



## Article

## Symmetry restoration and quantum Mpemba effect in many-body localization systems

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## ABSTRACT

Non-equilibrium dynamics of quantum many-body systems has attracted increasing attention owing to a variety of intriguing phenomena absent in equilibrium physics. A prominent example is the quantum Mpemba effect, where subsystem symmetry is restored more rapidly under a symmetric quench from a more asymmetric initial state. In this work, we investigate symmetry restoration and the quantum Mpemba effect in many-body localized systems for a range of initial states. We show that symmetry can still be restored in the many-body localization regime without approaching thermal equilibrium. Moreover, we demonstrate that the quantum Mpemba effect emerges universally for any tilted product state, in contrast to chaotic systems where its occurrence depends sensitively on the choice of the initial state. We further provide a theoretical analysis of symmetry restoration and the quantum Mpemba effect using an effective model for many-body localization. Overall, this paper fills an important gap in establishing a unified understanding of symmetry restoration and the quantum Mpemba effect in generic many-body systems, and it advances our understanding of many-body localization.

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## 1. Introduction

Non-equilibrium physics harbors various counterintuitive phenomena and has attracted increasing attention. One famous example is the Mpemba effect [1], namely, hot water freezes faster than cold water under identical conditions. This effect has been identified and investigated in various classical systems [2–12] and open quantum systems [13–28]. Recently, a quantum version of the Mpemba effect in isolated systems has been proposed [29] where subsystem  $U(1)$  symmetry starting from a more asymmetric initial state can be restored faster than that from a more symmetric initial state under the quench of a symmetric Hamiltonian. As reviewed in Refs. [30,31], this novel phenomenon is dubbed the quantum Mpemba effect (QME) and has been extensively investigated in integrable systems [32–37], free dissipative systems [38,39], chaotic systems [40–45], and quantum simulator experiments [46,47].

Furthermore, the QME has also been extended to the restoration of other symmetries, including the non-Abelian  $SU(2)$  symmetry [40] and the translation symmetry [48]. More importantly, the underlying mechanisms of QME in both integrable and chaotic systems have been established attributing to the distinct charge transport properties [36] and quantum thermalization speeds [40] associated with different initial states, respectively.

On a different front, many-body localization (MBL) [49–53] is one of the most important cornerstones for non-equilibrium physics. Although there is an ongoing debate that MBL might only be a transient phenomenon as reviewed in Ref. [54] (see also Refs. [55–64]), the phenomenology of the MBL regimes within accessible finite-size systems is well-established. In the presence of sufficiently strong disorder [65,66] or quasiperiodic potentials [67], the finite-size isolated interacting system violates the eigenstate thermalization hypothesis [68–72] and exhibits various exotic behaviors, including the logarithmic spread of entanglement [73–80] and emergent local integrals of motion [81,82]. The paradigmatic MBL Hamiltonian respects the  $U(1)$  symmetry, but the interplay between symmetry restoration and MBL regime has not been studied before. A natural question that arises is whether the  $U(1)$

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symmetry can be restored in the MBL regime as the system fails to thermalize. A companion further question is whether the QME exists in the MBL regime. More importantly, a theoretical understanding of the presence or absence of symmetry restoration and QME in the MBL regime is strongly needed.

In this paper, we investigate the U(1) symmetry restoration and the associated QME starting from various tilted product states in the thermal and MBL regimes via adjusting the strength of the disorder. In the thermal regime, the QME is present and absent for the tilted ferromagnetic state and tilted Néel state respectively, similar to what has been observed in U(1)-symmetric random circuits [40,41], which can be understood through the lens of quantum thermalization. In the MBL regime, upon varying accessible system sizes, there is a tendency that the symmetry can also be restored in the thermodynamic limit, which provides a nontrivial example for the long-time evolved state that restores the symmetry but without reaching thermal equilibrium. The associated symmetry restoration timescale grows exponentially with subsystem size. More importantly, the emergence of the QME is universal in the MBL regime, independent of the choice of the initial tilted product states. In contrast, in chaotic systems, distinct types of initial states can nevertheless exhibit the same late-time behavior in symmetry-restoration dynamics, although the presence of QME remains state dependent. For instance, while both the tilted Néel state and the tilted ferromagnetic state with a middle domain wall ultimately display similar dynamical features, the QME is absent in the former but present in the latter [40]. These unexpected results in MBL systems indicate a distinct underlying mechanism compared to those in integrable and chaotic systems.

To theoretically understand the mechanism behind symmetry restoration and QME in the MBL regime, we consider the corresponding effective model based on the emergent local integrals of motion [81,82]. In the long time limit, the degrees of symmetry breaking can be analyzed analytically. The results are identical for different initial tilted product states in MBL systems and are also consistent with the results from chaotic systems starting from initial tilted ferromagnetic states. However, the results in chaotic systems with other initial states show different patterns. Consequently, MBL quench from any tilted product states and chaotic quench from tilted ferromagnetic states share similar symmetry restoration behaviors including the presence of QME while QME might be absent in chaotic quench from other tilted product states. The main results are summarized in Table 1 (See the Supplementary material for details). We further perform a direct numerical simulation and observe the QME in the symmetry restoration dynamics under the quench of the MBL effective model.

## 2. Materials and methods

We consider the following one-dimensional interacting Aubry-André (AA) model [67,83–93],

$$H = -J_{\text{hopping}} \sum_i (\sigma_i^x \sigma_{i+1}^x + \sigma_i^y \sigma_{i+1}^y) + V \sum_i \sigma_i^z \sigma_{i+1}^z + \sum_i W_i \sigma_i^z, \quad (1)$$

where  $\sigma_i^x, \sigma_i^y$ , and  $\sigma_i^z$  are the Pauli matrices at site  $i$ ,  $J_{\text{hopping}}$  is the hopping strength which we set to 1 as the unit of energy,  $V$  is the strength of interaction fixed to  $\frac{1}{2}$  unless otherwise specified,  $W_i = W \cos(2\pi\alpha i + \phi)$  is the quasiperiodic potential with strength  $W$ ,  $\alpha = \frac{\sqrt{5}+1}{2}$ , and  $\phi$  is a random phase to be averaged. We use the open boundary conditions throughout the work. There is an MBL regime with large  $W$  (see the Supplementary material for details) for accessible finite-size systems. We have also investigated symmetry restoration and QME in the interacting model with random potentials [65,66,94,95], and the qualitative behaviors remain the same (see the Supplementary material for details).

**Table 1**

Main results of symmetry restoration and QME in MBL and chaotic systems.

Systems and initial states	Symmetry restoration	QME
MBL from any tilted product states & chaotic system from tilted ferromagnetic states	Finite-size symmetry broken crossover	Always present
Chaotic system from other tilted product states	Restoration for any $\theta$	State-dependent

To quantify the degrees of symmetry breaking in subsystem  $A$ , we employ the entanglement asymmetry (EA) [29] which has been extensively studied as a measure of symmetry breaking in various physical contexts [96–102]. This quantity is defined as

$$\Delta S_A = S(\rho_{A,Q}) - S(\rho_A), \quad (2)$$

namely the difference between the von Neumann entropy of the reduced density matrix of subsystem  $A$  chosen as the leftmost  $N_A$  sites,  $\rho_A$ , and that of  $\rho_{A,Q} = \sum_q \Pi_q \rho_A \Pi_q$  where  $\Pi_q$  is the projector to the charge sector with  $Q_A = \sum_{i \in A} \sigma_i^z = q$ , which means that  $\rho_{A,Q}$  retains only the block-diagonal components of  $\rho_A$ . EA is non-negative by definition and only vanishes when  $\rho_A$  is block diagonal for the subsystem charge sectors, i.e.,  $\rho_A$  is U(1) symmetric. Therefore,  $\Delta S_A = 0$  is a necessary but not sufficient condition for thermal equilibrium. In the theoretical analysis, we utilize Rényi-2 EA  $\Delta S_A^{(2)}$  by replacing von Neumann entropy with Rényi-2 entropy for simplicity, which shares qualitatively the same behaviors as  $\Delta S_A$  and is experimentally relevant [46].

The initial states are chosen as tilted product states. Two typical initial states include tilted ferromagnetic states (TFS) and tilted Néel states (TNS):

$$|\psi_0(\theta)\rangle = \begin{cases} e^{-i\frac{\theta}{2} \sum_j \sigma_j^y} |0\rangle^{\otimes N}, & \text{TFS} \\ e^{-i\frac{\theta}{2} \sum_j \sigma_j^y} |01\rangle^{\otimes N/2}, & \text{TNS} \end{cases} \quad (3)$$

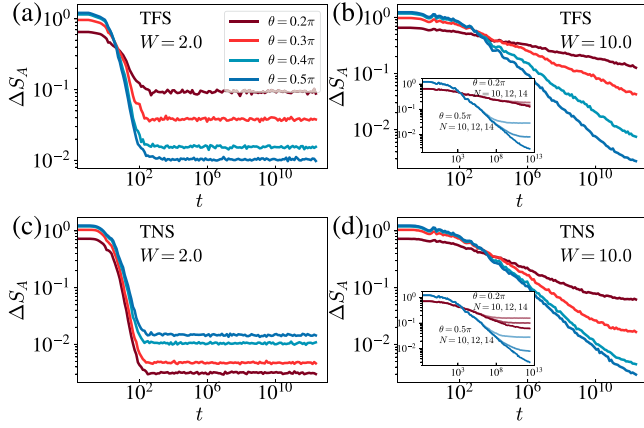
where  $N$  is the system size and  $\theta$  is the tilt angle controlling the degree of the initial symmetry breaking. EA of these two types of initial states is  $\Delta S_A = 0$  when  $\theta = 0$  and increases monotonically with larger  $\theta$  until it reaches the maximal value at  $\theta = \pi/2$ .

After choosing a specific initial state, the system evolves under a quench of the Hamiltonian given by Eq. (1). The reduced density matrix of subsystem  $A$  at time  $t$  is  $\rho_A(t) = \text{tr}_{\bar{A}}(e^{-iHt} |\psi_0(\theta)\rangle \langle \psi_0(\theta)| e^{iHt})$  where  $\bar{A}$  is the complementary subsystem to  $A$ . We calculate the EA dynamics of subsystem  $A$  averaged over different random phases  $\phi$  to investigate the symmetry restoration and the QME.

## 3. Results

We employ python packages TensorCircuit [103] and QuSpin [104,105] to perform numerical simulations, where TensorCircuit package provides a convenient method to prepare required initial states by applying quantum gates. The averaged EA dynamics with initial TFS and TNS are shown in Fig. 1a–d. We note that the qualitative behaviors are consistent for different subsystem  $A$  as long as the subsystem size  $N_A < N/2$  (see the Supplementary material for details) and the subsystem symmetry in general cannot be restored when  $N_A$  exceeds half of the total system size [100].

In the thermal regime with small  $W = 2.0$ , as shown in Fig. 1a, c, the QME is present for the initial TFS but absent for the initial TNS. The initial state dependence of the QME in chaotic systems has been observed in the U(1)-symmetric random circuits [40,41],



**Fig. 1.** EA dynamics averaged over different random phases  $\phi$  with  $N = 14$  and  $N_A = 3$ , i.e., subsystem  $A = [1, 2, 3]$ . The initial states of (a, b) and (c, d) are TFS and TNS respectively. For TFS, QME consistently appears for all values of  $W$ . For TNS, QME emerges exclusively in the MBL regime. The insets of panels (b) and (d) show the EA dynamics with fixed  $N_A = 3$  and varying  $N$ . The QME remains robust with a nearly constant timescale as the total system sizes increase.

which can be understood through the lens of quantum thermalization, namely, the thermalization speed is slower in charge sectors with a smaller Hilbert-space dimension.  $\rho_A$  of the initial TFS and TNS are both symmetric with  $\theta = 0$  and become more  $U(1)$  asymmetric with increasing tilt angle  $\theta$ . However, when  $\theta = 0$ , TFS and TNS reduce to ferromagnetic state  $|0\rangle^{\otimes N}$  and Néel state  $|01\rangle^{\otimes N/2}$  respectively. The former belongs to the smallest charge sector while the latter resides in the largest half-filling sector. Therefore, for  $\rho_A$  of TFS, the weights of the smaller charge sectors decrease as  $\theta$  increases, i.e., the more asymmetric initial state has a faster thermalization speed [40]. Consequently, the QME is anticipated. On the contrary, for  $\rho_A$  of TNS, the weights of the smaller charge sectors increase with increasing  $\theta$ , i.e., the more asymmetric initial state has a slower thermalization speed [40]. Therefore, the EA with a more asymmetric initial state remains larger than that with a more symmetric initial state under the quench, and thus the QME is absent.

In contrast, deep in the MBL regime with sufficiently large  $W = 10.0$ , QME always occurs regardless of the choice of initial states as shown in Fig. 1b, d. The symmetry restoration dynamics in the MBL regime are not only distinct from those observed in the thermal regime as discussed above but also show different late-time behaviors compared to integrable systems where symmetry cannot be restored for initial TNS [33]. This distinction further underscores the uniqueness and significance of investigating symmetry restoration and QME in the MBL regime. Moreover, although the late-time EA saturates to a nonzero value within accessible finite-size systems, it decreases as the system size increases as shown in insets in Fig. 1b, d, indicating the symmetry restoration in the thermodynamic limit.

It is worth noting that the timescale of QME, defined as the EA crossing between different tilt angles  $\theta$ , in the MBL regime would increase exponentially with the subsystem size  $N_A$  due to the logarithmic lightcone [73,75–79], whereas the QME timescale in integrable and chaotic systems scales polynomially with  $N_A$  [41]. This observation is further supported by the results in the insets of Fig. 1 where the QME timescale remains unchanged for the same subsystem size and different total sizes. Although the possible deviation from logarithmic lightcone at long times with increasing system size has been reported [106], a much longer time is still required to observe the QME in the MBL regime in finite size systems, which explains the experimentally nonvisible QME in a disordered interacting system due to the constraint evolution time

reached [46]. To observe QME in the current experimental platforms, we can choose a smaller subsystem size  $N_A$ . See the [Supplementary material](#) for more discussions. Moreover, it is well-known that the system in the MBL regime keeps a memory of the initial state, e.g., the non-vanishing charge imbalance starting from a Néel state. In other words, quantities such as charge imbalance for the initial tilted Néel states and the associated late time states both increase with increasing  $\theta$ . The order-reversal behavior of EA associated with the QME studied in this work is not inconsistent with this memory characteristic of the MBL regime since EA is a non-local observable and the initial information is encoded in the diagonal part of the disorder averaged late-time subsystem density matrix (see the [Supplementary material](#) for details).

In the absence of the interaction ( $V = 0$ ), the AA model enters the Anderson localized phase when  $W > 2$ . As shown in Fig. 2, the degree of symmetry breaking becomes frozen, and the EA remains essentially at its initial value. Therefore, both symmetry restoration and QME are absent in the Anderson localization phase. As detailed in the [Supplementary material](#), these results can also be understood through the effective model of MBL discussed below by setting the coupling  $J = 0$ .

To analytically understand the distinct behaviors of symmetry restoration in the MBL regime, we consider the fully diagonalized effective model [81,82,107–110] for the MBL regime obtained under a local unitary transformation:

$$H_{\text{eff}} = \sum_i h_i \tau_i^z + \sum_{i,j} J_{ij} \tau_i^z \tau_j^z + \dots, \quad (4)$$

where  $\tau_i^z = \sigma_i^z + \sum_{j,k} \sum_{\alpha,\beta=x,y,z} c^{\alpha,\beta}(i,j,k) \sigma_j^\alpha \sigma_k^\beta + \dots$  are local integrals of motion with  $c$  decaying exponentially with the distance between  $i$  and  $j, k$ ,  $h_i$  is uniformly sampled from  $[-h, h]$ , and  $J_{ij} = \tilde{J}_{ij} e^{-|i-j|/\xi}$  with  $\tilde{J}_{ij} \in [-J, J]$  and  $\xi$  denoting the localization length. In the following analysis, we further approximate the effective model by replacing  $\tau_i^z$  with  $\sigma_i^z$  and neglect the higher-order terms (see more numerical results of the effective model with higher-order terms in the [Supplementary material](#)).

We focus on the Rényi-2 EA which is experimentally relevant and given by

$$\Delta S_A^{(2)}(t) = \log \frac{\text{tr} \rho_A^2(t)}{\text{tr} \rho_{A,Q}^2(t)}. \quad (5)$$

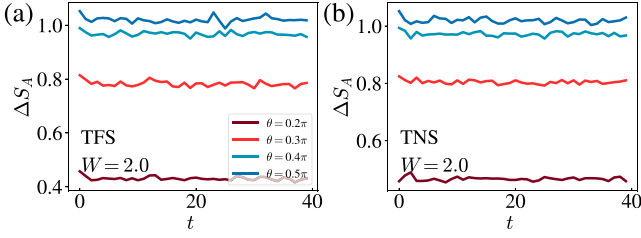
$\rho_A(t)$  and  $\rho_{A,Q}(t)$  can both be decomposed into a complete Pauli operator string basis  $P^\mu = \sigma_0^{\mu_0} \sigma_1^{\mu_1} \dots \sigma_{N_A-1}^{\mu_{N_A-1}}$  where  $\sigma_j^{\mu_j}$  is the  $\mu$ -type operator on  $j$ -th site choosing from  $\{I_j, \sigma_j^+, \sigma_j^-, \sigma_j^z\}$ , with raising and lowering operators  $\sigma_j^\pm = \frac{\sigma_j^x \pm i\sigma_j^y}{\sqrt{2}}$  that breaks  $U(1)$  symmetry (see the [Supplementary material](#) for details). Consequently,

$$\Delta S_A^{(2)}(t) = \log \frac{\sum_\mu |\langle P^\mu \rangle_t|^2}{\sum_{\mu, [P^\mu, Q_A]=0} |\langle P^\mu \rangle_t|^2}, \quad (6)$$

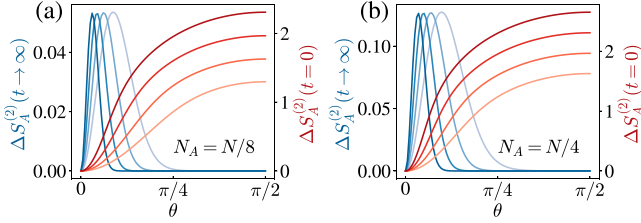
where the projections in  $\rho_{A,Q}$  correspond to discarding the operator strings anti-commute with  $Q_A$ . Subsequently, the calculation of EA reduces to evaluating the expectation values of  $P^\mu$ . In the long time limit  $t \rightarrow \infty$ , we have

$$\Delta S_A^{(2)}(t \rightarrow \infty, \theta) \approx \log \left( 1 + \left( \frac{1 + \cos^2(\theta)}{2} \right)^{N-2N_A} - \left( \frac{1 + \cos^2(\theta)}{2} \right)^{N-N_A} \right), \quad (7)$$

which indicates that the long-time EA converges to zero in the thermodynamic limit (see Fig. 3). The late-time EA behaviors with varying tilt angle  $\theta$  encode the information of both symmetry



**Fig. 2.** EA dynamics in the Anderson localization phase with  $V = 0$  and  $W = 2.0$  with initial (a) TFS and (b) TNS. Here,  $N = 80$  and  $N_A = 10$ .

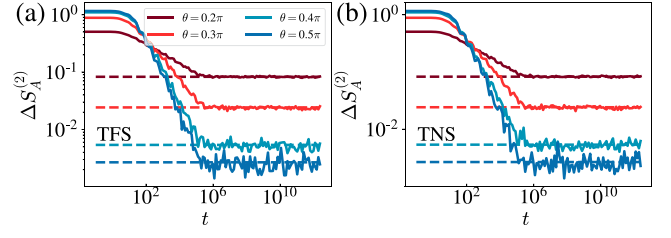


**Fig. 3.** The Rényi-2 EA  $\Delta S_A^{(2)}$  of the initial state (red) and in the long time limit (blue). System sizes  $N = [32, 64, 128, 256]$  are represented with darker colors for larger  $N$ , and the subsystem sizes are set to  $N_A = N/8$  and  $N/4$  for panels (a) and (b), respectively. A finite peak appears whose height remains unchanged as  $N$  increases (see the Supplementary material for more discussions) indicating a finite size crossover to persistently symmetry broken phase for small  $\theta \sim \frac{1}{\sqrt{N}}$ .

restoration and QME. On the one hand, zero late-time EA in the thermodynamic limit indicates symmetry restoration. On the other hand, the monotonic decreasing nature of late-time EA for a range of  $\theta$  reflects the presence of QME in the middle times, as the order of EA with respect to  $\theta$  is reversed compared to the initial monotonic increasing EA. As shown in Fig. 3, when  $N_A < N/2$  and tilt angle  $\theta$  is large, i.e., the initial state is more U(1) asymmetric, the late-time Rényi-2 EA approaches zero and thus the symmetry can be restored in the MBL regime. However, when  $\theta$  is sufficiently small, i.e., the initial state is more U(1) symmetric, the late-time Rényi-2 EA is finite and the height of the peak shown in Fig. 3a, b stays the same with increasing system size  $N$  while its position scales as  $\theta \sim \frac{1}{\sqrt{N}}$ , implying a finite-size crossover for persistent symmetry broken phases. Meanwhile, the late-time monotonic decreasing EA with respect to  $\theta$  for  $N_A < N/2$  indicates the emergence of QME. Notably, the late-time EA results for the effective MBL model are the same for different Hamiltonian parameters and different initial product states, and also quantitatively coincide with the late-time EA results in the quantum chaotic case from TFS [40].

Furthermore, we directly simulate the  $\Delta S_A^{(2)}$  dynamics under the quench of the effective Hamiltonian in Eq. (4). As shown in Fig. 4, the theoretical values in the long time limit agree well with the numerical results. More importantly, the dynamical behaviors of the effective model are qualitatively consistent with the actual dynamics, including the persistent symmetry breaking manifested as nonzero late-time EA in finite-size systems and the presence of QME regardless of the type of initial states.

Unlike quantum chaotic quench from TFS and MBL quench from generic tilted product states, late-time EA after quantum chaotic quench from other tilted product states beyond ferromagnetic states exhibits distinct behaviors – the symmetry can always be restored without finite-size symmetry breaking peak in small  $\theta$  (see the Supplementary material for details). The similarity between MBL quench from generic tilted product states with quantum chaotic quench from TFS as well as the difference between



**Fig. 4.** Rényi-2 EA dynamics  $\Delta S_A^{(2)}(t)$  of the effective model in Eq. (4) with  $h = 10.0$ ,  $J = 0.5$  and  $\xi = 1.0$ . The system size is set to  $N = 14$  with subsystem size  $N_A = 3$ . The initial states of (a) and (b) are TFS and TNS respectively. Solid lines denote numerical results, while dashed lines indicate the theoretical late-time predictions.

quantum chaotic quench from TFS and other tilted product states can be understood in a unified framework. The key factor is the Hilbert space dimension accessible by the initial product state. In the effective MBL model cases and ferromagnetic initial states cases with charge conservation, the accessible Hilbert space dimensions are both  $O(1)$  while for other product states with a fixed ratio of charge under chaotic evolution, the accessible Hilbert space dimensions grows exponentially. Therefore, in the former case, the effective accessible Hilbert space dimension is still severely restricted with small tilt angles  $\theta$ , rendering persistent symmetry breaking in finite size. On the contrary, in the latter case, the exponentially large Hilbert space dimension yields sufficient relaxation to equilibrium for all  $\theta$ . This framework is also consistent with the mechanism for QME in chaotic systems – small charge sectors are hard to thermalize and equilibrate only very slowly.

#### 4. Discussion and conclusion

In this work, we investigate the U(1) symmetry restoration in the many-body localization regime. The U(1) symmetry can be restored in the MBL regime on an exponential time scale even though MBL forbids thermalization. Interestingly, the QME persists in the MBL regime regardless of the choice of the initial tilted product states, which is distinct from the cases in the integrable and chaotic systems. Theoretically, we derive the analytical expressions of the entanglement asymmetry for the effective MBL model in the long time limit, which are shown to be independent of the initial product states and consistent with the numerical simulation. Moreover, when the system is finite in size, the late-time subsystem symmetry cannot be fully restored and the EA remains finite when the tilt angle  $\theta$  is sufficiently small but decays to zero when the tilt angle  $\theta$  is large. Such late-time behaviors are reminiscent of chaotic quench from TFS, and the opposite monotonicity for EA with respect to  $\theta$  between late time and early time supports the presence of the QME.

The mechanism underlying the QME in the MBL regime is fundamentally different from that in integrable and chaotic systems, characterized by different QME timescales and initial state dependence. Using the effective model, we have provided a theoretical analysis of the symmetry restoration in the MBL regime stabilized by the strong disorder. One interesting future direction is to study symmetry restoration in other types of MBL systems [111–128]. More importantly, this work not only offers a meaningful simulation task for current quantum devices [129,130] but also introduces a new and powerful criterion for the existence of the MBL phase: QME exists starting from TNS. Compared to the logarithmic growth of entanglement entropy, our new qualitative metric requires a much shorter evolution time and does not suffer from the subtlety induced by fitting choices.



## Conflict of interest

The authors declare that they have no conflict of interest.

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## Author contributions

Hong Yao and Shi-Xin Zhang conceived and designed the project. Shuo Liu, Hao-Kai Zhang, and Shi-Xin Zhang performed numerical simulations and contributed theoretical analysis. All authors contributed to discussions and production of the manuscript.

## Appendix A. Supplementary material

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.scib.2025.10.017>.

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