

CyPath® Flow Cytometry Lung Cancer Test

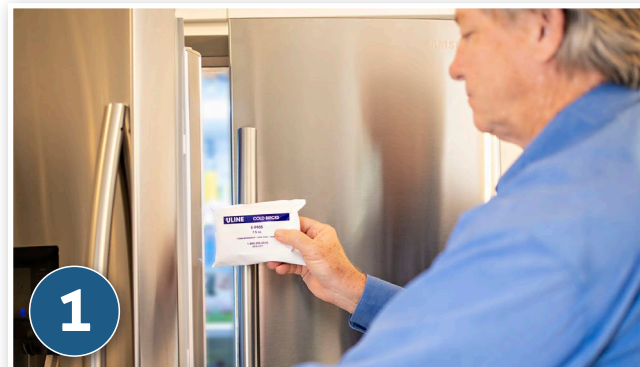
Step-By-Step Illustrated Instructions



Step 1 - Get Ready

Open the kit box and remove the cold brick.

Place the cold brick in your freezer.



**KEEP THE KIT BOX
IN A SAFE PLACE TO
RETURN YOUR SAMPLE**

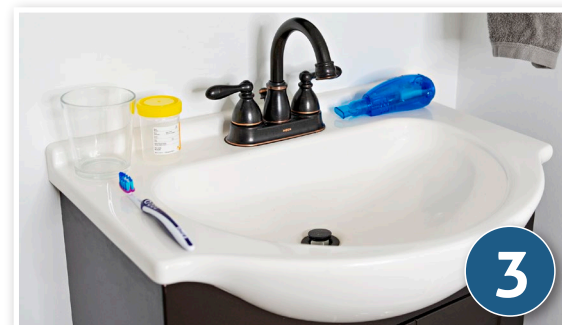
Step 2 - Collect Your Sample

Collect your sample in the same sample collection cup for three (3) consecutive days



Remove collection cup from the kit box and the assist device from its packaging. Rinse your mouth with water before collection.

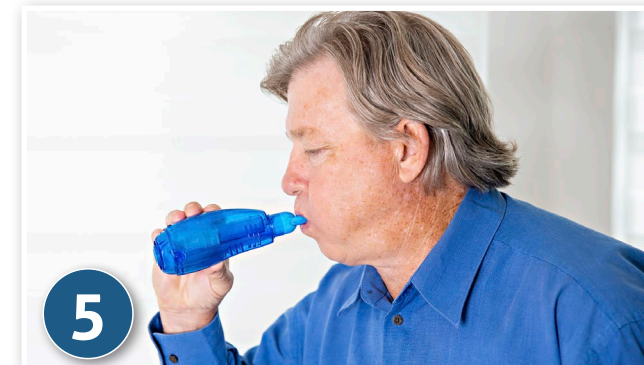
Place the collection cup and assist device nearby prior to sample collection.



Unscrew the lid off your collection cup.

Step 5 - Collection Assist Device

Breathe deeply from your chest 10 times. Then seal your lips around the device mouthpiece. Now breathe in and out deeply 10 times through your mouth, keeping your lips sealed around the mouthpiece. Repeat as often as you like. More detailed instructions can be found in the bag containing the assist device.



Step 6 - Collecting Sputum

Cough deeply from your chest, making a "huff" sound to bring up sputum. Expel the sputum into the collection cup. Repeat the "huff" cough 3-5 times.



You can collect several times during the day if you do not see thick mucus secretions. Collecting after a warm morning shower helps loosen the sputum for collection.

Step 7 - After Collection

After collection, screw the lid onto your collection cup and wash your hands.



**ALWAYS WASH YOUR HANDS
BEFORE AND AFTER HANDLING
THE COLLECTION CUP**

Step 8 - REFRIGERATE Your Sample

**PUT YOUR SPUTUM SAMPLE IN THE
REFRIGERATOR EACH DAY AFTER
COLLECTING YOUR SAMPLE**



**Collect your sputum sample in the same
cup for three (3) consecutive days.**

Please fill out collection schedule at the back of this booklet and return with your sample.

Step 9 - RETURN Your Sample

After the third day of collection, tightly screw on the lid to the collection cup.

Place the cup in the plastic bag with the absorbent sheet, push air out of bag and seal.

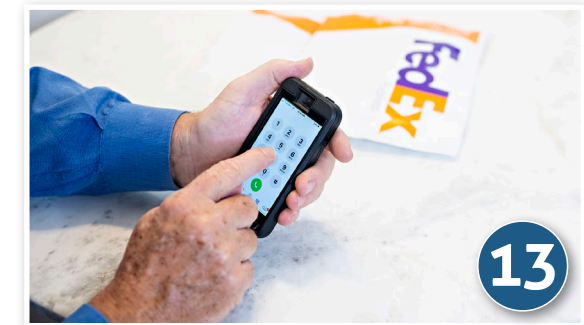
Remove FROZEN COLD BRICK from the freezer and **place the cold brick in the kit box.**



Place sample cup (in its bag) in the kit box. Place the frozen cold brick next to sample in the box and close the box.



Return your kit in the FedEx Pak. Call 1-800-GoFedEx (1-800-463-3339) or go to [fedex.com](https://www.fedex.com) to schedule a **free pick-up.**



SPUTUM SAMPLE COLLECTION SCHEDULE

Collect your sputum sample in the same cup for 3 consecutive days. Record the dates of your collection. If you do not see mucus in the sample, you may collect an additional two days.

Remember to refrigerate your sample after each collection. DO NOT FREEZE!

Check the box and fill out form each day after your collection.

<input type="checkbox"/>	Day 1	_____	Date and time of collection
<input type="checkbox"/>	Day 2	_____	Date and time of collection
<input type="checkbox"/>	Day 3	_____	Date and time of collection

Notes _____

**CALL 855-MY LUNGS
(855-695-8647)
IF YOU HAVE ANY QUESTIONS**