- 7 Fixation techniques of standard osteotomies of the facial skeleton (orthognathic surgery)
- 7.5 Perioperative and postoperative management

6 Local treatment

Cooling the face after osteotomy, sometimes with the help of special devices (cooling masks), reduces swelling and postoperative pain.

7 Pain control

For pain control non-steroidal pain killers are usually sufficient.

8 Diet

The use of internal fixation with adaptation miniplates leads to a stable result under reduced function. It is recommended to stay on a soft diet for 4 to 6 weeks until bone consolidation allows for full function.

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