



CYPATH™ LUNG SPUTUM SAMPLE COLLECTION INSTRUCTIONS

*NEED HELP? CALL 855-MYLUNGS TO
SPEAK WITH YOUR PATIENT COACH*

GET READY

REMOVE COLLECTION CUP

SAVE YOUR KIT BOX

READ INSTRUCTIONS

MAKE SURE YOUR NAME IS
WRITTEN ON CUP



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

FREEZE THE COLD PACK

KEEP KIT BOX AND
ALL ITS CONTENTS
IN SAFE PLACE TO
USE WHEN YOU
RETURN YOUR
SAMPLE



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

PREPARE TO COLLECT YOUR SAMPLE

REMOVE THE LID FROM
THE COLLECTION CUP

PLACE CUP AND ASSIST
DEVICE IN YOUR
BATHROOM WHERE YOU
WILL COLLECT YOUR
SAMPLE



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

COLLECT YOUR SAMPLE

*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

USE THE ASSIST DEVICE TO OPEN YOUR AIRWAYS

BREATH DEEPLY 10 TIMES
WITHOUT DEVICE

BREATH DEEPLY 10 TIMES
THROUGH THE DEVICE IN
YOUR MOUTH

REMOVE THE ASSIST
DEVICE FROM YOUR MOUTH



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

COUGH YOUR SAMPLE INTO THE COLLECTION CUP

“HUFF” COUGH 3-5 TIMES
TO HELP THE MUCUS COME
UP FROM YOUR LUNGS

EXPEL MUCUS ONLY INTO
THE COLLECTION CUP

REPEAT, OR TRY AGAIN
LATER, IF NEEDED



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

REFRIGERATE YOUR
SAMPLE IN THE CUP
BETWEEN COLLECTION

SECURE THE LID ON YOUR
COLLECTION CUP



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

REPEAT YOUR
SAMPLE COLLECTION
FOR 2 MORE DAYS
FOR A TOTAL OF 3
DAYS

COLLECT YOUR SAMPLE IN
THE SAME CUP

REFRIGERATE YOUR SAMPLE
AFTER EACH COLLECTION



RETURN YOUR SAMPLE

*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

RETURN YOUR SAMPLE ON YOUR LAST DAY OF COLLECTION

REMOVE YOUR SAMPLE
FROM THE REFRIGERATOR

TIGHTLY SECURE THE LID

PLACE CUP IN BIO-
PROTECTIVE BAG

REMOVE FEDERAL EXPRESS
PRE-ADDRESSED ENVELOP
FROM THE KIT BOX



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

PREPARE TO SHIP YOUR SAMPLE TO THE LABORATORY

REMOVE COLD PACK FROM
FREEZER AND PLACE IT IN
THE KIT BOX

PUT YOUR SAMPLE IN KIT
BOX NEXT TO COLD PACK

CLOSE THE KIT BOX
CONTAINING YOUR SAMPLE
BY FOLDING THE FLAPS
INTO THE SIDES



*NEED HELP? CALL **855-MYLUNGS** TO
SPEAK WITH YOUR PATIENT COACH*

SHIP YOUR SAMPLE
FREE BY OVERNIGHT
FEDERAL EXPRESS

PLACE THE KIT
CONTAINING YOUR SAMPLE
IN THE PRE-ADDRESSED
FEDERAL EXPRESS
ENVELOPE CONTAINED IN
YOUR KIT BOX

CALL **1-800-GOFEDEx** (1-
800-463-3339)

ASK FOR A PICK-UP



***NEED HELP? CALL 855-MYLUNGS TO
SPEAK WITH YOUR PATIENT COACH***



*PRECISION PATHOLOGY HAS LICENSED THE INTELLECTUAL
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