```
#include <Servo.h>
Servo myservo;
int pos = 0;

void setup() {
   myservo.attach(9);
}

void loop() {
   for (pos = 45; pos <= 90; pos += 5) {
     myservo.write(pos);
     delay(20);
   }
   for (pos = 90; pos >= 45; pos -= 4

   ) {
     myservo.write(pos);
     delay(20);
   }
}
```