

## Dr Brendan Gunalingam

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**Email preferred for correspondence**

24/02/25

Dr Abhijit Ray  
Mariners Medical  
3/1 Bryant Drive  
TUGGERAH NSW 2259

Dear Abhijit,

**RE: Mr Colin Bromley DOB: 23/10/36 Ph: 0403 500 587**  
**26/115 Pacific Highway, KANGY ANGY NSW 2258**

I undertook a Teleconsultation with Colin today after all cardiovascular investigations had been completed. To summarise, test results were as follows:-

1. **Echocardiography** - this revealed moderate impairment in systolic function of a global nature with an estimated ejection fraction of 35-40%.
2. **Moderate aortic stenosis** - was noted (peak gradient 22mmHg with a mean of 13mmHg).
3. **Chest x-ray** - did not reveal any evidence of left ventricular failure or pleural effusions.
4. **Myocardial perfusion scan** - demonstrated only a small amount of ischaemia in the distal anteroseptal region. The extent was thought to be less than 8%.

Abhijit, speaking to Colin he seems to be stable at the moment and I have also received correspondence from Catherine Tang. I understand that mediastinal lymphadenopathy is relatively stable and she does not feel it is worth investigating.

**Intercurrent issues** with him include:

1. **Peripheral Vascular Disease.** Previous bilateral femoro-popliteal bypass. Has also had stenting on the right ? which vessel.
2. **Hypertension.**
3. **Hypercholesterolaemia.**
4. **Ex-smoker.**
5. **Ischaemic Heart Disease.** CABG surgery 15.5.18 with Dr Connellan. LIMA-LAD, SVG-PDA, Mitral Valve Repair (annuloplasty ring), Tricuspid Annuloplasty (ring).
6. **Atrial Fibrillation.**
7. **Mediastinal lymphadenopathy** - under surveillance. Dr Catherine Tang.
8. **Chronic renal impairment.**
9. **Normochromic normocytic anemia** - long standing and present since 2016.

**Current medications include:-** Alvesco, Amoxicillin, Aspirin, Betamethasone, Candesartan, Coumadin, Frusemide, Glyceryl trinitrate, Lipitor, Metoprolol, Novasone, Salbutamol.

**In summary Abhijit,** I suspect a lot of his symptoms may be related to LV dysfunction and I have asked him to increase his dose of Frusemide to 40mg bd. He is already on Candesartan and when you see him next I would kindly suggest you switch him over from Metoprolol to Bicor and if there aren't any contraindications, consider switching him from Warfarin to Eliquis. I would be happy to review him now at your request.

Kind regards

A handwritten signature in black ink, appearing to read 'B. Gunalingam', written in a cursive style.

Letter dictated & reviewed by  
Dr Brendan Gunalingam  
bg.jy

cc: Dr Catherine Tang, Department Of Haematology, Gosford Hospital, P.O Box 361, GOSFORD NSW 2250  
cc: Dr Cameron Hunt, Respiratory Medicine, Wyong Hospital, Pacific Hwy, HAMLIN TERRACE NSW 2259.

\* **PLEASE NOTE** our Argus address is now [cardiodocs@argus.net.au](mailto:cardiodocs@argus.net.au)

\* **Healthlink** EDI cardiac