

*A System's Guide* is an online and physical handbook for Plurality - an identity umbrella encompassing familiar terms like *Split Personality* and *Dissociative Identity Disorder*.

*Front Attitude Calibration* is one of its guest-written addenda, which explore niche and nuanced topics within plural experiences and social spaces.

An essay on the interpretation of a  
switching/speaking system

A  
**System's Guide**  
To Plurality Addendum:

**Front Attitude  
Calibration**

by mk  
sys.guide/calibration

-mk-

**E**ventually, building differences in attitudes even more general system. And these similarities helped meet similar experiences to learning from a plural single entity.

This will both make it easier to interact with trounger headmates ("the gift with the crude sense of humor told me to suck her dick but i know that means she trusts me and feels comfortable here") and make you safer for the gentler ones ("oh the age regressor is in front again, I'll leave the heavy discussion for later and get out a plush so they can manage this state better").

While it's inevitable to hit some front mismatches, or miss a switch that required a change in behavior or attitude, these small missteps can usually be easily rectified (honestly just talk it out). What is essential is learning how to adjust your expectations, and not carrying the same set of expectations for every system member long term.

long term damage to relationships can happen in these spaces, e.g., "I thought they wanted to see me so I fronted, but then they old me off and I shut down and don't really trust them any more".

Arguing to have the kind of heated argument  
that you might expect to function with  
another adult, with a younger or more  
matured part of a system, can easily turn  
one side, leaving them feeling distressed or  
bused.

**D**other systems may have less control over their fronts, or even have more fragile and vulnerable headmates triggered into front by conflict.

If you are interacting with plural systems, you should be, at a baseline, expecting system members to behave differently from each other.

This means calibrating your expectations differently for each headmate, which then requires some effort to figure out or ask who you're talking to.

The most common way to encounter this reality tends to be with fronts that are ruder or more hostile than average.

- These are the same skills you should be learning when meeting any new person. If you can, for example, come to understand someone's autistic affect as something other than disinterest and not simply abandonment of others' boundaries are all very visible failiures, though.
- What often fails less visibly are the ways allies failing to calibrate properly can hurt a system.
- Many systems have headmates who front to front might work to hold their less confident but more conflictive (voluntarily or otherwise), but fronts for longer periods and teach them those same skills.