User

id	int
email	varchar
username	varchar
birth	date
password	varchar
gender	varchar

CurrentDisease

user_id	int
disease_id	int

Progress

id	int
date	datetime
value	int
comparing_user_id	int
comparing_excercise_id	int

Excercise

id	int
title	varchar
desc	varchar
videoLink	varchar
disease_id	int

Disease

id	int
title	varchar
desc	varchar
imgLink	varchar

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desc	varchar
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