1.<https://pmc.ncbi.nlm.nih.gov/articles/PMC3658407/> - NLM article talking about why children should play different sports

2. <https://www.forbes.com/2007/02/25/child-prodigies-biographies-lead_achieve07_cx_lr_0301prodigy.html> - Forbes article talking about different famous people who were childhood prodigies

3. <https://bmcpsychology.biomedcentral.com/articles/10.1186/s40359-023-01317-w> - academic paper talking about development in open vs closed environments

4. <https://www.youtube.com/watch?v=q6vKUdrNQcI> - youtube video about why generalization is better then specialization

5. <https://medium.com/@MyBizKidMBK/generalize-then-specialise-let-the-children-play-and-experiment-with-many-different-things-9eaa65eca441> - Article about generalizing then specializing as a child