

# P2P Mentoring Charter

## Relationship Development

## Action Plan

### VALUES

Respect

Trust

Flexibility

Honesty

### PURPOSE

As a mentor I want



Our common purpose would be



As a mentee I want

### OBJECTIVES

By the end of \_\_\_\_\_  
(specify time period)  
we want to:

identify ways to cope  
with stress

### DETAIL & PLAN

Who?

Who?

What?

What?

When?

When?

How?

How?



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What values do you want this partnership to be built on? Recall that we learned that respect and trust are key values. What else? Are there any values at your school that you like to include? These values will set the norms of your meetings. For example, if respect is the value, then the norm would be: to accept the other student as they are.

to accept the other student as they are

What?

When?

How?

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**Purpose:** start with a descriptive statement of what you want to get at the end of this partnership. With every step, ask yourself why is that important to you. This method is called the 5 whys and it will help you figure out the purpose!

### PURPOSE

As a mentor I want



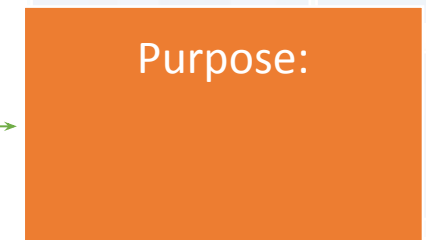
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## Action Plan

Descriptive statement:



Purpose:

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Recall that this partnership can provide academic, career, and/or emotional support.

After you figured out your purpose, what is the end result you want in relation to this support?

Use the SMART criteria to write your goals!

S  
specific

M  
measurable

A  
attainable

R  
relevant

T  
time-bound

## Action Plan

### OBJECTIVES

By the end of \_\_\_\_\_  
(specify time period)  
we want to:

identify ways to cope  
with stress

Specific: use details. For example, I want to achieve an 80% on my history class.

Measurable: use numbers. For example, I want to be able to speak in a presentation for 10 minutes.

Attainable: be real and reasonable. For example, I want to get into the public speaking club at my school.

Relevant: it should be achieved by this partnership. For example, I want to learn time management techniques through resources that my mentee provides.

Time bound: set a time. For example, say I want to do X by the end of this week or term or year.

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Now that you know what your goals are, you need to think of these four questions.

1. Who will want to/have to achieve this goal?
2. What will that person have to do?
3. When should they do so?
4. And how? What will the steps be?

Our common purpose would be

As a mentee I want

### OBJECTIVES



### DETAIL & PLAN

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