

DR KARAN RAO

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Saturday, 9th November 2024

Dr Anna Windsor Royal Flying Doctors

Dear Anna Windsor

RE: Mr Frederick Edwards DOB: 22/12/1937 Address: 26 Deacon Drive, Warren NSW 2824 Phone: 0429001819

I had the pleasure of reviewing Mr Edwards in my cardiology rooms. As you know, he has ischaemic cardiomyopathy as well as multi-valvular disease with severe TR and MR which has been stable and we have been monitoring. I did an echo last month, which showed that his MR and TR were continuing to be severe, although there was LV dilatation and slight improvement in his LV function to 40%. There was mild pulmonary hypertension at PASP of 38mmHg.

Mr Edwards remains breathless which is primarily on exertion and has been quite steady. We discussed the MitraClip today and I was quite clear with the advantages and disadvantages and explained that it would happen at Royal North Shore if we were to it. They appeared quite keen as a family to pursue this at least as an avenue to improve his breathlessness. I think this is reasonable. He is currently on optimal medical therapy as much his blood pressure allows.

Step one would be to arrange a TOE at North Shore Public to see the feasibility of the MitraClip. I think if the MitraClip works, then we want to reassess tricuspid valve afterwards.

His blood pressure today is 110/60. His pulse rate is 68 beats per minute and in sinus rhythm. He is euvolaemic.

I plan to see him at Royal North Shore after the TOE and decide on whether it would be suitable for MitraClip. I will refer him to Prof Ravinay Bhindi at North Shore. Otherwise, I will catch up with him in six months for ongoing review.

Thank you for allowing me to assist.

Yours Sincerely,

Dr Karan Rao MD MPH BMed FRACP Provider Number- 4929038J Dictated but not sighted by Karan Rao