

12 Hard Truths of Psychology and Life



STOP HELPING UNGRATEFUL PEOPLE



A narrow alleyway between buildings at sunset. The sky is a deep orange, and the sun is a bright orange circle on the horizon. Two small figures are walking away in the distance. The quote "Be valuable not available ." is overlaid in white text.

“ Be valuable not available . ”

BE ALONE, IT'S PEACEFUL.



Losing toxic people is a win.





Success Slogans

**THE MOST DANGEROUS
CREATURE ON EARTH IS
FAKE FRIEND.**



Some people understand you when they lose you



Success Slogans

**YOUR PERCEPTION IS
YOUR REALITY.**



Success Slogans

**A MILLION LIKES WILL
NEVER BE ENOUGH
IF YOU DON'T LIKE
YOURSELF.**

@success.slogans





Success Slogans

**LEARN TO SAY NO,
NOT EVERYONE
DESERVES YOUR
TIME.**

@success.slogans



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**DON'T CLING TO A
MISTAKE JUST BECAUSE
YOU SPENT A LOT OF TIME
MAKING IT.**



@success.slogans



Not everyone deserves to know everything about you



Success Slogans

**LIFE IS ALL ABOUT CHOICES.
YOU CAN CHOOSE TO PLAY
A VICTIM OR BE A
PROBLEM-SOLVER.**