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AB:NTS 27 November 2024

> Dr Lydia Fleming Cooks Hill Family Practice Health Hub, 235 Darby St COOKS HILL NSW 2300

Dear Lydia,

RE: Mrs Eleonora Moelle DOB: 21/02/1933

58 Pell Street

MEREWETHER NSW 2291

Phone: 49632894

It was a pleasure to follow up with Ms Moelle for her problem of paroxysmal AF and her new problem of ruptured mitral valve cord leading to heart failure.

She continues to be in remarkably good health at 91 years of age. She does walk with a four-wheeled walker but she is mentally with it. Physically she has no symptoms at all other than her peripheral oedema. She denies shortness of breath on exertion, orthopnoea or PND.

She continues to go for a walk every day to the beach.

In terms of her peripheral oedema, this has responded well to diuretics and these should continue. I think open heart surgery for mitral valve repair is a bridge too far at her age and she would not be able to recover from a sternotomy walking on a walker. We did discuss the option of a MitraClip, and her daughter, Barbara, was in attendance with her today. We were tossing up between observation only versus proceeding towards a possible MitraClip. She would need a transoesophageal echo but we would only do that if she were keen on ever pursuing a MitraClip. Because she is asymptomatic, there is no rush with this and they will consider the option over the Christmas period and get back to me early in the new year. In the meantime, she just needs diuretics titrated to her peripheral oedema, as you have already done.

It is a pleasure to be involved in her care.

Kind regards

Professor Andrew Boyle Interventional Cardiologist