

CyPath® Flow Cytometry Lung Cancer Test

Step-By-Step Illustrated Instructions



Step 1 - Get Ready

Open the kit box and remove the cold brick.
Place the cold brick in your freezer.



**KEEP THE KIT BOX
IN A SAFE PLACE TO
RETURN YOUR SAMPLE**

Step 2 - Collect Your Sample

Collect your sample in the same
sample collection cup for three (3)
consecutive days.



Remove collection cup from the kit box
and the assist device from its packaging.
Rinse your mouth with water before collection.

Place the collection cup and assist device
nearby prior to sample collection.



Step 5 - Collection Assist Device

Breathe deeply from your chest 10 times.
Then seal your lips around the device
mouthpiece. Now breathe in and out deeply
10 times through your mouth, keeping your
lips sealed around the mouthpiece.
Repeat as often as you like. More detailed
instructions can be found in the bag
containing the assist device.



Step 6 - Collecting Sputum

Cough deeply from your chest, making a
"huff" sound to bring up sputum. Expect the
sputum into the collection cup. Repeat the
"huff" cough 3-5 times.



You can collect several times during the
day if you do not see thick mucus secretions.
Collecting after a warm morning shower
helps loosen the sputum for collection.

Step 7 - After Collection

After collection, screw the lid onto your
collection cup and wash your hands.



**ALWAYS WASH YOUR HANDS
BEFORE AND AFTER HANDLING
THE COLLECTION CUP**

Step 8 - REFRIGERATE Your Sample

**PUT YOUR SPUTUM SAMPLE IN THE
REFRIGERATOR EACH DAY AFTER
COLLECTING YOUR SAMPLE**



**Collect your sputum sample in the same
cup for three (3) consecutive days.**
Please fill out collection schedule at the back
of the booklet and return with your sample.

Step 9 - RETURN Your Sample

After the third day of collection, tightly
screw on the lid to the collection cup.
Place the cup in the plastic bag with the
absorbent sheet, push air out of bag and seal.
Remove FROZEN COLD BRICK from the
freezer and place the cold brick in the
kit box.



Place sample cup (in its bag) in the kit
box. Place the frozen cold brick next
to sample in the box and close the box.



Return your kit in the FedEx Pak. Call
1-800-GoFedEx (1-800-463-3333) or go
to fedex.com to schedule a free pick-up.



SPUTUM SAMPLE COLLECTION SCHEDULE

Collect your sputum sample in the same cup for
3 consecutive days. Record the date of your
collection. If you collect on additional days, please
add them to the schedule on additional lines and sign
after each collection. **DO NOT FREEZE!**

Check the box and fill out before each day
after your collection.

<input type="checkbox"/> Day 1	Date and time of collection
<input type="checkbox"/> Day 2	Date and time of collection
<input type="checkbox"/> Day 3	Date and time of collection
Name	

**CALL 855-MY LUNGS
(855-695-6647)
IF YOU HAVE ANY QUESTIONS**