



How To Play A 4 Over 3 Polyrhythm

By: Dave Atkinson

4 Over 3 Polyrhythm

4 Pattern	X		X		X		X	
3 Pattern	X		X		X		X	

1)

Drum notation for exercise 1. The top staff shows a 4/4 time signature with vertical bar lines every quarter note. The bottom staff shows a 3/4 time signature with vertical bar lines every eighth note. The pattern consists of four strokes on the top staff for every three strokes on the bottom staff.

2)

Drum notation for exercise 2. The top staff shows a 4/4 time signature with vertical bar lines every quarter note. The bottom staff shows a 3/4 time signature with vertical bar lines every eighth note. The pattern consists of four strokes on the top staff for every three strokes on the bottom staff.

3)

Drum notation for exercise 3. The top staff shows a 4/4 time signature with vertical bar lines every quarter note. The bottom staff shows a 3/4 time signature with vertical bar lines every eighth note. The pattern consists of four strokes on the top staff for every three strokes on the bottom staff.

4)

Drum notation for exercise 4. The top staff shows a 4/4 time signature with vertical bar lines every quarter note. The bottom staff shows a 3/4 time signature with vertical bar lines every eighth note. The pattern consists of four strokes on the top staff for every three strokes on the bottom staff.



5)

A single-line musical staff for drums. It consists of six measures. The first measure has six eighth notes. The second measure has four eighth notes. The third measure has five eighth notes. The fourth measure has four eighth notes. The fifth measure has six eighth notes. The sixth measure has five eighth notes. Below the staff, there are six corresponding sets of drum strokes: each set contains a vertical cross (X) above a horizontal bar, followed by a vertical dot (.) below a horizontal bar.

6)

A single-line musical staff for drums. It consists of six measures. The first measure has six eighth notes. The second measure has four eighth notes. The third measure has five eighth notes. The fourth measure has four eighth notes. The fifth measure has six eighth notes. The sixth measure has five eighth notes. Below the staff, there are six corresponding sets of drum strokes: each set contains a vertical cross (X) above a horizontal bar, followed by a vertical dot (.) below a horizontal bar.