

**Stat 104 Fall 2015**  
**Regression Project**  
**Due 4pm December 8, 2015**

**Background**

To determine what factors impact health care utilization spending, among elderly, as part of Medicare. This information can possibly help the government identify what sort of programs to implement to reduce future expenditures.

Data source: 2005 Medical Expenditures Panel Survey

Dataset ref: <http://people.fas.harvard.edu/~mparzen/stat104/projectdataV1>

**Dataset Analysis:**

The Dependent variable used in the dataset is Total Expense (totalexp).

The average expense based on the raw data provided is \$8190.40 with a std dev of \$11,746.62

There are 18 independent variables, of which several are categorical and nominal variables.

*Quantitative Variables:*

There are 6 quantitative variables which include -

*Member demographics:* age in years (age), years of education(educ), annual family income(income )

*Health:* bmi in kgs/cm2 (bmi), number of Dr. vists(dr\_vists), number of hospital visits(hosp\_vis)

*Categorical variables:*

There are 8 categorical variables related to

*Member demographics:* lives in msa(msa =1), male(male = 1)

*Behavioral health:* smoking(smoker = 1), limitation(phy\_lim =1)

*Chronic conditions:* chronic heart disease(chd = 1), high cholesterol(high\_col = 1),  
diabetes (diabetes=1), high blood pressure(high\_bp =1 )

*Nominal variables:*

There are 4 nominal variables: marital status (marital), race (race\_grp), senior health (srhealth), mental health (mntl\_health)

Nominal variables have been converted into categorical variables having values (0/1) for the purposes of modeling:

Marital	mar_wid	mar_divc	mar_nvr
married	0	0	0
widowed	1	0	0
divorced	0	1	0
never mar	0	0	1

race_grp	race_blk	race_oth	race_hisp
White	0	0	0
Black	1	0	0
Other	0	1	0
hispanic	0	0	1

sr_health	sr_vrg	sr_good	sr_poor
excellent	0	0	0
very good	1	0	0
Good	0	1	0
Poor	0	0	1

mntl_health	mntl_vrg	mntl_good	mntl_poor
excellent	0	0	0
very good	1	0	0
good	0	1	0
Poor	0	0	1

## Preliminary Diagnostics

A diagnostic of the variables to look for mutli-collinearity shows no strong correlation between variables. Based on this result we do not drop any variables.

```
. cor totalexp age income educ
(obs=896)
```

	totalexp	age	income	educ
totalexp	1.0000			
age	0.0763	1.0000		
income	-0.0607	-0.1366	1.0000	
educ	-0.0250	-0.0974	0.3821	1.0000

```
. cor totalexp bmi smoker phy_lim chd high_chol diabetes high_bp
(obs=896)
```

	totalexp	bmi	smoker	phy_lim	chd	high_c~l	diabetes	high_bp
totalexp	1.0000							
bmi	0.0411	1.0000						
smoker	-0.0079	-0.0704	1.0000					
phy_lim	0.2223	0.1141	-0.0247	1.0000				
chd	0.1928	-0.0007	-0.0419	0.1159	1.0000			
high_chol	0.0579	0.1081	-0.0207	-0.0236	0.1483	1.0000		
diabetes	0.1404	0.1623	-0.0233	0.0900	0.0590	0.1175	1.0000	
high_bp	0.0538	0.1842	-0.0192	0.1090	0.1231	0.1422	0.1241	1.0000

A visual inspection of relationships in the data reveals that there are transformations which would need to be applied to some of the variables. There are also outliers and influential points which need to be resolved.



To perform a third diagnostic for noise, we run a stepwise regression on the qualitative variables (age, educ, income and bmi) followed by a hetroskedaticity test. The results of the test show a  $P=0.000$  which indicates there is hetroskedaticity (non-uniform noise) in the variables.

```
. sw regress totalexp age educ income bmi dr_visits hosp_vis, pr(0.05)
      begin with full model
p = 0.7933 >= 0.0500 removing income
p = 0.5925 >= 0.0500 removing bmi
p = 0.3864 >= 0.0500 removing educ
p = 0.2671 >= 0.0500 removing age
```

Source	SS	df	MS	Number of obs	=	896
Model	6.6653e+10	2	3.3326e+10	F(2, 893)	=	523.56
Residual	5.6842e+10	893	63652861.6	Prob > F	=	0.0000
				R-squared	=	0.5397
				Adj R-squared	=	0.5387
Total	1.2349e+11	895	137982985	Root MSE	=	7978.3

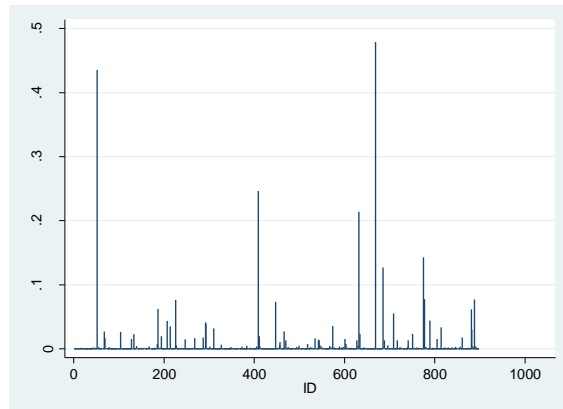
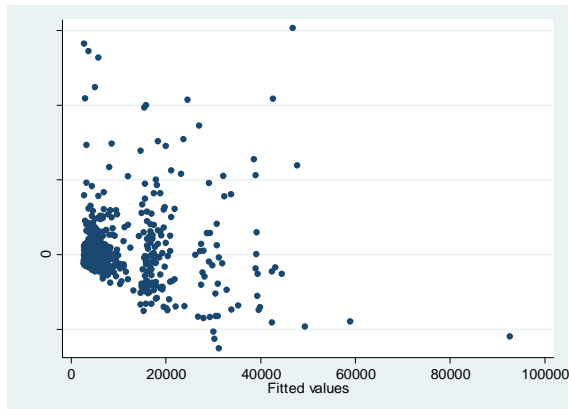
totalexp	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
hosp_vis	11912.42	431.5609	27.60	0.000	11065.42	12759.41
dr_visits	231.7197	20.80119	11.14	0.000	190.8948	272.5446
_cons	2801.749	349.8589	8.01	0.000	2115.107	3488.39

```
. hettest

Breusch-Pagan / Cook-Weisberg test for heteroskedasticity
Ho: Constant variance
Variables: fitted values of totalexp

chi2(1)      =    692.58
Prob > chi2   =    0.0000
```

The rvfplot also shows hetroskedaticity and nonlinearity, which would require deleting influential data points



Using Cooks distance to identify influential points, we drop data points where  $D_{res} > 0.1$ , we drop 6 data points.

Rerunning the regression and hettest, we do not find any difference with a  $P=0.000$  on the hettest and as shown by the rvfplot in the results (as seen in figure1, graph below on the left).



Figure 1: After Removing outliers

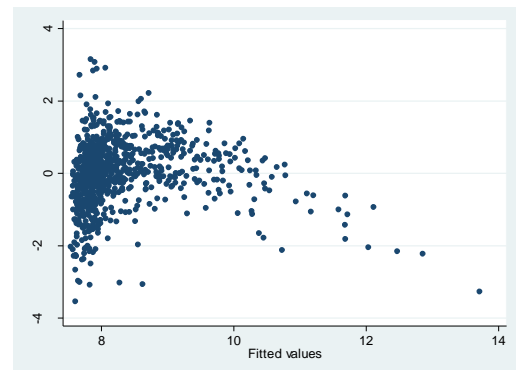
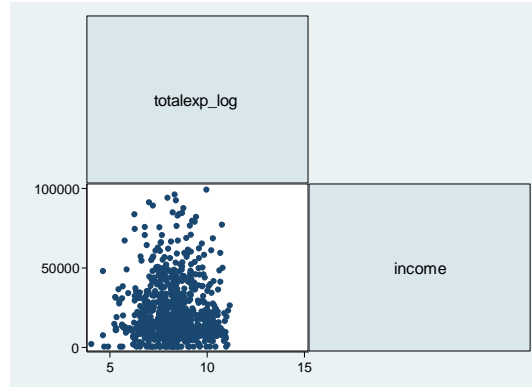
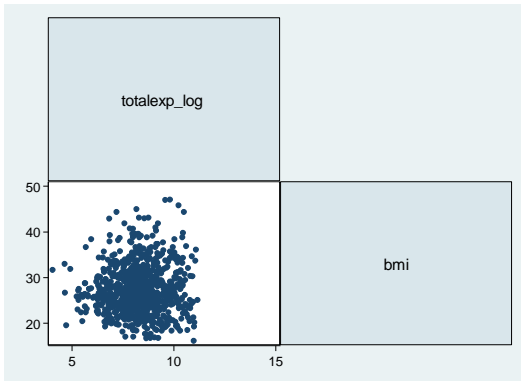


Figure 2: Using  $\text{Log}(\text{Totalexp})$

Trying a different option to log the response variable (totalexp), we get are able to resolve the issue of heteroskedasticity in the data as the  $P = 0.2808$  ( $> 0.05$ ) is now much higher.

However the rvfplot still shows non-linearity (as seen in figure 2, graph above on the right). Running an ovtest shows a  $P=0.000$ , which indicates transformation is required in the X variables.

Further analysis of each of the quantitative variables reveals influential points which can be dropped.



Dropping extremely high bmi values:  $\text{bmi} > 47$  (5 points)

Dropping records where total expense is very low:  $\text{totalexp} < \$115$  (4 points)

Dropping extremely high income values as average income is approx. \$28,000 for the medicare population:  $\text{income} > \$120,000$  (7 points)

Running another regression and `rvfplot` does show some improvement, however, to increase the accuracy in the model we consider removing additional points, using Cooks distance (3 iterations).

Generating residuals and dropping points where standardized residuals  $> 2$  helps reduce nonlinearity further.

Applying all the remaining dummy variables and rerunning regression gives a  $R=0.5331$  with an Adjusted  $R=0.5293$  and a  $\text{Se} = 0.69636$  for `totalexp_log`

```

. . sw regress totalex_log age educ income bmi_sq dr_visits hosp_vis msa male smoker phy_lim chd high_chol diabetes high_bp mar_wi
> d mar_divc mar_nvr race_blk race_oth race_hisp sr_vrg sr_good sr_poor mntl_vrg mntl_good mntl_poor, pr(0.1)
begin with full model
p = 0.9285 >= 0.1000 removing mar_divc
p = 0.9040 >= 0.1000 removing male
p = 0.8719 >= 0.1000 removing mar_nvr
p = 0.8446 >= 0.1000 removing mntl_vrg
p = 0.6808 >= 0.1000 removing sr_good
p = 0.6813 >= 0.1000 removing bmi_sq
p = 0.5902 >= 0.1000 removing smoker
p = 0.5986 >= 0.1000 removing sr_poor
p = 0.4433 >= 0.1000 removing mntl_good
p = 0.2751 >= 0.1000 removing msa
p = 0.2663 >= 0.1000 removing mntl_poor
p = 0.2055 >= 0.1000 removing high_bp
p = 0.1590 >= 0.1000 removing income
p = 0.1532 >= 0.1000 removing educ
p = 0.1309 >= 0.1000 removing race_oth
p = 0.1007 >= 0.1000 removing race_hisp
p = 0.1015 >= 0.1000 removing race_blk
p = 0.1157 >= 0.1000 removing sr_vrg
p = 0.1167 >= 0.1000 removing mar_wid

```

Source	SS	df	MS	Number of obs	=	859
Model	612.077532	7	87.4396474	F(7, 851)	=	138.80
Residual	536.086752	851	.62994918	Prob > F	=	0.0000
				R-squared	=	0.5331
				Adj R-squared	=	0.5293
Total	1148.16428	858	1.33818681	Root MSE	=	.79369

totalex_log	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
age	.0120799	.004455	2.71	0.007	.0033359	.020824
diabetes	.2433446	.0697142	3.49	0.001	.1065127	.3801766
phy_lim	.28733	.0585325	4.91	0.000	.172445	.4022151
chd	.216087	.08187	2.64	0.008	.0553961	.3767778
dr_visits	.0492698	.0032378	15.22	0.000	.0429147	.0556248
hosp_vis	.903229	.0514573	17.55	0.000	.8022308	1.004227
high_chol	.2711478	.0561173	4.83	0.000	.1610034	.3812923
_cons	6.369955	.3328804	19.14	0.000	5.716592	7.023318

```

. . predict yhat_total_exp_log2
(option xb assumed; fitted values)

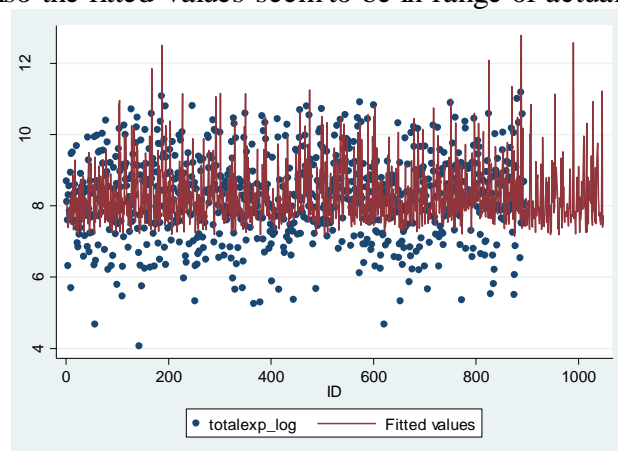
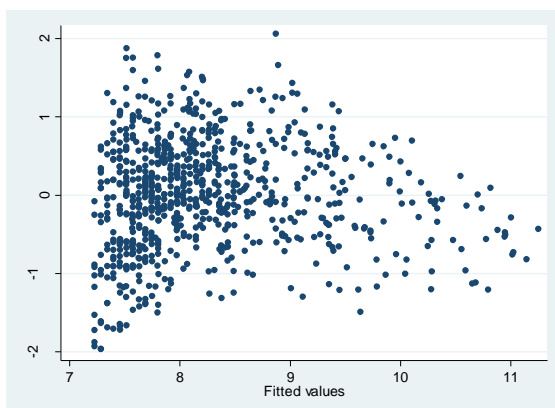
. . generate yhat_total_exp_invlog2 = exp(yhat_total_exp_log2)

. predict res_totalex, r
(152 missing values generated)

. generate sres_4= res_totalex/0.79369
(152 missing values generated)

```

Plotting an rvfplot shows residuals within 2. Also the fitted values seem to be in range of actuals.



The new mean and median information suggests the mean has not changed much, however variance has increased with the fitted data. The reason for the variance seems to be due some outliers in the fitted values.

```
. summarize yhat_total_exp_invlog2
```

Variable	Obs	Mean	Std. Dev.	Min	Max
yhat_t~vlog2	997	7263.984	20142.97	1280.684	355901.3

On further analysis these points see to have significant differences, listed below  
line # 990 has the highest predicted totalexp close to \$300,000. This is due to the person having hospital visits=5  
line # 954 and 1046 are similar profiles with high predicted totalexp close to \$70,000. This is due to person having number of hospital or dr visits = 34. There is also a physical limitation indicator and high cholesterol indicator.

Based on the current model the following variable coefficients are included:  
Age, Doctor visits, Hospital visits, diabetes, high cholesterol, chronic heart disease, physical limitation.

Major variables excluded are:  
Age, income, educ, race, msa, bmi, martial, male, smoker, mntl\_health, sr health

The equation for the response variable is given by:  

$$\text{Total\_exp\_log} = 6.37 + 0.903\text{hosp\_vis} + 0.057\text{dr\_visits} + 0.25\text{diabetes} + 0.27\text{high\_chol} + 0.22\text{chd} + 0.287\text{phy\_lim}$$

The model has a variance of 0.794 which gives us a confidence interval for log total exp (-0.762, 2.35)

## Conclusion:

Based on the above analysis we can determine key factors which influence the cost of medicare spending and what measures can be implemented to help save cost. Key influencers are the costs due to hospital visits and high number of dr visits. Members, especially those with severe chronic conditions, such as high cholesterol and diabetes, should be provided preventative care as this would reduce visits to the hospital in case of illness. It can also be inferred that demographics such as income, education and race are not that significant as compared to patients requiring treatment or being hospitalized.