



Dr Karthik Kumar
MBBS, MD, DNB, DM, FRACP, AFRACMA
Gosford | Sydney | Wyong
Renal physician
Gosford and Sydney Adventist Hospital
Provider No: 268272EA



The Royal Australasian
College of Physicians

All Correspondences:**Clinics:**

96 Hills Street, North Gosford NSW 2250
Suite 2/32 Florence St, Hornsby NSW 2077
Fax: 02 4321 0125, Ph: 02 4321 0555
office@gosfordnephrology.com
Healthlink: karkumar

Date of consult: 20 May 2025

Dr Mai Saleh
Hope Medical Centre
Shop 16 Fountain Plaza
158 The Entrance Rd
ERINA NSW 2250
Phone:
Fax: 4367 5999
Healthlink: hopecare

Dear Mai,

Re: **Ms Maggie Lingard**
DoB: 24/09/58
1/6-8 Compton Street NORTH GOSFORD NSW 2250

It was a pleasure to see Maggie today for consultation at Gosford Nephrology Clinic. I note your following concerns.

Current issues:

- HYPERTENSION - onset 01/01/2010
 - Gastric sleeve surgery - onset 01/01/2016
 - CKD stage 4: Acute Kidney injury - onset 01/10/2024
- Baseline eGFR: 29 mL/min (CKD-EPI Formula)

Past History:

- PULMONARY EMBOLISM
- Bronchial asthma
- Neuropathic pain
- Moderate aortic stenosis
- Spinal tumour - resected - 01/01/2022

Progress: 20 May 2025**History and review of symptoms:**

Maggie came in for review with her support worker. She was well and has lost another couple of kilos in weight.

Blood pressure was satisfactorily component 120/74 mmHg.

She tells me she has a significant aortic stenosis and in the being considered for TAVI procedure.

Her renal function is reassuringly improved with a creatinine coming down to 110 µmol/L again

GFR 45 mL/min. Haemoglobin and iron studies are satisfactory. She has had a recent iron infusion.

Urine protein excretion was controlled at less than half a gram a day with no significant dysmorphic microhematuria is noted.

Renal bone markers are satisfactory with a PTH of 4.1 pmol/litre.

Ms Maggie Lingard - 24/09/58

Lipid profile suggested borderline high cholesterol 5.5 mmol/L.

I am pleased with the results and have not made any changes to her medications today.

As regards to the TAVi procedure, her risk for radiocontrast nephropathy is significantly lower compared to what it was last year. In the unfortunate event of her renal function deteriorating, she will be a candidate for intermittent haemodialysis however the risk of this is significantly lower given her recovering renal function and a GFR of 45 mL/min.

I plan to see her again with repeat investigations in 3 months time 2 weeks after the daily procedure whichever is earlier.

I discussed the above results and management plan and the patient did not have any further questions today. Many thanks for the opportunity to look after Maggie and please do not hesitate to contact me if you have any queries in the meantime.

Medications:

- Apixaban 5mg Tablets bd
- Endep Tablets 10mg Tablets nocte
- Frusemide 40 tablet half tab daily
- Ivabradine 5mg Tablets daily with food
- Lipitor 20mg Tablets daily
- Mirtanza Tablets 30mg Tablets daily
- Zan-Extra 10/10 Tablets 10 mg/10 mg Tablets daily
- Zoloff Tablets 100mg Tablets nocte

This list may not be complete and patients/pharmacy need to liaise with their GP for a complete and more updated list of their medications. Please let me know if there are any discrepancies in my current medications list.

Allergies:

- Nil Known

Best wishes

Karthik Kumar

(Proof read and electronically signed by Dr Kumar)

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cc: Dr Tommy Wong, Coastal Cardiology Centre, 25 Jarrett Street, North Gosford NSW 2250

cc: Dr Ravinay Bhindi, North Shore Cardiac Centre, Level 3, Suite 11 Westbourne Street, St Leonards NSW 2065