# AI BASED DIABETES PREDICTION SYSTEM

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#### CONTEXT

This dataset is originally from the National Institute of Diabetes and Digestive and Kidney Diseases. The objective is to predict based on diagnostic measurements whether a patient has diabetes.

#### **CONTENT**

Several constraints were placed on the selection of these instances from a larger database. In particular, all patients here are females at least 21 years old of Pima Indian heritage.

- <u>Pregnancies</u>: Number of times pregnant
- <u>Glucose</u>: Plasma glucose concentration a 2 hours in an oral glucose tolerance test
- <u>Blood Pressure</u>: Diastolic blood pressure (mm Hg)
- <u>Skin Thickness</u>: Triceps skin fold thickness (mm)

- <u>Insulin</u>: 2-Hour serum insulin (mu U/ml)
- BMI: Body mass index (weight in kg/(height in m)^2)
- <u>Diabetes Pedigree Function</u>: Diabetes pedigree function
- Age (years)
- Outcome: Class variable (0 or 1)

## PROBLEM STATEMENT

Develop an Al-powered diabetes prediction system that leverages machine learning algorithms to analyze medical data and predict the likelihood of an individual developing diabetes, providing early risk assessment and personalized preventive measures.

# PROBLEM DEFINITION

The problem is to build an Al-powered diabetes prediction system that uses machine learning algorithms to analyze medical data and predict the likelihood of an individual developing diabetes. The system aims to provide early risk assessment and personalized preventive measures,

allowing individuals to take proactive actions to manage their health.

#### SOURCES

- (a) <u>Original owners</u>: National Institute of Diabetes and Digestive and Kidney Diseases
- (b) <u>Donor of database</u>: Vincent Sigillito (vgs@aplcen.apl.jhu.edu) Research Center, RMI Group LeaderApplied Physics Laboratory The Johns Hopkins University Johns Hopkins Road Laurel, MD 20707 (301) 953-6231
- (c) Date received: 9 May 1990

#### **DATA SET**

<u>https://www.kaggle.com/datasets/mathchi/diabetes-data-set</u>

## DATA PRE PROCESSING

Gather a diverse and comprehensive dataset containing relevant features for diabetes prediction.- Preprocess the data, which may include tasks like normalization, handling missing values, and feature engineering.

#### ENSEMBLE LEARNING METHODS

Use techniques like Random Forests, Gradient Boosting, or AdaBoost to create multiple models using subsets of the data. Each model in the ensemble focuses on different aspects and learns from different parts of the data.

#### DEEP LEARNING ALGORITHM

Implement a deep learning model, perhaps a feedforward neural network or a recurrent neural network (RNN), to capture complex relationships within the data.

## **CODING**

```
[9]: import numpy as np
      import pandas as pd
      # import statsmodels.api as sm
      import seaborn as sns
 [7]: #Reading the dataset
     df = pd.read_csv("diabetes.csv")
 [8]: df.head()
        Pregnancies Glucose BloodPressure SkinThickness Insulin
                                                                 0 33.6
     0
                  6
                         148
                                        72
                                                       35
                                                       29
                                                                 0 26.6
     1
                  1
                         85
                                        66
     2
                  8
                        183
                                        64
                                                       0
                                                                 0 23.3
                                                       23
                                                                94 28.1
                  1
                        89
                                        66
                        137
                                        40
                                                       35
                                                            168 43.1
        DiabetesPedigreeFunction Age Outcome
     0
                           0.627
                                  50
     1
                           0.351
                                  31
                                            0
     2
                           0.672
                                  32
                                            1
     3
                                            0
                           0.167
                                  21
                           2.288
                                  33
                                            1
[10]: # The size of the data set was examined. It consists of 768 observation units_
       and 9 variables.
     df.shape
[10]: (768, 9)
[11]: #Feature information
     df.info()
     <class 'pandas.core.frame.DataFrame'>
     RangeIndex: 768 entries, 0 to 767
     Data columns (total 9 columns):
      # Column
                                   Non-Null Count Dtype
```

```
0
  Pregnancies
                           768 non-null
                                          int64
  Glucose
                           768 non-null
                                          int64
2 BloodPressure
                           768 non-null
                                          int64
3 SkinThickness
                           768 non-null
                                          int64
                           768 non-null
4 Insulin
                                          int64
5 BMI
                           768 non-null
                                          float64
   DiabetesPedigreeFunction 768 non-null
                                          float64
7
                           768 non-null
                                          int64
   Age
   Outcome
                           768 non-null
                                          int64
```

dtypes: float64(2), int64(7)
memory usage: 54.1 KB

[13]: # Descriptive statistics of the data set accessed. df.describe([0.10,0.25,0.50,0.75,0.90,0.95,0.99]).T

[13]:		count	mean	std	min	10% \	
	Pregnancies	768.0	3.845052	3.369578	0.000	0.000	
	Glucose	768.0 1	20.894531	31.972618	0.000	85.000	
	BloodPressure	768.0	69.105469	19.355807	0.000	54.000	
	SkinThickness	768.0	20.536458	15.952218	0.000	0.000	
	Insulin	768.0	79.799479	115.244002	0.000	0.000	
	BMI	768.0	31.992578	7.884160	0.000	23.600	
	DiabetesPedigreeFunction	768.0	0.471876	0.331329	0.078	0.165	
	Age	768.0	33.240885	11.760232	21.000	22.000	
	Outcome	768.0	0.348958	0.476951	0.000	0.000	
		25%	50%	75%	90	% 95%	1
	Pregnancies	1.00000	3.0000	6.00000	9.000	0 10.00000	
	Glucose	99.00000	117.0000	140.25000	167.000	0 181.00000	
	BloodPressure	62.00000	72.0000	80.00000	88.000	90.00000	
	SkinThickness	0.00000	23.0000	32.00000	40.000	0 44.00000	
	Insulin	0.00000	30.5000	127.25000	210.000	293.00000	
	BMI	27.30000	32.0000	36.60000	41.500	0 44.39500	
	DiabetesPedigreeFunction	0.24375	0.3725	0.62625	0.878	6 1.13285	
	Age	24.00000	29.0000	41.00000	51.000	58.00000	
	Outcome	0.00000	0.0000	1.00000	1.000	1.00000	
		99	% max				
	Pregnancies	13.0000	00 17.00				
	Glucose	196.0000	00 199.00				
	BloodPressure	106.0000	00 122.00				
	SkinThickness	51.3300	99.00				
	Insulin	519.9000	00 846.00				
	BMI	50.7590	00 67.10				
	DiabetesPedigreeFunction	1.6983	33 2.42				
	Age	67.0000	00 81.00				
	Outcome	1.0000	00 1.00				

```
[14]: # The distribution of the Outcome variable was examined.

df["Outcome"].value_counts()*100/len(df)
```

[14]: Outcome

0 65.104167 1 34.895833

Name: count, dtype: float64

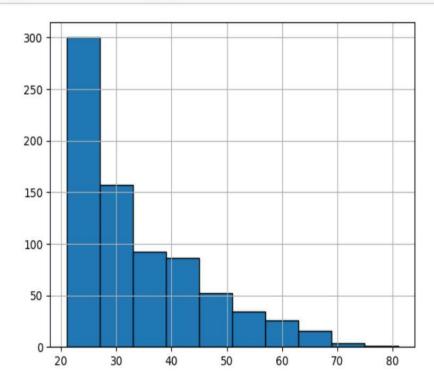
[15]: # The classes of the outcome variable were examined.
df.Outcome.value\_counts()

[15]: Outcome

0 500 1 268

Name: count, dtype: int64

[16]: # The histagram of the Age variable was reached.
df["Age"].hist(edgecolor = "black");



```
[18]: print("Max Age: " + str(df["Age"].max()) + " Min Age: " + str(df["Age"].min()))
```

Max Age: 81 Min Age: 21

```
[24]: # Histogram and density graphs of all variables were accessed.
import matplotlib.pyplot as plt

# import statsmodels.api as sm
fig, ax = plt.subplots(4,2, figsize=(16,16))
sns.distplot(df.Age, bins = 20, ax=ax[0,0])
sns.distplot(df.Pregnancies, bins = 20, ax=ax[0,1])
sns.distplot(df.Glucose, bins = 20, ax=ax[1,0])
sns.distplot(df.BloodPressure, bins = 20, ax=ax[1,1])
sns.distplot(df.SkinThickness, bins = 20, ax=ax[2,0])
sns.distplot(df.Insulin, bins = 20, ax=ax[2,1])
sns.distplot(df.DiabetesPedigreeFunction, bins = 20, ax=ax[3,0])
sns.distplot(df.BMI, bins = 20, ax=ax[3,1])
```

C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:6:
UserWarning:

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

```
sns.distplot(df.Age, bins = 20, ax=ax[0,0])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel_9092\1084607558.py:7:
UserWarning:
```

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

```
sns.distplot(df.Pregnancies, bins = 20, ax=ax[0,1])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel_9092\1084607558.py:8:
UserWarning:
```

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see

https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.Glucose, bins = 20, ax=ax[1,0])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:9:
UserWarning:

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either 'displot' (a figure-level function with similar flexibility) or 'histplot' (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.BloodPressure, bins = 20, ax=ax[1,1])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:10:
UserWarning:

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.SkinThickness, bins = 20, ax=ax[2,0])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:11:
UserWarning:

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.Insulin, bins = 20, ax=ax[2,1])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:12:
UserWarning:

'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see

https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.DiabetesPedigreeFunction, bins = 20, ax=ax[3,0])
C:\Users\AJITHKUMAR\AppData\Local\Temp\ipykernel\_9092\1084607558.py:13:
UserWarning:

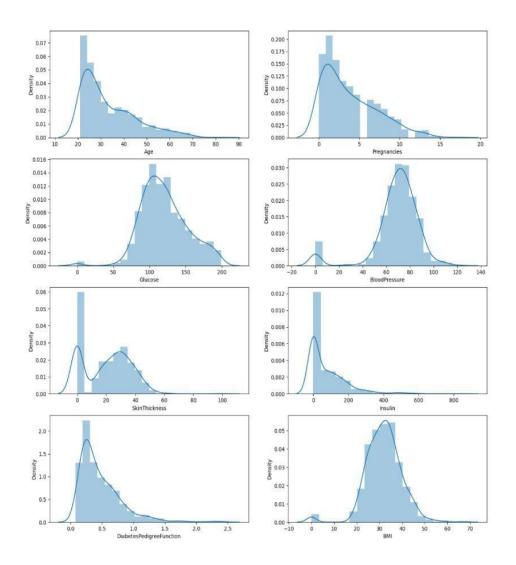
'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(df.BMI, bins = 20, ax=ax[3,1])

[24]: <Axes: xlabel='BMI', ylabel='Density'>



```
[25]: df.groupby("Outcome").agg({"Pregnancies":"mean"})
```

#### [25]: Pregnancies

Outcome

0 3.298000 1 4.865672

#### [26]: df.groupby("Outcome").agg({"Age":"mean"})

# [26]: Age

Outcome

0 31.190000 1 37.067164

```
[27]: df.groupby("Outcome").agg({"Age":"max"})
[27]:
               Age
     Outcome
     0
                81
                70
     1
[28]: df.groupby("Outcome").agg({"Insulin": "mean"})
[28]:
                  Insulin
     Outcome
                68.792000
     0
               100.335821
[29]: df.groupby("Outcome").agg({"Insulin": "max"})
[29]:
               Insulin
     Outcome
     0
                   744
     1
                   846
[30]: df.groupby("Outcome").agg({"Glucose": "mean"})
[30]:
                  Glucose
     Outcome
     0
               109.980000
      1
               141.257463
[31]: df.groupby("Outcome").agg({"Glucose": "max"})
[31]:
               Glucose
     Outcome
                   197
     0
                   199
[32]: df.groupby("Outcome").agg({"BMI": "mean"})
[32]:
                     BMI
     Outcome
     0
               30.304200
               35.142537
     1
[33]: # The distribution of the outcome variable in the data was examined and
      ⇔visualized.
      f,ax=plt.subplots(1,2,figsize=(18,8))
      df['Outcome'].value_counts().plot.pie(explode=[0,0.1],autopct='%1.
       -1f%%',ax=ax[0],shadow=True)
```

```
ax[0].set_title('target')
ax[0].set_ylabel('')
sns.countplot('Outcome',data=df,ax=ax[1])
ax[1].set_title('Outcome')
plt.show()
```

```
TypeError Traceback (most recent call last)

Cell In[33], line 6

4 ax[0].set_title('target')

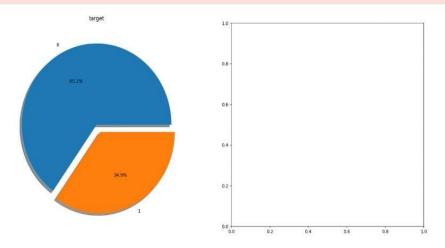
5 ax[0].set_ylabel('')

----> 6 sns.countplot('Outcome',data=df,ax=ax[1])

7 ax[1].set_title('Outcome')

8 plt.show()

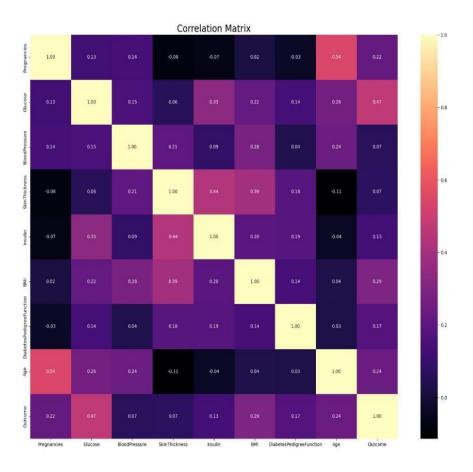
TypeError: countplot() got multiple values for argument 'data'
```



[34]:	df.corr()							
[34]:		Pregnancies	Glucose	BloodPressure	SkinThickness	1		
	Pregnancies	1.000000	0.129459	0.141282	-0.081672			
	Glucose	0.129459	1.000000	0.152590	0.057328			
	BloodPressure	0.141282	0.152590	1.000000	0.207371			
	SkinThickness	-0.081672	0.057328	0.207371	1.000000			
	Insulin	-0.073535	0.331357	0.088933	0.436783			
	BMI	0.017683	0.221071	0.281805	0.392573			
	DiabetesPedigreeFunction	-0.033523	0.137337	0.041265	0.183928			
	Age	0.544341	0.263514	0.239528	-0.113970			

```
0.221898 0.466581
                                                           0.065068
     Outcome
                                                                          0.074752
                                Insulin
                                                   DiabetesPedigreeFunction \
                                                                  -0.033523
                              -0.073535 0.017683
     Pregnancies
     Glucose
                               0.331357 0.221071
                                                                   0.137337
     BloodPressure
                               0.088933 0.281805
                                                                   0.041265
     SkinThickness
                               0.436783 0.392573
                                                                   0.183928
     Insulin
                               1.000000 0.197859
                                                                   0.185071
     BMI
                               0.197859 1.000000
                                                                   0.140647
     DiabetesPedigreeFunction 0.185071 0.140647
                                                                   1.000000
                              -0.042163 0.036242
                                                                   0.033561
     Age
     Outcome
                               0.130548 0.292695
                                                                   0.173844
                                    Age Outcome
                               0.544341 0.221898
     Pregnancies
     Glucose
                               0.263514 0.466581
     BloodPressure
                               0.239528 0.065068
     SkinThickness
                              -0.113970 0.074752
     Insulin
                              -0.042163 0.130548
     BMI
                               0.036242 0.292695
     DiabetesPedigreeFunction 0.033561 0.173844
                               1.000000 0.238356
     Age
     Outcome
                               0.238356 1.000000
[35]: # Correlation matrix graph of the data set
     f, ax = plt.subplots(figsize= [20,15])
      sns.heatmap(df.corr(), annot=True, fmt=".2f", ax=ax, cmap = "magma" )
      ax.set_title("Correlation Matrix", fontsize=20)
```

plt.show()



```
[36]: df[['Glucose', 'BloodPressure', 'SkinThickness', 'Insulin', 'BMI']] = 
-df[['Glucose', 'BloodPressure', 'SkinThickness', 'Insulin', 'BMI']].replace(0,np.
-NaN)
df.head()

[36]: Pregnancies Glucose BloodPressure SkinThickness Insulin BMI \
0 6 148.0 72.0 35.0 NaN 33.6
```

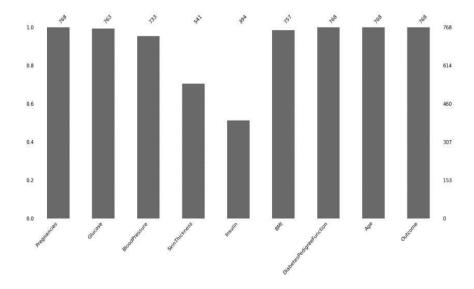
[36]:	Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	BMI	1
0	6	148.0	72.0	35.0	NaN	33.6	
1	1	85.0	66.0	29.0	NaN	26.6	
2	8	183.0	64.0	NaN	NaN	23.3	
3	1	89.0	66.0	23.0	94.0	28.1	
4	0	137.0	40.0	35.0	168.0	43.1	

	DiabetesPedigreeFunction	Age	Outcome
0	0.627	50	1
1	0.351	31	0
2	0.672	32	1
3	0.167	21	0

```
4
                                              1
[37]: # Now, we can look at where are missing values
      df.isnull().sum()
[37]: Pregnancies
                                    0
     Glucose
                                    5
      BloodPressure
                                   35
      SkinThickness
                                  227
      Insulin
                                  374
     BMI
                                   11
     DiabetesPedigreeFunction
                                    0
                                    0
                                    0
      Outcome
      dtype: int64
[45]: from sklearn.preprocessing import scale, StandardScaler
      from sklearn.model_selection import train_test_split, GridSearchCV, __
      ⇔cross_val_score
      from sklearn.metrics import confusion matrix, accuracy score,
      -mean_squared_error, r2_score, roc_auc_score, roc_curve, classification_report
```

```
from sklearn.linear_model import LogisticRegression
from sklearn.neighbors import KNeighborsClassifier
from sklearn.svm import SVC
from sklearn.neural_network import MLPClassifier
from sklearn.tree import DecisionTreeClassifier
from sklearn.ensemble import RandomForestClassifier
from sklearn.ensemble import GradientBoostingClassifier
from lightgbm import LGBMClassifier
from sklearn.model_selection import KFold
import warnings
warnings.simplefilter(action = "ignore")
```

```
[47]: # Have been visualized using the missingno library for the visualization of \Box
       ⇔missing observations.
      # Plotting
      import missingno as msno
      msno.bar(df);
```



```
[48]: # The missing values will be filled with the median values of each variable.
     def median_target(var):
          temp = df[df[var].notnull()]
          temp = temp[[var, 'Outcome']].groupby(['Outcome'])[[var]].median().
       →reset_index()
         return temp
[49]: # The values to be given for incomplete observations are given the median value_
      of people who are not sick and the median values of people who are sick.
     columns = df.columns
     columns = columns.drop("Outcome")
     for i in columns:
          median_target(i)
          df.loc[(df['Outcome'] == 0 ) & (df[i].isnull()), i] = median_target(i)[i][0]
          df.loc[(df['Outcome'] == 1 ) & (df[i].isnull()), i] = median_target(i)[i][1]
[50]: df.head()
[50]:
        Pregnancies Glucose BloodPressure SkinThickness Insulin
                                                                     BMI \
     0
                  6
                       148.0
                                       72.0
                                                      35.0
                                                              169.5 33.6
     1
                  1
                        85.0
                                       66.0
                                                      29.0
                                                              102.5 26.6
     2
                  8
                       183.0
                                       64.0
                                                      32.0
                                                              169.5 23.3
     3
                  1
                        89.0
                                       66.0
                                                      23.0
                                                               94.0 28.1
                                                      35.0
                       137.0
                                       40.0
                                                              168.0 43.1
        DiabetesPedigreeFunction Age Outcome
```

0.627

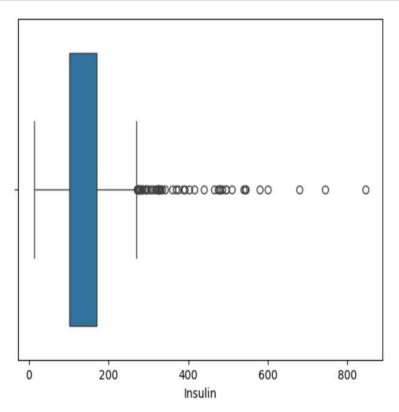
50

```
0.672 32
                                               1
                                               0
      3
                                     21
                             0.167
      4
                             2.288 33
                                               1
[51]: # Missing values were filled.
      df.isnull().sum()
[51]: Pregnancies
                                   0
      Glucose
                                   0
      BloodPressure
      SkinThickness
                                   0
      Insulin
      BMI
                                   0
      DiabetesPedigreeFunction
      Outcome
                                   0
      dtype: int64
[52]: # In the data set, there were asked whether there were any outlier observations_
       scompared to the 25% and 75% quarters.
      # It was found to be an outlier observation.
      for feature in df:
          Q1 = df[feature].quantile(0.25)
          Q3 = df[feature].quantile(0.75)
          IQR = Q3-Q1
          lower = Q1- 1.5*IQR
          upper = Q3 + 1.5*IQR
          if df[(df[feature] > upper)].any(axis=None):
              print(feature, "yes")
          else:
              print(feature, "no")
     Pregnancies yes
     Glucose no
     BloodPressure yes
     SkinThickness yes
     Insulin yes
     BMI yes
     DiabetesPedigreeFunction yes
     Age yes
     Outcome no
[53]: # The process of visualizing the Insulin variable with boxplot method was done.
       \hookrightarrow We \ find \ the \ outlier \ observations \ on \ the \ chart.
```

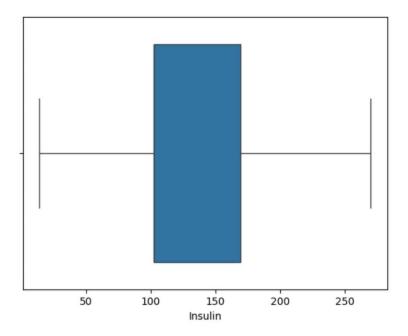
0.351 31

1

```
import seaborn as sns
sns.boxplot(x = df["Insulin"]);
```



```
[54]: #We conduct a stand alone observation review for the Insulin variable
    #We suppress contradictory values
    Q1 = df.Insulin.quantile(0.25)
    Q3 = df.Insulin.quantile(0.75)
    IQR = Q3-Q1
    lower = Q1 - 1.5*IQR
    upper = Q3 + 1.5*IQR
    df.loc[df["Insulin"] > upper,"Insulin"] = upper
[55]: import seaborn as sns
    sns.boxplot(x = df["Insulin"]);
```



```
[56]: # We determine outliers between all variables with the LOF method
    from sklearn.neighbors import LocalOutlierFactor
    lof =LocalOutlierFactor(n_neighbors= 10)
    lof.fit_predict(df)
1, 1, 1, 1, 1, -1,
                             1,
                               1, 1, 1, -1, 1,
                                              1,
                                                 1, 1, 1,
         1, 1, 1, 1, 1, 1,
                               1, 1, 1, 1,
                         1,
                             1,
                                           1,
                                              1,
                                                 1,
                                                   1, 1,
           1, 1, 1, 1,
                                  1, 1, 1,
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           1, 1, 1])
[57]: df_scores = lof.negative_outlier_factor_
     np.sort(df_scores)[0:30]
[57]: array([-3.05893469, -2.37289269, -2.15297995, -2.09708735, -2.0772561,
           -1.95255968, -1.86384019, -1.74003158, -1.72703492, -1.71674689,
           -1.70343883, -1.6688722 , -1.64296768, -1.64190437, -1.61620872,
           -1.61369917, -1.60057603, -1.5988774 , -1.59608032, -1.57027568,
           -1.55876022, -1.55674614, -1.51852389, -1.50843907, -1.50280943,
           -1.50160698, -1.48391514, -1.4752983 , -1.4713427 , -1.47006248])
[58]: #We choose the threshold value according to lof scores
     threshold = np.sort(df_scores)[7]
     threshold
```

[58]: -1.740031580305444

```
[59]: #We delete those that are higher than the threshold
              outlier = df_scores > threshold
             df = df[outlier]
              # The size of the data set was examined.
             df.shape
[59]: (760, 9)
[60]: # According to BMI, some ranges were determined and categorical variables were
                ⇔assigned.
             NewBMI = pd.Series(["Underweight", "Normal", "Overweight", "Obesity 1", |
               Guide the state of the state of
             df["NewBMI"] = NewBMI
             df.loc[df["BMI"] < 18.5, "NewBMI"] = NewBMI[0]</pre>
             df.loc[(df["BMI"] > 18.5) & (df["BMI"] <= 24.9), "NewBMI"] = NewBMI[1]
             df.loc[(df["BMI"] > 24.9) & (df["BMI"] <= 29.9), "NewBMI"] = NewBMI[2]</pre>
             df.loc[(df["BMI"] > 29.9) & (df["BMI"] <= 34.9), "NewBMI"] = NewBMI[3]</pre>
             df.loc[(df["BMI"] > 34.9) & (df["BMI"] <= 39.9), "NewBMI"] = NewBMI[4]
             df.loc[df["BMI"] > 39.9 ,"NewBMI"] = NewBMI[5]
[61]: df.head()
[61]:
                   Pregnancies Glucose BloodPressure SkinThickness Insulin
                                                                                                                                                              BMI \
                                                      148.0
                                                                                         72.0
                                                                                                                            35.0
                                                                                                                                              169.5 33.6
                                                        85.0
                                                                                           66.0
                                                                                                                             29.0
                                                                                                                                               102.5 26.6
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                                                                                          64.0
                                                                                                                             32.0
                                                                                                                                              169.5 23.3
             2
                                           8
                                                                                                                                                94.0 28.1
             3
                                           1
                                                      89.0
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                                           0
                                                      137.0
                                                                                          40.0
                                                                                                                             35.0
                                                                                                                                              168.0 43.1
                   DiabetesPedigreeFunction Age Outcome
                                                                                                                        NewBMI
             0
                                                               0.627 50 1 Obesity 1
             1
                                                               0.351 31
                                                                                                       0 Overweight
             2
                                                               0.672 32
                                                                                                       1
                                                                                                                        Normal
             3
                                                               0.167
                                                                                 21
                                                                                                        0 Overweight
                                                               2.288
                                                                               33
                                                                                                        1 Obesity 3
[62]: # A categorical variable creation process is performed according to the insuling
                ⇒value.
             def set_insulin(row):
                       if row["Insulin"] >= 16 and row["Insulin"] <= 166:</pre>
                                return "Normal"
                       else:
                               return "Abnormal"
[63]: # The operation performed was added to the dataframe.
             df = df.assign(NewInsulinScore=df.apply(set_insulin, axis=1))
```

```
df.head()
        Pregnancies Glucose BloodPressure SkinThickness Insulin
                                                                      BMI \
[63]:
                  6
                       148.0
                                       72.0
                                                      35.0
                                                              169.5 33.6
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                                                      29.0
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                                                              168.0 43.1
         DiabetesPedigreeFunction Age Outcome
                                                    NewBMI NewInsulinScore
     0
                           0.627
                                   50
                                             1
                                                 Obesity 1
                                                                  Abnormal
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                           0.351
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                                                Overweight
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                                             1
     3
                           0.167
                                                                    Normal
                                   21
                                             0 Overweight
     4
                           2.288
                                   33
                                                                  Abnormal
                                             1
                                                 Obesity 3
[64]: # Some intervals were determined according to the glucose variable and these,
      were assigned categorical variables.
     NewGlucose = pd.Series(["Low", "Normal", "Overweight", "Secret", "High"], dtype_
      df["NewGlucose"] = NewGlucose
     df.loc[df["Glucose"] <= 70, "NewGlucose"] = NewGlucose[0]</pre>
     df.loc[(df["Glucose"] > 70) & (df["Glucose"] <= 99), "NewGlucose"] = 
       →NewGlucose[1]
     df.loc[(df["Glucose"] > 99) & (df["Glucose"] <= 126), "NewGlucose"] =
       →NewGlucose[2]
      df.loc[df["Glucose"] > 126 , "NewGlucose"] = NewGlucose[3]
[65]: df.head()
[65]:
         Pregnancies
                     Glucose BloodPressure SkinThickness Insulin
                                                                      BMI \
     0
                  6
                       148.0
                                       72.0
                                                      35.0
                                                              169.5 33.6
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                                                              168.0 43.1
                                                    NewBMI NewInsulinScore \
         DiabetesPedigreeFunction Age Outcome
     0
                           0.627
                                   50
                                                 Obesity 1
                                                                  Abnormal
                                             1
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                           0.351
                                   31
                                                Overweight
                                                                    Normal
     2
                           0.672
                                   32
                                                    Normal
                                                                  Abnormal
                                             1
     3
                           0.167
                                   21
                                             0
                                                Overweight
                                                                   Normal
     4
                           2.288
                                   33
                                                 Obesity 3
                                                                  Abnormal
                                             1
       NewGlucose
           Secret
```

Normal

1

```
3
            Normal
      4
            Secret
[66]: # Here, by making One Hot Encoding transformation, categorical variables were
       sconverted into numerical values. It is also protected from the Dummyu
       ⇔variable trap.
      df = pd.get_dummies(df, columns =["NewBMI", "NewInsulinScore", "NewGlucose"], u
       ⇔drop_first = True)
[67]: df.head()
         Pregnancies
                      Glucose BloodPressure SkinThickness Insulin
                                                                        BMI
     0
                   6
                        148.0
                                        72.0
                                                        35.0
                                                                169.5 33.6
                         85.0
                                        66.0
                                                        29.0
                                                                102.5
                                                                       26.6
     1
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                        183.0
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                                                                169.5 23.3
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                         89.0
                                        66.0
                                                        23.0
                                                                 94.0 28.1
     3
                        137.0
                                        40.0
                                                        35.0
                                                                168.0 43.1
         DiabetesPedigreeFunction Age
                                        Outcome
                                                 NewBMI_Obesity 1 NewBMI_Obesity 2 \
     0
                                    50
                                                              True
                                                                               False
                            0.627
                                              1
     1
                            0.351
                                    31
                                                             False
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     2
                            0.672
                                    32
                                                             False
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                                              1
     3
                            0.167
                                    21
                                              0
                                                             False
                                                                               False
      4
                            2.288
                                    33
                                                             False
                                                                               False
                                              1
         NewBMI_Obesity 3 NewBMI_Overweight NewBMI_Underweight \
     0
                    False
                                       False
                                                            False
     1
                    False
                                        True
                                                            False
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                    False
                                       False
                                                            False
     3
                    False
                                        True
                                                            False
      4
                                       False
                     True
                                                            False
         NewInsulinScore_Normal NewGlucose_Low NewGlucose_Normal \
     0
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                                          False
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                                                              False
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                                          False
                                                               True
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                          False
                                          False
                                                              False
         NewGlucose_Overweight NewGlucose_Secret
     0
                         False
                                             True
     1
                         False
                                             False
     2
                         False
                                             True
      3
                         False
                                             False
```

True

2

4

False

Secret

```
[68]: categorical_df = df[['NewBMI_Obesity 1','NewBMI_Obesity 2', 'NewBMI_Obesity 3',u
       →'NewBMI_Overweight','NewBMI_Underweight',
       →'NewInsulinScore_Normal','NewGlucose_Low','NewGlucose_Normal',
       -'NewGlucose_Overweight', 'NewGlucose_Secret']]
      categorical_df.head()
[68]:
         NewBMI_Obesity 1 NewBMI_Obesity 2 NewBMI_Obesity 3 NewBMI_Overweight \
     0
                    True
                                     False
                                                       False
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                   False
                                     False
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                                                                           True
      3
                   False
      4
                                     False
                                                                          False
                   False
                                                        True
        NewBMI_Underweight NewInsulinScore_Normal NewGlucose_Low \
     0
                     False
                                             False
                                                             False
     1
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                                              True
                                                             False
      2
                     False
                                             False
                                                             False
     3
                     False
                                              True
                                                             False
     4
                     False
                                             False
                                                             False
         NewGlucose_Normal NewGlucose_Overweight NewGlucose_Secret
     0
                    False
                                           False
                                                               True
      1
                     True
                                           False
                                                              False
     2
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                                                               True
     3
                     True
                                           False
                                                              False
      4
                    False
                                           False
                                                                True
[69]: y = df["Outcome"]
      X = df.drop(["Outcome", 'NewBMI_Obesity 1', 'NewBMI_Obesity 2', 'NewBMI_Obesity_
       -3', 'NewBMI_Overweight', 'NewBMI_Underweight',
       →'NewInsulinScore_Normal', 'NewGlucose_Low', 'NewGlucose_Normal', □
       "NewGlucose_Overweight', 'NewGlucose_Secret'], axis = 1)
      cols = X.columns
      index = X.index
[70]: X.head()
                     Glucose BloodPressure SkinThickness Insulin
                                                                      BMI \
[70]:
        Pregnancies
     0
                  6
                        148.0
                                       72.0
                                                      35.0
                                                              169.5 33.6
     1
                  1
                        85.0
                                       66.0
                                                       29.0
                                                              102.5 26.6
                        183.0
                                       64.0
                                                      32.0
                                                              169.5 23.3
     2
                  8
                                                               94.0 28.1
     3
                  1
                        89.0
                                       66.0
                                                      23.0
                        137.0
                                       40.0
                                                      35.0
                                                              168.0 43.1
```

DiabetesPedigreeFunction Age

```
1
                            0.351
                                    31
      2
                            0.672
                                    32
      3
                            0.167
                                    21
      4
                            2.288
                                    33
[71]: # The variables in the data set are an effective factor in increasing the
       sperformance of the models by standardization.
      # There are multiple standardization methods. These are methods such as "___
       →Normalize", " MinMax", " Robust" and "Scale".
      from sklearn.preprocessing import RobustScaler
      transformer = RobustScaler().fit(X)
      X = transformer.transform(X)
      X = pd.DataFrame(X, columns = cols, index = index)
[72]: X.head()
[72]:
        Pregnancies Glucose BloodPressure SkinThickness
                                                                            BMI \
                                                              Insulin
      0
                0.6
                        0.775
                                       0.000
                                                   1.000000 1.000000 0.177778
      1
                -0.4
                      -0.800
                                      -0.375
                                                   0.142857 0.000000 -0.600000
      2
                1.0
                        1.650
                                      -0.500
                                                   0.571429 1.000000 -0.966667
      3
                -0.4
                      -0.700
                                      -0.375
                                                  -0.714286 -0.126866 -0.433333
                -0.6
                        0.500
                                      -2.000
                                                   1.000000 0.977612 1.233333
         DiabetesPedigreeFunction
                                        Age
                         0.669707 1.235294
      1
                        -0.049511 0.117647
      2
                         0.786971 0.176471
      3
                        -0.528990 -0.470588
                         4.998046 0.235294
      4
[73]: X = pd.concat([X,categorical_df], axis = 1)
[74]: X.head()
[74]:
        Pregnancies
                     Glucose BloodPressure SkinThickness
                                                              Insulin
                0.6
                        0.775
                                       0.000
                                                   1.000000 1.000000 0.177778
      1
                -0.4
                      -0.800
                                      -0.375
                                                   0.142857 0.000000 -0.600000
      2
                 1.0
                        1.650
                                      -0.500
                                                   0.571429 1.000000 -0.966667
      3
                -0.4
                      -0.700
                                      -0.375
                                                  -0.714286 -0.126866 -0.433333
                -0.6
                        0.500
                                      -2.000
                                                   1.000000 0.977612 1.233333
                                        Age NewBMI_Obesity 1 NewBMI_Obesity 2 \
        DiabetesPedigreeFunction
      0
                         0.669707 1.235294
                                                         True
                                                                          False
      1
                        -0.049511 0.117647
                                                        False
                                                                          False
      2
                                                        False
                         0.786971 0.176471
                                                                          False
      3
                        -0.528990 -0.470588
                                                        False
                                                                          False
```

0

0.627

50

```
4
                         4.998046 0.235294
                                                        False
                                                                          False
         NewBMI_Obesity 3 NewBMI_Overweight NewBMI_Underweight \
                                                           False
     0
                    False
                                       False
                    False
                                        True
     1
                                                           False
     2
                    False
                                       False
                                                           False
     3
                    False
                                        True
                                                           False
      4
                    True
                                       False
                                                           False
         NewInsulinScore_Normal NewGlucose_Low NewGlucose_Normal \
      0
                          False
                                          False
                                          False
                                                              True
     1
                           True
     2
                          False
                                                             False
                                          False
     3
                           True
                                          False
                                                              True
      4
                          False
                                          False
                                                             False
         NewGlucose_Overweight NewGlucose_Secret
     0
                         False
                                             True
     1
                         False
                                            False
     2
                         False
                                             True
     3
                         False
                                            False
      4
                         False
                                             True
[75]: y.head()
[75]: 0
           1
           0
     1
     2
          1
     3
          0
      4
          1
     Name: Outcome, dtype: int64
 []: # Validation scores of all base models
      models = []
      models.append(('LR', LogisticRegression(random_state = 12345)))
      models.append(('KNN', KNeighborsClassifier()))
      models.append(('CART', DecisionTreeClassifier(random_state = 12345)))
      models.append(('RF', RandomForestClassifier(random_state = 12345)))
      models.append(('SVM', SVC(gamma='auto', random_state = 12345)))
      models.append(('XGB', GradientBoostingClassifier(random_state = 12345)))
      models.append(("LightGBM", LGBMClassifier(random_state = 12345)))
      # evaluate each model in turn
      results = []
      names = []
```

```
for name, model in models:
    kfold = KFold(n_splits = 10, random_state = 12345)
        cv_results = cross_val_score(model, X, y, cv = 10, scoring= "accuracy")
        results.append(cv_results)
        names.append(name)
        msg = "%s: %f (%f)" % (name, cv_results.mean(), cv_results.std())
        print(msg)

# boxplot algorithm comparison
fig = plt.figure(figsize=(15,10))
fig.suptitle('Algorithm Comparison')
ax = fig.add_subplot(111)
plt.boxplot(results)
ax.set_xticklabels(names)
plt.show()
```

#### **BENEFITS**

- 1. Early Detection: AI models can analyze large datasets of patient information, including medical records, genetics, lifestyle data, and more, to detect patterns and risk factors associated with diabetes. This early detection can help identify individuals at risk before symptoms become severe.
- 2. Personalized Risk Assessment: AI can provide personalized risk assessments by taking into account an individual's unique health history and factors, such as age, family history, and lifestyle. This allows for tailored interventions and preventive measures.

- 3. Predictive Accuracy: AI models have the ability to process and analyze vast amounts of data, leading to more accurate predictions. These predictions can help healthcare professionals make informed decisions and recommendations for patients.
- **4. Cost-Effective:** Early detection and prevention of diabetes can lead to cost savings in healthcare by reducing the need for expensive treatments and hospitalizations. This can lower the overall economic burden of diabetes on healthcare systems.
- **5. Continuous Monitoring:** AI models can be integrated with wearable devices and mobile apps to provide continuous monitoring of patients' health. This real-time data can alert individuals and healthcare providers to changes in their risk factors and overall health.
- **6. Improved Healthcare Delivery:** Healthcare providers can use AI-based prediction models to prioritize patients at higher risk of developing diabetes, ensuring they receive necessary interventions and education. This can lead to more efficient and effective healthcare delivery.
- 7. Research and Insights: AI can help researchers analyze large-scale population data to identify new risk factors,

contributing to a better understanding of diabetes and potential new avenues for prevention and treatment.

- 8. Patient Empowerment: By providing individuals with information about their diabetes risk, AI-based models empower them to make informed decisions about their health and take proactive steps to prevent or manage the condition.
- **9. Reduction of Misdiagnosis:** AI can assist in reducing misdiagnosis or delayed diagnosis by considering a wide range of patient data and reducing the impact of human bias in the diagnostic process.
- 10. Scalability: AI models can be deployed at scale, making them accessible to a larger population and ensuring that more people can benefit from early diabetes prediction and prevention.

# **CONCLUSION**

However, as we embrace the potential of AI in diabetes prediction, it is crucial to consider ethical concerns, data privacy, and the need for a human-centered approach. AI should complement, rather than replace, the expertise of healthcare professionals. Furthermore, ensuring that these models are accessible and equitable is of paramount importance to maximize their positive impact.

In the years to come, the continued development and integration of AI-based diabetes prediction models will likely play a crucial role in

reducing the burden of diabetes, improving patient outcomes, and advancing our understanding of this complex condition. As technology evolves and research progresses, we can anticipate even more refined and effective tools to tackle diabetes, ultimately leading to better health and well-being for individuals worldwide.

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