

Tongue twisters in the perfect tense:

- 1. She had just finished washing the dishes when the doorbell rang.**
2. He had already eaten breakfast before his friend arrived.
- 3. They had been waiting for the bus for half an hour when it finally arrived.**
4. The cat had knocked over the vase before anyone could stop her.
- 5. The students had studied for hours before taking the exam.**
6. She had forgotten her keys and had to wait for her roommate to come home.
- 7. He had lost his phone and had to use his friend's phone to call for help.**
8. They had been walking for miles before they finally reached their destination.
- 9. The cake had been baked for hours before it was ready to be served.**
10. She had already packed her bags before realizing that she had forgotten her passport.

Perfect continuous tenses:

- 1. She had been practicing piano for five hours straight before her fingers started to ache.**
2. He had been jogging for an hour when it suddenly started to rain.
- 3. They had been waiting in line at the amusement park for so long that they had forgotten what ride they were waiting for.**
4. The cat had been chasing the mouse around the house for hours before finally catching it.
- 5. The students had been studying for their exams all week long without taking any breaks.**
6. She had been knitting a scarf for her friend for weeks before finally finishing it.

7. **He had been working on his car all day long and was covered in grease and oil.**
8. They had been hiking up the mountain for hours and were finally approaching the summit.
9. **The cake had been baking in the oven for hours and was finally ready to be taken out.**
10. She had been searching for her lost keys for hours before finally finding them in her jacket pocket.

Perfect continuous tenses:

1. **Veronica had been weaving a warm woolen waistcoat with various vivid violet and white yarns.**
2. William had been whistling while whittling a wooden whistle for his wife.
3. **Sharon had been shopping for shoes in the shoe store on the shore for an hour.**
4. Charlie had been chasing the cheeky chimp for weeks around the Chinese cherry blossom garden.
5. **Betty had been buttering the bitter bagels with blackberry jam for the breakfast buffet.**
6. The little kitten had been sitting on the kitchen counter, licking its paws for hours.
7. **Bobby had been bouncing a big blue ball against the brick wall behind the bakery.**
8. Bernard had been baking batches of brownies and banana bread for the benefit bake sale.
9. **Gary had been grilling gourmet garlic and ginger glazed grilled chicken on the grill for his guests.**
10. Katie had been keeping a keen eye on the kaleidoscope for hours, observing the kaleidoscopic patterns and colors.

Present Perfect Continuous:

- 1. Veronica has been visiting Vienna and viewing the vast vineyards since last month.**
2. Wendy has been waiting for her wedding day while wearing a white woolen wedding gown.
- 3. Sharon has been practicing her show tunes and singing on the streets since she was a child.**
4. Charlie has been teaching children how to chop and chew chives, chicken, and cheese.
- 5. Betty has been betting on better and bitter butter for her baked goods since she opened her bakery.**

Past Perfect Continuous:

- 1. Veronica had been visiting various villages in Vietnam and volunteering to vaccinate the villagers.**
2. Wendy had been weaving woolen warmers and winning winter wear awards since she was young.
- 3. Sharon had been shouting and screeching songs on the stage for years before losing her voice.**
4. Charlie had been churning and chomping chocolate chips and cherries for his famous cherry chip cookies.
- 5. Betty had been buttering, baking, and boiling blackberries for her bountiful breakfast buffet for a decade.**

Future Perfect Continuous:

- 1. Veronica will have been visiting Venice and wandering the winding streets for a week by the time she returns home.**

2. Wendy will have been watching the weather and weaving woolen wear for the winter season by December.
3. **Sharon will have been sharing her sweet and soulful songs on the stage for hours by the time the concert ends.**
4. Charlie will have been chopping and chomping the chives, chicken, and cheese for the children's cooking class for months.
5. **Betty will have been baking and buttering the bitter bagels with blackberry jam for the breakfast buffet for hours by the time the guests arrive.**

Present Perfect:

1. **Veronica has visited the Vatican and viewed the valuable vases and velvet vests.**
2. Wendy has woven a wonderful white woolen wrap with wavy wicker work.
3. **Sharon has shown her sharp and shiny shoes at several shoe shows.**
4. Charlie has chopped and chewed cheddar cheese and cherry tomatoes for his children's lunch.
5. **Betty has baked and buttered batches of bitter bagels with blackberry jam for the breakfast buffet.**

Past Perfect:

1. **Veronica had visited the valleys and viewed the vast vineyards before moving on to the Vatican.**
2. Wendy had woven woolen wearables for various weather conditions before settling on a white woolen wrap.
3. **Sharon had shown her singing skills on several stages before settling on a career in shoe sales.**
4. Charlie had chopped and chewed countless chives, chicken, and cheese for various cooking classes before his own.

5. **Betty had baked and buttered batches of bitter bagels with blackberry jam for years before opening her own bakery.**

Future Perfect:

1. **Veronica will have visited various villages and vineyards and viewed various valuable items before reaching the Vatican.**
2. **Wendy will have woven woolen wearables for all weather conditions and will have created wonderful white woolen wraps for winter by next year.**
3. **Sharon will have shown her singing skills on various stages and will have sold countless shoes before retiring.**
4. **Charlie will have chopped and chewed countless chives, chicken, and cheese for various cooking classes and will have written his own cookbook by next year.**
5. **Betty will have baked and buttered batches of bitter bagels with blackberry jam for years and will have expanded her bakery to multiple locations by next year.**

Present Perfect Continuous:

1. **Veronica has been visiting various villages and vineyards and viewing valuable vases and velvet vests for weeks.**
2. **Wendy has been weaving woolen wearables for all weather conditions and creating wonderful white woolen wraps for winter.**
3. **Sharon has been showing her singing skills on various stages and selling countless shoes for years.**
4. **Charlie has been chopping and chewing countless chives, chicken, and cheese for various cooking classes and writing his own cookbook.**
5. **Betty has been baking and buttering batches of bitter bagels with blackberry jam for years and expanding her bakery to multiple locations.**

Past Perfect Continuous:

- 1. Veronica had been visiting various vineyards and viewing valuable vases and velvet vests before she moved on to the Vatican.**
2. Wendy had been weaving woolen wearables for all weather conditions and had created wonderful white woolen wraps for winter before she retired.
- 3. Sharon had been showing her singing skills on various stages and had been selling countless shoes for years before she opened her own shoe store.**
4. Charlie had been chopping and chewing countless chives, chicken, and cheese for various cooking classes and had been writing his own cookbook before he opened his own restaurant.
- 5. Betty had been baking and buttering batches of bitter bagels with blackberry jam for years and had been expanding her bakery to multiple locations before she retired.**

Future Perfect Continuous:

- 1. Veronica will have been visiting various villages and vineyards and viewing valuable vases and velvet vests for months by the time she reaches her goal.**
2. Wendy will have been weaving woolen wearables for all weather conditions and creating wonderful white woolen wraps for winter for years by the time she retires.
- 3. Sharon will have been showing her singing skills on various stages and selling countless shoes for years by the time she decides to retire.**
4. Charlie will have been chopping and chewing countless chives, chicken, and cheese for various cooking classes and writing his own cookbook for years by the time he opens his own restaurant.

5. **Betty will have been baking and buttering batches of bitter bagels with blackberry jam for years and expanding her bakery to multiple locations by the time she decides to retire.**

Perfect Tenses:

1. **Veronica has visited the Vatican and viewed the valuable vases and velvet vests.**
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Practice each tongue twister slowly at first and then gradually increase your speed as you become more comfortable with the sounds and the tense.