

Progress		
id	int	
date	datetime	
value	int	
comparing_user_id	int	
comparing_exercise_id	int	

User		
id	int	
email	varchar	
username	varchar	
birth	date	
password	varchar	
gender	varchar	

Exercise		
id	int	
title	varchar	
desc	varchar	
videoLink	varchar	
disease_id	int	

CurrentDisease		
id	int	
user_id	int	
disease_id	int	
progress_id	int	

Disease		
id	int	
title	varchar	
desc	varchar	
imgLink	varchar	

Progress		
id	int	
date	datetime	
value	int	
comparing_user_id	int	
comparing_exercise_id	int	

