8 Wed	8 Sat
9 Mon	9 Thu	9 Thu	9 Sun
10 Tue	10 Fri	10 Fri	10 Mon
11 Wed	11 Sat	11 Sat	11 Tue
12 Thu	12 Sun	12 Sun	12 Wed
13 Fri	13 Mon	13 Mon	13 Thu
14 Sat	14 Tue	14 Tue	14 Fri
15 Sun	15 Wed	15 Wed	15 Sat
16 Mon	16 Thu	16 Thu	16 Sun
17 Tue	17 Fri	17 Fri	17 Mon
18 Wed	18 Sat	18 Sat	18 Tue
19 Thu	19 Sun	19 Sun	19 Wed
20 Fri	20 Mon	20 Mon	20 Thu
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23 Mon	23 Thu	23 Thu	23 Sun
24 Tue	24 Fri	24 Fri	24 Mon
25 Wed	25 Sat	25 Sat	25 Tue
26 Thu	26 Sun	26 Sun	26 Wed
27 Fri	27 Mon	27 Mon	27 Thu
28 Sat	28 Tue	28 Tue	28 Fri
29 Sun		29 Wed	29 Sat
30 Mon		30 Thu	30 Sun
31 Tue		31 Fri	

“ Wake up early in the morning, think positive and eat healthy. ”

Aamir,
studying in Pakistan
#UoLWellbeing

#UoLStudyTips
Submit your own study tips for us to share with your fellow students:
bit.ly/StudyTips2

“ Make a schedule for the week and keep a day free in case you need to spend extra time on a topic. ”

Angela,
studying in Sri Lanka
#UoLStudyTips

To become a student blogger, email:
blogs@london.ac.uk

“ Remember, you are not alone. Don't be afraid to ask for help when you need it. ”

Julie,
studying in Norway
#UoLWellbeing

Key:
● University of London **closed**

*Graduation dates subject to change.

UoL Study Planner 2023



**UNIVERSITY
OF LONDON**

May	June	July	August
1 Mon	1 Thu	1 Sat	1 Tue
2 Tue	2 Fri	2 Sun	2 Wed
3 Wed	3 Sat	3 Mon	3 Thu
4 Thu	4 Sun	4 Tue	4 Fri
5 Fri	5 Mon	5 Wed	5 Sat
6 Sat	6 Tue	6 Thu	6 Sun
7 Sun	7 Wed	7 Fri	7 Mon
8 Mon	8 Thu	8 Sat	8 Tue
9 Tue	9 Fri	9 Sun	9 Wed
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24 Wed	24 Sat	24 Mon	24 Thu
25 Thu	25 Sun	25 Tue	25 Fri
26 Fri	26 Mon	26 Wed	26 Sat
27 Sat	27 Tue	27 Thu	27 Sun
28 Sun	28 Wed	28 Fri	28 Mon
29 Mon	29 Thu	29 Sat	29 Tue
30 Tue	30 Fri	30 Sun	30 Wed
31 Wed		31 Mon	



Remind yourself of your future goals and the purpose behind your studies.

Take time, stay steady and keep moving calmly forward.



Prof Mary Stiasny OBE,
Pro Vice-Chancellor
(International, Learning
and Teaching)
University of London

Take pictures of your planner and study space, post them on social media with #UoLStudySpace, and we may just share them!

Remember to check your assessment entry deadline.



Network with your peers so you can bounce ideas around with them.



Carrie,
studying in Jamaica
#UoLStudyTips

Key:

University of London **closed**