

Habits

Of

Top

1%



1. Scheduling



2. Planning short & long term goals



3. Waking up early



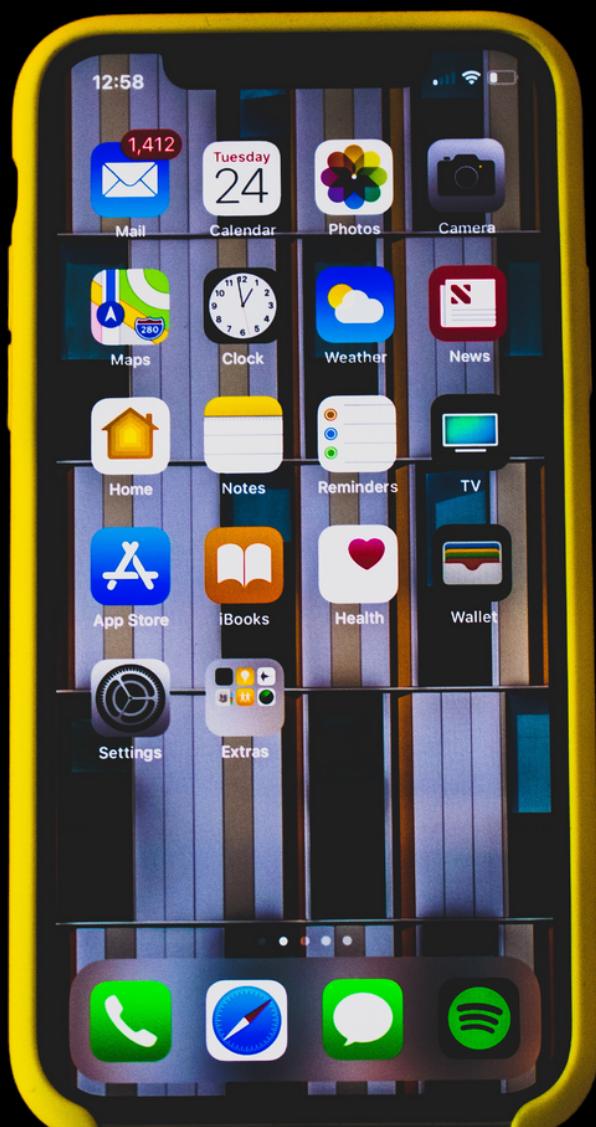
4. Meditating



5. Exercising daily



6. Staying disconnected from phone



7.Reading



8. Living Frugally



9. Saving to invest



10. See things in long term



11. Listen to new ideas



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