

---

## **6 Local treatment**

Cooling the face after osteotomy, sometimes with the help of special devices (cooling masks), reduces swelling and postoperative pain.

---

## **7 Pain control**

For pain control non-steroidal pain killers are usually sufficient.

---

## **8 Diet**

The use of internal fixation with adaptation miniplates leads to a stable result under reduced function. It is recommended to stay on a soft diet for 4 to 6 weeks until bone consolidation allows for full function.

