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Encounter info: Royal North Shore, Inpatient, 13/07/2025 -

## Orthogeris

Patient: **WASHINGTON, Mrs Bridget Teresa** MRN: 227-72-55

Age: **90 years** Sex: **Female** DOB: **08/11/1934**

Associated Diagnoses: **None**

Author: **Sanossian, Avedis (JMO)**

## Progress Note

### Orthogeris consult - Dr Ward (SS), Sanossian (AT)

Chart review

90F CCF with pulmonary oedema

### Issues:

# Congestive Cardiac Failure

- Presented with worsening breathlessness and reduced exercise tolerance
- CT Aortogram 13/7: Pleural effusions (R>L) most likely reflects acute pulmonary oedema.
- TTE: Flail PML tip with severe mitral regurgitation
- Currently on frusemide IV 40mg daily, withheld BD dosing due to AKI
- Stepped down to oral diuresis 19/07

- TOE: severe biventricular failure, severe MR and TR
- Recommendation for tricuspid

#### # Pleural Effusion R > L

- Chest drain inserted under IR guidance 15/7
- Apixaban suspended and transitioned to DVTp
- Pleural fluid highly indicative of transudative effusion though difficult to interpret with pleural lactate
- Chest drain removed 17/07

#### # Community Acquired Pneumonia

- Rapid response 15/7 for desaturation to 80% on room air
- Commenced on IV Ceftriaxone + Azithromycin
- Stepped down to oral cefuroxime, ceased 21/07

#### # Hyperkalaemia

- 17/5 K 5.5, spironolactone suspended

#### # Diarrhoea with negative stool sample PCR

- Resolved post cessation of laxatives

#### **Chart review**

##### **PMHx**

CCF

HTN

Hypercholesterolaemia

##### **OT review noted:**

SHx

Lives alone in retirement village

Has supportive family and private cleaners

Aiming for discharge to daughter's home ?today if medically cleared - pt eager for this as there is a family birthday celebration

Home Environment (patient's home):

1st floor unit with lift access

Walk-in shower with shower stool and grab rails

Standard toilet with grab rail

Electric hospital bed and recliner chair in situ

Personal falls alarm in situ

Home Environment (daughter's home):

4 bedroom unit with lift access

She will have her own room with ensuite - walk-in shower but no grab rails or shower stool

Nil other equipment reported - nil concerns raised

Patient advised she doesn't usually use shower stool at home unless washing her hair - she will get her daughter to pick it up from her unit if she feels like she needs it on discharge

Previous Function:

Independently mobile unaided

Independent with personal ADL's

Family and private cleaner assist with domestic ADL's

Current Function:

Independently mobile unaided

Independent with personal ADL's

Cognition:

Rowland Universal Dementia Assessment Scale (RUDAS) completed with patient (paper copy in patient's folder). See below scores:

Visuospatial orientation: 5/5

Praxis: 2/2

Visuo-constructional drawing: 1/3

Judgement: 4/4

Memory recall: 6/8

Language: 8/8

**Total: 26/30**

\*If below 23 indicates likely cognitive impairment

**OT Impression:**

- Nil cognitive impairment identified on RUDAS
- Otherwise, patient independently mobile and self-caring on the ward (using shower chair according to iView)

**Impression**

Mrs Bridget Washington is a 90 year old lady that has presented with symptomatic severe MR and TR.

She is independent in her activities of daily living and has a supportive family.

She has had a reassuring assessment by the occupational therapist in the context of her functional and cognitive status.

There is not a contraindication to proceed with a Triclip from an Aged Care Perspective.

Avedis Sanossian

Orthogeris AT

via switch