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Date of consult: 21 Jan 2025

Dr Mai Saleh
Hope Medical Centre
Shop 16 Fountain Plaza
158 The Entrance Rd
ERINA NSW 2250
Phone:
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Dear Mai,

Re: **Ms Maggie Lingard**
DoB: 24/09/58
1/6-8 Compton Street NORTH GOSFORD NSW 2250

It was a pleasure to see Maggie today for consultation at Gosford Nephrology Clinic. I note your following concerns.

Current issues:

- HYPERTENSION - onset 01/01/2010
 - Gastric sleeve surgery - onset 01/01/2016
 - CKD stage 4: Acute Kidney injury - onset 01/10/2024
- Baseline eGFR: 29 ml/min (CKD-EPI Formula)

Past History:

- PULMONARY EMBOLISM
- Bronchial asthma
- Neuropathic pain
- Moderate aortic stenosis
- Spinal tumour - resected - 01/01/2022

Progress: 21 Jan 2025

History and review of symptoms:

She came in for review with her son Daniel for the consultation. She has made a significant attempt at increasing hydration, dietary changes and has lost nearly 9 kg since the last visit. I also seems to flutamide a reasonable flutamide on the last visit and change to antihypertensives with reduction of the ACE inhibitor. This has resulted in a significant improvement in renal function with a creatinine coming down to 120 $\mu\text{mol/L}$ given GFR of 40 ml/min. I feel baseline GFR is nearly 50 ml/min .
Haemoglobin was satisfactory at 118 g/L however she was iron deficient and and I have recommended an iron infusion and arranged at the public hospital on her request.
Serology for vasculitis and myeloma panel have come back negative.

Ms Maggie Lingard - 24/09/58

Urine protein excretion was controlled at less than half a gram a day, with no significant dysmorphic microhematuria is noted.

HbA1c was satisfactory at 5.2%.

Assessment and recommendations:

Mai, I am pleased with these results and have not made any changes to her medications today. I have arranged an Fe infusion at public hospital and will review again with repeat investigations in 4 months.

I discussed the above results and management plan and the patient did not have any further questions today. Many thanks for the opportunity to look after Maggie and please do not hesitate to contact me if you have any queries in the meantime.

Allergies:

- Nil Known

Current Medications:

- Apixaban 5mg Tablets bd
- Endep Tablets 10mg Tablets nocte
- Ferinject Solution for injection 500mg/10mL Solution for injection 1
- Frusemide 40 tablet half tab daily
- Ivabradine 5mg Tablets daily with food
- Lipitor 20mg Tablets daily
- Mirtanza Tablets 30mg Tablets daily
- Zan-Extra 10/10 Tablets 10 mg/10 mg Tablets daily
- Zolofl Tablets 100mg Tablets nocte

This list may not be complete and patients/pharmacy need to liaise with their GP for a complete and more updated list of their medications. Please let me know if there are any discrepancies in my current medications list.

Best wishes

Karthik Kumar

(Proof read and electronically signed by Dr Kumar)