Augabe 39

$$R = \frac{1}{2m} (\vec{p} \times \vec{L} - \vec{L} \times \vec{p}) - 8 \hat{\vec{q}}$$
 $R = \vec{R}$, $[\vec{R}, \vec{H}]$

of $R = \alpha_1 \hat{\vec{r}} + \alpha_1 (\vec{p} \times \vec{L}) + \alpha_1 \vec{p}$
 $(\vec{L} \times \vec{p})_{X} = \vec{L}_{Y} \hat{\vec{r}}_{Z} \vec{L}_{Z} \hat{\vec{p}}_{Y} = \vec{L}_{Y} \hat{\vec{r}}_{Z} - \hat{\vec{r}}_{Z} \vec{L}_{Y} \hat{\vec{r}}_{Z} + \hat{\vec{r}}_{Z} \vec{L}_{Y} + \hat{\vec{r}}_{Z} \vec{L}_{Z} - \hat{\vec{r}}_{Y} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \vec{L}_{Z} - \hat{\vec{r}}_{Y} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \vec{L}_{Z} - \hat{\vec{r}}_{Y} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \vec{L}_{Z} - \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} - \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} - \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Y} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} - \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} \hat{\vec{L}}_{Z} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} \hat{\vec{L}}_{Z} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} \hat{\vec{L}}_{Z} + \hat{\vec{r}}_{Z} \hat{\vec{L}}_{Z} \hat{\vec{L$

$$\begin{array}{c} (T) \stackrel{?}{7} \cdot (\stackrel{?}{p} \times \stackrel{?}{L}) = (\stackrel{?}{7} \times \stackrel{?}{p}) \stackrel{?}{L} = \stackrel{?}{L} \\ (T) \stackrel{?}{p} \times \stackrel{?}{L}) = \stackrel{?}{7} = (-\stackrel{?}{L} \times \stackrel{?}{p} + 2i h \stackrel{?}{p}) = \stackrel{?}{7} = (-\stackrel{?}{L} \times \stackrel{?}{p}) - \stackrel{?}{7} \\ + 2i h \stackrel{?}{p} \stackrel{?}{7} = \stackrel{?}{L} + 2i h \stackrel{?}{p} = \stackrel{?}{7} \\ (III) \stackrel{?}{p} \cdot (\stackrel{?}{p} \times \stackrel{?}{L}) = (\stackrel{?}{p} \times \stackrel{?}{p}) \stackrel{?}{L} = O \\ (IV) \stackrel{?}{p} \times \stackrel{?}{L}) \stackrel{?}{p} = (-\stackrel{?}{L} \times \stackrel{?}{p} + 2i h \stackrel{?}{p}) \stackrel{?}{p} = 2i h \stackrel{?}{p}^{2} \\ (V) \stackrel{?}{p} \times \stackrel{?}{L}) \stackrel{?}{p} = \stackrel{?}{7} \stackrel{?}{p} \stackrel{?}{q} - i h \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{7} \stackrel{?}{p} - i h \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{7} \stackrel{?}{q} - i h \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{q} \stackrel{?}{q} - i h \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{q} \stackrel{?}{q} - i h \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{q} \stackrel{?}{q} - i h \stackrel{?}{q} = \stackrel{?}{q} - i h \stackrel{?}{q} = \stackrel{?}{q} = \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{q} = \stackrel{?}{q} \stackrel{?}{q} = \stackrel{?}{q} =$$