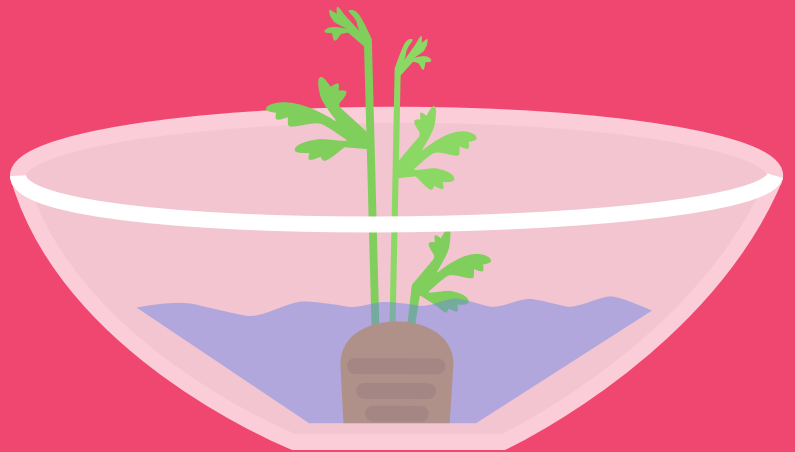


# pantrée

#foodwastetips

**place a carrot top in a  
bowl of shallow water in  
a sunny space**



**change the water every  
day, then replant when  
new shoots grow**



@wearepantree

pantree.uk